



# CRIBADO DEL CÁNCER DE PULMÓN

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Servicio de Diagnóstico por Imagen

FUNDACIÓN INSTITUTO VALENCIANO DE ONCOLOGÍA

IELCAP Valencia





# CRIBAR

- DEFINICIÓN: tr. Seleccionar rigurosamente. (RAE)
- CONDICIONES:
  - DE LA ENFERMEDAD: frecuente y grave, diferenciable de la normalidad, tratable en estadio preclínico reducir la mortalidad.
  - DE LA POBLACIÓN: alta prevalencia, actitud cooperativa y disponer datos demográficos.
  - DE LA PRUEBA DIAGNÓSTICA: Aceptable por la población, reproducible y válida con alto VPP.
  - La incidencia se desplaza a edades más jóvenes.



REAL ACADEMIA ESPAÑOLA



# CÁNCER DE PULMÓN. Un serio problema sociosanitario

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- Primera causa de muerte de etiología oncológica
- Solo 15% de los pacientes son resecables
- Cuando presentan síntomas el 75% tienen metástasis o está localmente avanzado
- Mal pronóstico (12-15% de supervivencia a los 5 años)
- Estadio IV, supervivencia < 3% a 5 años
- Aumento de la incidencia en la mujer
- Cambio de patrón histológico. Adenocarcinoma



# DATOS GLOBALES

## El coste sanitario y social del tabaco asciende a 433 euros por español y año



Efe

21/04/2009 - 15:13

10 comentarios

Puntúa la noticia :



Nota de los usuarios: **7.3** (14votos)

+ Selección eE + Medio ambiente + Salud

El **sobrecoste sanitario y social generado por el tabaco** en 2008 ascendió a 16.474 millones de euros, lo que **supone 433 euros por cada ciudadano adulto**, ha informado el Comité Nacional para la Prevención del Tabaquismo (CNPT), que reúne a cuarenta entidades científicas y profesionales sanitarias.

Los costes sanitarios directos de las cinco enfermedades más frecuentemente **asociadas al consumo de tabaco** suman **en España cerca de 7.700 millones de euros anuales**.



<http://www.eleconomista.es/salud/noticias>



# PROGRAMAS DE CRIBADO

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**Memorial Sloan-Kettering Study**

**Johns Hopkins Study**

**Mayo Lung Project**

**Prostate, Lung, Colorectal and Ovarian (PLCO)**

**Danish Randomized Lung Cancer CT Screening Trial**

**Detection and Screening of Early Lung Cancer (DANTE) Trial**

**NELSON Trial**

**ITALUNG Study**

**LUSI Trial in Germany**

**U.K. Lung Screening (UKLS)**

**Mayo CT Screening Study**

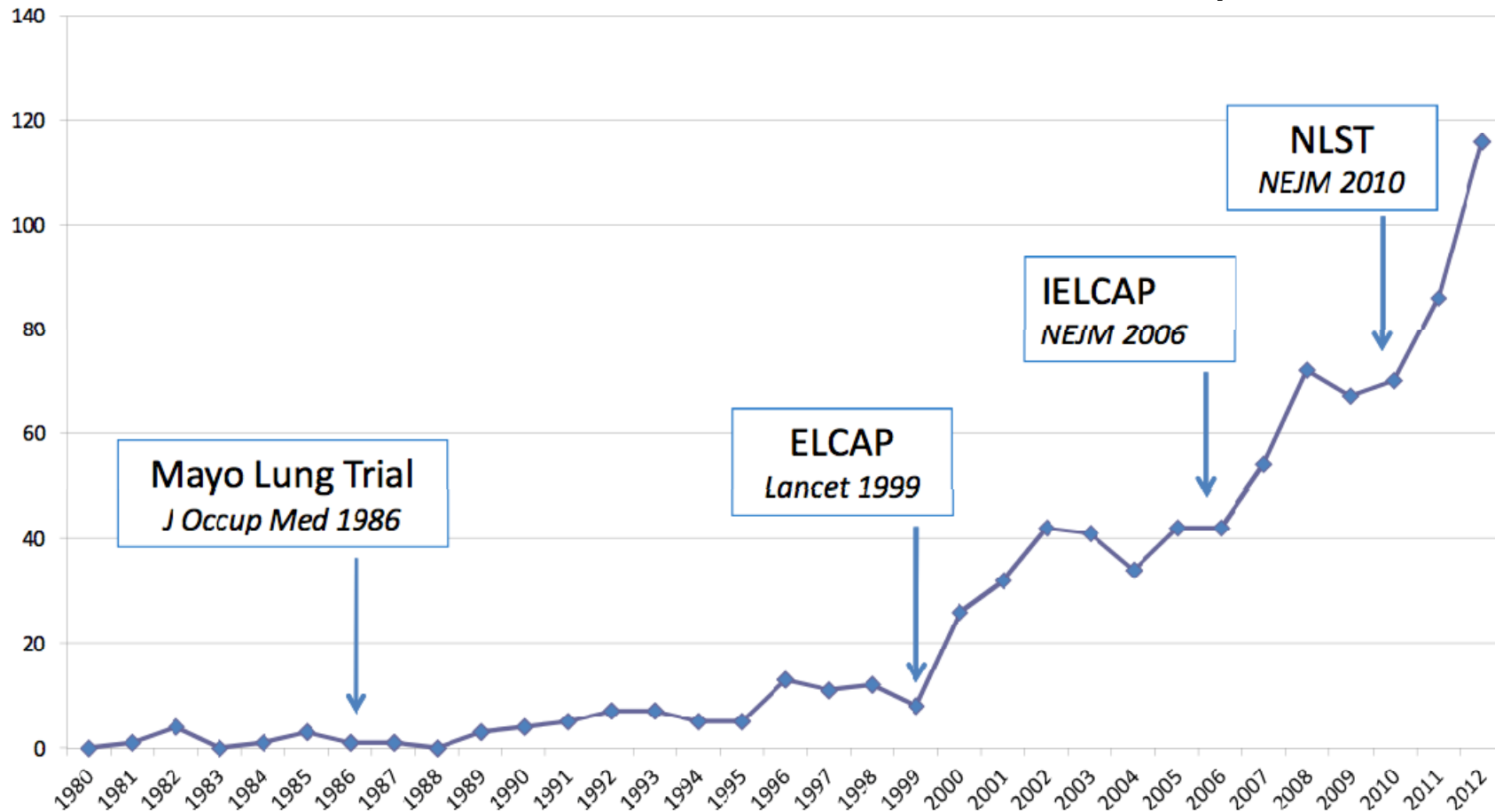
**National Lung Screening Trial (NLST)**

**IELCAP**



# PROGRAMAS DE CRIBADO

## Número de Publicaciones. Cribado cáncer pulmón





# PROGRAMAS DE CRIBADO

Mayo Lung Project

1980



I-ELCAP

2006



The NEW ENGLAND  
JOURNAL of MEDICINE

Guías ACCP, 3ª Ed

2013



2014

1999

THE LANCET

ELCAP

2005



Fleischner

2011



The NEW ENGLAND  
JOURNAL of MEDICINE

NLST





# PROGRAMAS DE CRIBADO

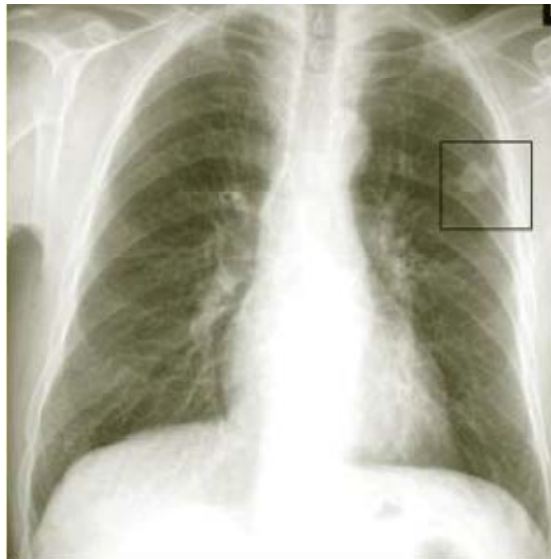
## Mayo Lung Project



## ARTICLES

### Lung Cancer Mortality in the Mayo Lung Project: Impact of Extended Follow-up

*Pamela M. Marcus, Erik J. Bergstralh, Richard M. Fagerstrom, David E. Williams,  
Robert Fontana, William F. Taylor, Philip C. Prorok*



**Background:** The Mayo Lung Project (MLP) was a randomized, controlled clinical trial of lung cancer screening that was conducted in 9211 male smokers between 1971 and 1983. The intervention arm was offered chest x-ray and sputum cytology every 4 months for 6 years; the usual-care arm was advised at trial entry to receive the same tests annually. No lung cancer mortality benefit was evident at the end of the study. We have extended follow-up through 1996. **Methods:** A National Death Index-PLUS search was used to assign vital status and date and cause of death for 6523 participants with unknown information. The median survival for lung cancer patients diagnosed before July 1, 1983, was calculated by use of Kaplan-Meier estimates. Survival curves were compared with the log-rank test. **Results:** The median follow-up time was 20.5 years. Lung cancer mortality was 4.4 (95% confidence interval [CI] = 3.9–4.9) deaths per 1000 person-years in the intervention arm and 3.9 (95% CI = 3.5–4.4) in the usual-care arm (two-sided  $P$  for difference = .09). For participants diagnosed with lung cancer before July 1, 1983, survival was better in the intervention arm (two-sided  $P$  = .0039). The median survival for patients with resected early-stage disease was 16.0 years in the intervention arm versus 5.0 years in the usual-care arm. **Conclusions:** Extended follow-up of MLP participants did not reveal a lung cancer mortality reduction for the intervention arm. Similar mortality but better survival for individuals in the intervention arm indicates that some lesions with limited clinical relevance may have been identified in the intervention arm. [J Natl Cancer Inst 2000;92:1308–16]





# PROGRAMAS DE CRIBADO

1999

THE LANCET

ELCAP

- 1000 individuos sanos, >60 años, 10 paquetes/año
- 54 % varones, Mediana Edad=67a. Tabaco=45 paq-año
- Durante 2 años: RX convencional y TC a cada uno
- Nódulos no calcificados:
  - <5 mm: seguimiento 12 meses
  - 5-10 mm: TC en 3 meses (crecimiento)
  - >10 mm: biopsia

	TAC	Radiografía
Con nódulos	233 (23%)	68 (7%)
Nódulos malignos	27 (2.7%)	7 (0.7%)

IA: 22

IB: 1

IIA: 1

IIB: 0

IIIA: 2

IIIB: 1

89%

**Henschke CI, McCauley DI, Yankelevitz DF, Naidich DP, McGuinness, G, Miettinen OS et al. Early Lung Cancer Action Project: overall design and findings from baseline screening. Lancet 1999;354:99-105**



# PROGRAMAS DE CRIBADO

2003

The NEW ENGLAND JOURNAL of MEDICINE The NEW ENGLAND JOURNAL of MEDICINE

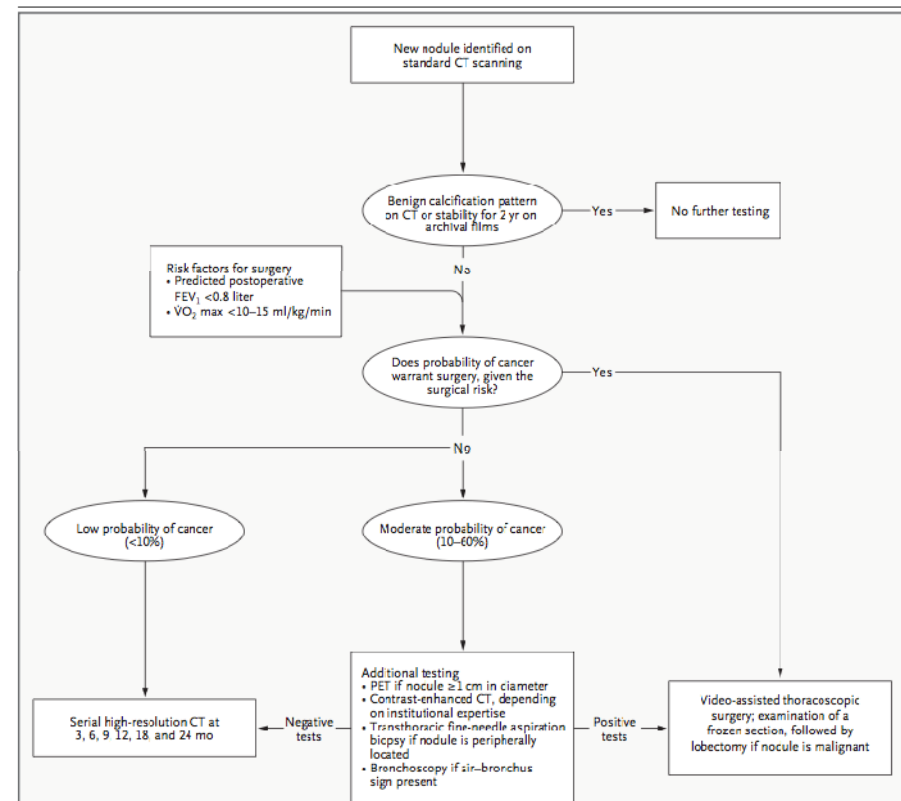
## CLINICAL PRACTICE

### The Solitary Pulmonary Nodule

David Ost, M.D., Alan M. Fein, M.D., and Steven H. Feinsilver, M.D.

