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**Title:** The employment in Spanish care sector.

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The present paper deals with the labour conditions of the Spanish care sector. The starting point aims placing care sector within the theoretical framework of national employment models. Furthermore, it takes into account the relations between social institutions like as the family, the state and the market, which are behind the Spanish social care model. The paper locates the Spanish care sector in the crossroad between the family dependency, the low public resources and the precariousness of the labour conditions. Consequently, it analyzes the divergences between the public discourse, which reinforced the universal citizenship rights, and the real practices of the social actors. In fact, although the Spanish care sector is gaining importance in the public policies, it is the family to continue providing wellbeing. All of above mentioned stops down the development of public services. It reinforces labour practices which prevents from the improvement to the quality of the Spanish sector both in labour conditions and in service delivery.