

Table 1. Topical Therapies Used in Psoriasis

Topical therapy	Use and efficacy	Limitations
Keratolytics		
Tazarotene	Efficacy: modest when used alone ⁵⁴ Amount and duration: use once daily at night	Irritation and burning may occur UV-B and tazarotene increase efficacy and reduce the dose needed for UV-B ⁵⁵ Avoid in pregnancy
Salicylic acid	Efficacy: unknown Amount and duration: use 1-4 times daily Specific use: with topical corticosteroids to increase penetration (do not exceed class III, IV, and V topical corticosteroids); or with topical calcineurin inhibitors to increase penetration	If applied to >20% of the body surface area or used in combination with oral salicylates, systemic adverse events can rarely occur Do not apply before phototherapy Exercise caution in children

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