**Table 1. Assessment of the Risk of Cancer in Patients with Solitary Pulmonary Nodules.**

Variable	Risk of Cancer		
	Low	Intermediate	High
Diameter of nodule (cm)	<1.5	1.5–2.2	≥2.3
Age (yr)	<45	45–60	>60
Smoking status	Never smoked	Current smoker (≤20 cigarettes/day)	Current smoker (>20 cigarettes/day)
Smoking-cessation status	Quit ≥7 yr ago or never smoked	Quit <7 yr ago	Never quit
Characteristics of nodule margins	Smooth	Scalloped	Corona radiata or spiculated



**Figure 2. Approach to the Management of Solitary Pulmonary Nodules.**

Management approaches vary according to several factors, including the degree of surgical risk, the presence or absence of coexisting conditions, the patient's preferences, and local radiologic and surgical expertise. The probabilities of cancer shown are approximations. CT denotes computed tomography, FEV<sub>1</sub> forced expiratory volume in one second, VO<sub>2</sub> max maximal oxygen consumption, and PET positron-emission tomography.



# PROGRAMAS DE CRIBADO

2005



Fleischner

## Fleischner Society Recommendations Incidental Pulmonary Nodule Follow-up

Recommendations for Follow-up and Management of Nodules Smaller than 8 mm Detected Incidentally at Nonscreening CT

Nodule Size (mm)*	Low-Risk Patient†	High-Risk Patient‡
≤4	No follow-up needed§	Follow-up CT at 12 mo; if unchanged, no further follow-up¶
>4–6	Follow-up CT at 12 mo; if unchanged, no further follow-up¶	Initial follow-up CT at 6–12 mo then at 18–24 mo if no change¶
>6–8	Initial follow-up CT at 6–12 mo then at 18–24 mo if no change	Initial follow-up CT at 3–6 mo then at 9–12 and 24 mo if no change
>8	Follow-up CT at around 3, 9, and 24 mo, dynamic contrast-enhanced CT, PET, and/or biopsy	Same as for low-risk patient

Note.—Newly detected indeterminate nodule in persons 35 years of age or older.

\* Average of length and width.

† Minimal or absent history of smoking and of other known risk factors.

‡ History of smoking or of other known risk factors.

§ The risk of malignancy in this category (<1%) is substantially less than that in a baseline CT scan of an asymptomatic smoker.

¶ Nonsolid (ground-glass) or partly solid nodules may require longer follow-up to exclude indolent adenocarcinoma.

Radiology, 2005 Nov;237(2):395-400.



# PROGRAMA I-ELCAP

2006

  
The NEW ENGLAND  
JOURNAL of MEDICINE

The NEW ENGLAND  
JOURNAL of MEDICINE

ESTABLISHED IN 1812

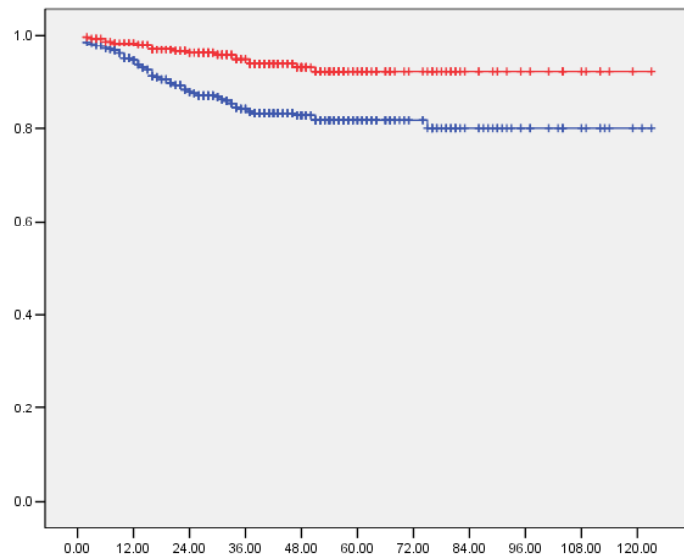
OCTOBER 26, 2006

VOL. 355 NO. 17

I-ELCAP

## Survival of Patients with Stage I Lung Cancer Detected on CT Screening

The International Early Lung Cancer Action Program Investigators\*



- ❑ 31.567 individuos (1993-2005).
- ❑ 484 CP.
- ❑ 412 en estadio I clínico (85%).
- ❑ Supervivencia 88% a los 10 años.



# PROGRAMAS DE CRIBADO

2011

  
The NEW ENGLAND  
JOURNAL of MEDICINE

NLST

The NEW ENGLAND  
JOURNAL of MEDICINE

ESTABLISHED IN 1812

AUGUST 4, 2011

VOL. 365 NO. 5

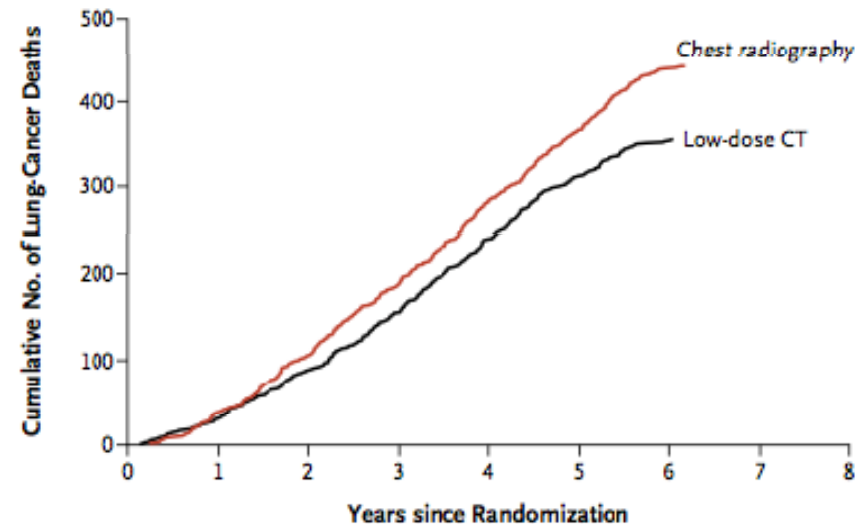
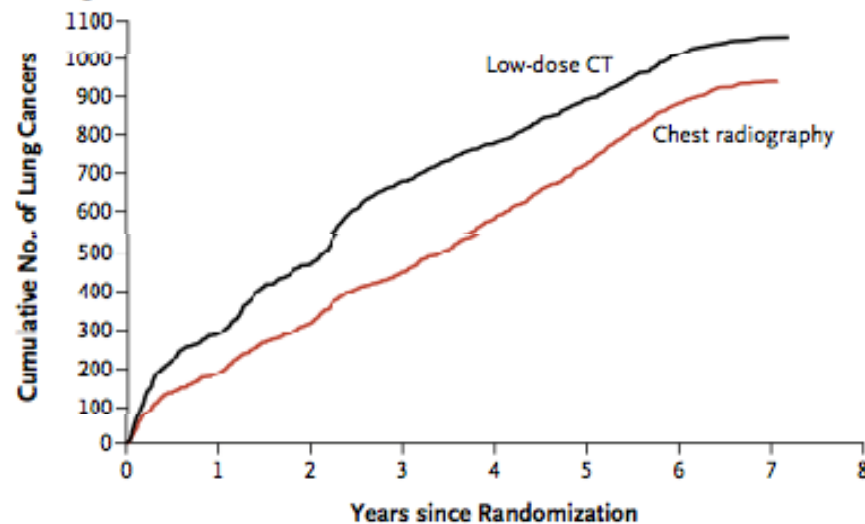
53.454

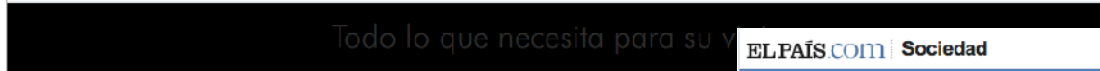
RX vs TC

## Reduced Lung-Cancer Mortality with Low-Dose Computed Tomographic Screening

The National Lung Screening Trial Research Team\*

### A Lung Cancer



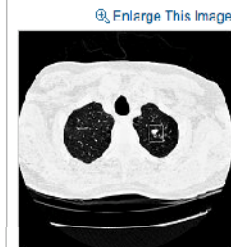


# CT Scans Cut Lung Cancer Deaths, Study Finds

By GARDINER HARRIS  
Published: November 4, 2010

WASHINGTON — Annual CT scans of current and former heavy smokers reduced their risk of death from lung cancer by 20 percent, a huge government-financed study has found. Even more surprising, the scans seem to reduce the risks of death from other causes as well, suggesting that the scans could be catching other illnesses.

- RECOMMEND
- TWITTER
- SIGN IN TO E-MAIL
- PRINT
- REPRINTS
- SHARE



Claudia Henschke  
Suspicious nodules that may indicate lung cancer can be seen in a CT scan of the lung (above), but not in an X-ray (below).

**Multimedia**  
Back Story With Gardiner Harris

**The findings represent an enormous advance in cancer detection that could potentially save thousands of lives annually, although at considerable expense. Lung cancer will claim about 157,000 lives this year, more than the deaths from colorectal, breast, pancreatic and prostate cancers combined. Most patients discover their disease too late for treatment, and 85 percent die from it.**

No screening method had proved effective at reducing mortality from the disease. Four randomized controlled trials done during the 1970s showed that chest X-rays, while they helped catch cancers at an earlier stage, had no effect on overall death rates. Since then, researchers have suggested that CT scans — which use coordinated X-rays to

# Los TAC son más eficaces para prevenir el cáncer de pulmón que los rayos X

Un estudio estadounidense detecta que las pruebas generalizadas evitan un 20% de las muertes

EMILIO DE BENITO - Madrid - 08/11/2010

Vota ☆☆☆☆☆ Resultado ★★★★★ 29 votos

La discusión entre quienes defienden que se hagan pruebas a gran escala a la población de riesgo de desarrollar un cáncer de pulmón y los que creen que estas son excesivamente caras y aportan poco tiene un nuevo elemento de juicio. Un estudio del Instituto Nacional del Cáncer de EE UU ha detectado que los TAC (tomografía axial computerizada) es una prueba de imagen más eficaz para detectar los tumores incipientes que los rayos X, con el consiguiente efecto en la curación de los pacientes. En concreto, que se evita un 20% de muertes.

- El cáncer de pulmón será el más mortal en mujeres en 2020
- La noticia en otros webs
  - webs en español
  - en otros idiomas

En el estudio participaron 53.000 personas fumadoras, que se dividieron en dos grupos iguales. A los tres años, la población que se había controlado mediante una placa de rayos X anual registró 442 defunciones; entre los otros, que se sometieron a un TAC por año (una prueba más cara y compleja) los fallecidos fueron 354.

Estos resultados serían lógicamente mejores si en vez de comparar con un grupo al que se sigue con rayos X, se hiciera con un grupo que no se somete a un cribado especial, señalan médicos del Centro de Investigaciones de Medicina Aplicada (CIMA) de la Universidad de Navarra, que habían hecho un estudio similar (el IELCAP).

