



1ST

INTERNATIONAL **CREDIT MOBILITY** WEEK

MARCH 5 - 9 2018

Please submit online applications
by January 15th 2018

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VNIVERSITAT ID VALÈNCIA



Erasmus+

Contact us at International Relations Office

KA107@uv.es

+34 963 92 62 97

KA107 ERASMUS+ INTERNATIONAL CREDIT MOBILITY: MAIN CHALLENGES AND OPPORTUNITIES



WELCOME DAY

MONDAY

- 09.30- Registration of participants
- 10.00 h
- 10.15 h Presentation of the University of Valencia
- 11.00 h Coffee Break
- 11.30 h Formalities
- 12.30 h End of session
- 15.45 h Meeting for the excursion
- 16.00 h City Guided tour

MEET THE TEAM!

TUESDAY

- 10.00 h Speed presentation of participants
- 11.00 h Coffee Break
- 11.30 h Presentation of the Office of International Relations and Cooperation
- 13.30 h End of session
- 17.30 h Guided visit to the cultural center "La Nau" & Group photo



LET'S GO TO A NATURAL PARK!

WEDNESDAY

- 10.15 h Meeting for the excursion. Departure from Valencia (bus transfer)
- 11.00 h Visit to Valencia's Albufera Natural Park
- 14.00 h Typical Mediterranean lunch
- 17.00 h Return to Valencia



READY PROBLEM SOLVERS

THURSDAY

- 10.00 h Meeting with the Vice-chancellor for Internationalization and Cooperation.
- 10.30 h Coffee Break
- 11.00 h Discussion groups, round tables
- 14.00 h End of session
- 18.00 h Visit to the Botanical Garden of the University of Valencia, Dinner and Music

RESEARCH AT UV & FAREWELL!!

FRIDAY

- 08.45 h Meeting for the excursion. Departure from Valencia to Burjassot (bus transfer)
- 09.00 h Visit to The University of Valencia Science Park
- 10.15 h Coffee Break
- 10.45 h Campus de Burjassot tour and visit to the Natural History Museum
- 12.00 h Return to Valencia
- 14.00 h Masclatà and Farewell Lunch. Delivery of the certificate of stay



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DETAILED PROGRAM FOR THE ERASMUS INTERNATIONAL CREDIT MOBILITY WEEK

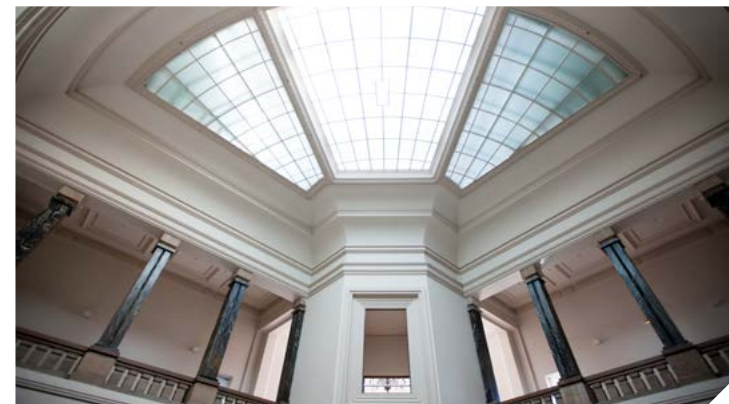


MONDAY: WELCOME DAY

- Registration of participants. Grant formalities: Checks handout.
- Welcome speech of the Delegate for Mobility and Exchange: Presentation of the University of Valencia.
- International office visit. Afterwards, pleasant walking to the Nau cultural center. Visit of this emblematic building. Group photo.

TUESDAY: MEET THE TEAM!

- Dynamic ice-breaker activity: a 3 minute partner interaction to exchange information about personal and professional profile, home institution... with all the participants.
- International office presentation by the Head of the international office and the KA107 Team. Round of comments and questions.



