

# Cirugía cardiaca en pacientes de edad avanzada ¿Un cambio de paradigma?



J.A. Montero Argudo  
Director Àrea Enfermedades Cardiovasculares  
Hospital Universitari i Politècnic La Fe  
València 2014



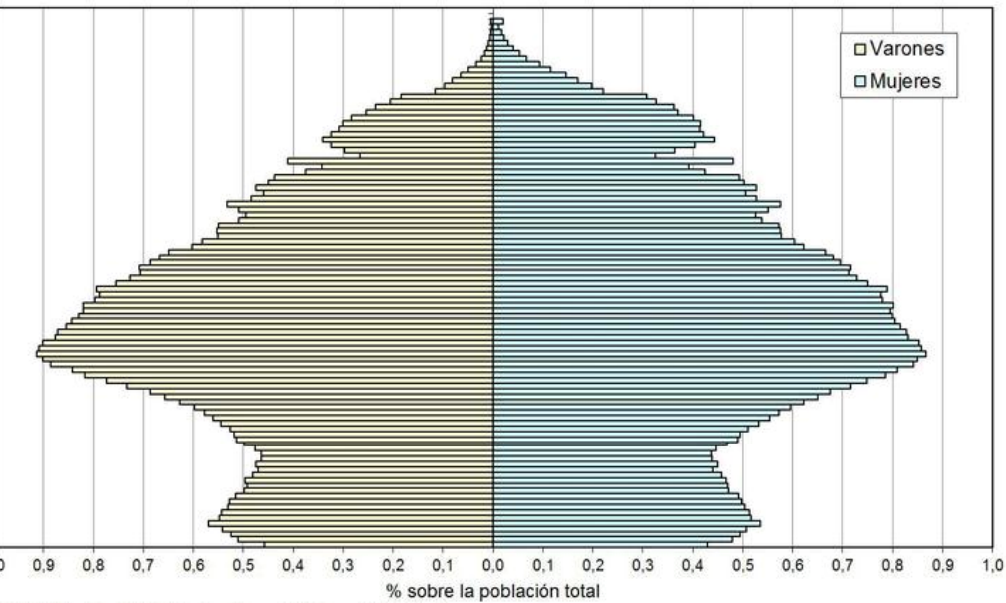
## **CAMBIOS DE PARADIGMA**

**Cambio en el perfil sociodemográfico de la población**

**Evolución de los resultados quirúrgicos y de las escalas de riesgo**

**Impacto del desarrollo tecnológico**

### ESPAÑA, 2013

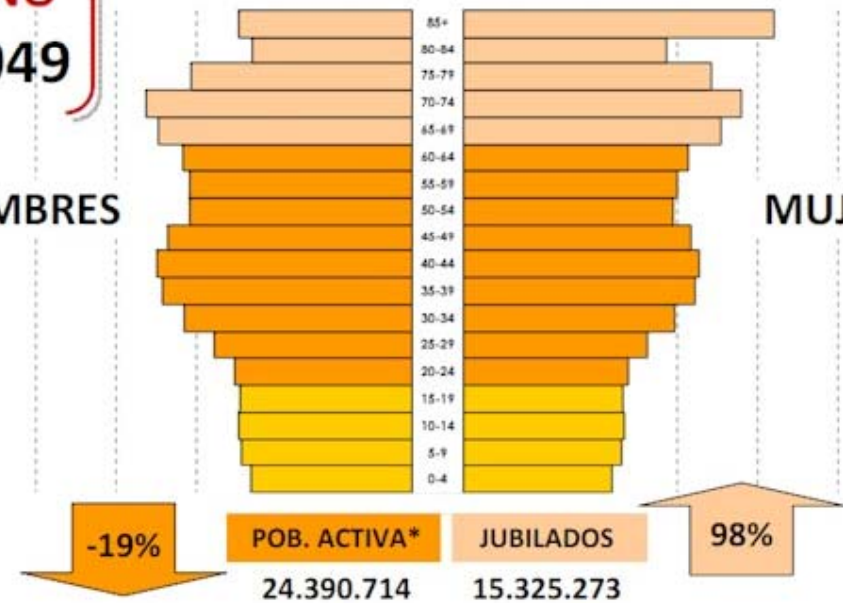


Padrón Municipal de Habitantes (Avance). Elaboración J. Delgado.

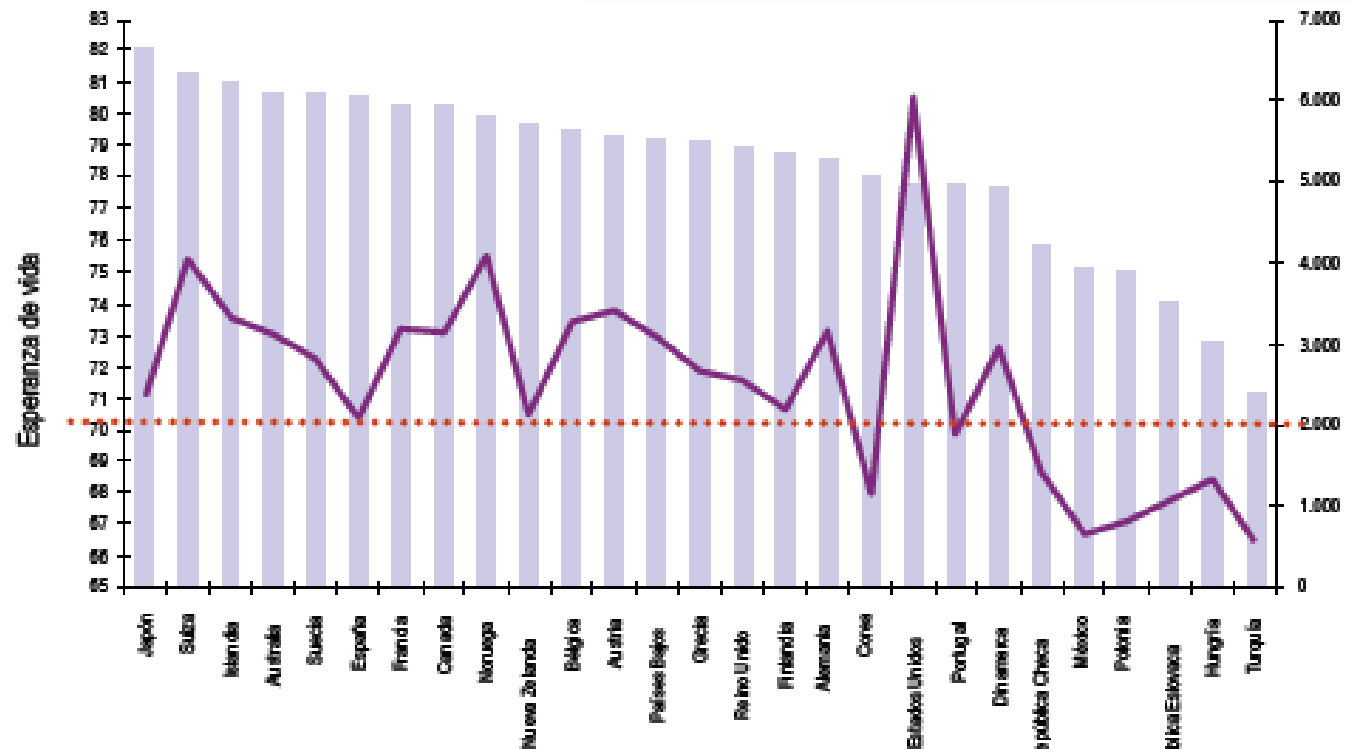
**AÑO**  
**2049**

HOMBRES

MUJER



### ESPERANZA DE VIDA Y GASTO SANITARIO





## Problemas del sistema de salud

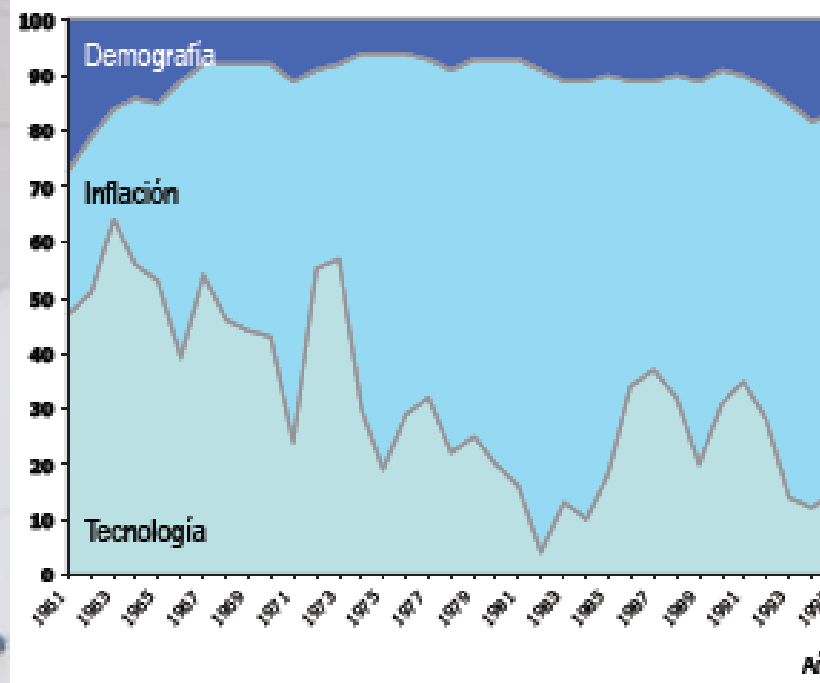
Problemas económicos

Envejecimiento progresivo de la población

Desarrollo acelerado de la tecnología

Aumento de las expectativas de los ciudadanos

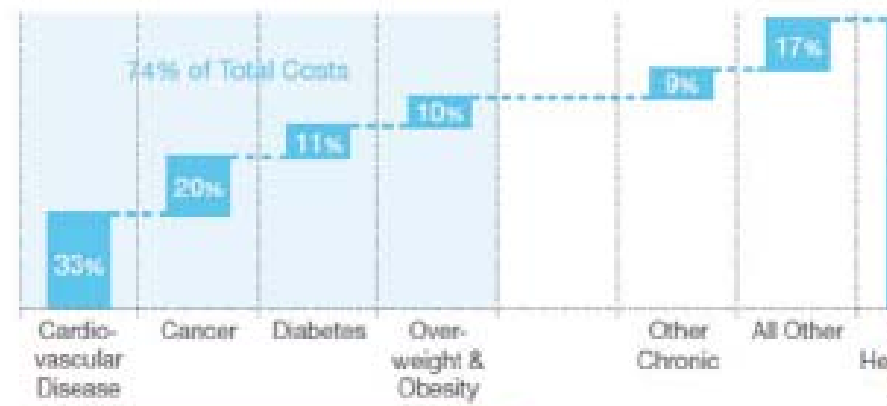
Porcentaje de los componentes que explican el incremento del gasto sanitario, USA 1962-1998



Fuente: Mohr PE, Mueller C et al. The Impact of Medical Technology on Future Health Care Cost. The project Hospital Health Affairs. 2001

## Cambio epidemiológico: envejecimiento y cronicidad

Four Chronic Conditions Compromise 74% of Costs  
Cost Distribution by Disease State





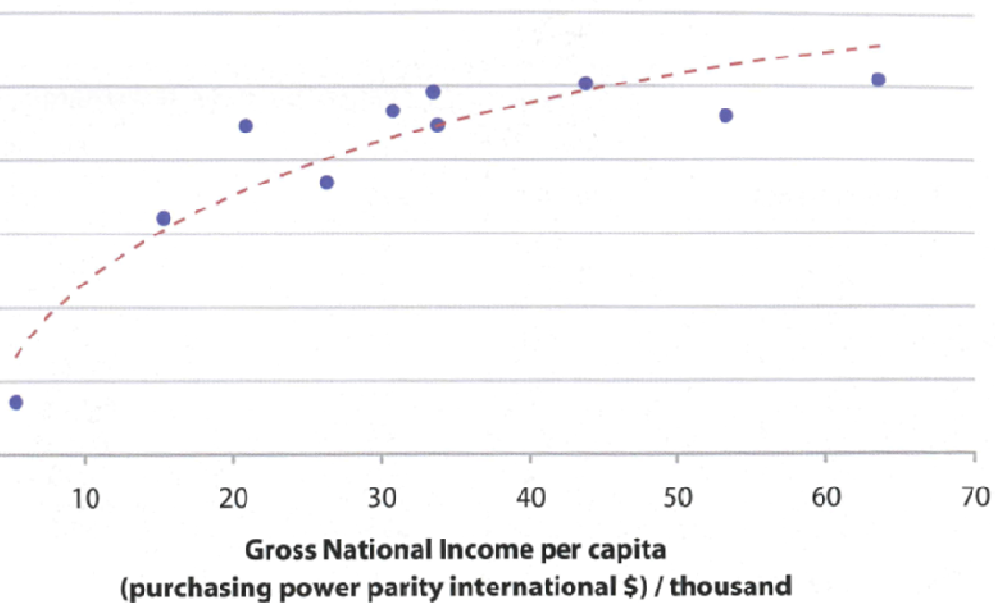
## **CAMBIOS DE PARADIGMA**

**Cambio en el perfil sociodemográfico de la población**

**Evolución de los resultados quirúrgicos y de las escalas de riesgo**

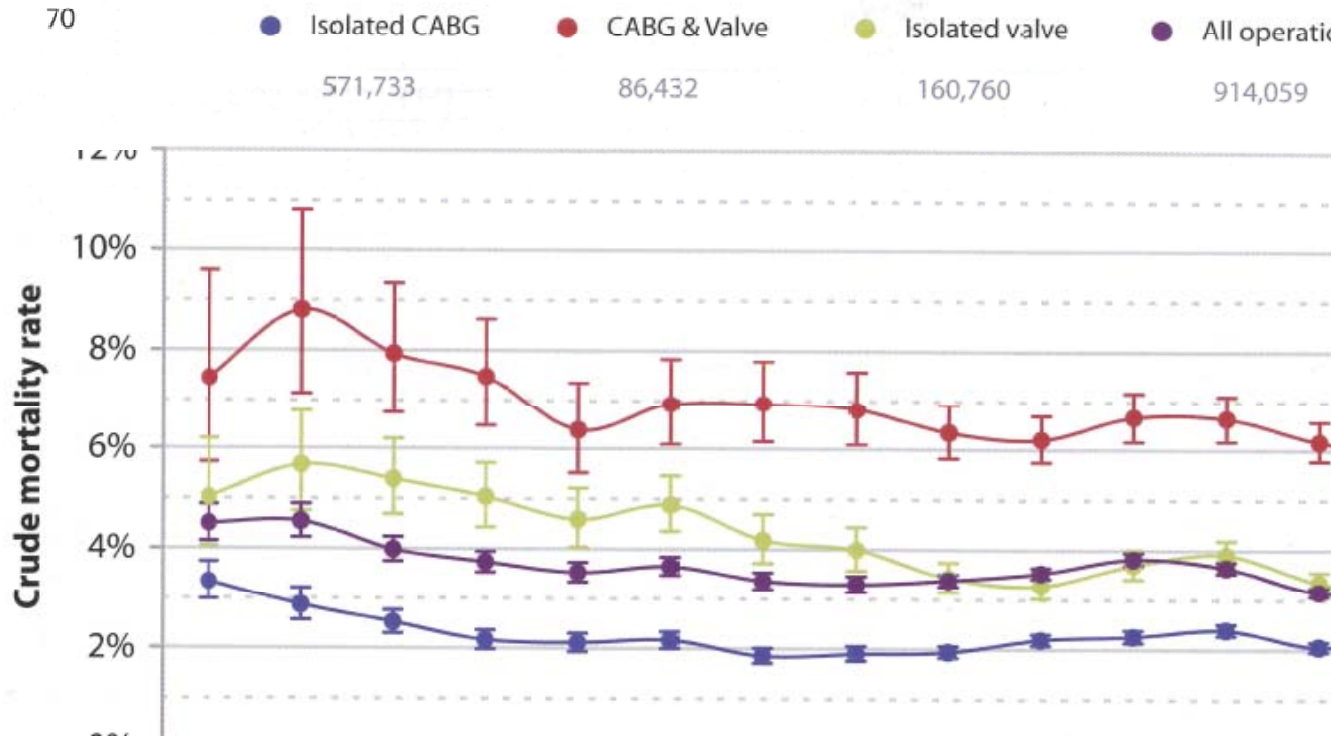
**Impacto del desarrollo tecnológico**

relationship between WHO-reported Gross National Income *per capita* and the average age of patients undergoing isolated AV surgery in the EACTS database



Aumento de la edad media del paciente  
Disminución progresiva de la mortalidad

Trends in mortality for the major procedure groupings



571,733

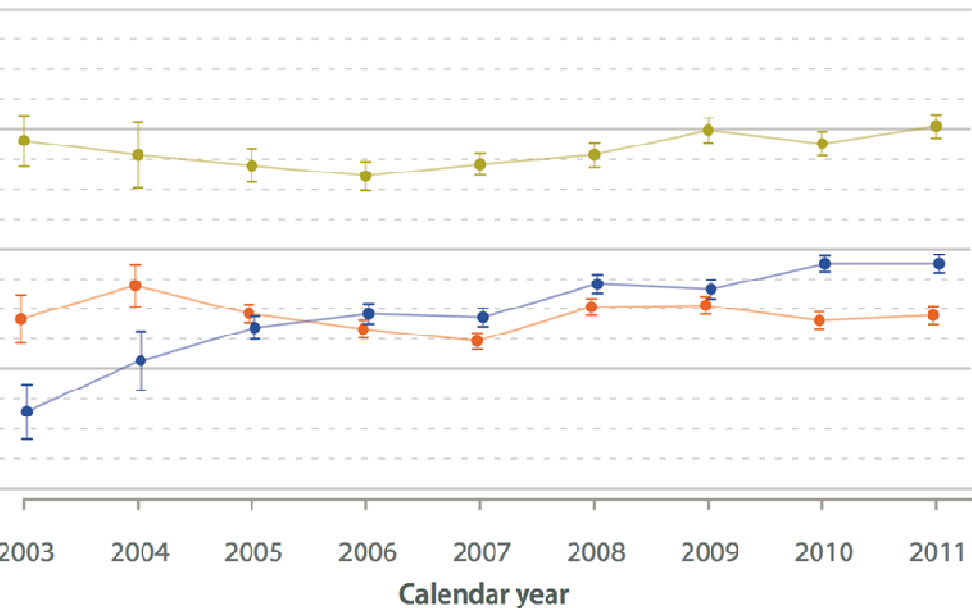
86,432

160,760

914,059

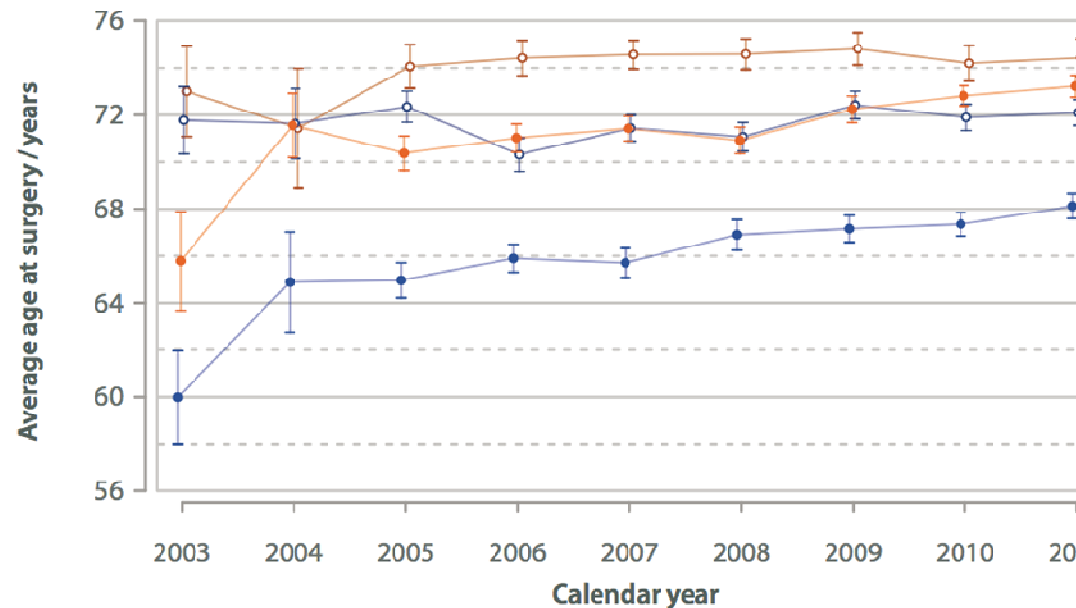
### Cirugía cardíaca en España: Cambios de la edad de los pacientes con el tiempo (n=22,737)