El problema es que en España ni siquiera está contemplado hacer un cribado anual a todos los fumadores y ex fumadores. La futura ley de Salud Pública prevé que se limiten, y siempre con un estudio previo de su coste y su eficacia. Si no, un ex fumador de más de 50 años debería hacerse cada año prueba de cáncer de pulmón, de colon y de próstata, por ejemplo. O, en el caso de las mujeres, de colon, pulmón, útero y mama, más otras que puedan surgir, lo que multiplicaría las pruebas. Pero los centros

publicidad

MÁS DEL 75% DE LAS MUJERES CONGRES

Creación realizada por Synovate a 202 mujeres españolas en Julio de 2010.

**Última Hora**

**Epidemia de cólera en Haití.** Las autoridades sanitarias de Haití han declarado hoy "problema de seguridad nacional" la epidemia de cólera que afecta al país y que ha causado 563 muertos, entre ellos uno en el suburbio de Cité Soleil, informa Efe. <http://coti.as/0N5Z>

el\_pais Menos de 1 minuto

**Arden diez barcos en Ibiza.** Un incendio afecta a diez embarcaciones depositadas en un solar junto a una nave industrial de Ibiza. Grandes llamas consumen el plástico de los cascos y el combustible. 150 personas han sido desalojadas del Club de Campo de Sant Jordi.





# PROGRAMAS DE CRIBADO

## CT screening for lung cancer: countdown to implementation

*John K Field, David M Hansell, Stephen W Duffy, David R Baldwin*

[www.thelancet.com/oncology](http://www.thelancet.com/oncology) Vol 14 December 2013

Implementation of lung cancer CT screening is currently the subject of a major policy decision within the USA. Findings of the US National Lung Screening Trial showed a 20% reduction in lung cancer mortality and a 6.7% decrease in all-cause mortality; subsequently, five US professional and clinical organisations and the US Preventive Services Task Force recommended that screening should be implemented. Should national health services in Europe follow suit? The European community awaits mortality and cost-effectiveness data from the NELSON trial in 2015–16 and pooled findings of European trials. In the intervening years, a recommendation is proposed that a demonstration trial is done in the UK. In this Review, we summarise the existing evidence and identify questions that remain to be answered before the implementation of international lung cancer screening programmes.

	NCCN	ALA	AATS	ACCP and ASCO	ACS
Age (years)	55–74	55–74	55–79	55–74	55–74
Smoking history (pack-years)	30	30	30	30	30
Last smoked within (years)	15	15	NA	15	15
Other recommendations	20 pack-years, age >50 years, and one other risk factor	..	20 pack-years, age >50 years, and if 5% risk over 5 years	..	..
Interval	Annual	Annual	Annual	Annual	Annual

NCCN=National Comprehensive Cancer Network. ALA=American Lung Association. AATS=American Association of Thoracic Surgeons. ACCP=American College of Chest Physicians. ASCO=American Society of Clinical Oncology. ACS=American Cancer Society. NA=not available.

**Table 1: Recommendations for lung disease CT screening**





# CRIBADO DE CÁNCER DE PULMÓN

- PROBLEMAS DEL CRIBADO

- Pequeño = Temprano ?
- PROBLEMAS DE PERCEPCIÓN
- TAMAÑO

- Radiografía convencional

- Tamaño medio : 2,4 cm
- Amplio rango 0,7-9,4 cm
- Aceptable: 1 cm

- TC

- <1% nódulos detectables miden 1,5 mm
- 48% nódulos detectables son < 3mm
- 3 mm es el tamaño medio de detección

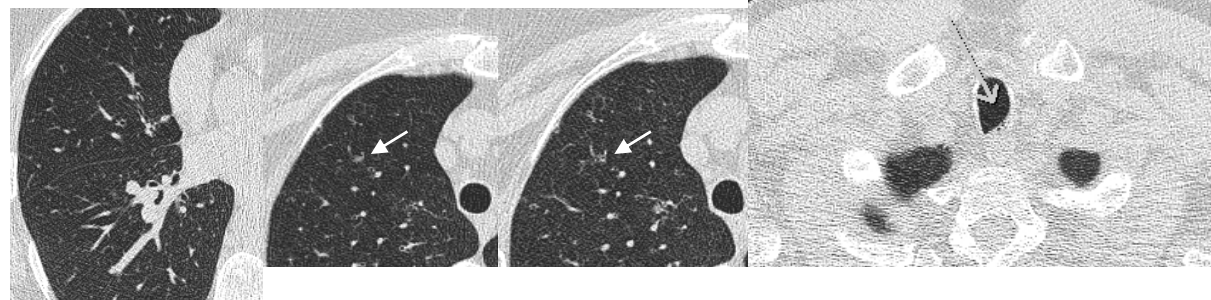
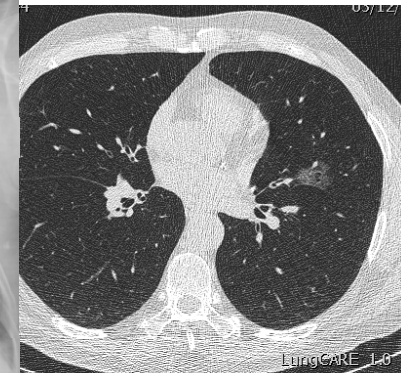
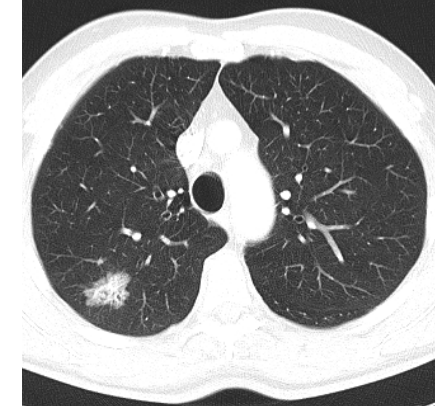
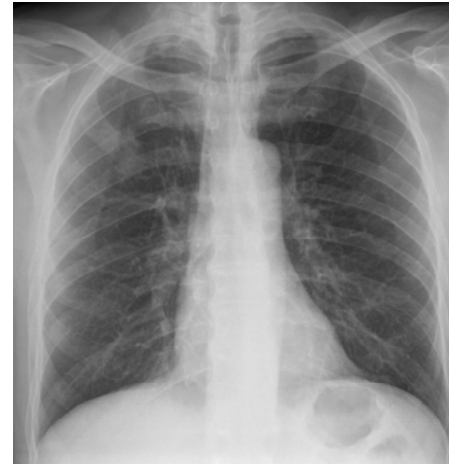
- LOCALIZACIÓN

- RADIOGRAFÍA CONVENCIONAL

- Vértices pulmonares
- Mediastino e Hilio
- Costillas
- Diafragma

- TC

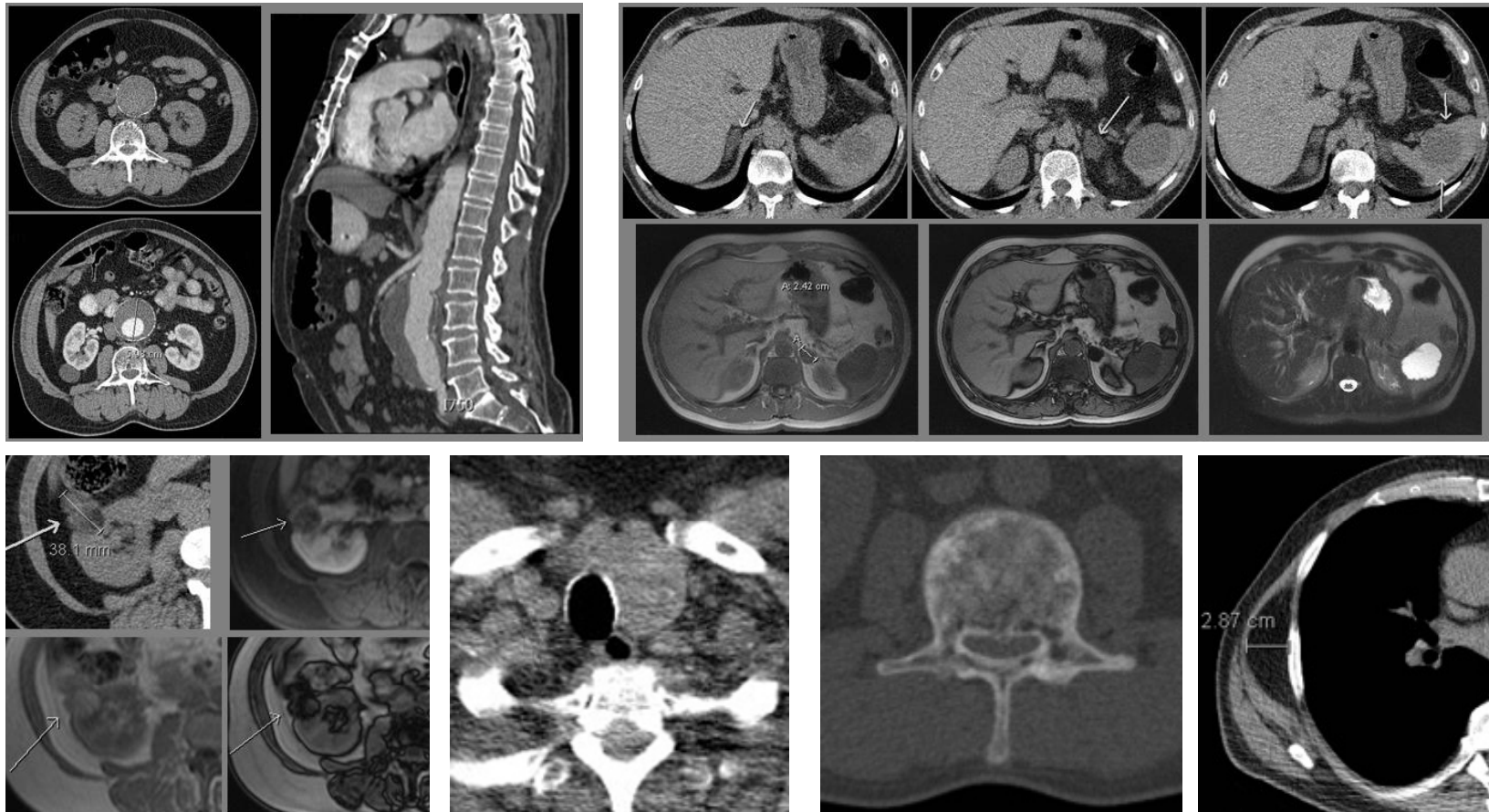
- Centrales
- Periféricos (< 3mm)





# CRIBADO DE CÁNCER DE PULMÓN

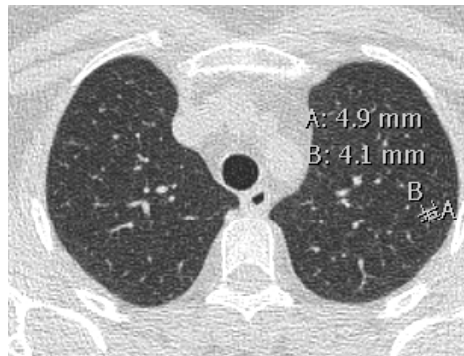
- PROBLEMAS DEL CRIBADO
  - HALLAZGOS INCIDENTALALES





# CRIBADO DE CÁNCER DE PULMÓN

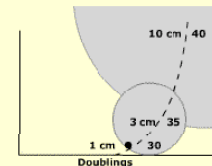
- PROBLEMAS DEL CRIBADO
  - VALORAR EL CRECIMIENTO DEL NÓDULO (Tiempo doblaje= 30-400 d)



## Doubling Time

One cell divides into two, 2 to 4, 4 to 8, 8 to 16 etc. Exponential growth is found in many primary and metastatic malignancies. Use these calculators to determine doubling time.

