

Family name: Martínez Bello  
National ID number: 7304264Q  
Date of birth : 02.03.1983

First name: Vladimir Essau  
Sex: M

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### Present professional situation

Entity: University of Valencia  
Faculty: Faculty of Medicine  
Department: Department of Physiology  
Postal address: Av. Blasco Ibáñez, 15. E46010-Valencia, Spain

Telephone number: +34 96 386 46 46  
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Specialization (UNESCO Code): 2411

Professional situation: Ph. D student Date of commencement: 01.07.07

Scholarship holder

Administrative situation

Staff       Full time     

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### Research lines

Free radicals, oxidative stress, physical exercise, exercise performance, intermittent hypoxia training.

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### Academic training

University Degree	University	Date
Physical education	Faculty of Physical Culture, University Santo Tomás, Colombia	March 2005

Law	School of Law and Political Sciences, University Industrial of Santander, Colombia	August 2005
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Ph D	University	Date
Sport Sciences Applied	Faculty of Medicine, University of Valencia, Spain	2005 - Present

**Previous professional scientific activities**

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Position	Institution	Dates
Proffesor	Faculty Physical Culture. University Santo Tomás	July-Novemeber 2005
Ph D. Student	Metabolic and Endocrinology Unit Research. Faculty of Medicine. University of Valencia.	November 2005 - Present
Proffesor	Course "Fitness y Medio Acuático". 4 Hours. University Politecnic of Valencia	July 2006

**Knowledge of languages (F = fair, G = good, E = excellent)**

Language	Spoken	Reading comprehension	Written
Spanish	E	E	E
English	F	G	F

**PUBLICATIONS IN JOURNALS**

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Martínez Bello Vladimir Essau. (2005) Evolución Jurisprudencial del Derecho al Deporte y a la Recreación en la Corte Constitucional Colombiana 1992 – 2004. Revista Palestra 4: 28 - 34. Faculty Physical Culture. University of Santo Tomás. Colombia.

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Martínez Bello Vladimir Essau. (2006). Expresión de ADN, RNA y síntesis de proteínas. Revisión de un caso de síntesis de eritropoyetina por hipoxia. Revista Palestra 5: 10 - 20. Faculty Physical Culture. University of Santo Tomás. Colombia.

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## ORAL COMMUNICATIONS AT CONGRESSES

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1.- Martínez-Bello, V. IV Jornada Técnica de gestores deportivos de la Comunidad Valenciana. Title : « La gestión en el deporte, objetivo de la empresa deportiva y recursos humanos: una visión desde la interpretación de la corte constitucional colombiana frente al derecho al deporte y a la recreación”. Valencia, Spain. February, 2006.

## POSTER PRESENTATIONS AT CONGRESSES

1. VIII Reunión del Grupo Español de Radicales Libres. A.L. Nascimento, E. Doménech, F. Sanchis-Gomar, V.E. Martínez-Bello, J. Markovic, A. Ortega, M.C. Gómez-Cabrera y J. Viña. Title: “Comparación del efecto del entrenamiento aeróbico sobre el contenido mitocondrial en músculo esquelético y linfocito aislado de rata”. Valencia, Spain. January, 2007.
2. VIII Reunión del Grupo Español de Radicales Libres. E. Doménech, M.C. Gómez-Cabrera., M Romagnoli., A.L. Nascimento, C. Borrás, F. Sanchis-Gomar, V.E. Martínez-Bello y J Viña. Title: “La administración oral de vitamina C disminuye el rendimiento tras el entrenamiento”. Valencia, Spain. January, 2007.
3. European meeting of Society for Free Radical Research. Martínez-Bello, V.; Sanchís, F.; Doménech, E.; Nascimento, A.L.; Pallardó, F.V.; Gómez, V\* y Viña, J. Title: Effect of vitamin C administration in the haematological adaptations to an intermittent normobaric hypoxic protocol: role of free radicals. Vilamoura, Algarve, Portugal.
4. 13 Annual Congress of the European College of Sport Science. M Romagnoli; J Viña; Gómez-Cabrera A.L. Nascimento, V.E. Martínez-Bello; Doménech, E; A.L. Nascimento; Pallardó; J Viña. Risk of avoiding detection of RHuEpo alpha by application of intermittent hypoxia. 9-12 July 2008. Estoril, Portugal.

## EXPERIENCE ORGANIZATION OF CONGRESSES

Activity: Organizador Committee. Title Symposium: MINI-SYMPOSIUM ON EXERCISE, FREE RADICALS AND ANTIOXIDANTS. Valencia, May 2007.

## OTHER ACTIVITIES

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- Member of team table tennis University of Valencia.
- Ex Coordinator Editorial Committee Magazine of the Major College Luis Vives. University of Valencia.