● Isolated CAB ● CAB & valve ● Isolated valve



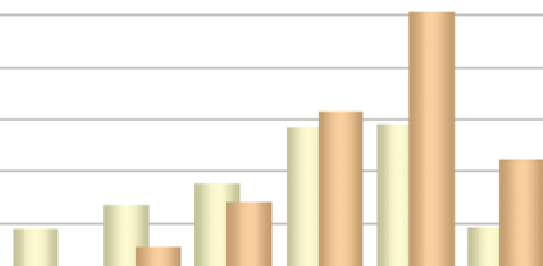
### Cirugía valvular aórtica: Cambios de la edad con el tiempo

Isolated AV ● Male (n=3,185) ● Female (n=2,428)  
AV & CAB ○ Male (n=1,298) ○ Female (n=591)



### Cirugía valvular aórtica aislada: Porcentaje de pacientes operados por cada grupo de edad y sexo

■ Male ■ Female

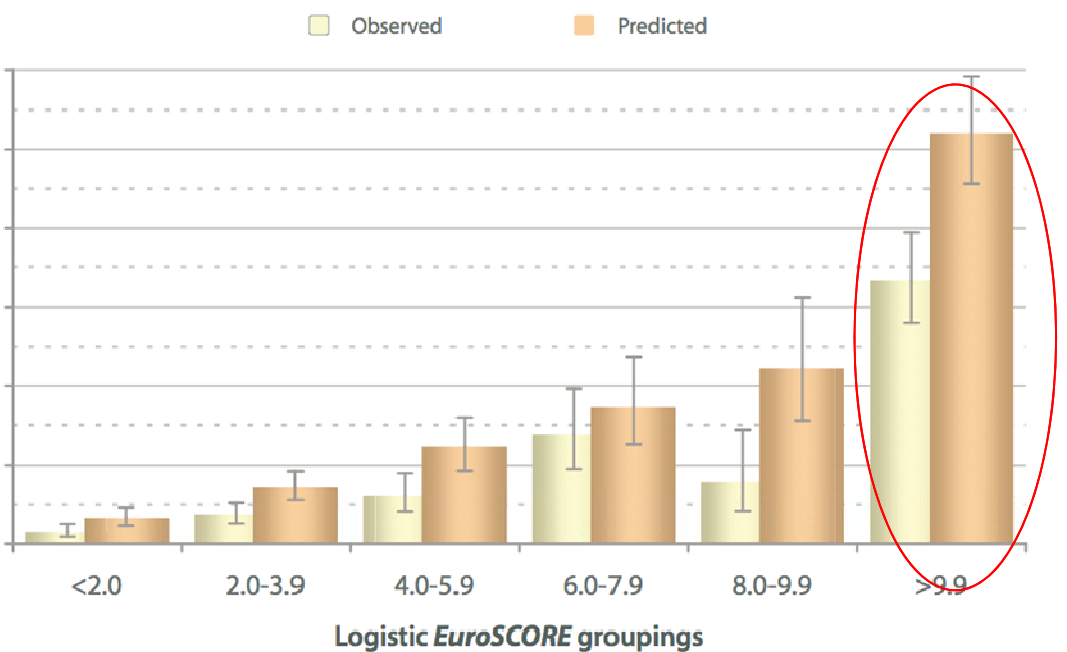


# esperada por las escalas de riesgo

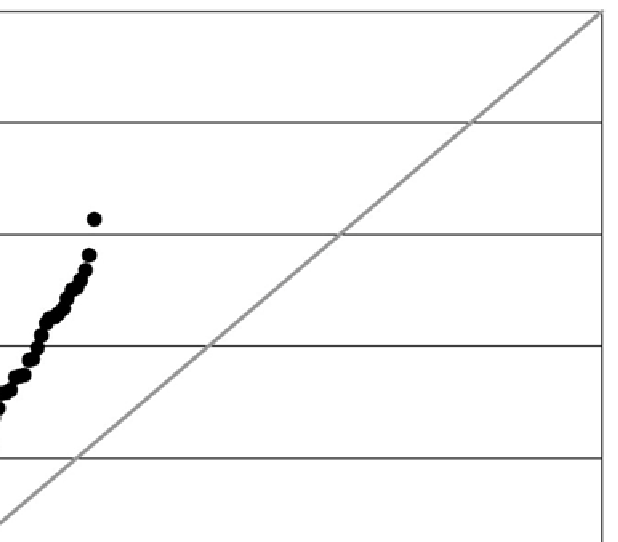
...sobre todo en pacientes de alto riesgo

actualmente no están bien calibradas

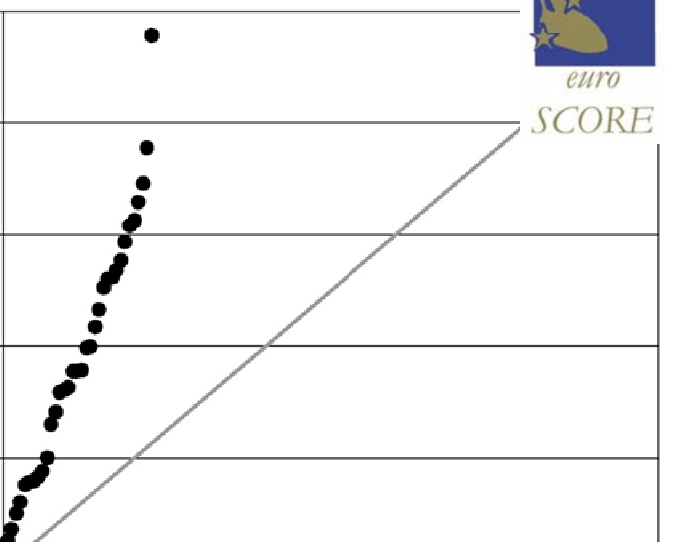
Cirugía coronaria aislada: Mortalidad hospitalaria cruda y EuroSCORE (n=7,759)



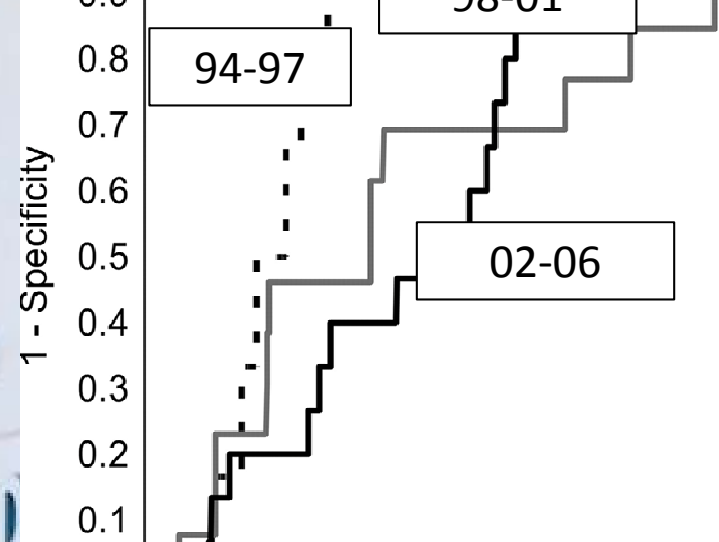
EuroSCORE



Logistic EuroSCORE



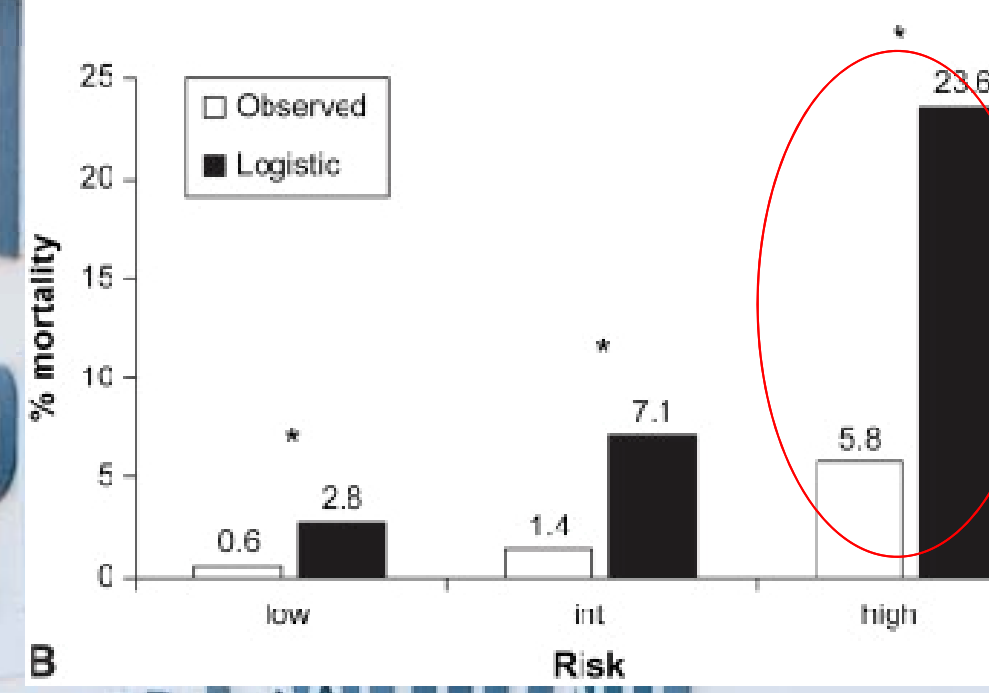
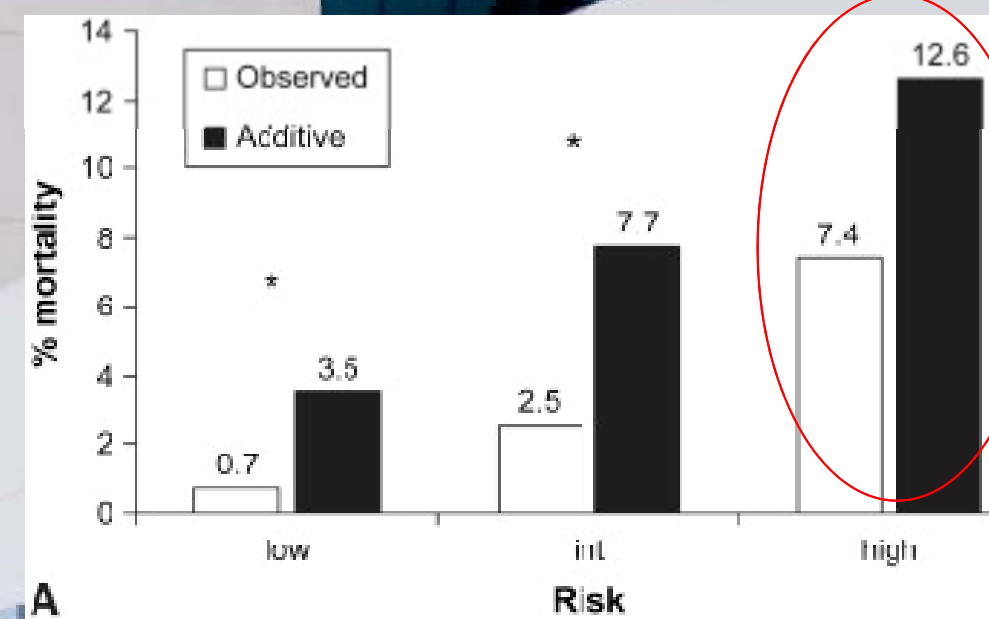
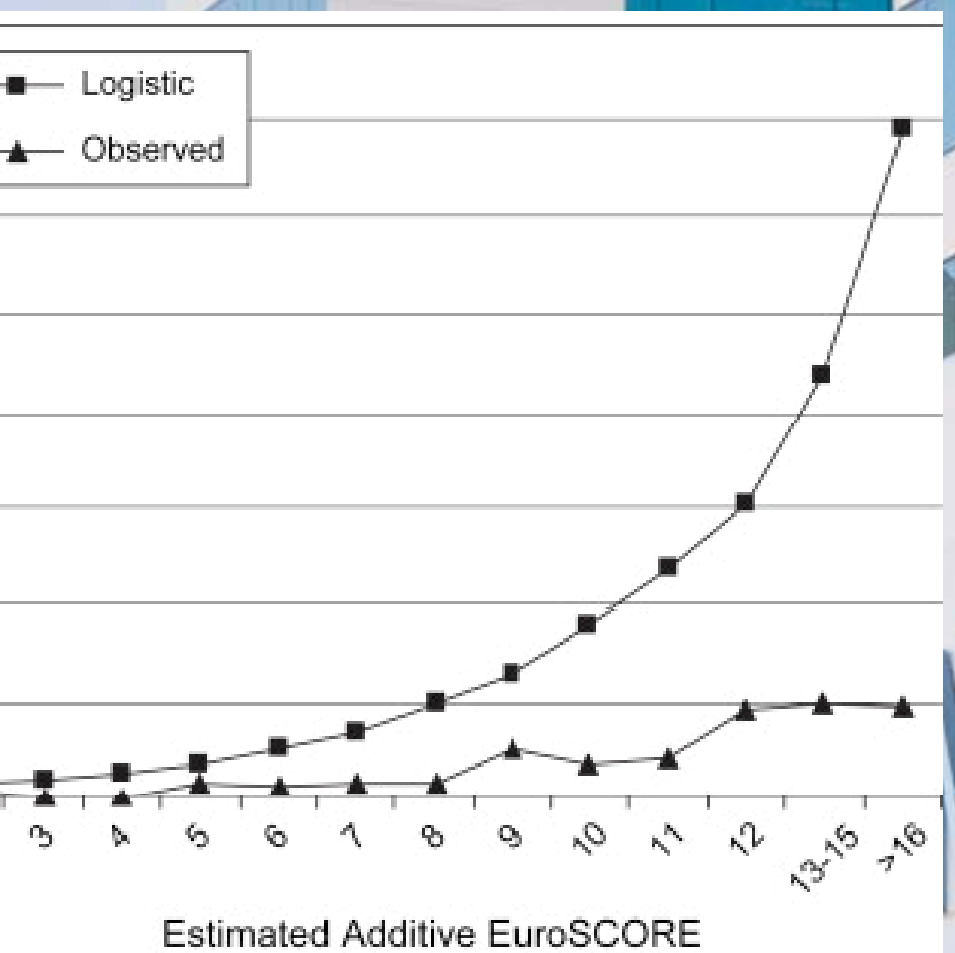
1 - Specificity





# Is it considered for percutaneous aortic valve treatment?

MD,<sup>a</sup> Hartzell V. Schaff, MD,<sup>a</sup> Maurice E. Sarano, MD,<sup>b</sup> Zhuo Li, MS,<sup>c</sup> Thoralf M. Sundt, MD,<sup>a</sup> Li, MD,<sup>a</sup> Charles J. Mullany, MBMS,<sup>a</sup> and Thomas A. Orszulak, MD<sup>a</sup>





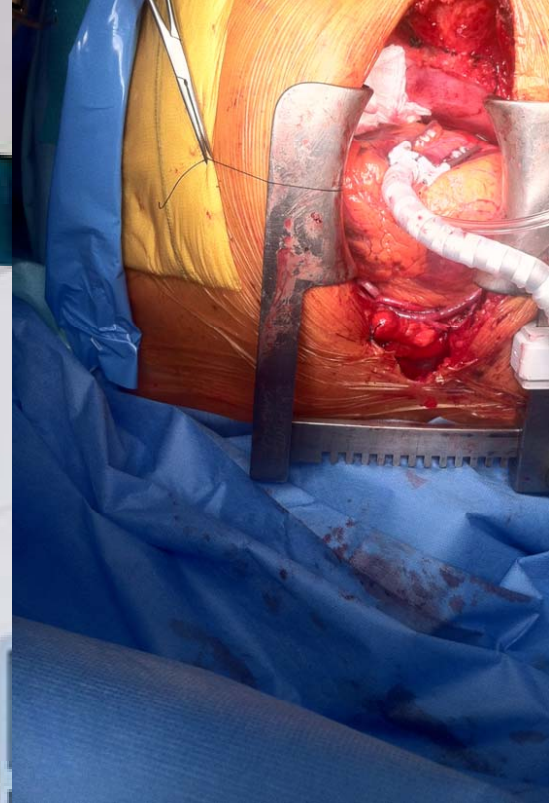
## **CAMBIOS DE PARADIGMA**

**Cambio en el perfil sociodemográfico de la población**

**Evolución de los resultados quirúrgicos y de las escalas de riesgo**

**Impacto del desarrollo tecnológico**

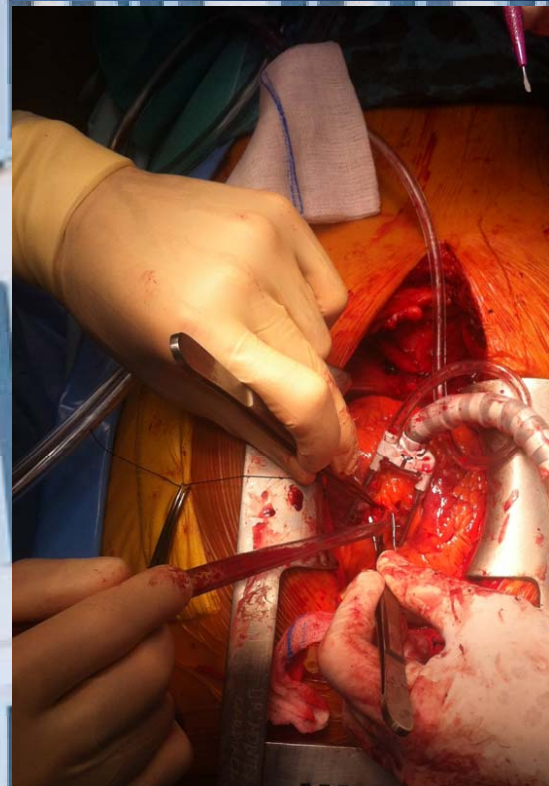




+ -

|     |  |   |
|-----|--|---|
| CEC | +  | -   |
|     | Facilidad técnica<br>Mayor tasa revascularización completa | Isquemia miocárdica<br>Respuesta inflamatoria |

|     |   |   |
|-----|---|---|
| CEC | +   | -   |
|     | Evita isquemia miocárdica<br>Menor manipulación aórtica<br>Ventaja en comorbilidades (renal, neurológica) | Mayor dificultad técnica<br>Mayor tasa de revascularización |



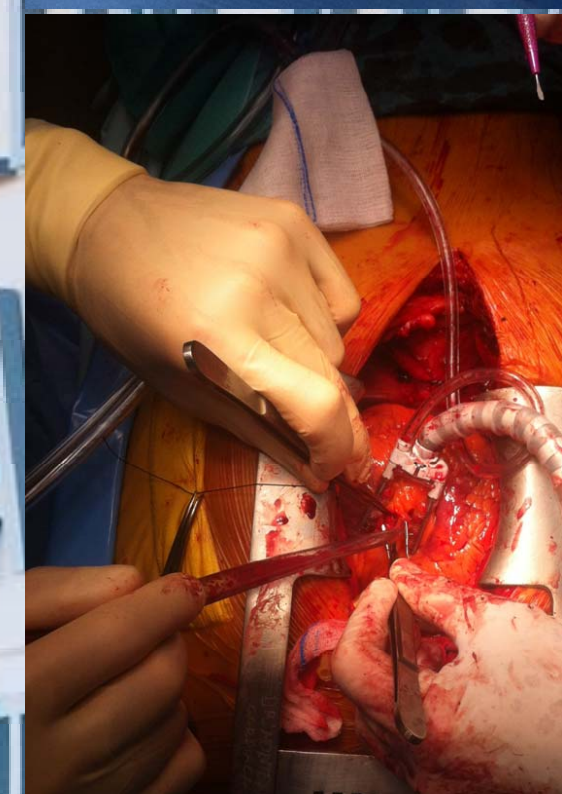
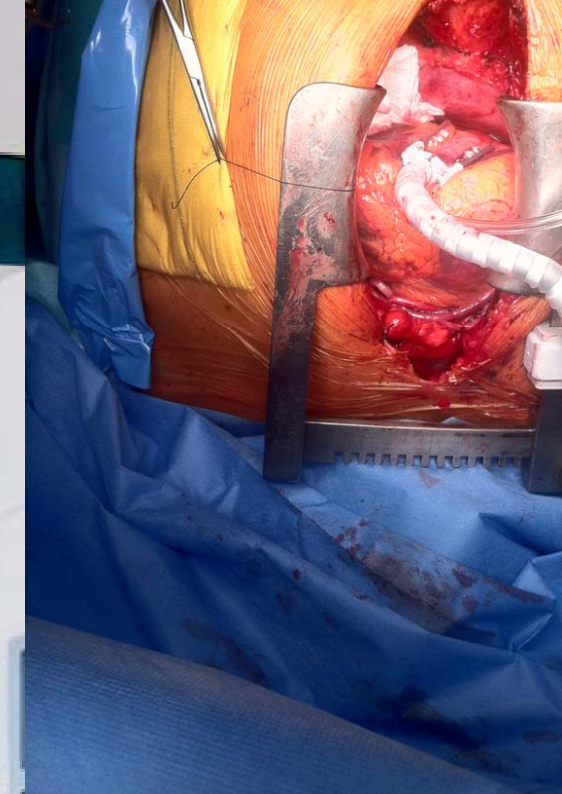
# Off-Pump versus On-Pump Coronary-Artery Bypass Grafting in Elderly Patients