Initial Film Date	<input type="text" value="23/11/1998"/>	Enter dates as dd/mm/yyyy
Final Film Date	<input type="text"/>	<input type="button" value="Today"/>
Days between studies	<input type="text"/>	
<input type="button" value="Find number of days between studies"/>		<input type="button" value="Restaurar"/>



Initial Diameter (mm)	<input type="text"/>	
Final Diameter (mm)	<input type="text"/>	
Time between studies (days)	<input type="text"/>	
Doubling Time (days)	<input type="text"/>	
<input type="button" value="Calculate Doubling Time"/>		<input type="button" value="Restaurar"/>

Initial Volume (mm <sup>3</sup> )	<input type="text"/>	
Final Volume (mm <sup>3</sup> )	<input type="text"/>	
Time between studies (days)	<input type="text"/>	
Doubling Time (days)	<input type="text"/>	
<input type="button" value="Calculate Doubling Time"/>		<input type="button" value="Restaurar"/>

Model of Exponential Growth - click to play

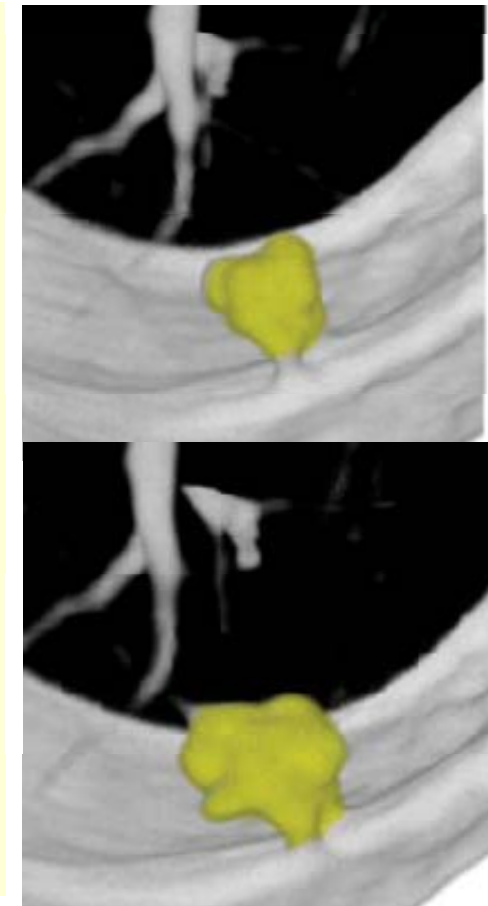


Clinical Value of Growth Rate:

- Differential diagnosis
- Predictor of longevity
- Planning screening programs
- Evaluate therapy
- Study natural history

Growth rate of malignant tumors generally between 30 and 500 days (median 100 days).

Error rate in measuring growth rate: 7%







# CRIBADO DE CÁNCER DE PULMÓN

- PROBLEMAS DEL CRIBADO

- INTRINSECOS:

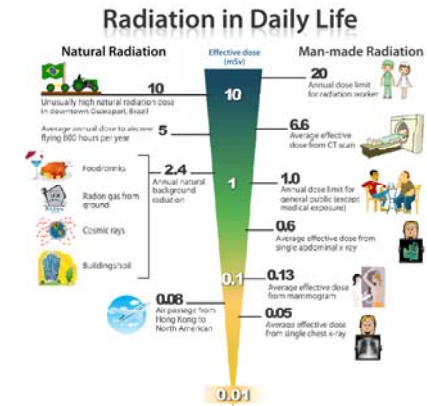
- Número de rondas y frecuencia
- Definir población diana
- Punto corte del tamaño del nódulo:

- 28 % positivo ( $\geq 4$  mm) : 96.4% fueron FP, 4.2% procedimiento quirúrgico y 2.2% biopsia
- 1.4% complicaciones serias

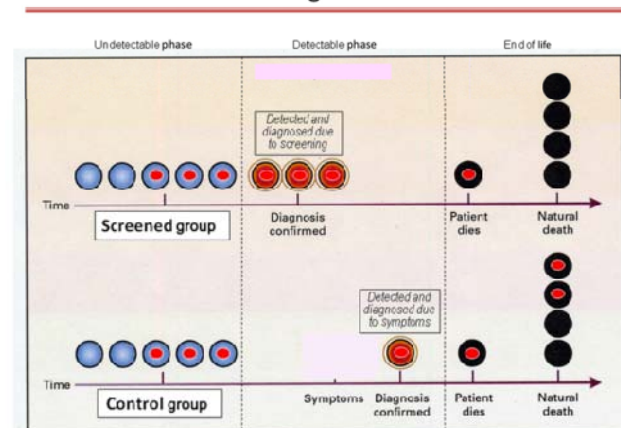
- Psicológico: Ansiedad
- Irradiación: 55 a 79 a., >25 CT
- Coste

- SOBREDIAGNÓSTICO:

- 18% EN NLST:
  - 22.5 % eran de células no pequeñas (IC 95%, 9.7%-34.3%)
  - 78.9 % eran bronquioloalveolar (IC 95%, 62.2%-93.5%)



## Overdiagnosis Bias



Harris RP, et al. JAMA 9 dec 2013.

Patz EF, et al. JAMA 9 dec 2013.



# PROGRAMA I-ELCAP

[www.ielcap.org](http://www.ielcap.org)

- Estudio de cohorte, no aleatorio
- 49 Centros
- Voluntarios asintomáticos
- Mismo protocolo aunque flexible
- TC baja dosis
- Estudio basal y seguimiento anual

Criterios de inclusión:

- **Mayores de 50 años**
- **Fumadores >15 p/año**
- **No haber padecido enfermedad maligna previa**

**I-ELCAP**

*International Early Lung Cancer Action Program*

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Google™ Custom Search



# PROGRAMA I-ELCAP

[www.ielcap.org](http://www.ielcap.org)

- PROTOCOLO DE IMAGEN:
  - **4 (16) MDCT**
  - **Inspiración máxima**
  - **No contraste i.v.**
  - **Colimación fina <1,25 mm (1 mm, pitch 1,1)**
  - **Tiempo medio de scan 10-15 segundos**
  - **Radiación tan baja como sea posible manteniendo la calidad (<120kV, <40mAs)**
  - **Dosis radiacion: <2 mSv (1,4 mSv)**



*International Early Lung Cancer Action Program*

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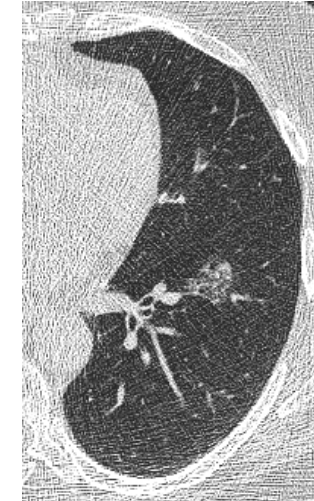
Google™ Custom Search



# PROGRAMA I-ELCAP

[www.ielcap.org](http://www.ielcap.org)

- CONSISTENCIA NODULO:
  - **SÓLIDOS:**
  - **PART-SOLID:**
  - **NO SÓLIDO/ GROUND-GLASS**
- CONTORNOS:
- CALCIFICACION
- ESPICULACION
- ANORMALIDADES PARENQUIMA
- CRECIMIENTO:  $< 5\text{mm} > 50\%$   
 $5-9\text{mm} > 30\%$   
 $\geq 10\text{mm} > 20\%$



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# PROGRAMA I-ELCAP

## Valoración visual del Score Coronario

CT Evaluation Form - Windows Internet Explorer

https://kodiak.biodesign.asu.edu/cgi-bin/dataac/nuform.cgi

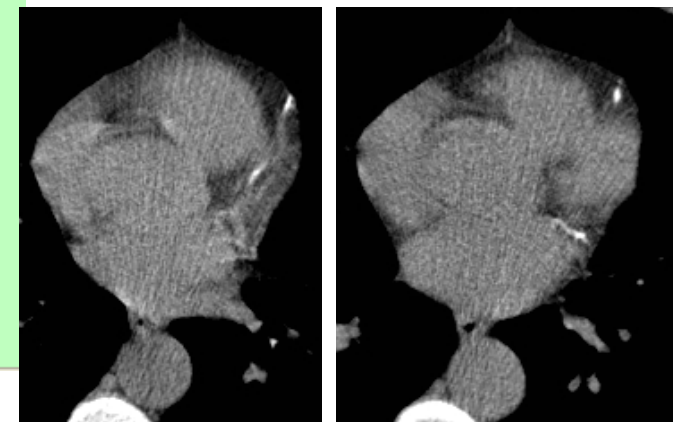
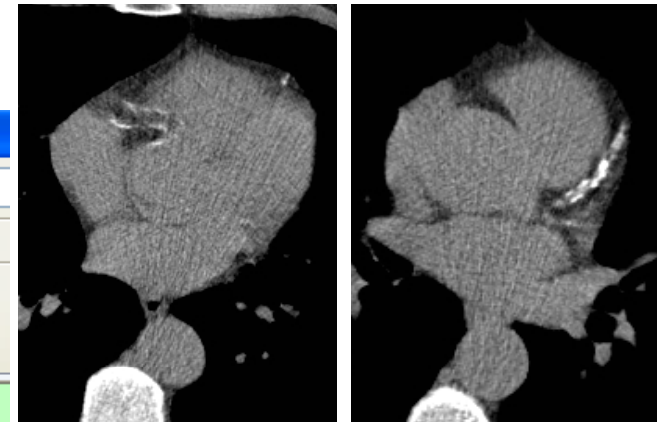
File Edit View Favorites Tools Help

★ Favorites | Suggested Sites | Ninja Cloak Fast, free, ano... | Get more Add-ons

CT Evaluation Form

Cardiac Abnormalities  no  yes  n/v

Coronary Calcification	<input type="checkbox"/> n/v	Left Main	LAD	Circumflex	RCA
		none	none	none	none
Visual CAC Score (Coronary Artery Calcium)		0			
Pericardial Effusion	<input checked="" type="checkbox"/> n/v	Severity			
		-			



Mínima= < 1/3 de longitud  
Moderada= 1/3 a 2/3 longitud  
Severa= >2/3 longitud



# PROGRAMA I-ELCAP

## Valoración de Enfisema

Other Parenchymal Abnormalities  no  yes  n/v

<b>Emphysema</b>	<input type="checkbox"/> n/v	<input type="radio"/> none <input type="radio"/> mild <input type="radio"/> moderate <input type="radio"/> severe
		<b>RUL</b> <b>RML</b> <b>RL</b> <b>LUL</b> <b>LLL</b>
<b>Cysts/Blebs/Bullae</b>	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>
<b>Small Airways Disease/Bronchiolectasis</b>	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Bronchiectasis</b>	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Interstitial lung disease (other than honeycombing)</b>	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Honeycombing</b>	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Regional or Diffuse Consolidation (focal - put in nodule grid)</b>	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Scarring</b>	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> apical <input type="checkbox"/> unilateral <input checked="" type="checkbox"/> bilateral
<b>Rounded Atelectasis</b>	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Other Atelectasis</b>	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Bronchial Resection Margin</b>	<input type="radio"/> N/A <input type="radio"/> Normal <input type="radio"/> Abnormal <input type="radio"/> n/v	<input type="checkbox"/> Right <input type="checkbox"/> Left
<b>Pleural Abnormalities</b>		
<b>Pleural Effusion</b>	<input type="checkbox"/> n/v	<b>Right</b> <b>Left</b> <input type="text" value="none"/> <input type="text" value="none"/>
<b>Pleural Thickening/Fissural Plaques</b>	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Calcification
<b>Pleural Tumor</b>	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v	<b>Describe:</b> <input type="text"/>

Additional Comments on Parenchymal or Pleural Abnormalities (including post-op changes)

Estadística de intensidad general

	Total	Izquierda	Derecha
Vol. [ml]	3536	922	2614
Vol. rel. [%]	100.0	26.1	73.9
MLD [HU]	-800	-798	-801
DE [HU]	150	159	148
FWHM [HU]	93	148	85
LAV [%]	1.6	3.7	0.8
HAV [%]	1.5	1.5	1.5

Histograma de intensidad absoluta

Frac. absolt. [I]

30000  
25000  
20000  
15000  
10000  
5000  
0

-1000 -750 -500 -250 0 250 500 750 [HU]

Total  
Izquierda  
Derecha

Analisis parénquima pulmonar

Paso 1: Segmentar y medir

Paso 2: Revisar

- General
- Subrango [ ] [ ]
- Percentil [ ] [ ]
- Agrup.
- Pulmón I/D
- Control/perif.
- Tercios

Paso 3: Informe

W 1400 C -500

W 1200 C -429

InSpace iniciado 24/05/2012 12:08:48



# PROGRAMA I-ELCAP

## Valoración de MAMA, HUESO Y ABDOMEN SUPERIOR

**Breast Abnormalities**  no  yes  n/v

	Abnormalities	Specify
Right Breast	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v <input type="checkbox"/> Calcification <input type="checkbox"/> Cyst <input type="checkbox"/> Mass <input type="checkbox"/> Other	
Left Breast	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v <input type="checkbox"/> Calcification <input type="checkbox"/> Cyst <input type="checkbox"/> Mass <input type="checkbox"/> Other	

