

The European Social Survey: This survey has been conducted in Europe since 2002. 2002 and collects samples in all European countries. There are a number of themes are repeated in all surveys but others have only been covered in one or two years. One recurring theme is a survey of human values based on Schmidt's theory of values. which is quite well known and about which you can easily find information.

In 2012, in addition the survey focused on individual satisfaction and happiness, topics about which Seligman has written extensively under the name of Positive Psychology. In addition to these data there is demographic information (gender, age, level of education, etc.) and on politics, discrimination and a long etc. In total I selected about 140 variables although there were many more. In addition, there are more than 50,000 respondents, so, for simplicity, I have simplified, I have split the results by country with the idea that you can repeat the analysis in two or three repeat the analysis in two or three different countries. To give an example of analysis to be performed, one of Schwartz's values is the hedonistic pleasure and individual satisfaction as a general objective. One analysis would be to see whether people who hold these values are happier and less depressed than those who hold depressed less than those with generalist values, or altruistic, etc. The data can be downloaded at <https://www.europeansocialsurvey.org/>