## Trial End Points (Modified Intention-to-Treat Analysis).\*

| Endpoint                                  | Off-Pump CABG<br>no./total no. (%) | On-Pump CABG<br>no./total no. (%) | Odds Ratio or<br>Hazard Ratio<br>(95% CI) <sup>†</sup> | P Value |
|---|------------------------------------|-----------------------------------|--|---------|
| <b>30-Day Mortality</b>                   |                                    |                                   |  |         |
| 30-day composite end point <sup>‡</sup>   | 93/1187 (7.8)                      | 99/1207 (8.2)                     | 0.95 (0.71–1.28)                                       | 0.74    |
| 30-day mortality components               |                                    |                                   |  |         |
| Death                                     | 31/1187 (2.6)                      | 34/1207 (2.8)                     | 0.92 (0.57–1.51)                                       | 0.75    |
| Myocardial infarction                     | 18/1187 (1.5)                      | 20/1207 (1.7)                     | 0.92 (0.51–1.66)                                       | 0.79    |
| Stroke                                    | 26/1187 (2.2)                      | 32/1207 (2.7)                     | 0.83 (0.50–1.38)                                       | 0.47    |
| Heart revascularization                   | 15/1187 (1.3)                      | 5/1207 (0.4)                      | 2.42 (1.03–5.72)                                       | 0.04    |
| Need for renal-replacement therapy        | 29/1187 (2.4)                      | 37/1207 (3.1)                     | 0.80 (0.49–1.29)                                       | 0.36    |
| <b>12-Month Mortality</b>                 |                                    |                                   |  |         |
| 12-month composite end point <sup>‡</sup> | 154/1179 (13.1)                    | 167/1191 (14.0)                   | 0.93 (0.76–1.16)                                       | 0.48    |
| 12-month mortality components             |                                    |                                   |  |         |
| Death                                     | 83/1179 (7.0)                      | 95/1191 (8.0)                     | 0.88 (0.65–1.18)                                       | 0.38    |
| Myocardial infarction                     | 25/1179 (2.1)                      | 28/1191 (2.4)                     | 0.90 (0.53–1.54)                                       | 0.70    |
| Stroke                                    | 41/1179 (3.5)                      | 52/1191 (4.4)                     | 0.79 (0.53–1.19)                                       | 0.26    |
| Heart revascularization                   | 36/1179 (3.1)                      | 24/1191 (2.0)                     | 1.52 (0.90–2.54)                                       | 0.11    |
| Need for renal-replacement therapy        | 34/1179 (2.9)                      | 42/1191 (3.5)                     | 0.82 (0.52–1.28)                                       | 0.37    |

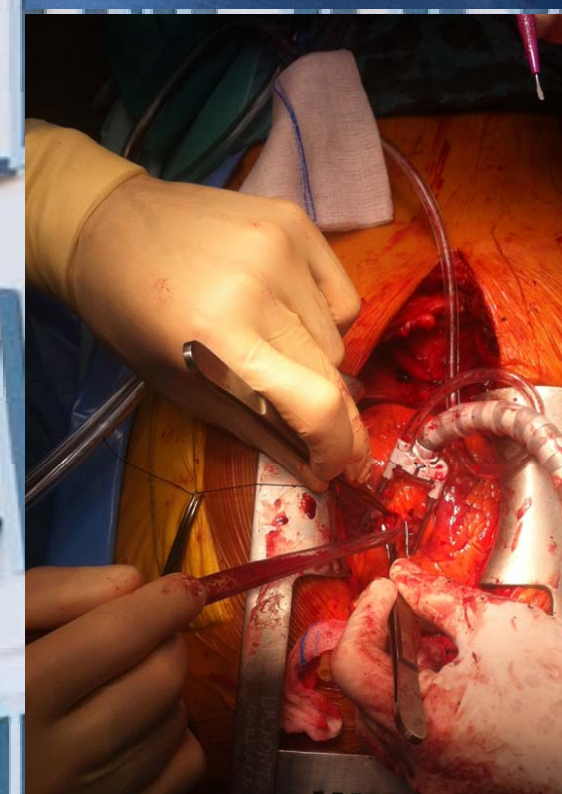
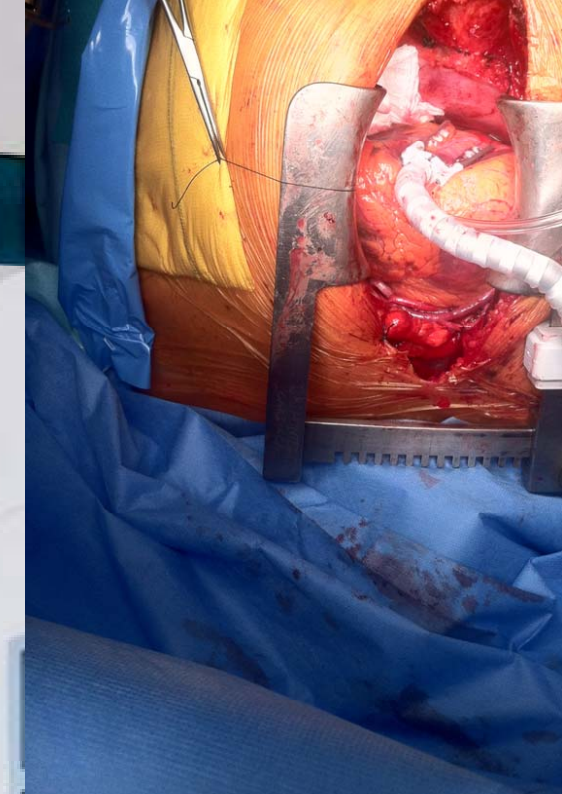
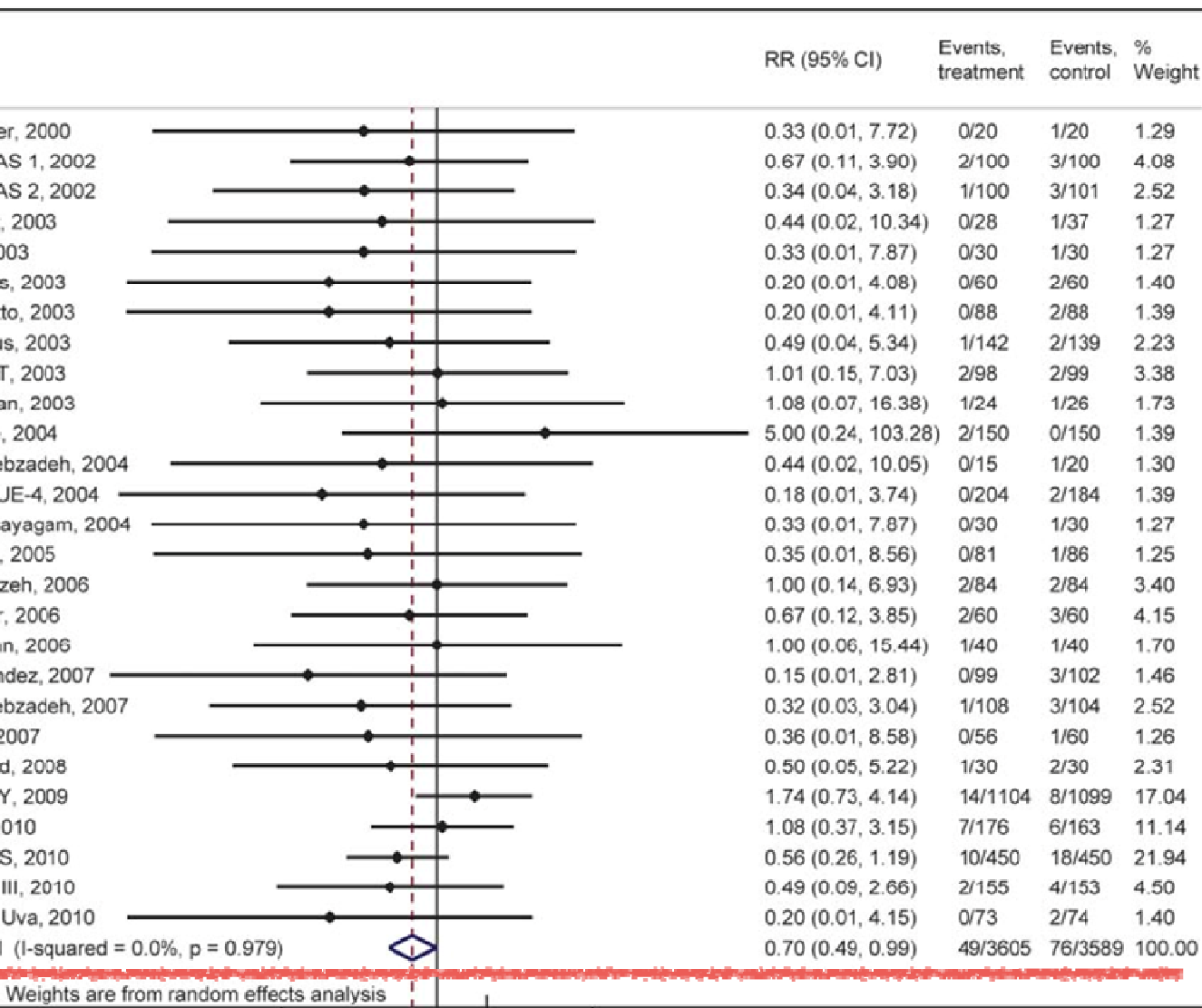
\*95% confidence interval.

<sup>†</sup>Odds ratios are reported for end points at 30 days after surgery, and hazard ratios are reported for end points at 12 months after surgery.

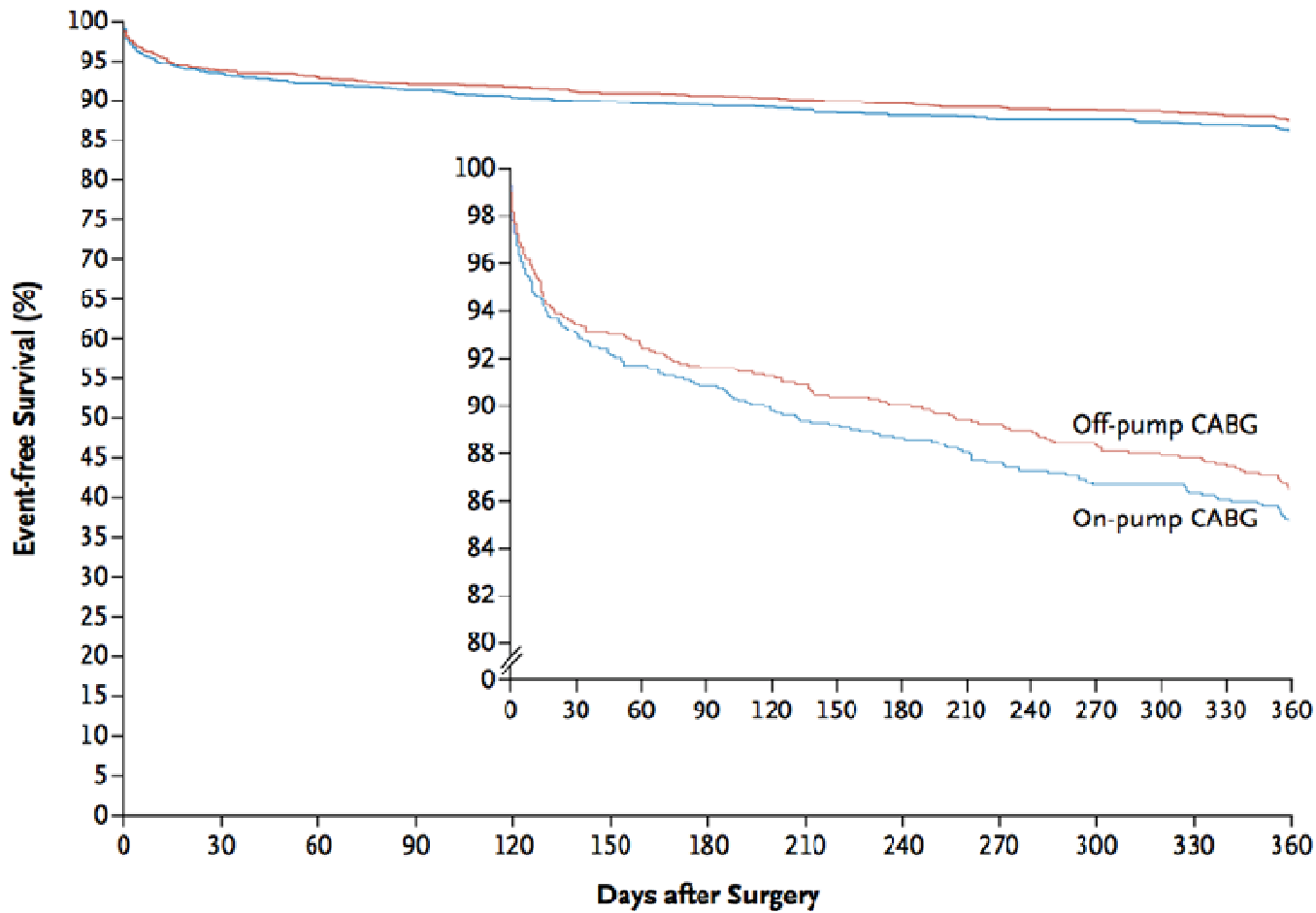
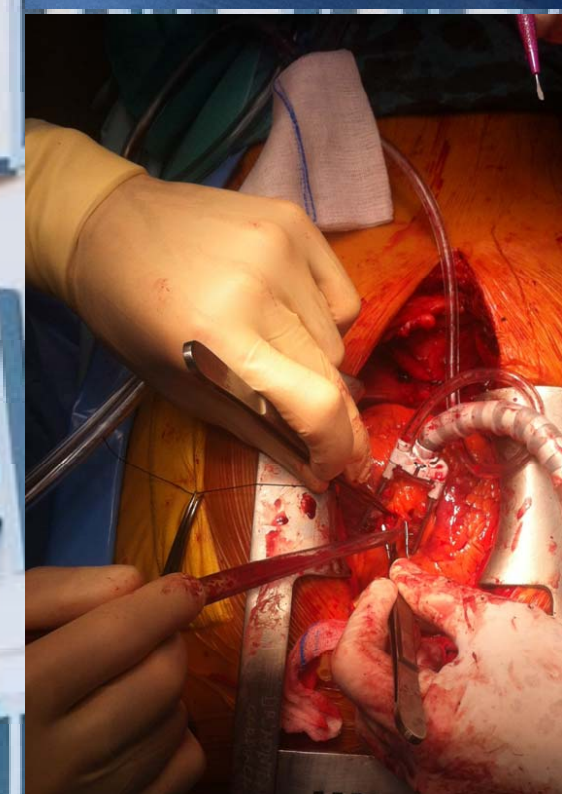
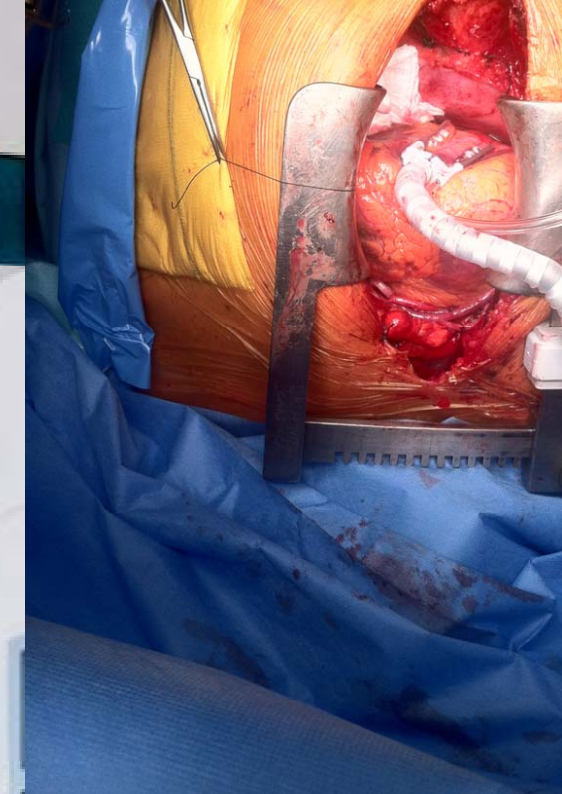


# Off-pump vs. on-pump coronary artery bypass surgery: an updated meta-analysis with meta-regression of randomized trials

Amir Afilalo<sup>1,2\*</sup>, Mandana Rasti<sup>1,2</sup>, Samuel M. Ohayon<sup>1,2</sup>, Avi Shimony<sup>1,2</sup>,  
 and J. Eisenberg<sup>1,2</sup>



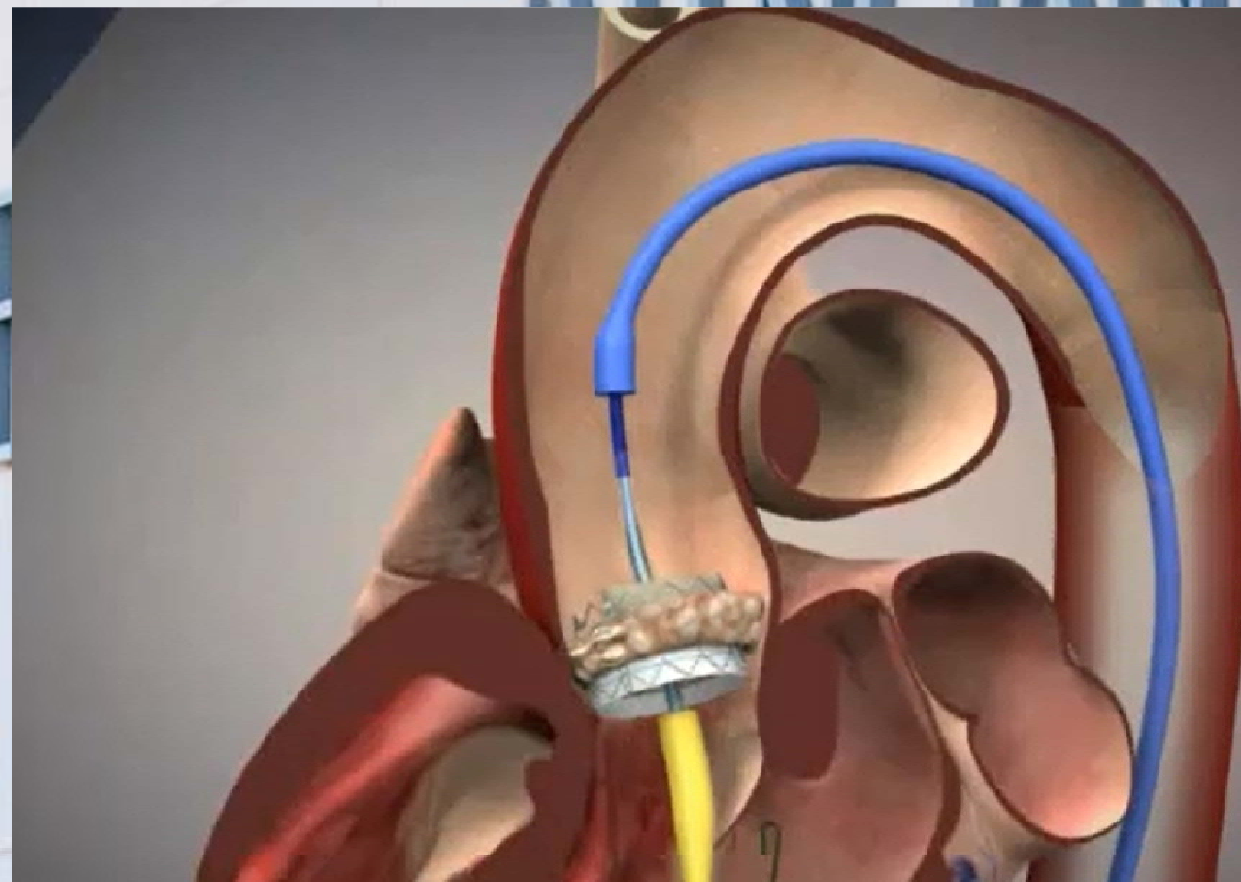
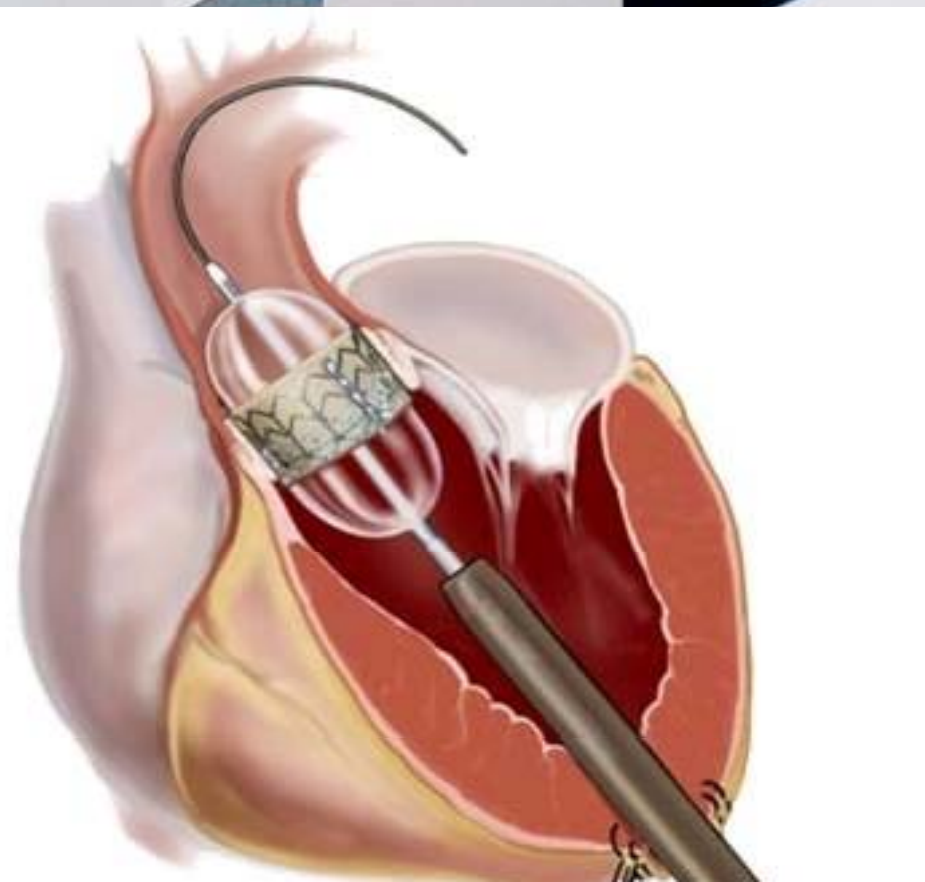
# Off-Pump versus On-Pump Coronary-Artery Bypass Grafting in Elderly Patients