**Additional Comments on Breast Abnormalities**

**Bone Abnormalities**

	Abnormalities
Bones	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v

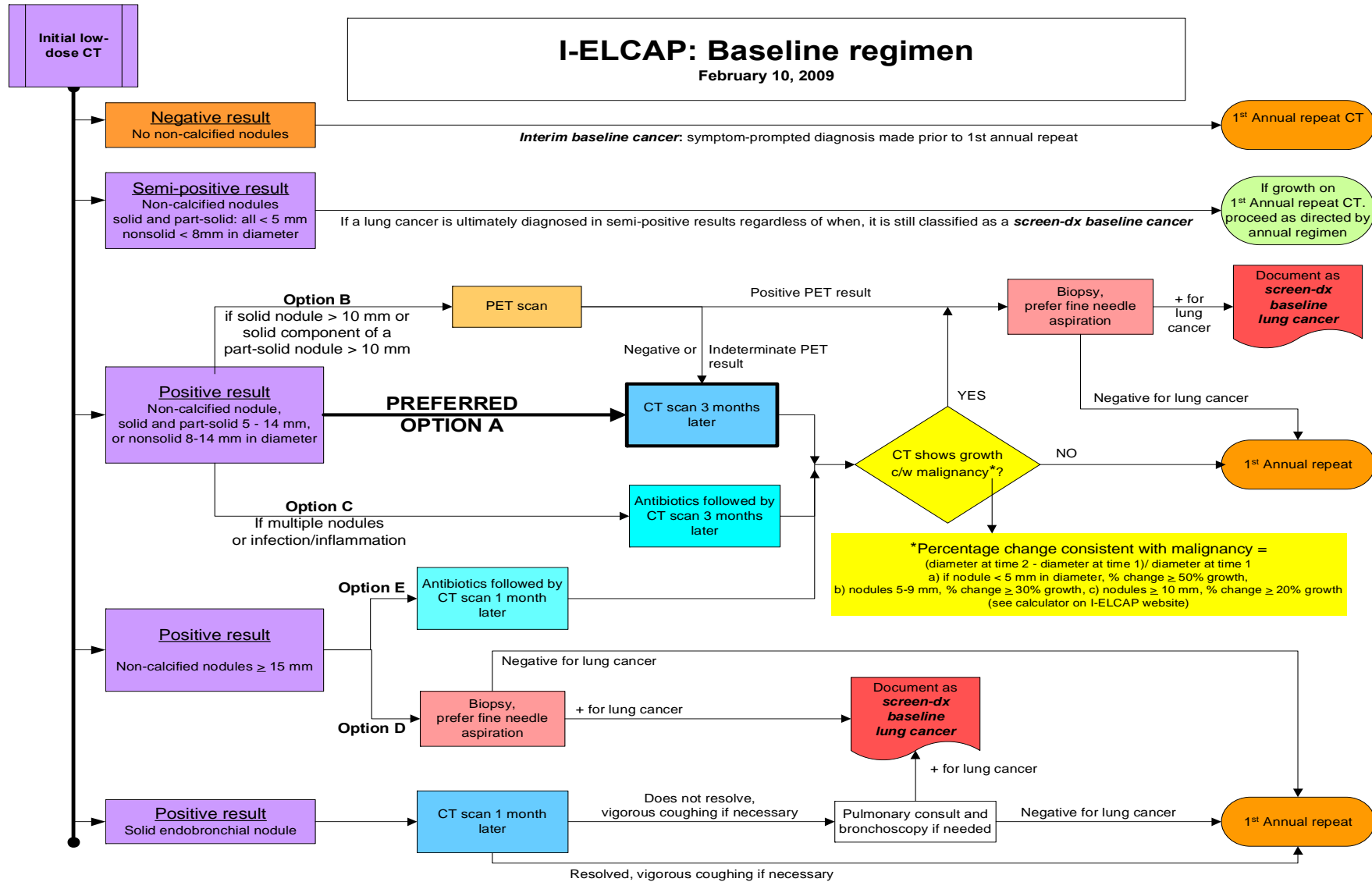
**Specify Bone Abnormalities**

**Abdominal Abnormalities**  no  yes  n/v

	Abnormalities	Specify
Gall Bladder	<input type="radio"/> no <input checked="" type="radio"/> yes <input type="radio"/> n/v <input type="checkbox"/> Cholecystectomy <input checked="" type="checkbox"/> Stones <input type="checkbox"/> Sludge <input type="checkbox"/> Other	
Spleen	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v <input type="checkbox"/> Calcification <input type="checkbox"/> Cyst <input type="checkbox"/> Mass <input type="checkbox"/> Other	
Liver	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v <input type="checkbox"/> Calcification <input type="checkbox"/> Cyst <input type="checkbox"/> Mass <input type="checkbox"/> Other	
Pancreas	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v <input type="checkbox"/> Calcification <input type="checkbox"/> Cyst <input type="checkbox"/> Mass <input type="checkbox"/> Other	
Adrenals	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v <input type="checkbox"/> Calcification <input type="checkbox"/> Cyst <input type="checkbox"/> Mass <input type="checkbox"/> Other	
Kidneys	<input type="radio"/> no <input type="radio"/> yes <input type="radio"/> n/v <input type="checkbox"/> Calcification <input type="checkbox"/> Cyst <input type="checkbox"/> Mass <input type="checkbox"/> Other	

**Additional Comments on Abdominal Abnormalities**

# PROGRAMA I-ELCAP



Initial low-dose CT

# I-ELCAP: Baseline regimen

February 10, 2009



**NEGATIVO/ SEMIPOSITIVO**

Sólido / Parc. sólido < 5mm  
No sólido **CUALQUIER TAMAÑO**

Anual

**POSITIVO** Sólido / P. S. 5-14mm

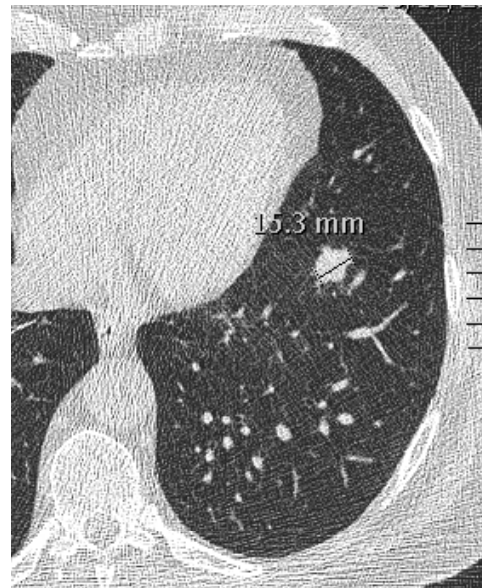
3 M

No crece



Crece

**BIOPSIA**





Initial low-dose CT

# I-ELCAP: Baseline regimen

February 10, 2009

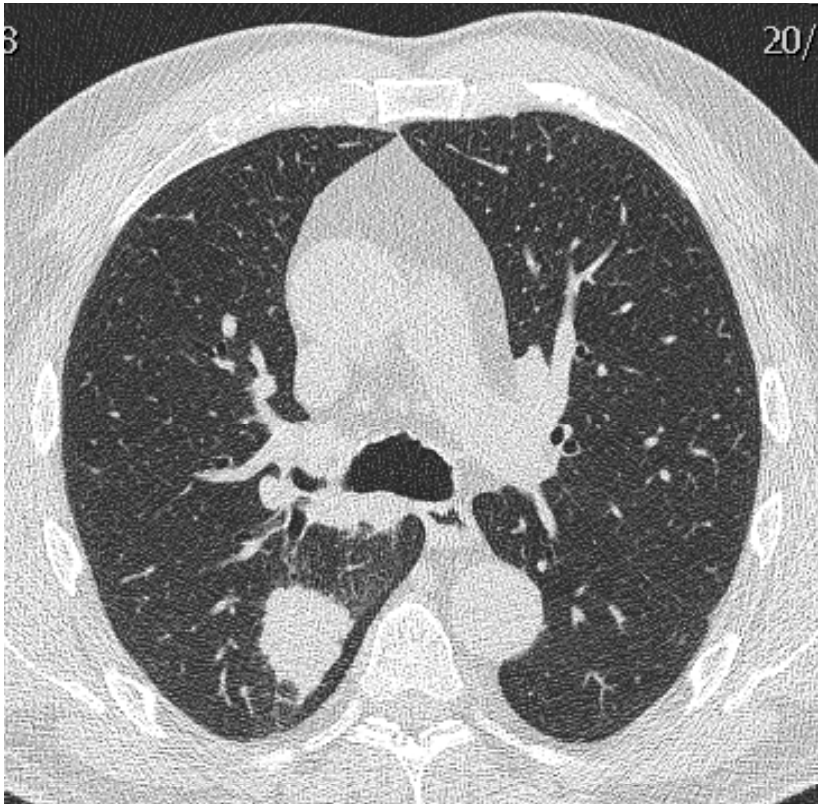


**POSITIVO**

Sólido / P. S.  $\geq 15\text{mm}$

→ Muy sugestivo de carcinoma

↓  
**BIOPSIA**



Initial low-dose CT

# I-ELCAP: Baseline regimen

February 10, 2009



**POSITIVO**

Sólido / P. S.  $\geq 15\text{mm}$

Múltiples S / P. S

**Infección / Inflamación**

Abt + CONTROL 1 / 3 M

Resolución parcial o completa

**CONTROL ANUAL**





Initial low-dose CT

# I-ELCAP: Baseline regimen

February 10, 2009

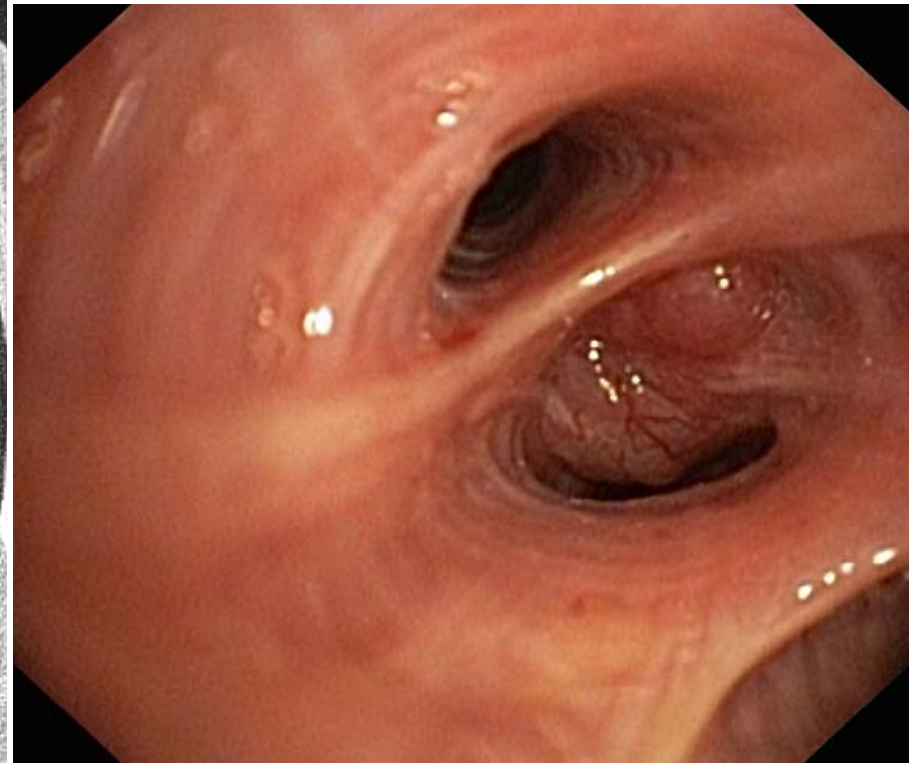
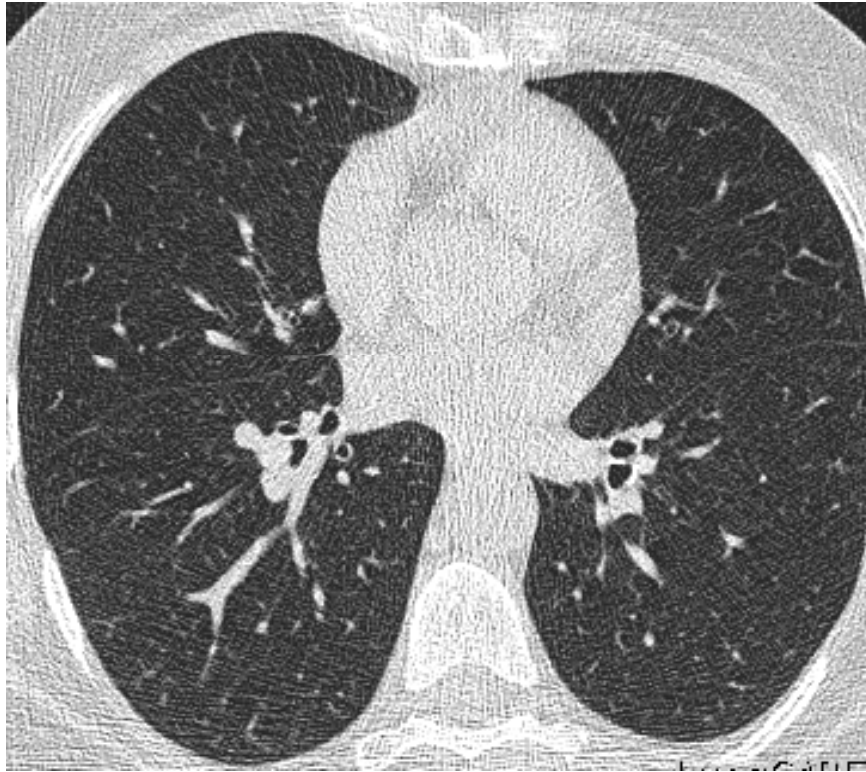