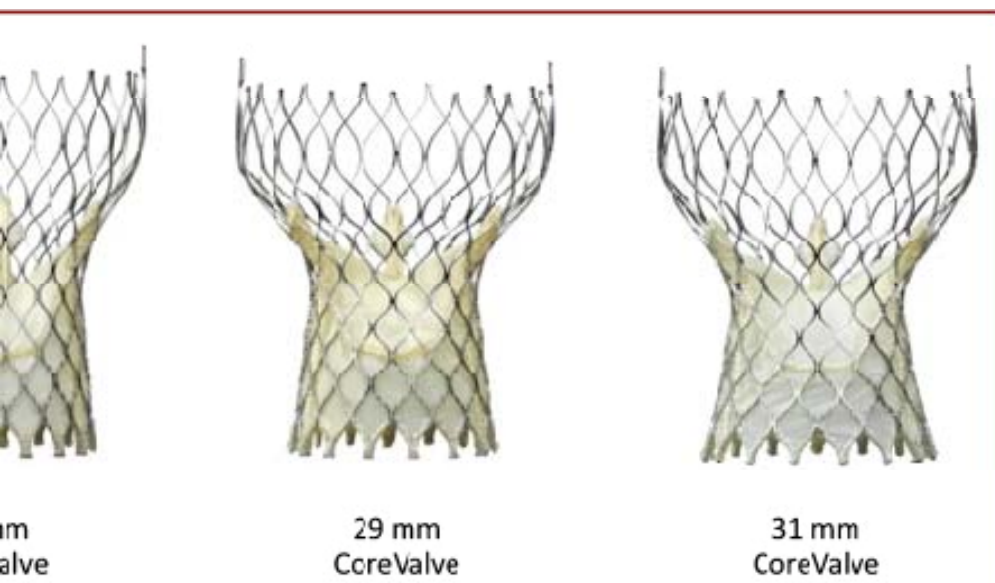
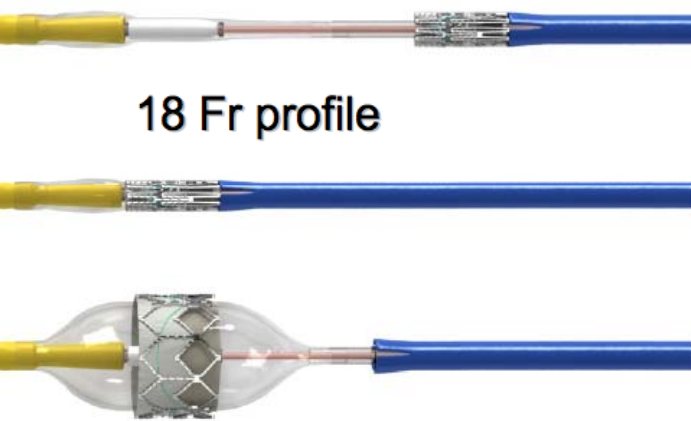
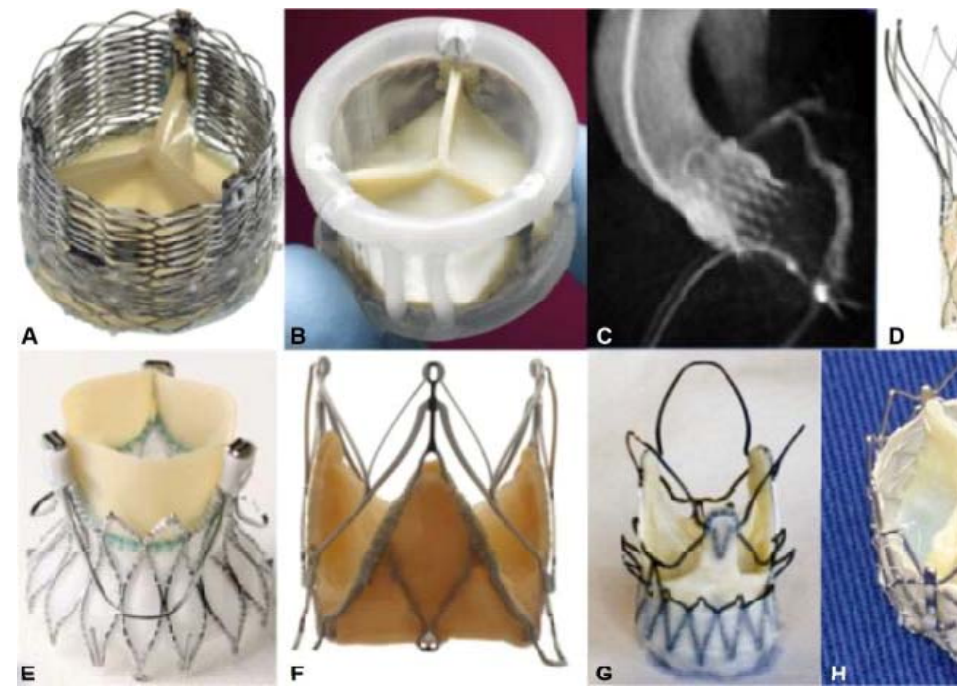
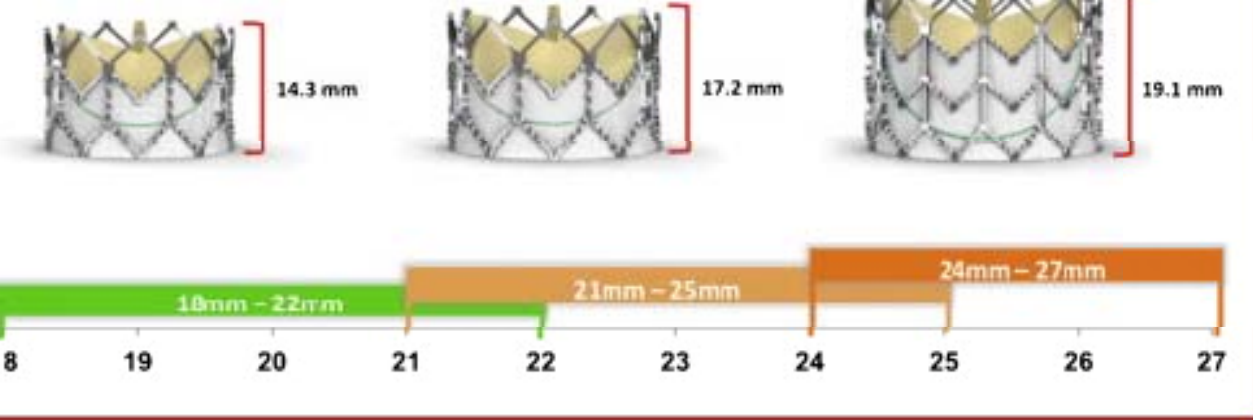
| Risk          | 0    | 30   | 60   | 90   | 120  | 150  | 180  | 210  | 240  | 270  | 300  | 330  | 360  |
|---------------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Off-pump CABG | 1192 | 1112 | 1095 | 1083 | 1073 | 1065 | 1059 | 1053 | 1044 | 1039 | 1035 | 1030 | 1024 |
| On-pump CABG  | 1179 | 1103 | 1093 | 1079 | 1075 | 1066 | 1060 | 1053 | 1047 | 1041 | 1036 | 1032 | 1024 |

## 2. Kaplan-Meier Cumulative Event Rates for the Primary End Point at 12 Months.

The primary end point was a composite of death, stroke, myocardial infarction, repeat revascularization, or new renal-

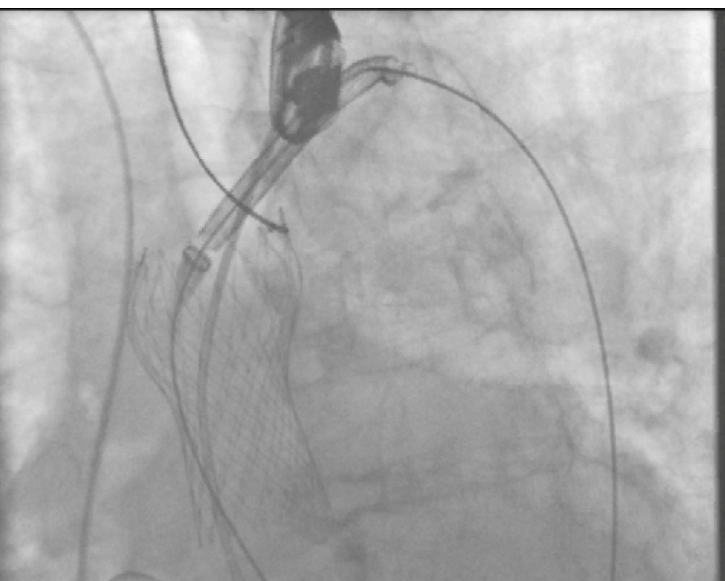
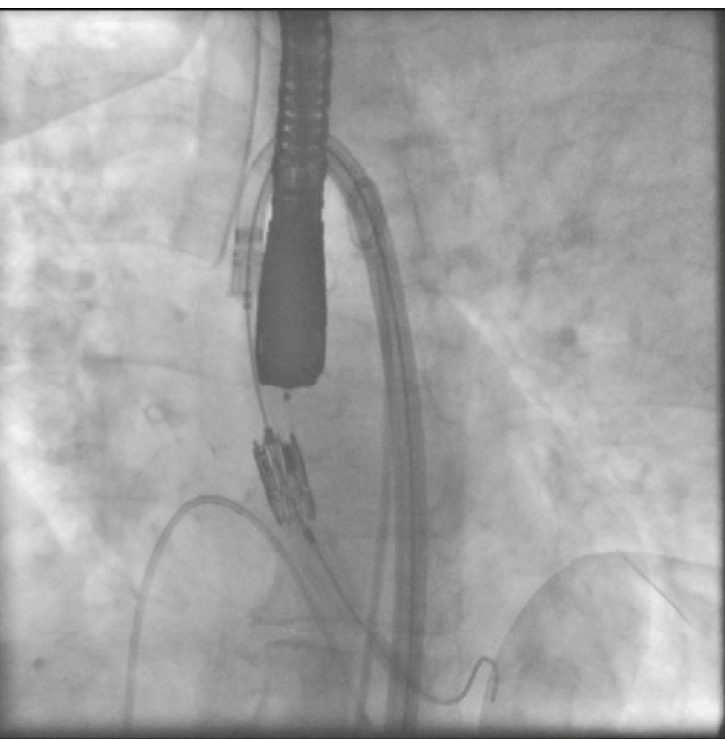






# Outcomes After Transcatheter Aortic Valve Replacement Using Valve Academic Research Consortium Definitions: A Weighted Meta-Analysis of 3,519 Patients From 16 Studies

Cardiol. 2012;59(25):2317-2326. doi:10.1016/j.jacc.2012.02.022

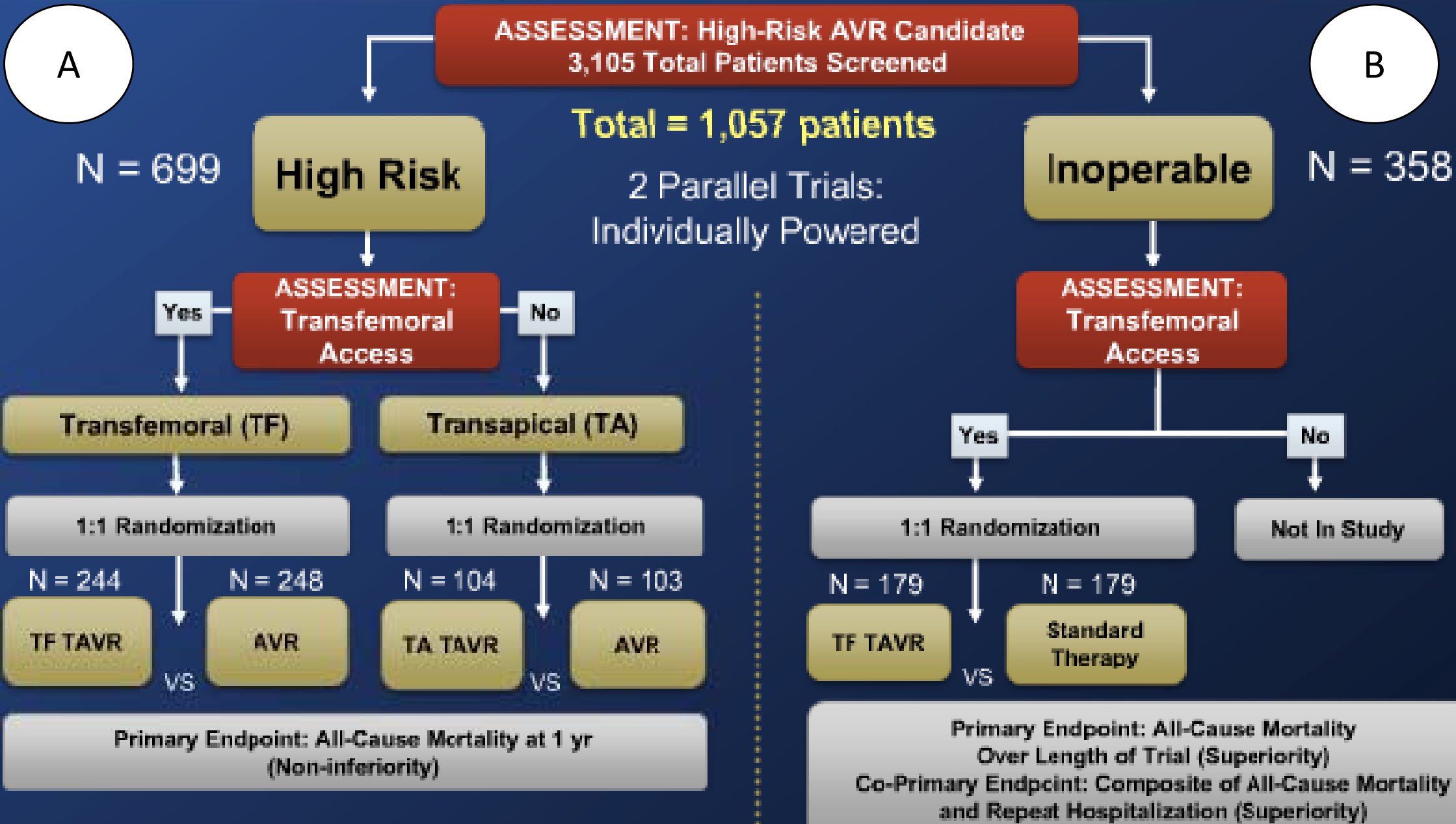


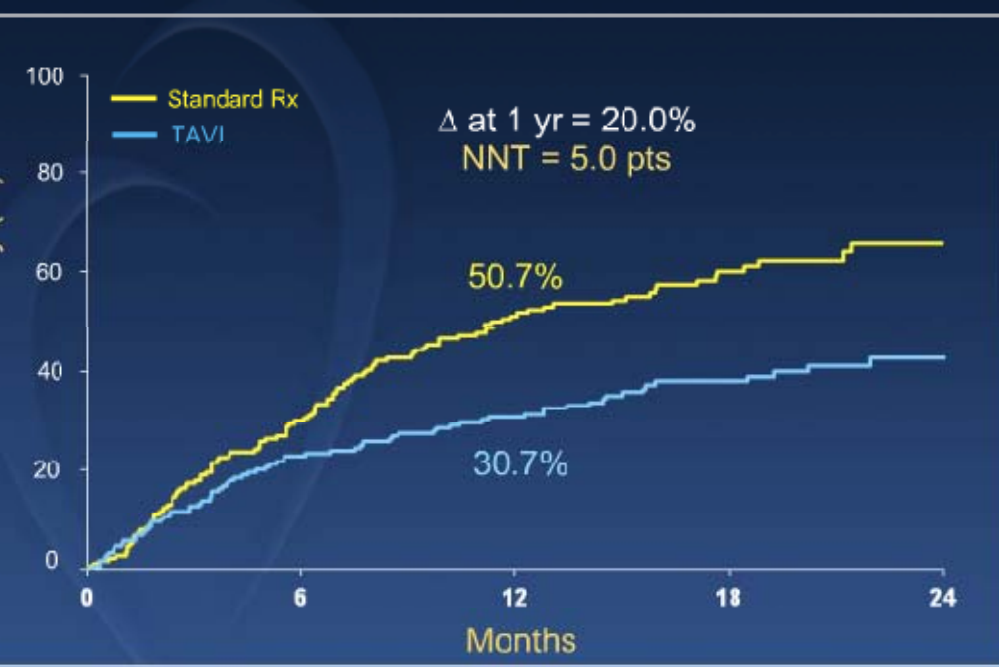
| Outcomes  | Reported Rate<br>Min, Max, % |
|---|------------------------------|
| Failure to deliver or implantation of the valve in the correct position | 0.8, 5.6                     |
| Multiple valve implanted  | 0.6, 4.1                     |
| AVA $\leq 1.2$ cm <sup>2</sup>  | 0.0, 9.7                     |
| Mean gradient $>20$ mm Hg   | 0.0, 2.9                     |
| Moderate to severe AR   | 0.0, 30.0                    |
| Valve embolization  | 0.0, 5.6                     |
| Valve in valve  | 0.0, 9.0                     |
| <u>Conversion to open surgery</u>                                       | 0.0, 5.6                     |
| Repeat procedure for valve dysfunction                                  | 0.0, 4.1                     |
| Unplanned CPB   | 0.0, 1.9                     |
| <u>Coronary obstruction</u>   | 0.0, 3.0                     |
| LV perforation  | 0.2, 0.8                     |
| Tamponade   | 0.6, 4.6                     |
| <u>Annulus rupture</u>  | 0.3, 0.8                     |
| Aortic rupture  | 0.8, 1.0                     |
| Aortic dissection   | 0.9, 1.7                     |
| Endocarditis  | 0.3, 1.1                     |
| Valve thrombosis  | 0.0, 2.7                     |