**POSITIVO**

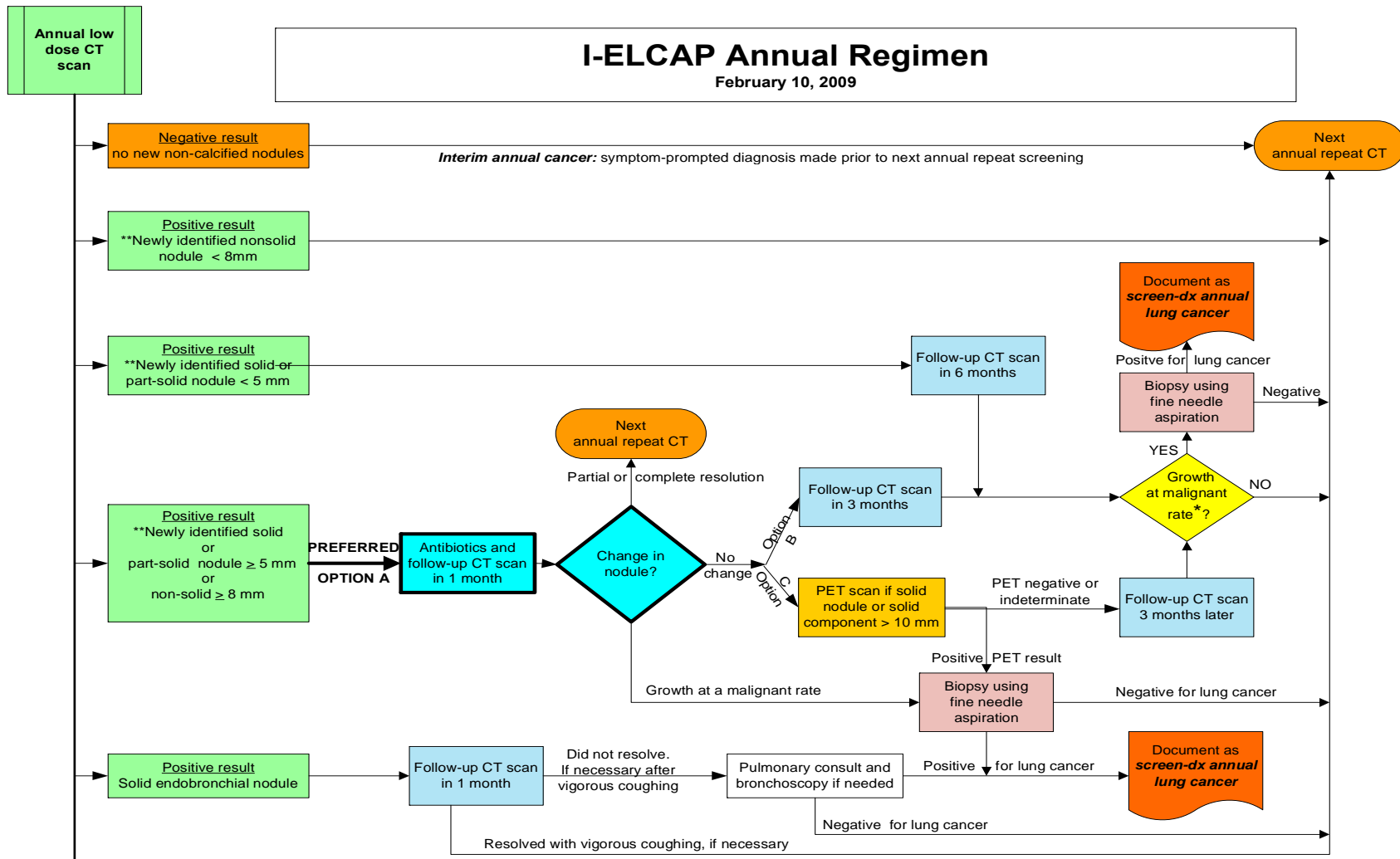
Endobronquial  
 $\geq 5$  mm



**Control 1 mes**



# PROGRAMA I-ELCAP



\*\*Newly seen nodules include those not previously identified but recognized in retrospect on the prior CT because they are growing

\*Percentage change consistent with malignancy =  
(diameter at time 2 - diameter at time 1) / diameter at time 1  
a) if nodule < 5 mm in diameter, % change ≥ 50% growth; b) nodules 5-9 mm, % change ≥ 30% growth; c) nodules > 9 mm, % change ≥ 20% growth  
(see calculator on I-ELCAP website)

Annual low dose CT scan

# I-ELCAP Annual Regimen

February 10, 2009



**POSITIVO**

Nuevo, sólido o parte sólida < 5mm



**Control 6 meses**

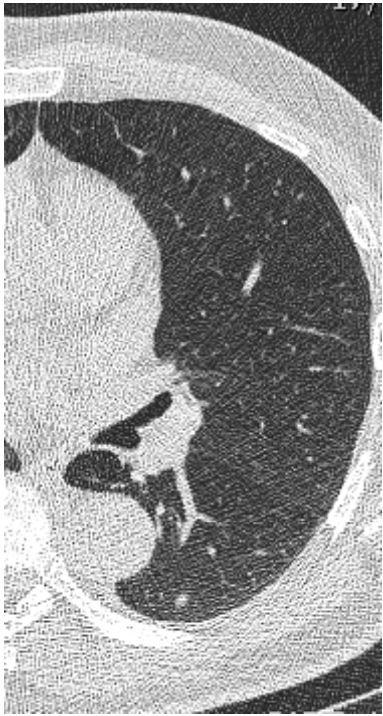
No crece

Crece

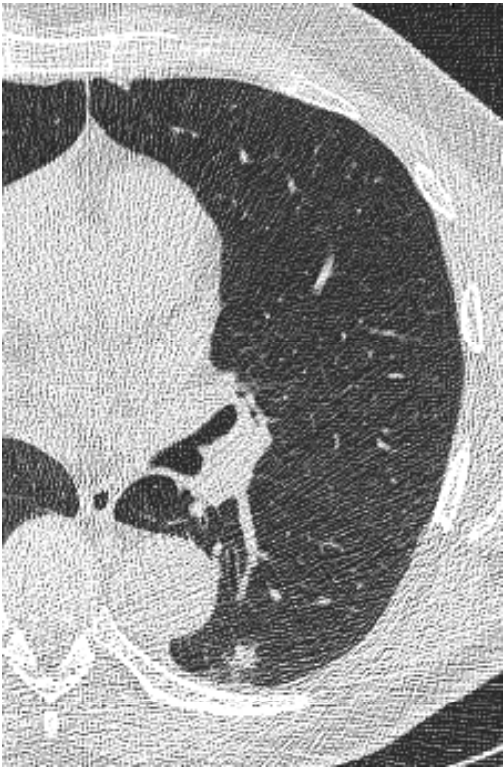
**CONTROL ANUAL**



**BIOPSIA**



Nov 2009



May 2010



AP: ADC (micropapilar 45%, acinar 30%, sólido 20% y papilar 5%). Embolización linfática.