# PARTNER Study Design



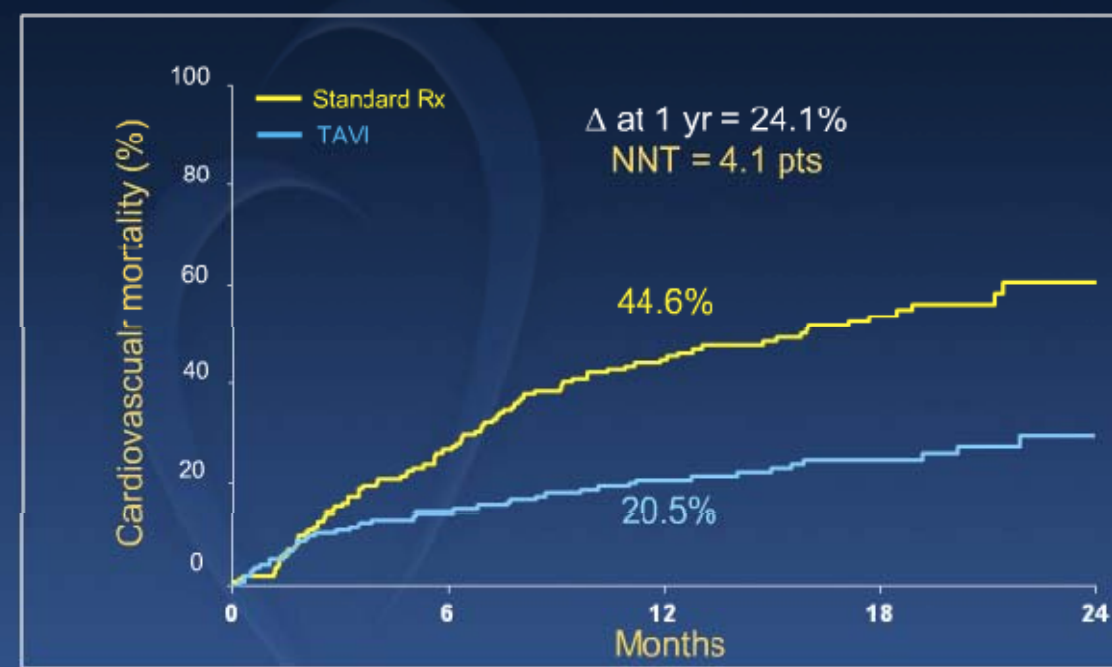
## Symptomatic Severe Aortic Stenosis





Numbers at Risk

|             |     |     |     |    |    |
|-------------|-----|-----|-----|----|----|
| Standard Rx | 179 | 138 | 122 | 67 | 26 |
| TAVI        | 179 | 121 | 83  | 41 | 12 |

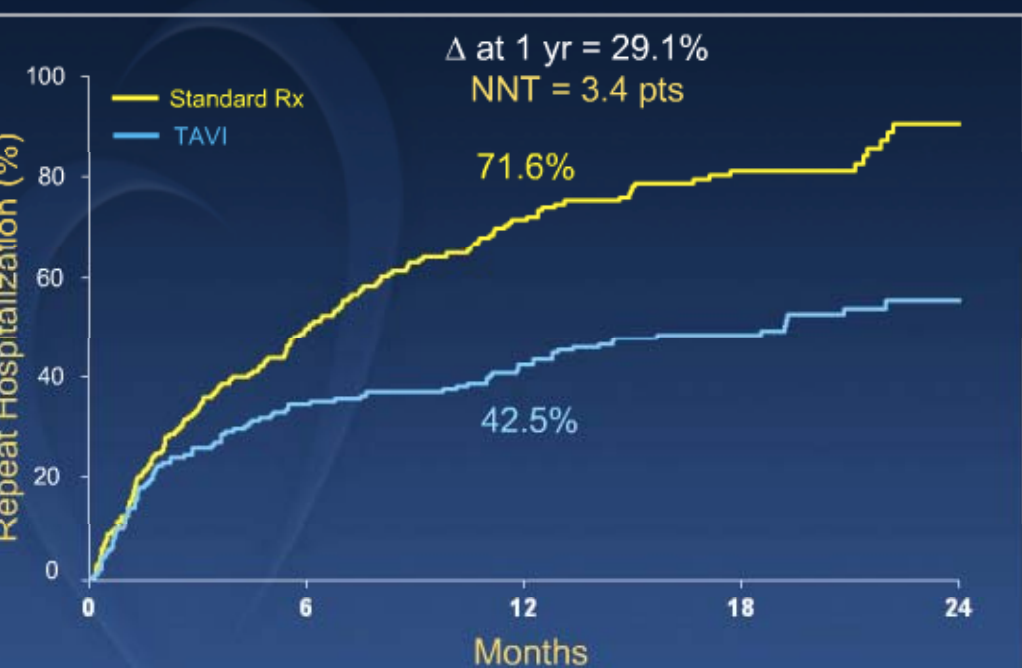


Numbers at Risk

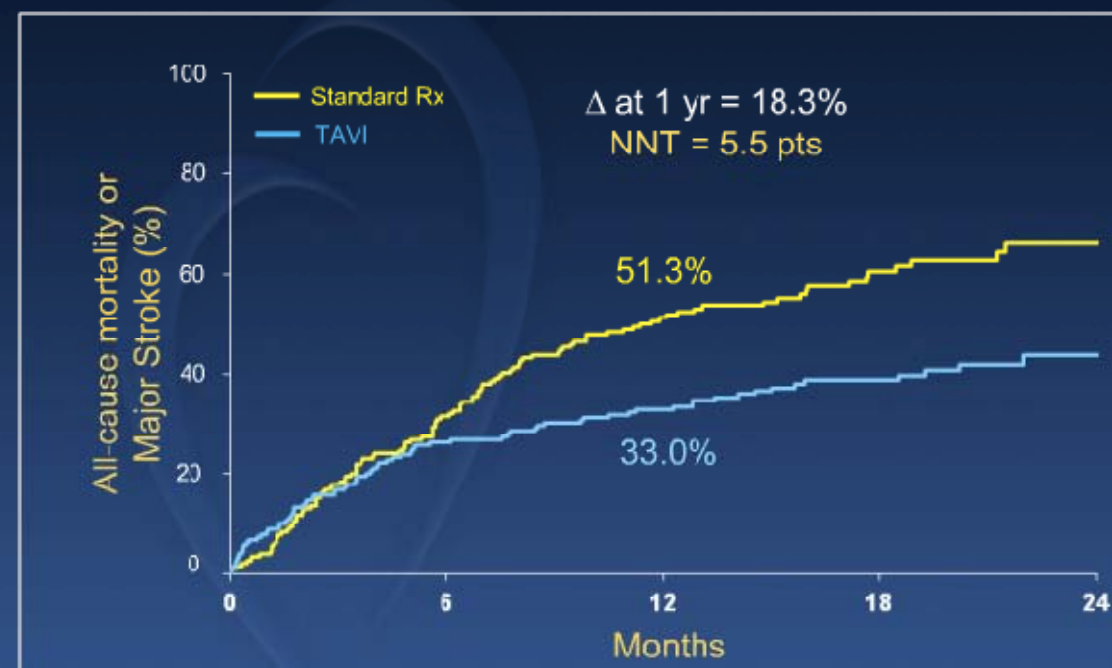
|             |     |     |     |    |    |
|-------------|-----|-----|-----|----|----|
| TAVI        | 179 | 138 | 122 | 67 | 26 |
| Standard Rx | 179 | 121 | 83  | 41 | 12 |

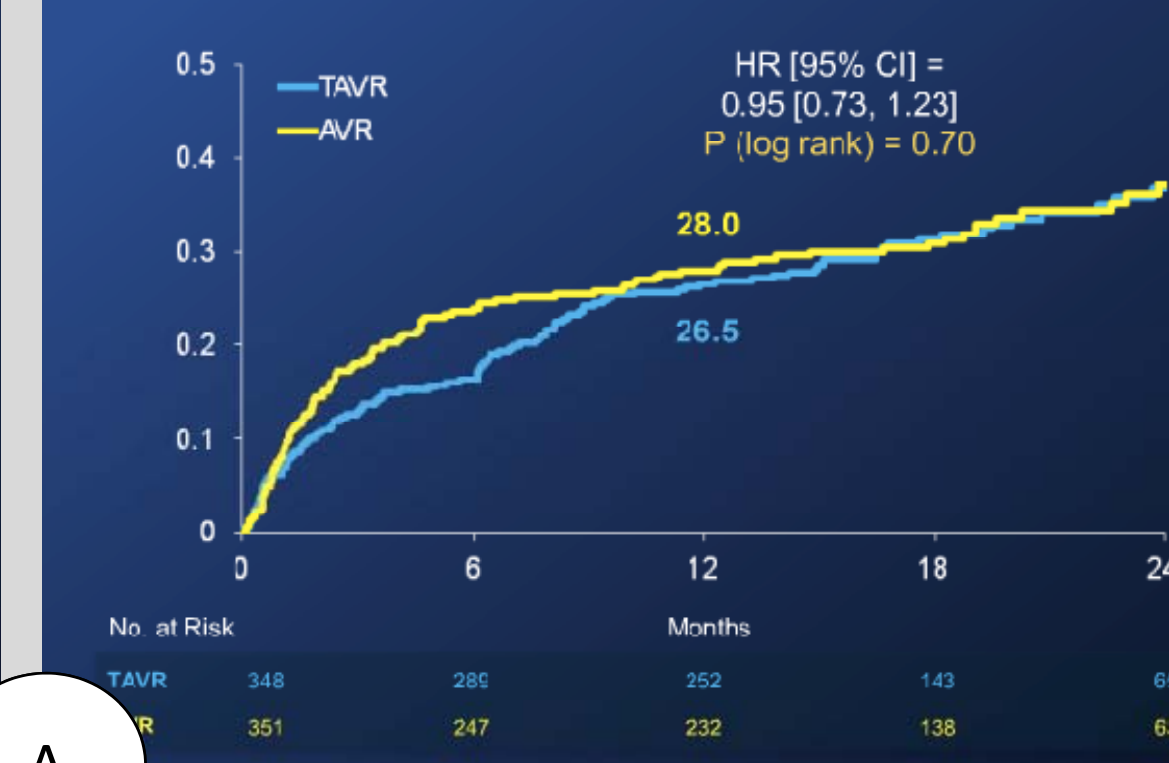
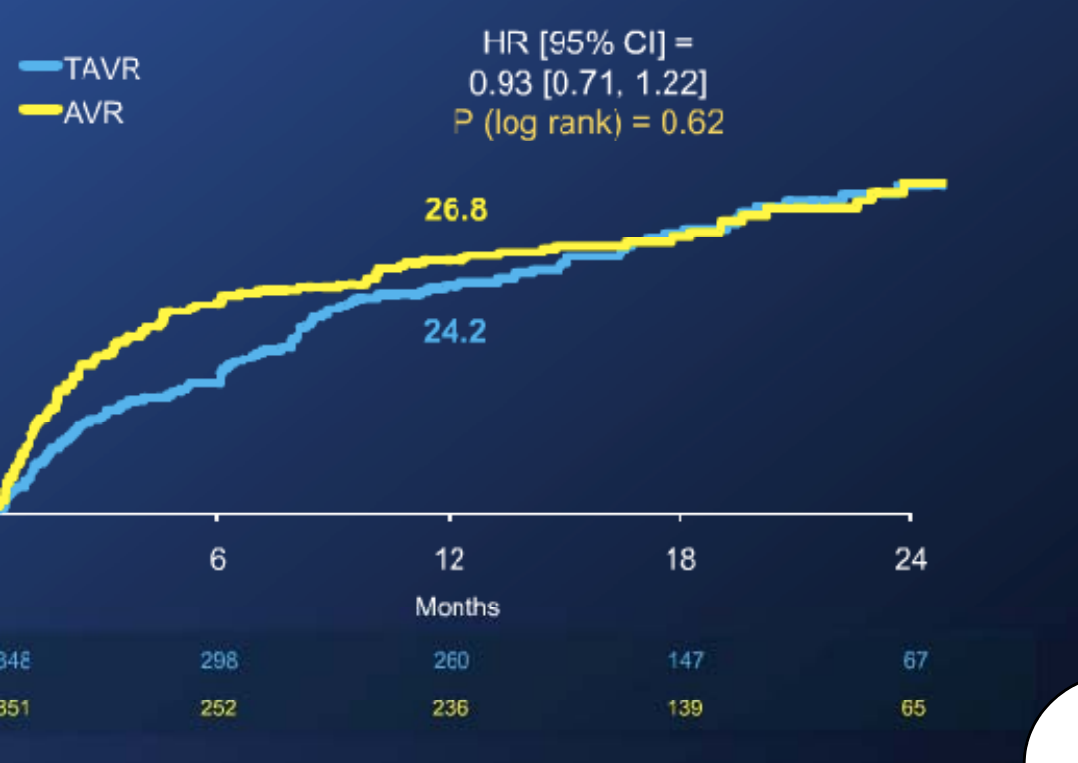
B

**Mortality or Repeat Hosp**

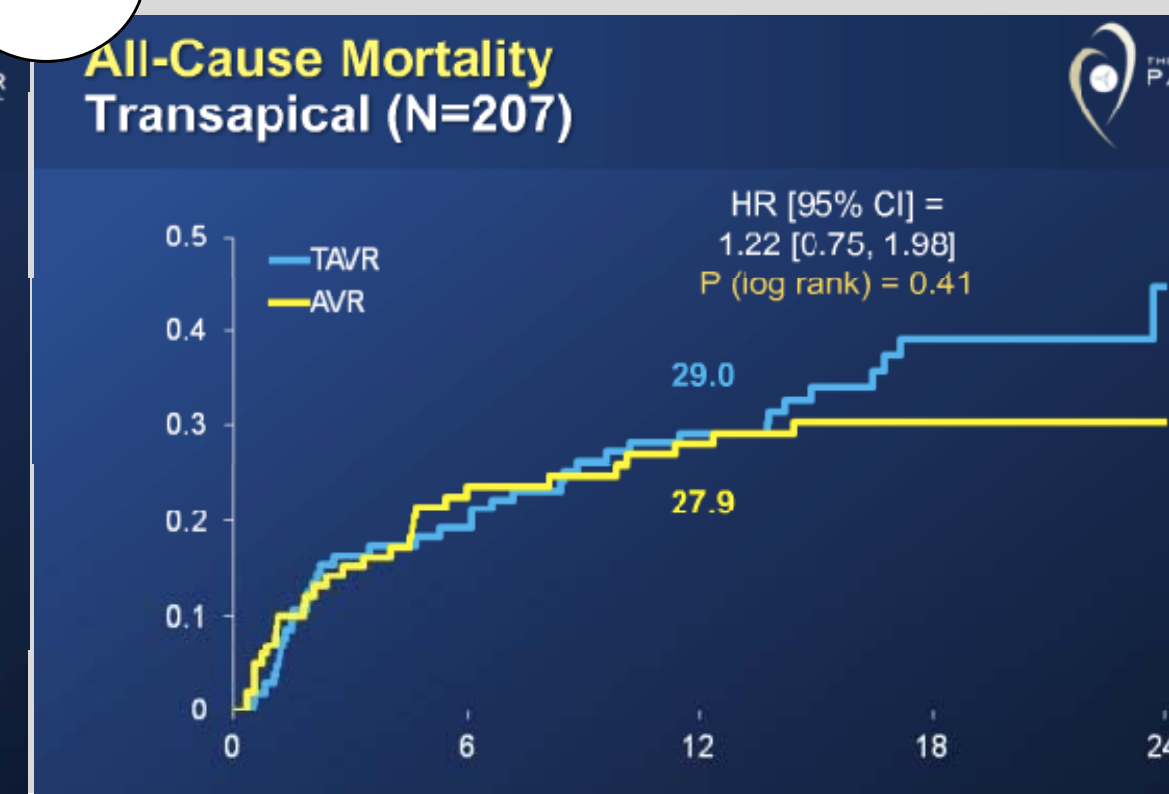
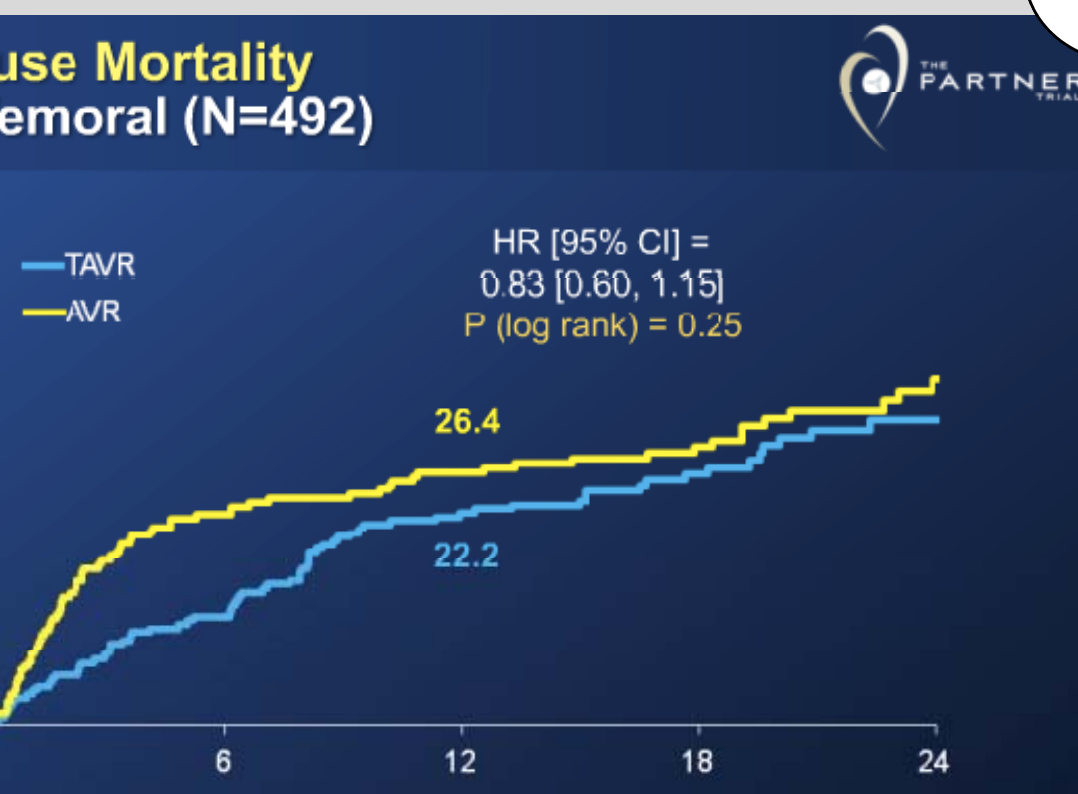


**Mortality or Major Stroke**

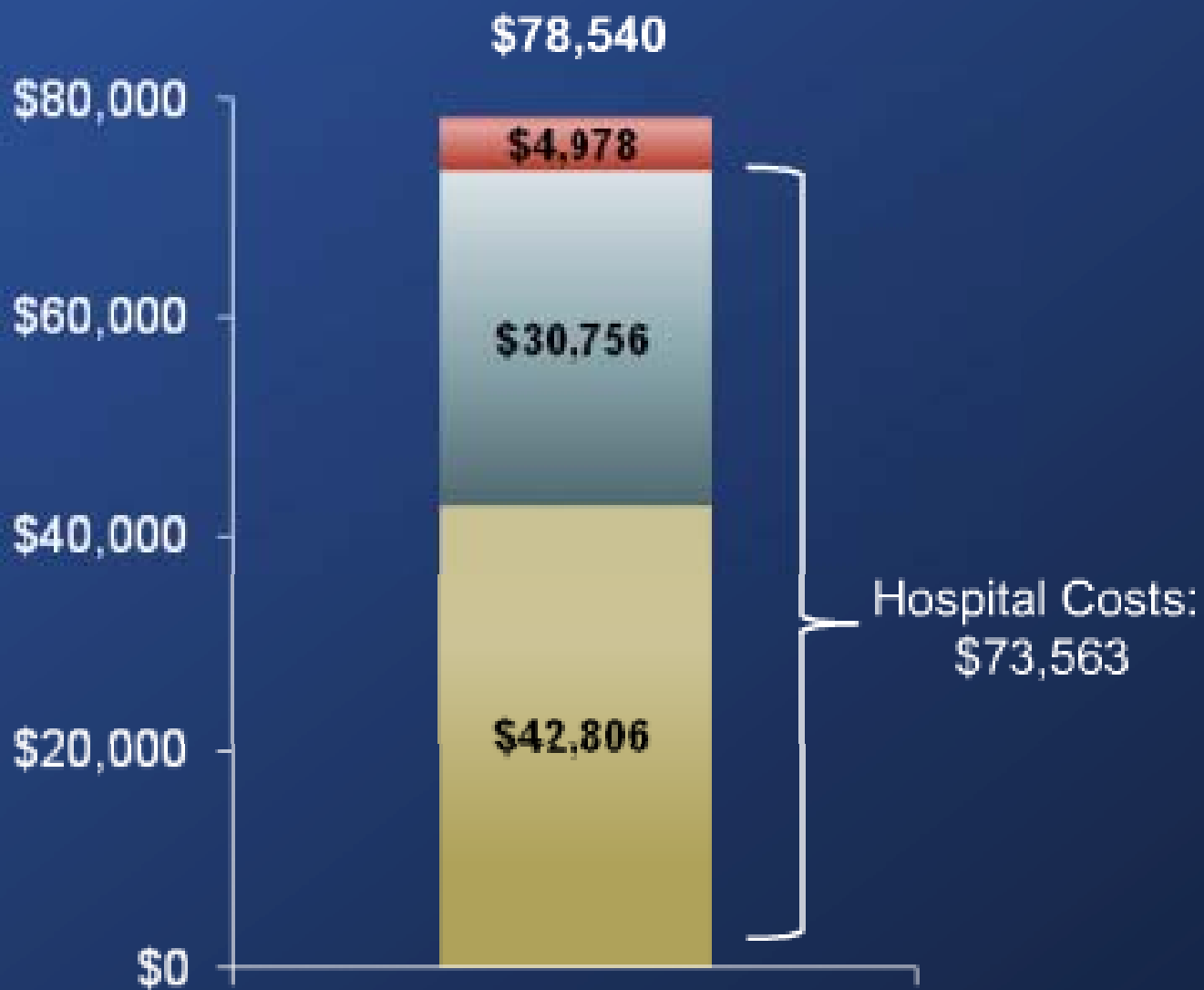




A



# TAVR Admission Costs



Index Admission Costs

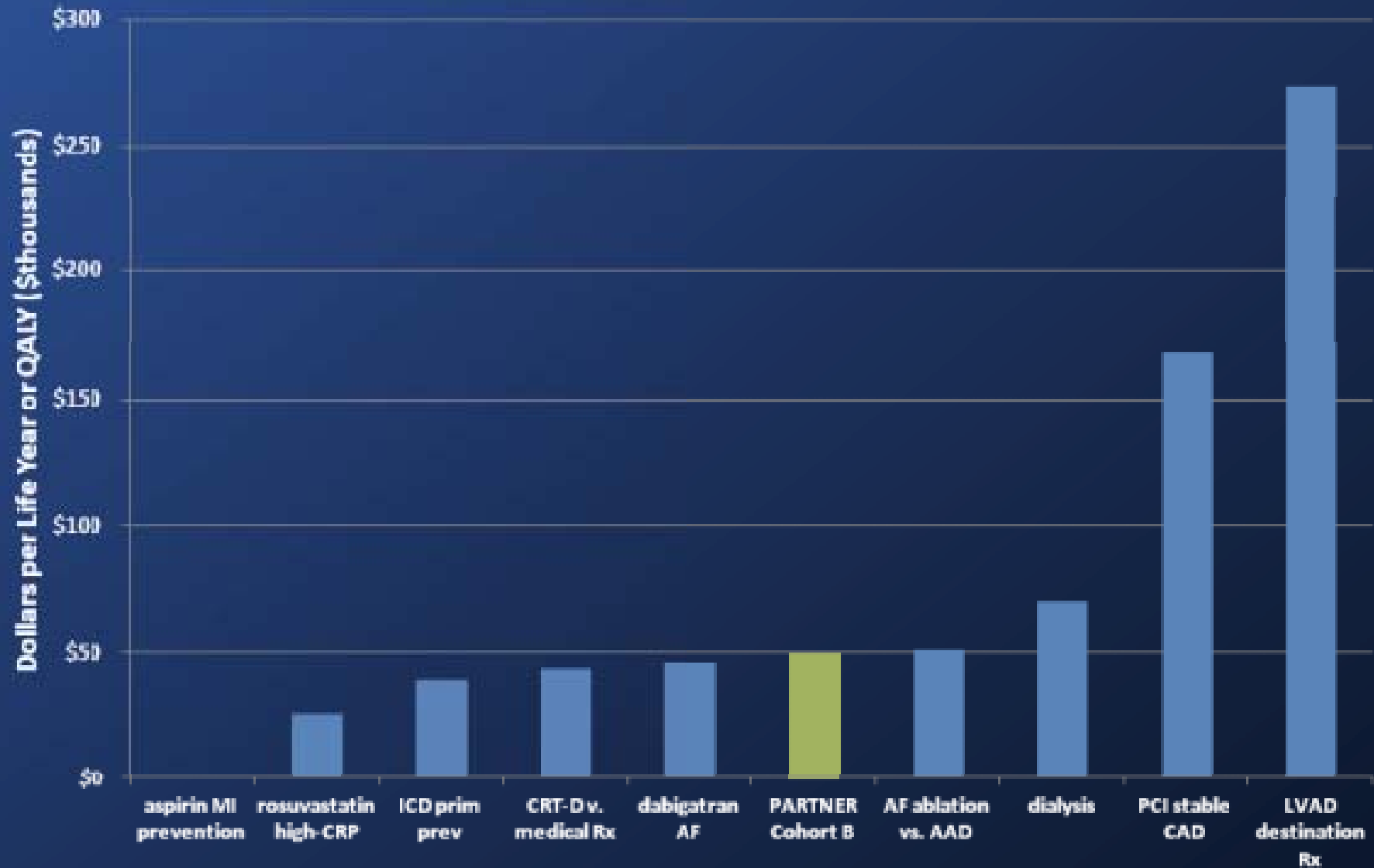
- Procedure
- Non-Procedure
- MD Fees

## Mean (median) LOS (days)

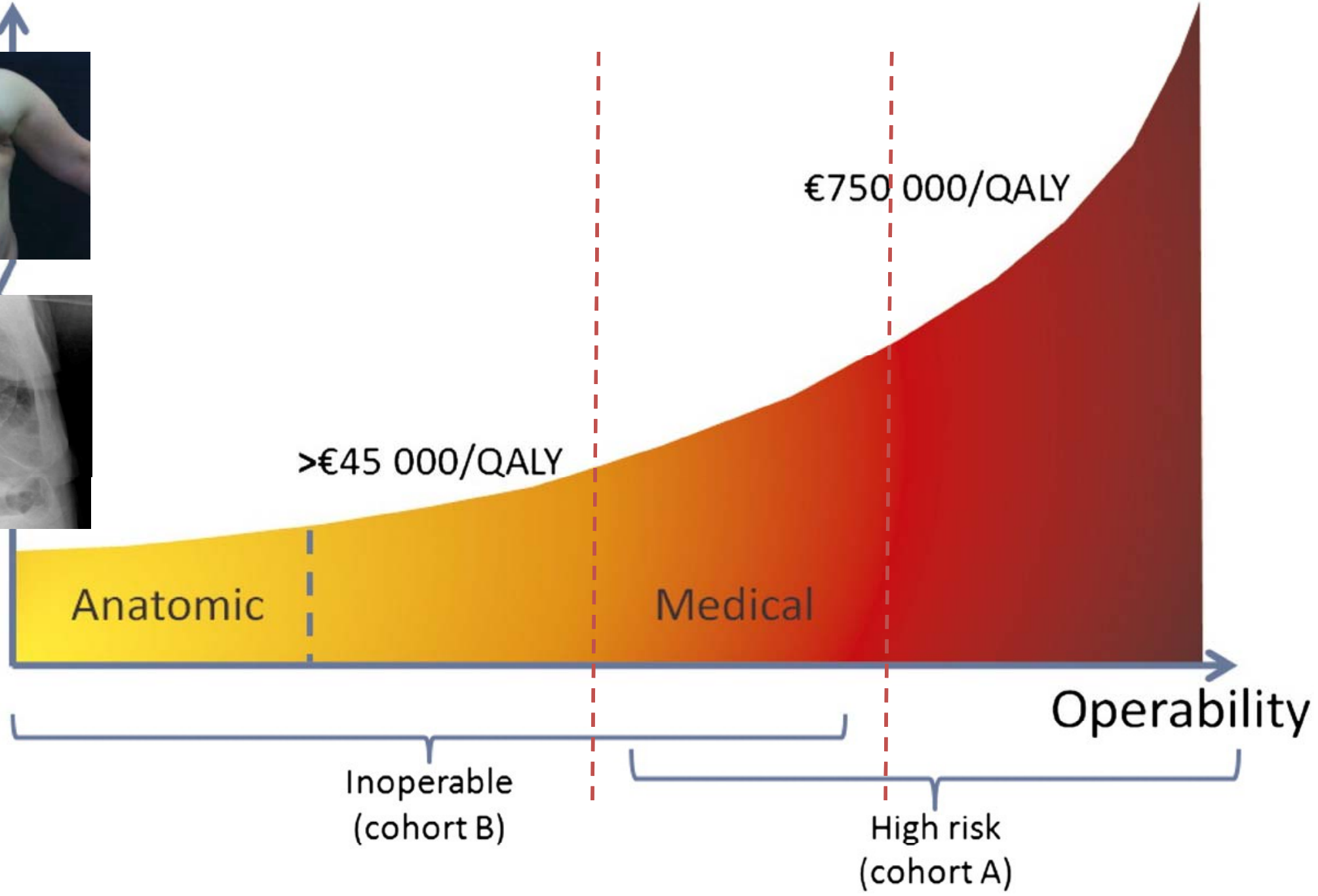
|                |            |
|----------------|------------|
| ICU            | 4.0 (2.0)  |
| Non-ICU        | 6.1 (5.0)  |
| Total          | 10.1 (7.0) |
| Post-Procedure | 8.6 (6.0)  |

(N=175)

# Published Cost Effectiveness Estimates



ICER





Valvular heart disease severe?

Does the patient have symptoms?

Are symptoms related to valvular disease?

What are patient life expectancy<sup>a</sup> and expected quality of life?

What are the expected benefits of intervention (vs. spontaneous outcome) and how do they weigh its risks?

What are the patient's wishes?

Are local resources optimal for planned intervention?

Life expectancy should be estimated according to age, gender, comorbidities and specific life expectancy.

STATEMENT FROM THE SOCIETY OF THORACIC SURGEONS

## Transcatheter Valve Therapy: A Professional Society Statement Overview from the American College of Cardiology Foundation and The Society of Thoracic Surgeons

Committee Members: David R. Holmes, Jr., MD, FACC, ACCE, President

## Guidelines on the management of valvular disease (version 2012)

### 1.1. Components of New Valve Technology Introduction

Several issues emerge with the introduction of this new technology.

1. How will this technology be regulated and for whom?
2. Will the technology be available in all centers by all physicians or only in selected regional centers? If the latter, how will those centers be selected?
3. How will training of physicians and centers be accomplished? What will the training paradigms be and what experience is necessary for credentialing to be deemed proficient? Will the training be the same for cardiologists and surgeons?
4. Will clinical databases be linked to administrative databases facilitating long-term outcome assessment, comparative effectiveness research, and cost

# Modern Perspective

. Thourani, MD, Richard Myung, MD, Patrick Kilgo, MS, Karen Thompson, DO, Puskas, MD, Omar M. Lattouf, MD, PhD, William A. Cooper, MD, Vega, MD, Edward P. Chen, MD, and Robert A. Guyton, MD

Research Unit, Division of Cardiothoracic Surgery, and Department of Biostatistics, Rollins School of Public Health, Emory University School of Medicine, Atlanta, Georgia

## A. Significant Preoperative Predictors of In-Hospital Mortality from Multivariable Survival Analysis

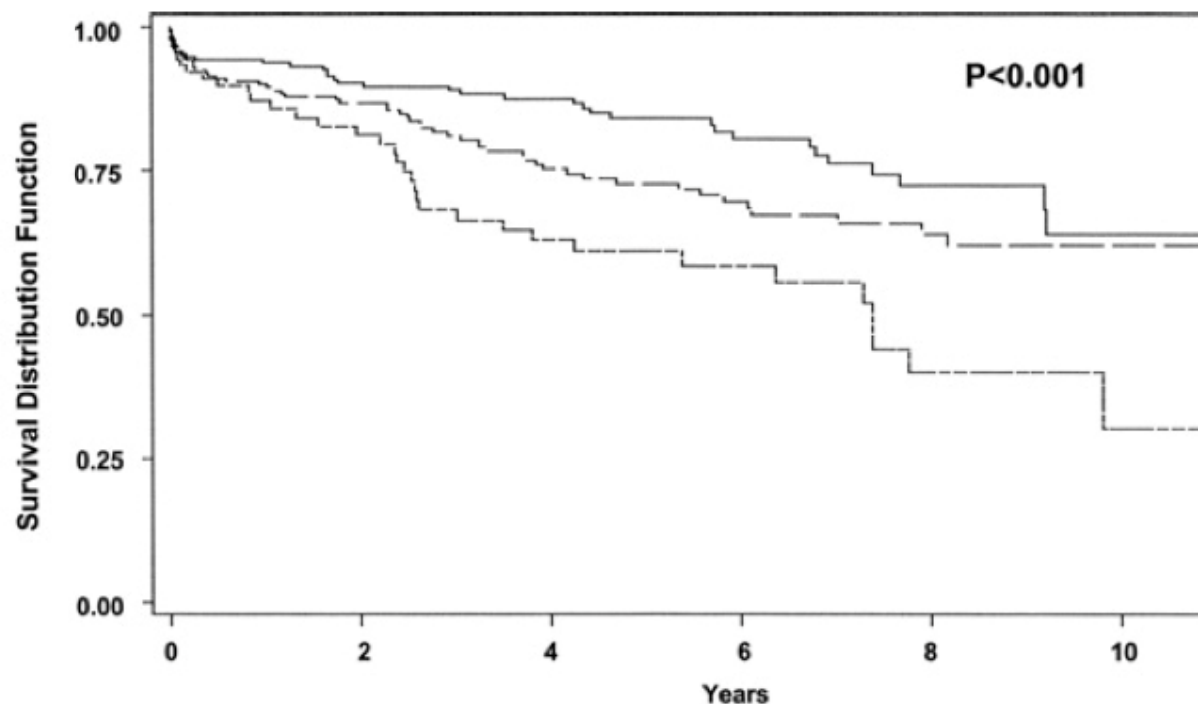
| Predictor            | Odds Ratio (95% CI) | p Value |
|----------------------|---------------------|---------|
| Preoperative CVA     | 5.36 (1.83, 15.65)  | 0.002   |
| Chronic lung disease | 4.51 (1.53, 13.28)  | 0.006   |
| Renal failure        | 1.39 (1.15, 1.69)   | <0.001  |

95% confidence interval; CVA = cerebrovascular accident.

**Conclusions.** In the modern era, octogenarians have comparable short- and long-term results after open AVR. Comparisons of less invasive techniques for AVR should be based on long-term outcomes based in the modern era and decisions regarding surgical intervention in patients requiring AVR should not be based on age alone.

(Ann Thorac Surg 2008;86:1458-65)

© 2008 by The Society of Thoracic Surgeons

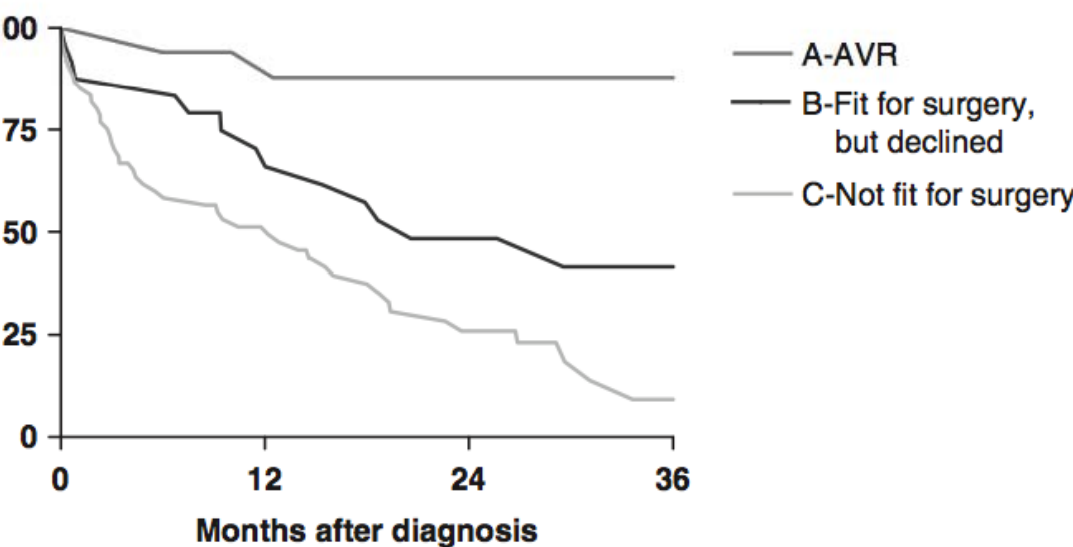


|            | 0   | 2   | 4   | 6  | 8  | 10 |
|------------|-----|-----|-----|----|----|----|
| Ages 60-69 | 206 | 151 | 107 | 66 | 35 | 12 |
| Ages 70-79 | 221 | 148 | 96  | 63 | 33 | 12 |
| Ages 80-89 | 88  | 54  | 39  | 23 | 9  | 3  |

Fig 1. Kaplan-Meier curves for long-term survival among patients in three age groups. (— = ages 60 to 69; - - = ages 70 to 79; - - - = ages 80 to 89.)