Annual low  
dose CT  
scan

# I-ELCAP Annual Regimen

February 10, 2009



**POSITIVO**

Nuevo, sólido  
o parte sólida  
 $\geq 5\text{mm}$

Control 1 mes +/- Abt

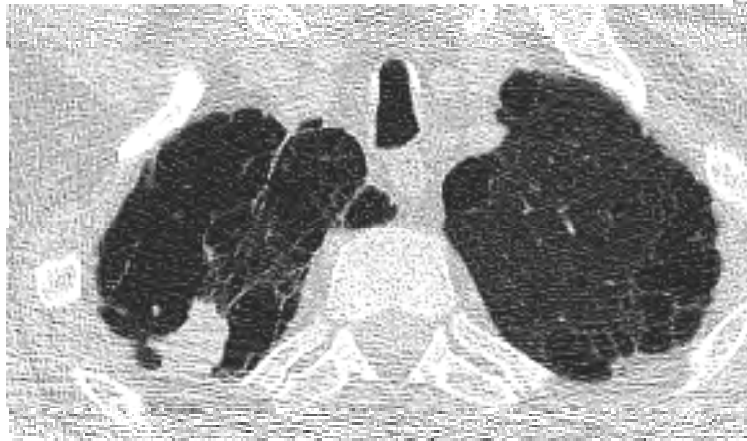


Crece

**BIOPSIA**



Julio 2012



Agosto 2012



**POSITIVO**

Nuevo, sólido  
o parte sólida  
≥ 5mm

→ **Control 1 mes +/- Abt**



Resolución  
parcial/ completa

↓  
**CONTROL ANUAL** 



Annual low dose CT scan

# I-ELCAP Annual Regimen

February 10, 2009

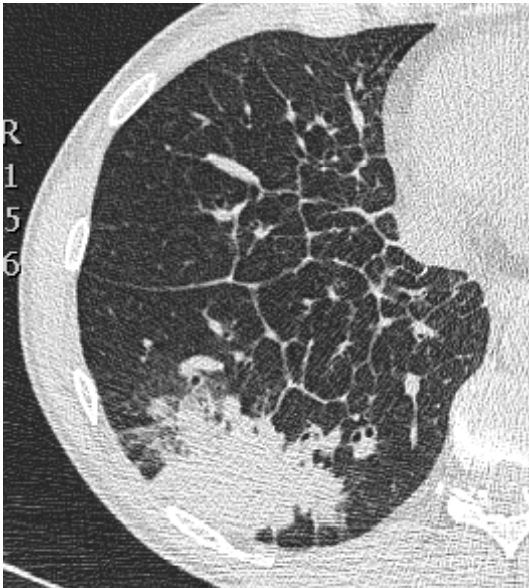


**POSITIVO**

Nuevo, sólido o parte sólida  $\geq 5\text{mm}$



**Control 1 mes +/- Abt**



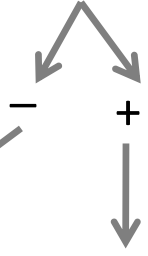
Sin cambios



**CONTROL 3 M**



**PET**

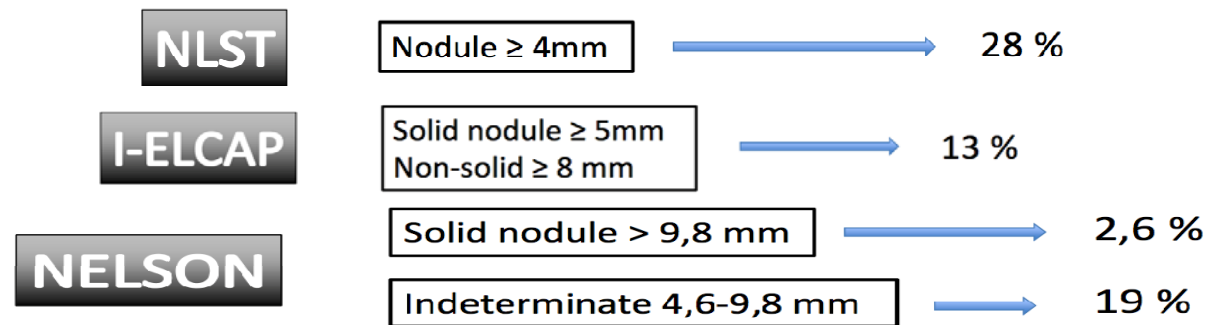


**BIOPSIA**





# RESULTADOS

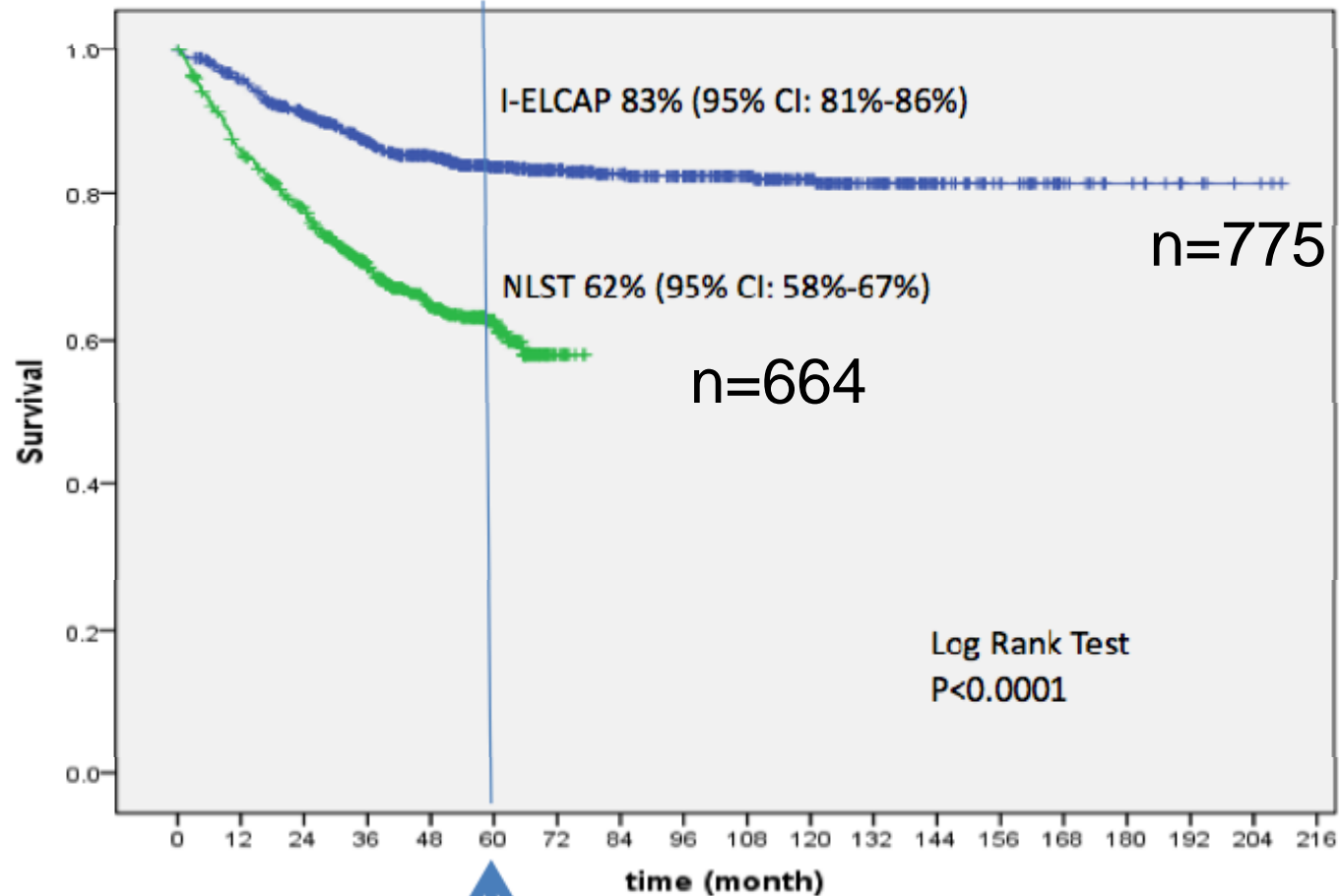


Estadio	IELCAP N=775	NLST N=644	NELSON N=209
Estadio I	602 (78%)	400 (62%)	148 (71%)
Estadio II	37 (5%)	46 (7%)	14 (7%)
Estadio IIIA	83 (11%)	59 (9%)	30 (14%)
Estadio IIIB	25 (3%)	50 (8%)	7 (3%)
Estadio IV	28 (3%)	80 (12%)	10 (5%)
Unknown	0 (0%)	9 (1%)	0 (0%)





# RESULTADOS



5-year survival rate



# NUESTROS RESULTADOS

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Periodo: junio 2008 – abril 2014

<b>POBLACION INCLUIDA</b>	<b>6070</b>	<b>Tamaño max (mm)</b>	<b>Media Tamaño (mm)</b>
Total Nódulos	19251		
-Sólidos	15629	62	4.2
-Part-solid	421	44	7.65
-GGO	1982	21.5	6.07



# NUESTROS RESULTADOS

POBLACION INCLUIDA	6070
Cáncer de pulmón	96
Metástasis melanoma	1
Linfoma	1
Tumores benignos	4
TOTAL	102
Otros cánceres	33

## Falsos Positivos

- 1 Neumonitis granulomatosa
- 1 Lesión fibrosa colagenizada
- 1 Histiocitosis
- 1 Nódulo antracótico

## 73.8 Estadio I

*Varones: 73.9%*

*Mujeres: 26.1%*

*Edad :  $59 \pm 5,5$  (rango 50-73)*

*Tabaco:  $44.3 \pm 16.8$  (rango 20-90)*

*Fumador activo: 73.9%*

*Tamaño tumoral:  $17.7 \pm 1.8$  (rango 4-55)*

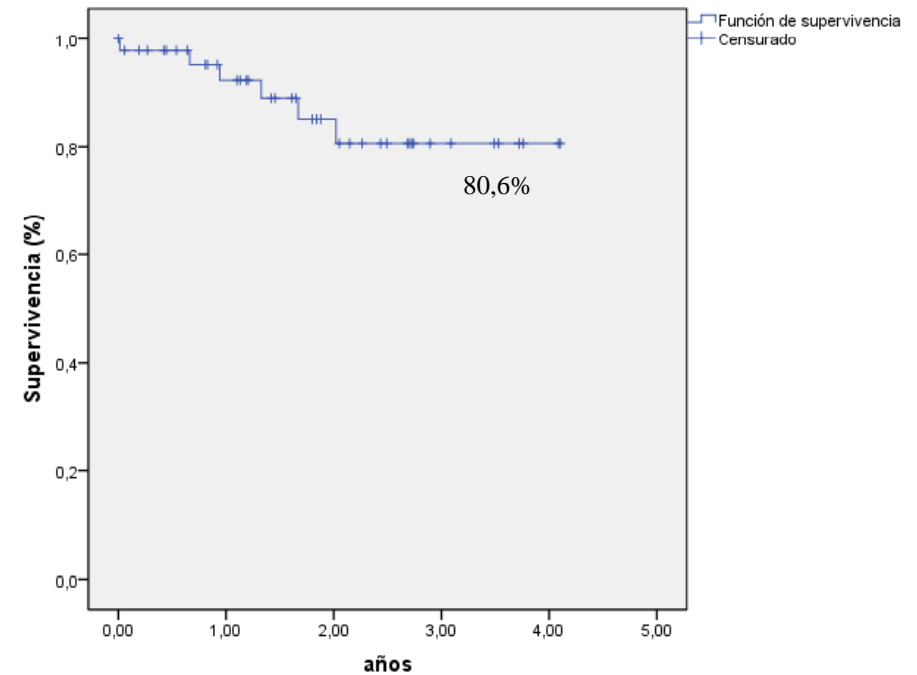
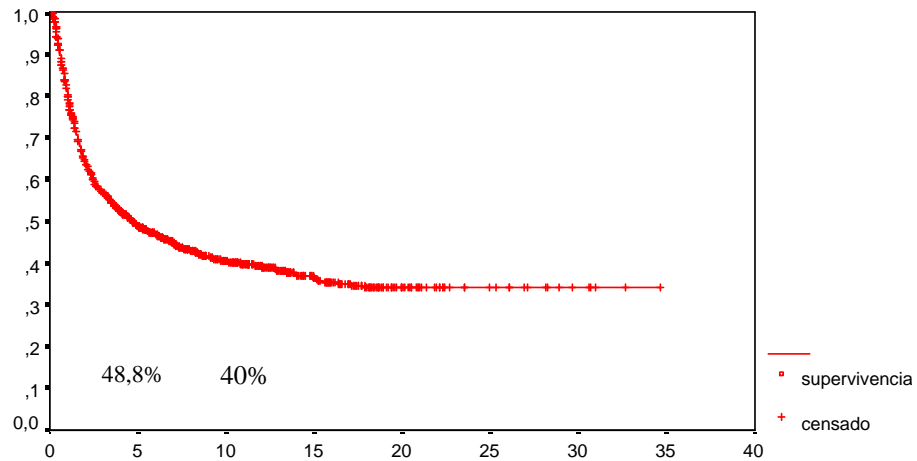