# Outcomes of elderly patients aged 80 and over with symptomatic, severe aortic stenosis: impact of patient's decision of refusing aortic valve replacement on survival

Y. JOJO<sup>1</sup>, N. GOHIL<sup>1</sup>, D. BARKER<sup>1</sup>, P. YOUSSEFI<sup>1</sup>, T.V. SALUKHE<sup>1</sup>, A. CHOONG<sup>2</sup>, M. WING<sup>3</sup>, J. BAYLISS<sup>1</sup>, D.R. HACKETT<sup>1</sup> and M.A. KHAN<sup>1</sup>

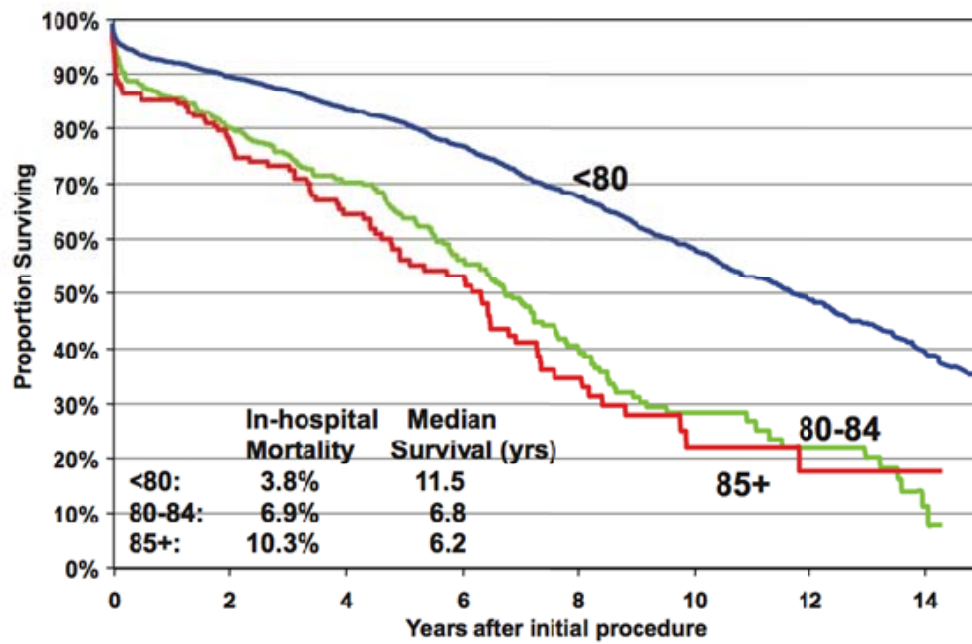


| Months after diagnosis | 0  | 6  | 12 | 18 | 24 | 30 |
|------------------------|----|----|----|----|----|----|
| Group A                | 17 | 17 | 16 | 15 | 14 | 13 |
| Group B                | 24 | 22 | 17 | 14 | 10 | 7  |
| Group C                | 62 | 36 | 28 | 20 | 12 | 5  |

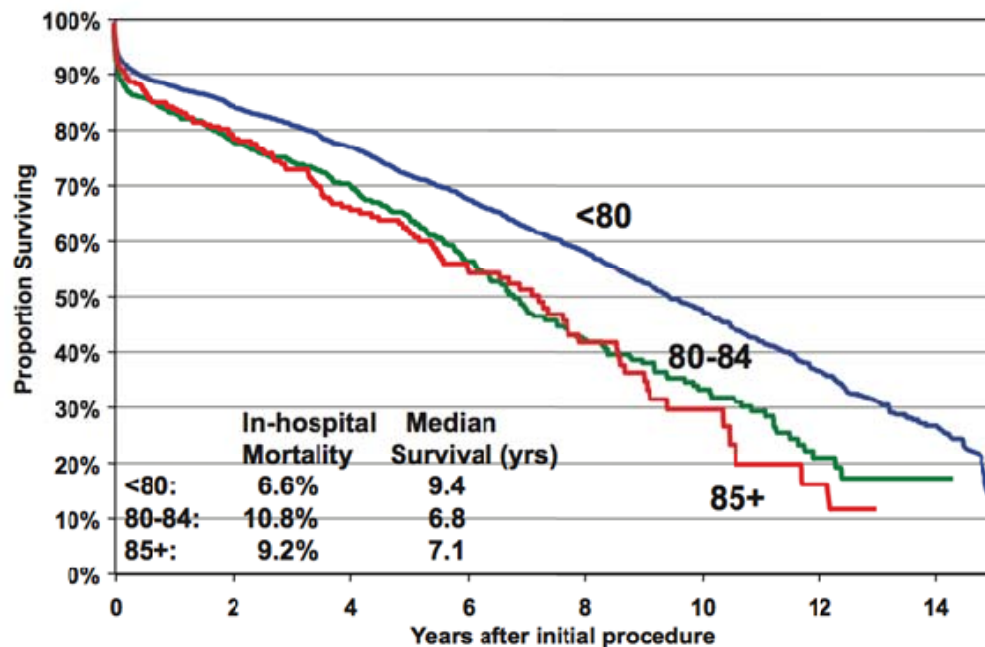
Figure 1. Survival curves of Groups A, B and C.

| Variable                     | Hazard ratio (95% CI) | P-value |
|------------------------------|-----------------------|---------|
| Groups A, B and C (n=103)    |                       |         |
| Univariate analysis          |                       |         |
| Age                          | 1.11 (1.05–1.17)      | <0.05   |
| PA pressure                  | 1.03 (1.01–1.05)      | 0.001   |
| Inpatient status             | 2.52 (1.54–4.12)      | <0.001  |
| Loss of ability to self-care | 2.51 (1.48–4.26)      | 0.001   |
| EuroSCORE                    | 1.04 (1.02–1.06)      | 0.001   |
| Use of ACE-inhibitors        | 0.42 (0.21–0.83)      | 0.01    |
| Aortic valve replacement     | 0.12 (0.03–0.35)      | <0.001  |
| Multivariate analysis        |                       |         |
| Aortic valve replacement     | 0.15 (0.05–0.49)      | 0.001   |
| Inpatient Status             | 2.37 (1.44–3.92)      | 0.001   |
| Loss of ability to self-care | 2.03 (1.19–3.48)      | 0.006   |
| Groups A and B (n=41)        |                       |         |
| Univariate analysis          |                       |         |
| Age                          | 1.15 (1.02–1.30)      | 0.02    |
| Refusal to undergo AVR       | 12.61 (2.74–57.99)    | 0.001   |
| Use of ACE-inhibitors        | 0.24 (0.07–0.82)      | 0.02    |
| Use of statins               | 0.28 (0.10–0.80)      | 0.02    |
| Multivariate analysis        |                       |         |
| Refusal to undergo AVR       | 12.61 (2.74–57.99)    | 0.001   |

**Conclusions:** For elderly AS patients fit for surgery, the patient's decision to refuse AVR is associated with a >12-fold increase in mortality risk. These findings have significant implications for clinical practice.

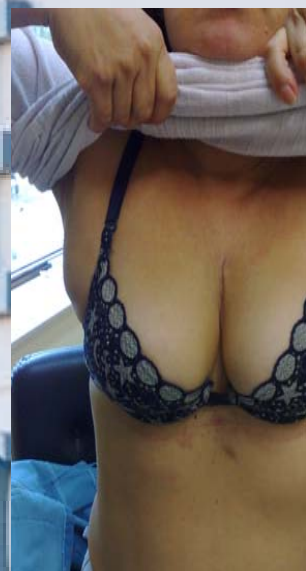
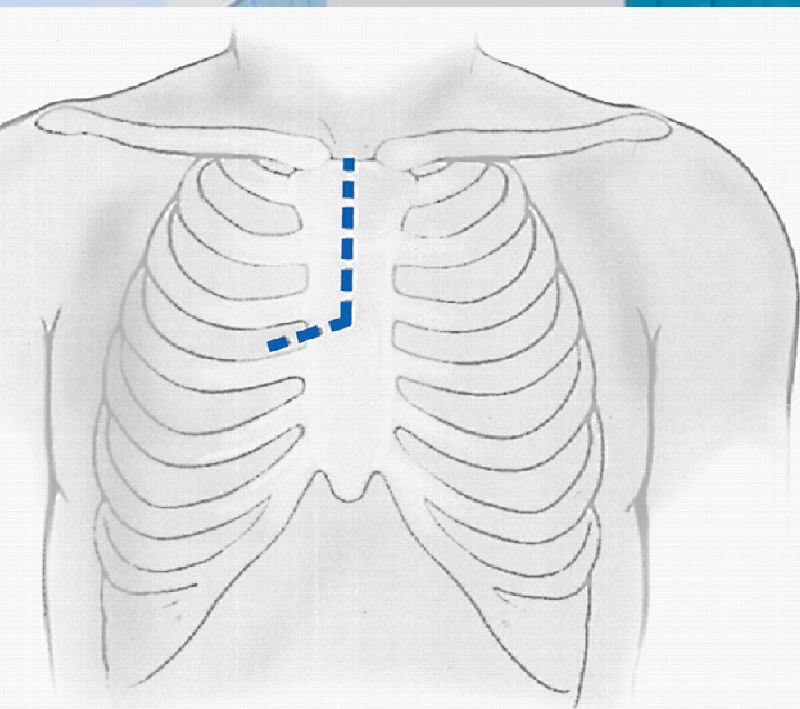


**Figure 1.** Adjusted survivorship by age among patients undergoing AVR. Adjusted for sex, ejection fraction, acuity, left end diastolic pressure.

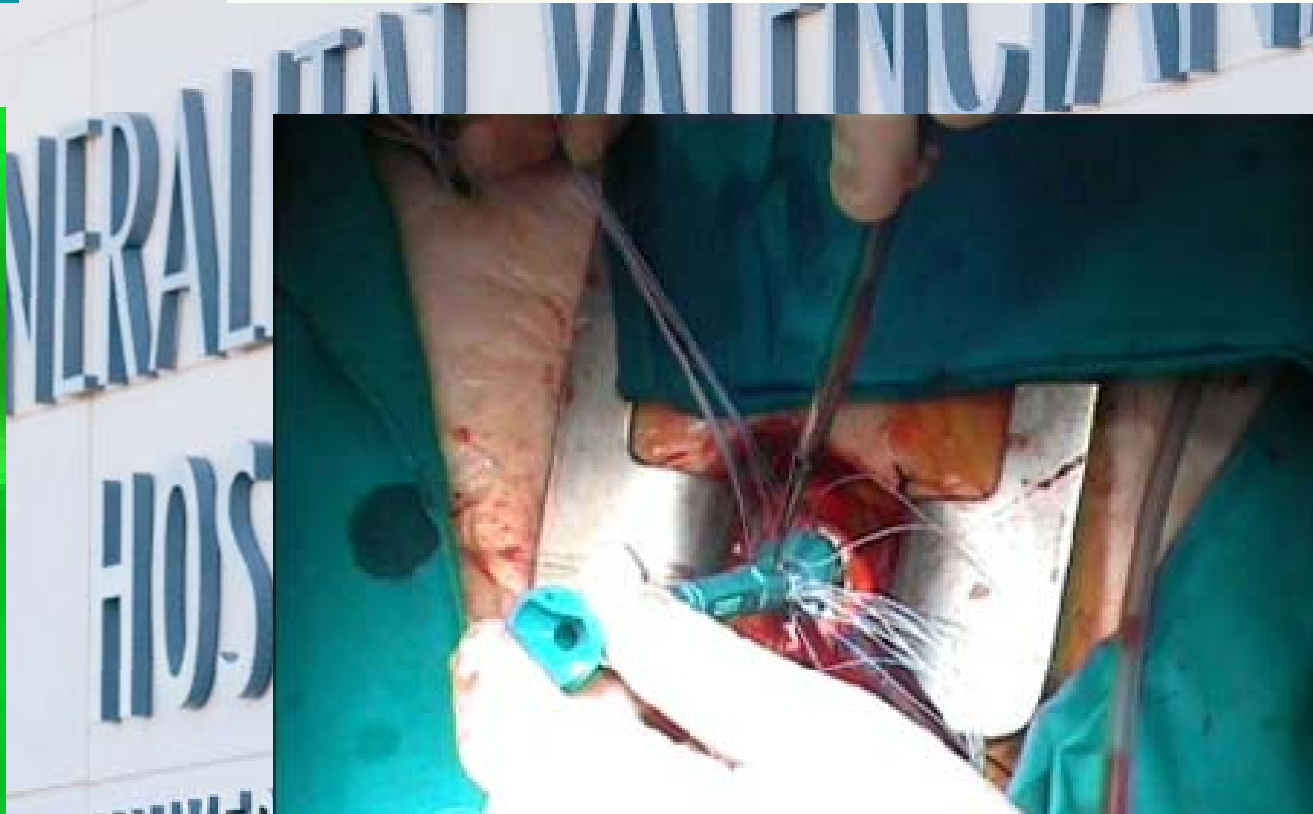
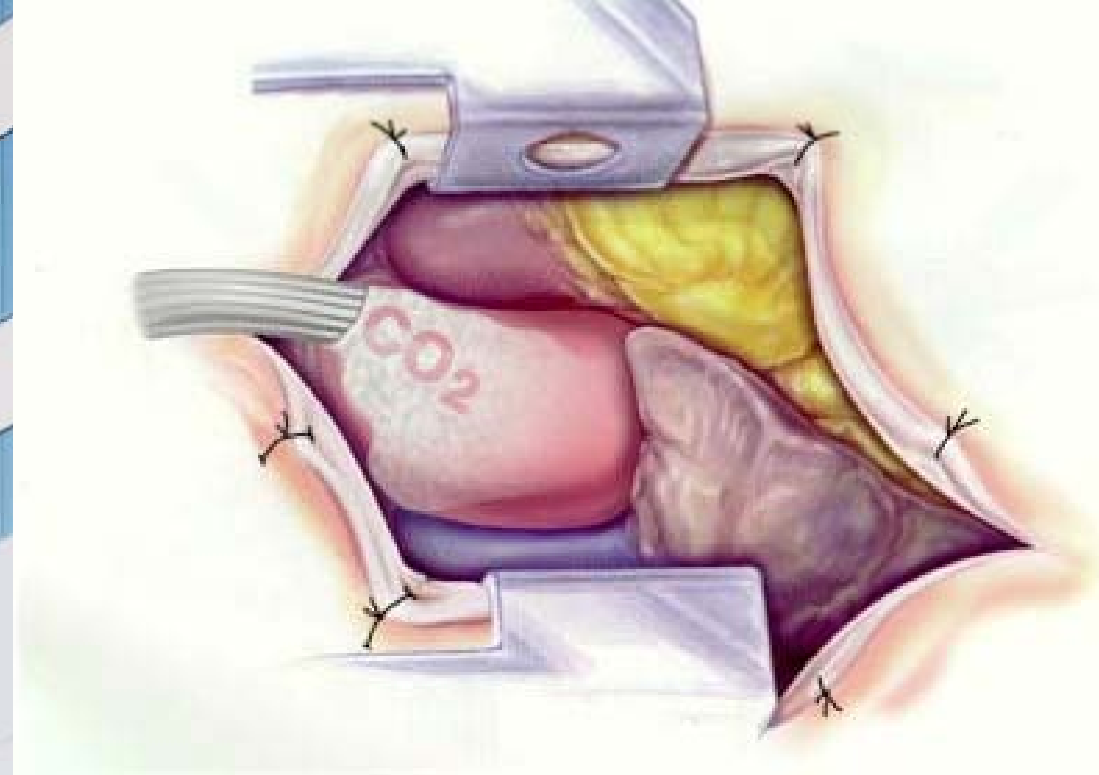
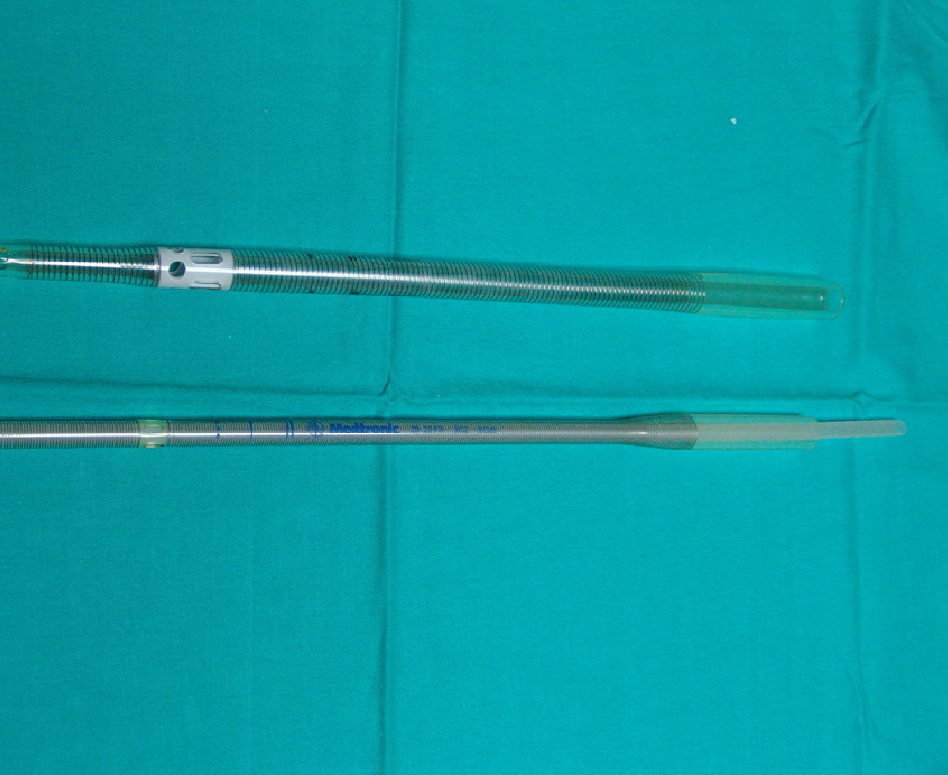


**Figure 2.** Adjusted survivorship by age among patients undergoing AVR+CABG. Adjusted for sex, ejection fraction, acuity, left end diastolic pressure.

**Conclusions**—Survivorship among octogenarians is favorable, with more than half the patients surviving more than 6 years

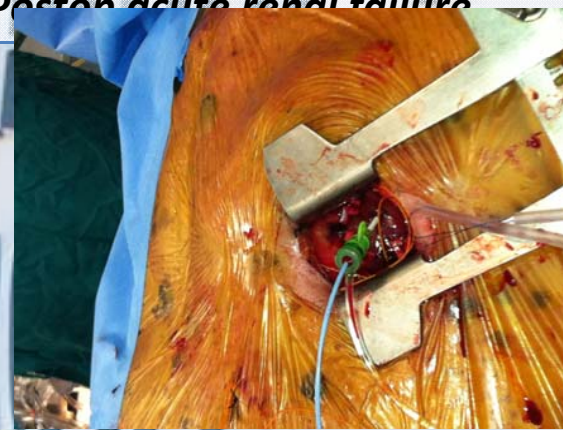






| <b>1. PREOPERATIVE CHARACTERISTICS</b> |                      |                     |           |
|--|----------------------|---------------------|-----------|
|  | <b>TA - TAVI</b>     | <b>MINI - AVR</b>   |           |
| <b>n</b>                               | <b>11</b>            | <b>11</b>           | <b>p</b>  |
| <b>ortic Euroscore</b>                 | <b>19.67+/-10.35</b> | <b>16.68+/-5.46</b> | <b>ns</b> |
| <b>(years)</b>                         | <b>79.18+/-5.60</b>  | <b>76.45+/-5.28</b> | <b>ns</b> |
| <b>gender</b>                          | <b>6 (54.5%)</b>     | <b>5 (45.5%)</b>    | <b>ns</b> |
| <b>h. Art. Dis.</b>                    | <b>4 (36.4%)</b>     | <b>7 (63.4%)</b>    | <b>ns</b> |
| <b>stroke</b>                          | <b>6 (54.5%)</b>     | <b>2 (18.2%)</b>    | <b>ns</b> |
| <b>renal failure</b>                   | <b>1 (9.1%)</b>      | <b>3 (27.3%)</b>    | <b>ns</b> |
| <b>impairment</b>                      | <b>0 (0%)</b>        | <b>1 (9.1%)</b>     | <b>ns</b> |
| <b>hypertension</b>                    | <b>3 (27.3%)</b>     | <b>2 (18.2%)</b>    | <b>ns</b> |
| <b>A III/IV</b>                        | <b>3 (27.3%)</b>     | <b>0 (0%)</b>       | <b>ns</b> |
|  | <b>11 (100%)</b>     | <b>11 (100%)</b>    | <b>ns</b> |

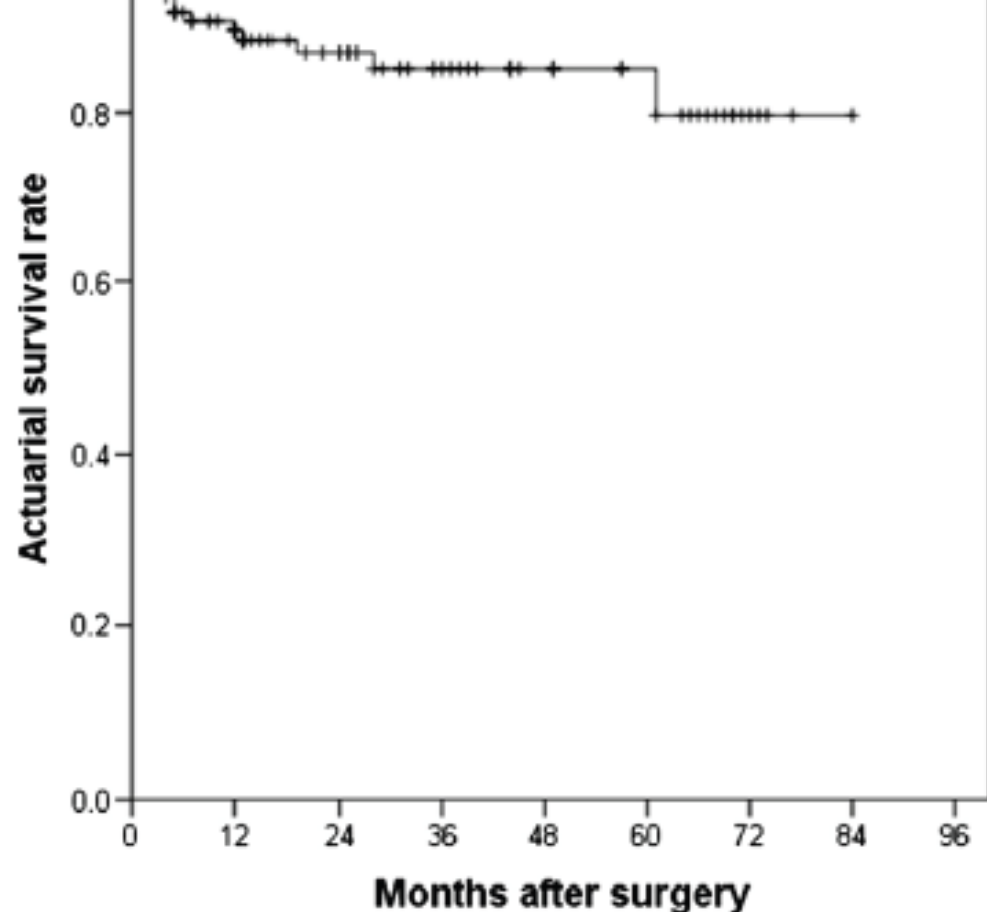
| <b>Table 2. OPERATIVE OUTCOMES</b> |                  |                   |
|------------------------------------|------------------|-------------------|
|                                    | <b>TA - TAVI</b> | <b>MINI - AVR</b> |
| <b>n</b>                           | <b>11</b>        | <b>11</b>         |
| <b>Operative mortality</b>         | <b>2 (18.2%)</b> | <b>1 (9.1%)</b>   |
| <b>MACCE</b>                       | <b>3 (27.3%)</b> | <b>1 (9.1%)</b>   |
| <b>Reexploration bleeding</b>      | <b>1 (9.1%)</b>  | <b>0 (0%)</b>     |
| <b>Postop stroke</b>               | <b>2 (18.2%)</b> | <b>0 (0%)</b>     |
| <b>Postop AF</b>                   | <b>4 (36.4%)</b> | <b>1 (9.1%)</b>   |
| <b>Permanent pacemaker</b>         | <b>1 (9.1%)</b>  | <b>0 (0%)</b>     |
| <b>Postop acute renal failure</b>  | <b>4 (36.4%)</b> | <b>2 (18.2%)</b>  |





| Variables                                       | Total (n = 124)  |
|---|------------------|
| Ascending aortic/hemiarch replacement, n (%)    | 106 (85.5)       |
| Total arch replacement, n (%)                   | 18 (14.5)        |
| Concomitant procedures, n (%)                   | 28 (21.8)        |
| Bentall operation                               | 9                |
| Aortic valve replacement                        | 4                |
| Coronary artery bypass grafting                 | 11               |
| Other procedures                                | 6                |
| Mean cardiopulmonary bypass time, min; $\pm$ SD | 128.7 $\pm$ 40.9 |
| Mean aortic crossclamp time, min; $\pm$ SD      | 91.3 $\pm$ 34.4  |
| Operative death, n (%)                          | 6 (4.8)          |
| Stroke, n (%)                                   | 22 (17.7)        |
| Respiratory failure, n (%)                      | 27 (21.8)        |
| Reoperation for bleeding, n (%)                 | 4 (3.2)          |
| Deep sternal infection, n (%)                   | 4 (3.2)          |
| Median intensive care unit stay, d              | 4                |
| Median length of hospital stay, d               | 21               |
| Prolonged hospitalization (>30 d), n (%)        | 25 (20.1)        |

<sup>a</sup>, Standard deviation.



No. at risk 124 86 58 37 23 15 4 1



## Outcomes of contemporary emergency open surgery for type A acute aortic dissection in elderly patients

Akihito Matsushita, MD,<sup>a</sup> Minoru Tabata, MD, MPH,<sup>a</sup> Toshihiro Fukui, MD,<sup>a</sup> Yasunori Sato, PhD,<sup>b</sup> Shigefumi Matsuyama, MD,<sup>c</sup> Tomoki Shimokawa, MD,<sup>c</sup> and Shuichiro Takanashi, MD<sup>a</sup>

La edad 'biológica' no siempre se  
relaciona con la edad 'cronológica'



2

Distribution of frailty points in percent (%) in the three risk groups concerning the parameters of the CAF.

| Frailty test               | Frailty points | Not frail | Moderately frail | Severely frail |
|----------------------------|----------------|-----------|------------------|----------------|
| Strength                   | 0              | 75        | 46               | 19             |
|                            | 1              | 25        | 54               | 81             |
| Walking speed              | 0              | 97        | 68               | 0              |
|                            | 1              | 3         | 32               | 100            |
| Balance                    | 0              | 64        | 26               | 0              |
|                            | 1              | 29        | 29               | 4              |
|                            | 2              | 7         | 26               | 4              |
|                            | 3              | 0         | 16               | 33             |
|                            | 4              | 0         | 3                | 59             |
| Get up from chair          | 0              | 26        | 1                | 0              |
|                            | 1              | 44        | 8                | 0              |
|                            | 2              | 20        | 18               | 4              |
|                            | 3              | 10        | 58               | 0              |
|                            | 4              | 0         | 15               | 96             |
| Pick up a pen              | 0              | 41        | 5                | 0              |
|                            | 1              | 52        | 54               | 7              |
|                            | 2              | 7         | 24               | 8              |
|                            | 3              | 0         | 9                | 15             |
|                            | 4              | 0         | 8                | 70             |
| Put on and remove a jacket | 0              | 73        | 23               | 11             |
|                            | 1              | 20        | 41               | 4              |
|                            | 2              | 7         | 20               | 15             |



Table 3  
 Mortality rate among each CAF category.

|                | CAF category               |                                    |                                  |
|----------------|----------------------------|------------------------------------|----------------------------------|
|                | Not frail<br>(1–10 points) | Moderately frail<br>(11–25 points) | Severely frail<br>(26–35 points) |
| Survival       |                            |                                    |                                  |
| Alive % within | 96.4                       | 92.2                               | 78.3                             |

**Uicación IMC:**

**r: IMC < 18.5 = 1**

**ore: IMC < 19.1 = 1**

## t de Laboratorio

**bumina en sangre puntuación:**

**< 3.5 (g/dL) = 1**

**≥ 3.5 = 0**

**lumen expiratorio Forzado en el primer segundo (FEV1) puntuación:**

**< 2.4 L = 1**

**≥ 2.4 L = 0**

**reatinina score:**

**< 1.2 = 0**

**≥ 1.2 = 1**

## notipo

**ntuación de Agotamiento**

**Mucho tiempo o (3) Todo el tiempo = 1**

**as respuestas=0**

as dos cuestiones tienen como intención medir el agotamiento. Si un paciente responde (2) “mucho tiempo” o (3) “todo el tiempo” o alguna de las siguientes cuestiones, se les puntúa con 1 punto. Cualquier otra respuesta se puntúa con un 0. La única puntuación de 1 o 0 se da a las preguntas, no se puntúan individualmente

l último mes, ¿se ha sentido cansado  
frecuentemente? [Con qué frecuencia en el último  
mes ha sentido que todo lo que hacía era un  
esfuerzo?]

No/Nunca

Algunas veces (1-2 días)

La mayoría del tiempo (3-4 días)

Todo el tiempo

**O**

En el último mes ha sentido una debilidad inusual?  
[Con qué frecuencia en el último mes ha sentido que  
no podía ponerse en marcha?]

(0) No/Nunca

(1) Algunas veces (1-2 días)

(2) La mayoría del tiempo (3-4 días)

(3) Todo el tiempo

(4) Rechaza



Clasificación de lentitud:

Mujer:

Altura  $\leq$  159 cm

Velocidad  $\leq$  0.65 m/sec = 1

Velocidad  $>$  0.65 m/sec = 0

Altura  $>$  159 cm

Velocidad  $\leq$  0.76 m/sec = 1

Velocidad  $>$  0.76 m/sec = 0

Hombre:

Altura  $\leq$  173 cm

Velocidad  $\leq$  0.65 m/sec = 1

Velocidad  $>$  0.65 m/sec = 0

Altura  $>$  173 cm

Velocidad  $\leq$  0.76 m/sec =

1

Clasificación de Fuerza de agarre) Score:

E

IMC  $\leq$  23 y agarre  $\leq$  29 Kg debilidad = 1

IMC = 23.1-26 y agarre  $\leq$  30 Kg debilidad = 1

IMC = 26.1-28 y agarre  $\leq$  30 Kg debilidad = 1

IMC  $\geq$  29 y agarre  $\leq$  32 Kg debilidad = 1

MUJER:

IMC  $\leq$  23 y agarre  $\leq$  17 Kg debilidad = 1

IMC = 23.1-26 y agarre  $\leq$  17.3 Kg debilidad = 1

IMC = 26.1-29 y agarre  $\leq$  18 Kg debilidad = 1



|   |       |       |      |   |
|---|-------|-------|------|---|
| E | 10 s  | 10 s  | 10 s | 0 |
|   | 10 s  | 10 s  | 10 s | 1 |
|   | 10 s  | 10 s  | 10 s | 2 |
|   | 10 s  | 0-9 s | no   | 3 |
|   | 0-9 s | no    | no   | 4 |

|   | TIEMPO                         | VALORES PUNTUACIÓN      | SCORE |
|---|--------------------------------|-------------------------|-------|
| 2 | SUBIR A UNA SILLA              | $\leq 11 \text{ s} = 0$ |       |
|   |                                | 11,1-14 s = 1           |       |
|   |                                | 14,1-17 s = 2           |       |
|   |                                | $> 17 \text{ s} = 3$    |       |
|   |                                | no = 4                  |       |
| 3 | PONERSE O QUITARSE LA CHAQUETA | $\leq 10 \text{ s} = 0$ |       |
|   |                                | 10,1 - 15 s = 1         |       |
|   |                                | 15,1 - 20 s = 2         |       |
|   |                                | $> 20 \text{ s} = 3$    |       |
|   |                                | no = 4                  |       |
| 4 | RECOGER UN LÁPIZ DEL SUELO     | $\leq 2 \text{ s} = 0$  |       |
|   |                                | 2,1 - 4 s = 1           |       |
|   |                                | 4,1 - 6 s = 2           |       |

|   |                  |                              |  |
|---|------------------|------------------------------|--|
|   |                  | $> 6 \text{ s} = 3$          |  |
|   |                  | no = 4                       |  |
| 5 | GIRAR 360 GRADOS | PASOS DISCONTINUOS = 2       |  |
|   |                  | PASOS CONTINUOS = 0          |  |
|   |                  | INESTABLE ( SE TAMBALEA) = 2 |  |
|   |                  | ESTABLE = 0                  |  |
|   |                  |                              |  |
|   |                  |                              |  |





...gracias por su atención



“Me interesa el futuro porque es el lugar donde pasaré el resto de mi vida.”



# Outcomes After Transcatheter Aortic Valve Replacement Using Valve Academic Research Consortium Definitions: A Weighted Meta-Analysis of 3,519 Patients From 16 Studies

Cardiol. 2012;59(25):2317-2326. doi:10.1016/j.jacc.2012.02.022

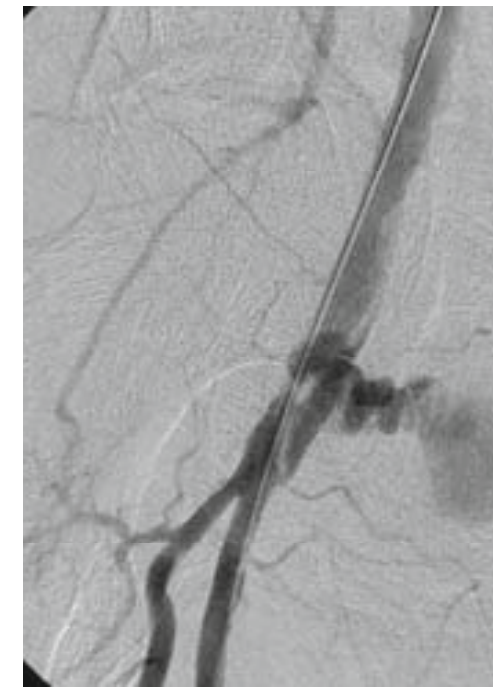
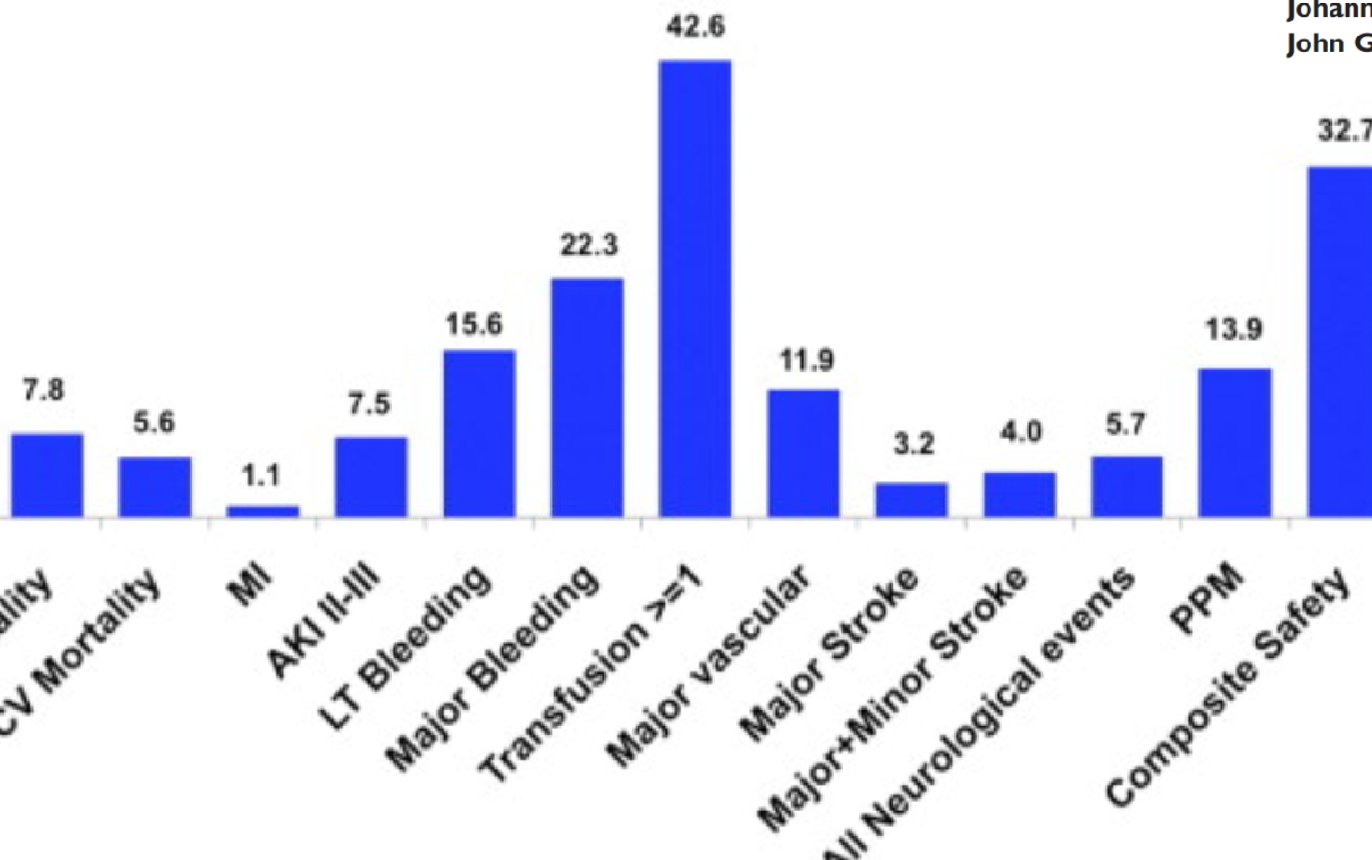


European Heart Journal (2011) 32, 205–217  
doi:10.1093/eurheartj/ehq406

CLINICAL RESEARCH  
Valvular Disease

## Standardized endpoint definitions for transcatheter aortic valve implantation clinical trials: a consensus report from the Valve Academic Research Consortium<sup>†</sup>

Martin B. Leon\*, Nicolo Piazza, Eugenia Nikolsky, Eugene H. Blackstone, Donald E. Cutlip, Arie Pieter Kappetein, Mitchell W. Krucoff, Michael Mack, Roxana Mehran, Craig Miller, Marie-angèle Morel, John Petersen, Jeffrey J. Popma, Johanna J.M. Takkenberg, Alec Vahanian, Gerrit-Anne van Es, Pascal Varenne, John G. Webb, Stephan Windecker, and Patrick W. Serruys



**Major Differences in 30-Day Outcomes in High-Risk Patients Randomized to Off-Pump Versus On-Pump Coronary Bypass Surgery: The Best Bypass Surgery Trial**  
 Sørensen, Møller, Mario J. Perko, Jens T. Lund, Lars W. Andersen, Henning Kelbæk, Jan K. Madsen, Per Winkel, Christian Gluud and Daniel A. Steinbrüchel

**Preoperative Data\***

|             | Off-Pump<br>(n=176) | On-Pump<br>(n=163) |
|-------------|---------------------|--------------------|
| Age (SD), y | 76.1 (5.2)          | 75.6 (4.9)         |
|             | 172 (98)            | 162 (99)           |

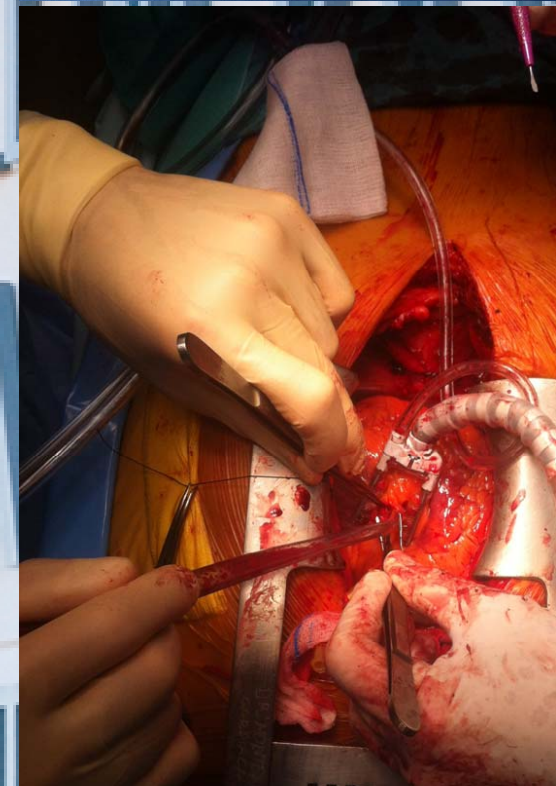
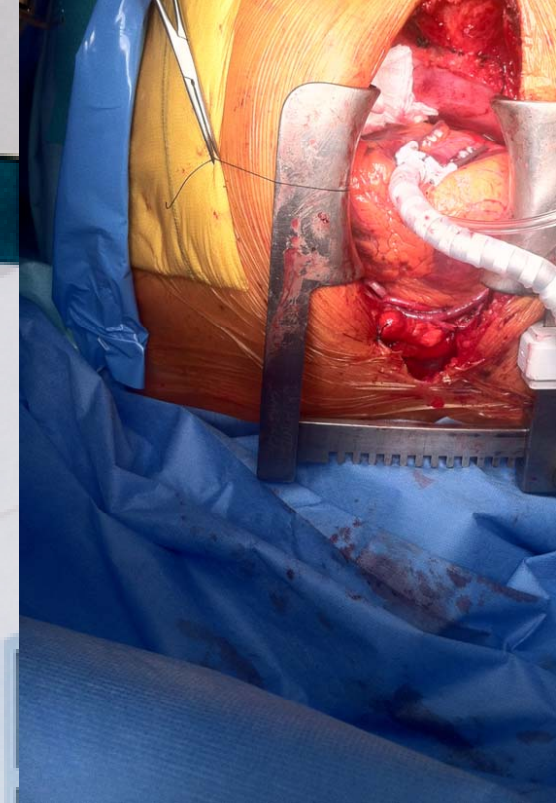
**Primary Outcome After 30 Days**

|  | Off-Pump<br>(n=176) | On-Pump<br>(n=163) | RR   | 95% CI    | P    |
|--|---------------------|--------------------|------|-----------|------|
| Primary outcome*                             | 27 (15)             | 30 (18)            | 0.83 | 0.52–1.34 | 0.47 |
| 30-day mortality                             | 6 (3.4)             | 11 (6.7)           | 0.51 | 0.19–1.34 | 0.21 |
| Acute myocardial infarction                  | 9 (5.1)             | 15 (9.2)           | 0.56 | 0.25–1.24 | 0.20 |
| Cardiac arrest with successful resuscitation | 2 (1.1)             | 3 (1.8)            | 0.62 | 0.10–3.65 | 0.67 |
| Low cardiac output syndrome                  | 7 (4.0)             | 10 (6.1)           | 0.65 | 0.25–1.66 | 0.46 |
| Stroke                                       | 7 (4.0)             | 6 (3.7)            | 1.08 | 0.37–3.15 | 1.00 |
| Coronary reintervention†                     | 1 (0.6)             | 3 (1.8)            | 0.31 | 0.03–2.94 | 0.36 |

\*Primary outcome: 30-day mortality, acute myocardial infarction, cardiac arrest with successful resuscitation, low cardiac output syndrome, stroke, and coronary reintervention.

†Reintervention: percutaneous coronary intervention or coronary artery bypass grafting.

‡Coronary artery bypass grafting or percutaneous coronary intervention.



# Off-Pump versus On-Pump Coronary-Artery Bypass Grafting in Elderly Patients

## CONCLUSIONS

In patients 75 years of age or older, there was no significant difference between on-pump and off-pump CABG with regard to the composite outcome of death, stroke, myocardial infarction, repeat revascularization, or new renal-replacement therapy within 30 days and within 12 months after surgery. (Funded by Maquet; CABG ClinicalTrials.gov number, NCT00719667.)