# NUESTROS RESULTADOS

## Supervivencia global

**1733 pacientes**

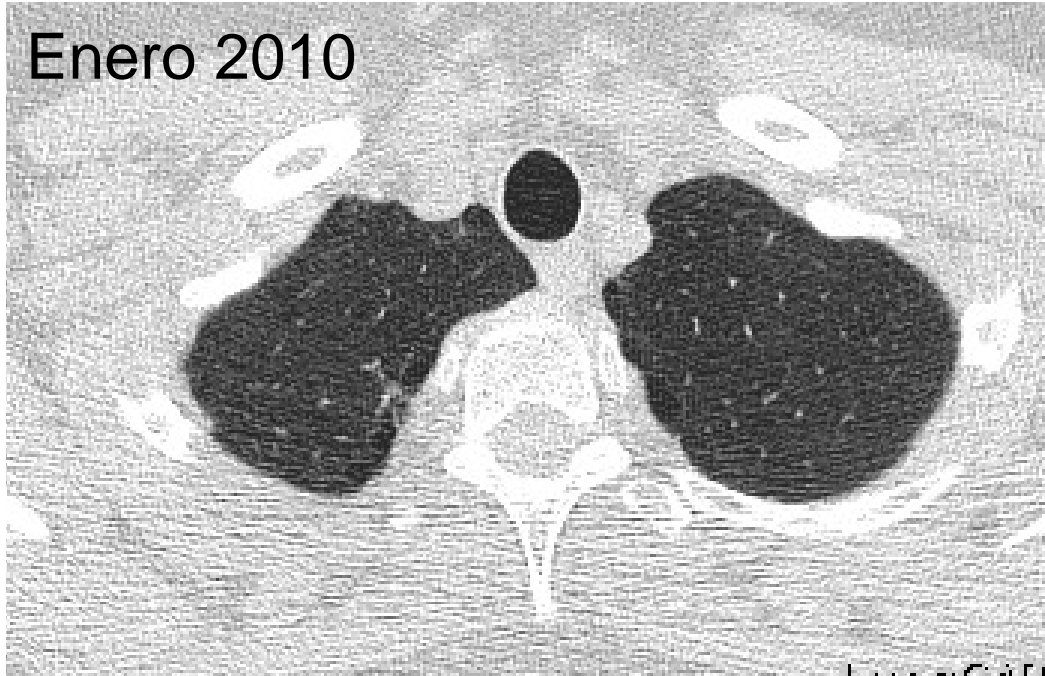




# FALSOS POSITIVOS

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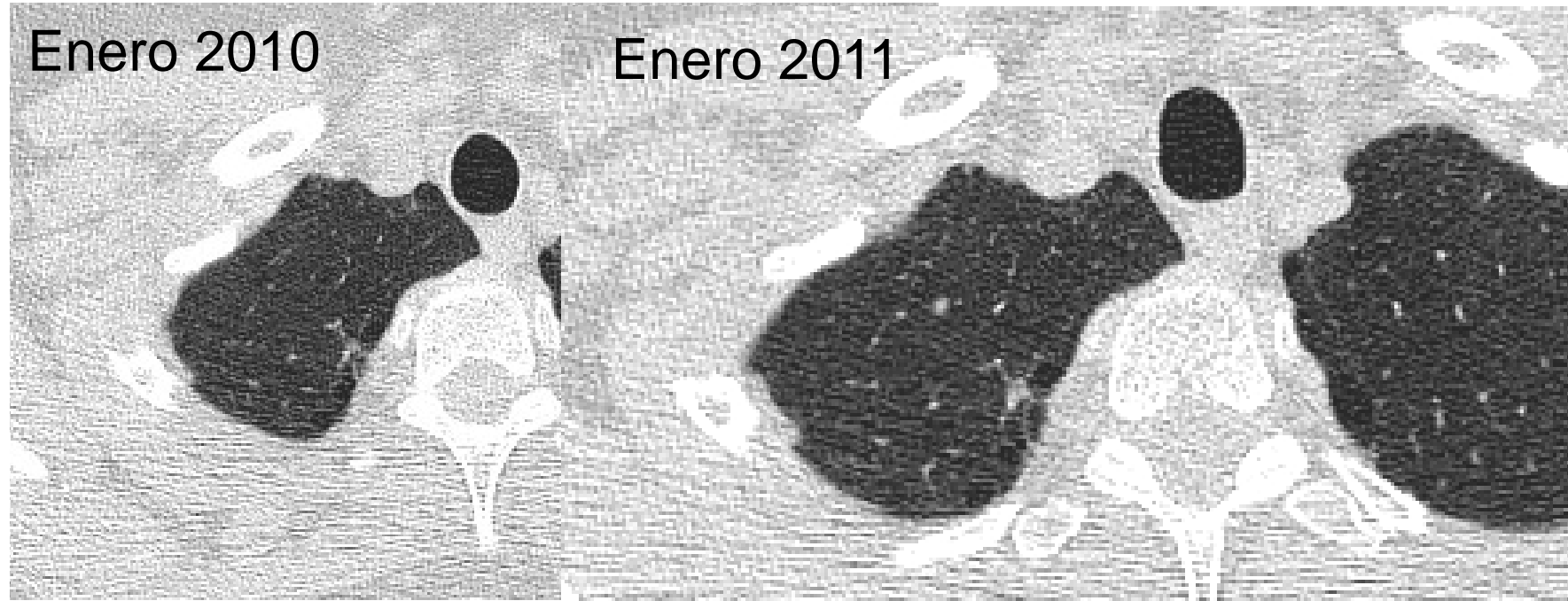
Enero 2010





# FALSOS POSITIVOS

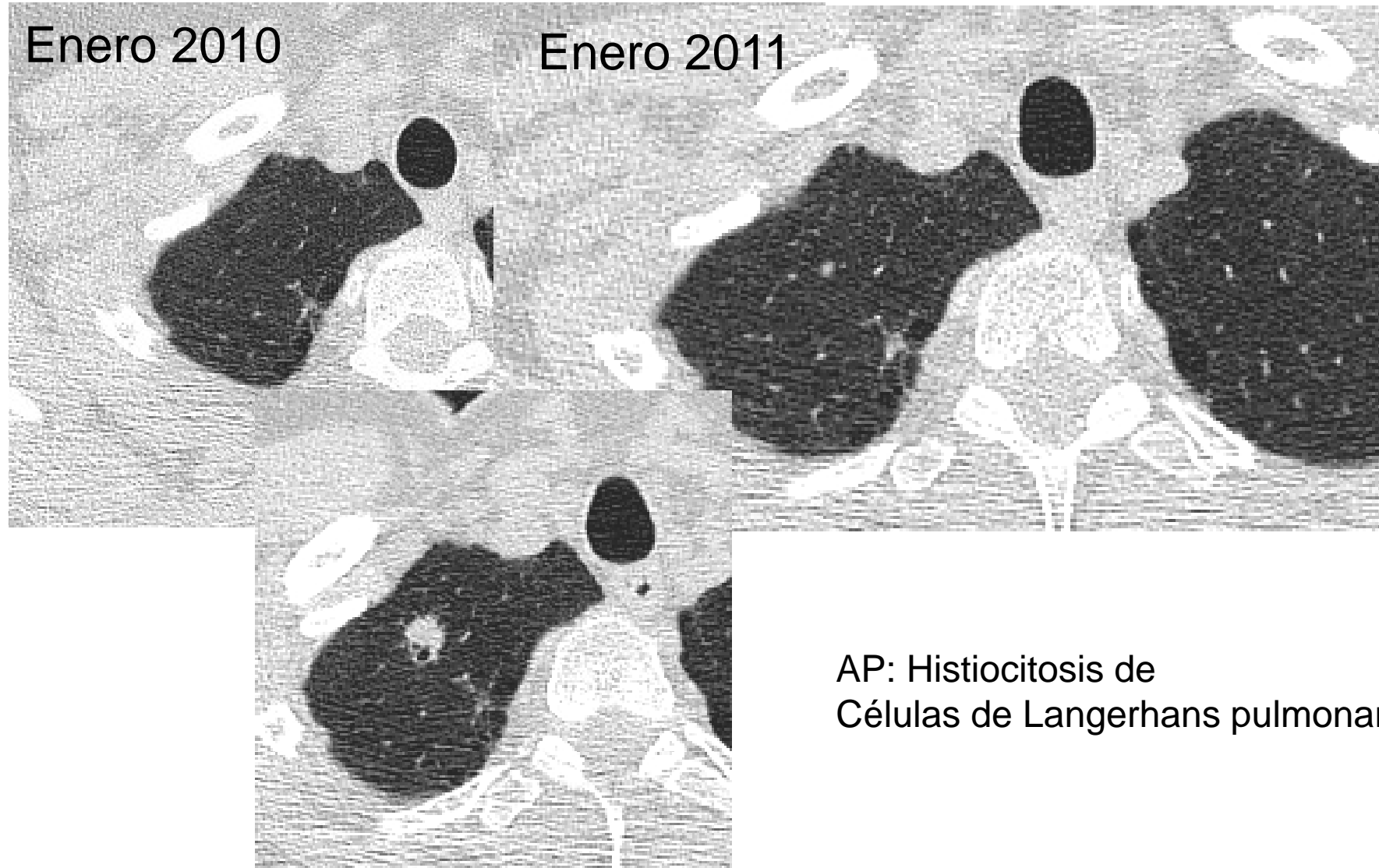
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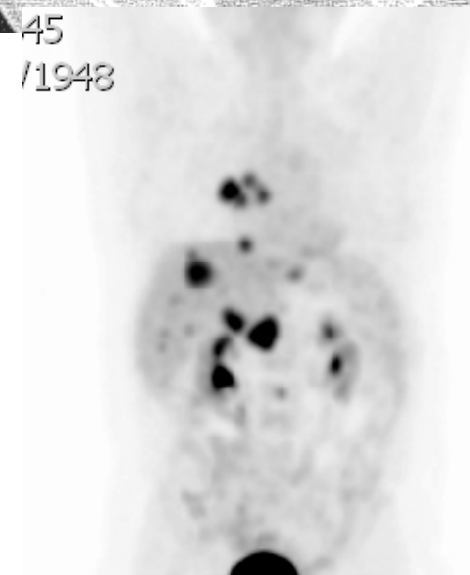
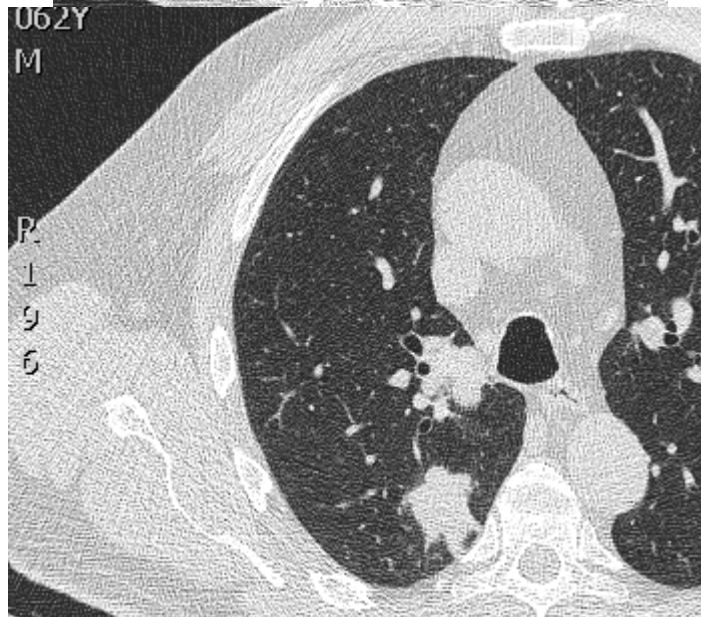
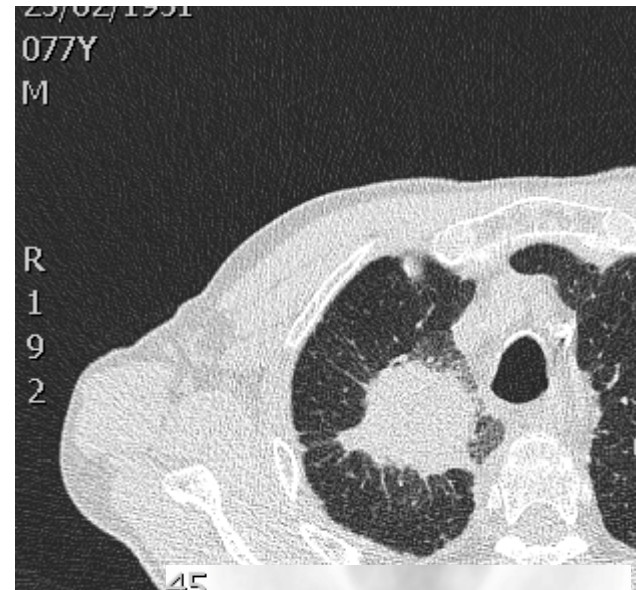
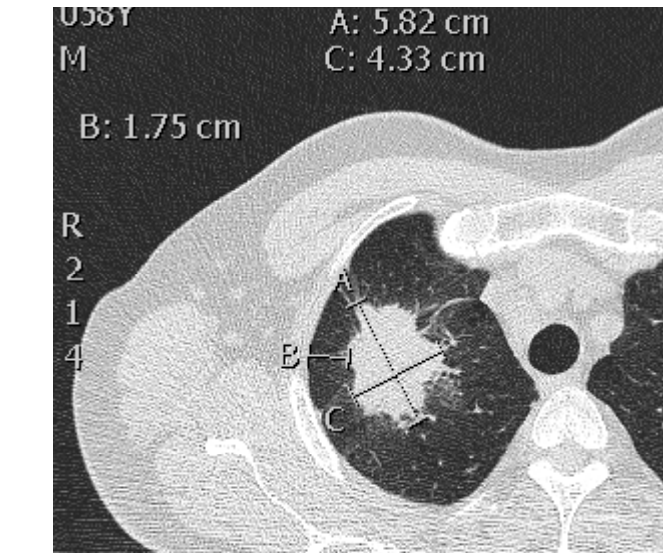
# FALSOS POSITIVOS



AP: Histiocitosis de  
Células de Langerhans pulmonar



# INOPERABLES



# CONCLUSIONES

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- Cribado con Radiografía de tórax: no efectivo.
- Cribado con TCBD:
  - ✧ Protocolo consensuado de seguimiento de nódulos:
    - ✧ Diámetro
    - ✧ Consistencia
    - ✧ Riesgo de cáncer
  - ✧ Aumento de detección de tumores en estadios precoces.
  - ✧ Aumento de supervivencia.
  - ✧ Disminución de mortalidad (20%).
- TCBD es seguro y con mínimas variaciones entre guías.



# CRIBADO DE CÁNCER DE PULMÓN

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## Recomendaciones de cribado

- American Association for Thoracic Surgery (AATS)
- American College of Chest Physicians (ACCP)
- American Society of Clinical Oncology (ASCO)
- American Cancer Society
- International Association for the Study of Lung Cancer (IASLC)
- National Comprehensive Cancer Network (NCCN)



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MUCHAS GRACIAS