WEDNESDAY: LET'S GO TO A NATURAL PARK!

Valencia's Albufera Natural Park excursion

The Albufera is the largest lake in Spain and one of the most important wetland areas in the country. It is a place of great ecological interest with rare species of wading birds and a rich variety of wildlife. Its waters have been traditionally worked by fishermen and rice growers, supplying ingredients and inspiration for many of the regions most succulent dishes.. It is an excellent place to try classic dishes such as Paella, Arroz a Banda, or All i Pebre made with eels freshly caught from the lake. There is nothing more relaxing than a boat trip on the Albufera lake contemplating the red and amber tones of the setting sun dancing across the water.

THURSDAY: READY PROBLEM SOLVERS

Meeting with the Vice-chancellor for Internationalization and Cooperation

- Discussion groups and round tables:
 - Mobility experience with the countries beyond Europe: Specifics and hurdles
 - Future challenges:
 - How to motivate the students and staff for the International Credit Mobility programme
 - How to improve their experience and make the most of the mobility
 - How to simplify the mobility procedure

Active participation at these activities is required!!

- Visit to the Botanical Garden of the University of Valencia: A place of science, culture and nature. This living museum dated back to the 16th Century and located in the historical Centre of the city aims to let people connect with the plant world by fostering its study, teaching, dissemination and conservation, as well as its sustainable use.

FRIDAY RESEARCH AT UV & FAREWELL!!

- Visit to the University of Valencia Science Park includes six research institutes, two centres and a major infrastructure of services and facilities for research; and a business area.
- Campus de Burjassot tour and Museum Collection of the Natural History Museum: the collections of the Museum of Valencia have a very important documentary value. Its funds are object of studies and research and, exhibited in explanatory panels and showcases, collaborate in the dissemination of knowledge and respect for the environment.
- Certificate of stay delivery.
- Masclètà activity: From 1 to 19 March, every day at 2 pm in the Plaza del Ayuntamiento, the city vibrates to the sound of the traditional masclètà, a display of gunpowder explosions that beats out a unique sound. Have a once-in-a-lifetime-experience!

WHAT IS A MASCLÈTÀ?

All the activities mentioned previously include: Daily coffee breaks , guided visit to the cultural center la Nau, city guided tour, Albufera excursion (bus+boat trip+ lunch), visit to the Botanical garden and dinner, visit to the Campus de Burjassot, the Science park, the Natural history Museum, Masclètà in plaza del Ayuntamiento (bus transfer Burjassot-Valencia-Burjassot) and Farewell lunch.

INTERNATIONAL WEEK LOCATIONS

Monday: International Relations Office (Cerveró Palace):
Plaza Cisneros,4 46003 Valencia <http://links.uv.es/EHvMu9l>

Tuesday: Campus de Tarongers. Faculty of Law (Hall) <http://ir.uv.es/Ue0cW0D>

Meeting point for the city tour: Torres de Serranos. Plaça dels Furs, s/n, 46003 València <http://ir.uv.es/vQfSQ1z>

Wednesday: Meeting point: Torres de Serranos. Plaça dels Furs, s/n, 46003 València <http://ir.uv.es/vQfSQ1z>

Thursday: Campus de Blasco Ibáñez Av. de Blasco Ibáñez, 13, 46010 València <http://ir.uv.es/0SHUYu2>

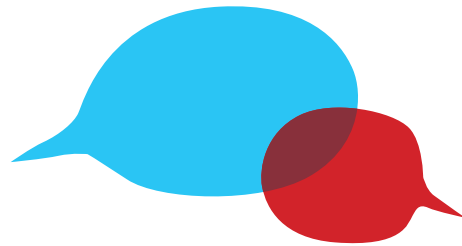
Botanical Garden: Carrer de Quart, 80, 46008 València <http://ir.uv.es/l84LdvQ>

Friday: Meeting point: Torres de Serranos
Campus de Burjassot. Carrer del Dr. Moliner, 46100 Burjassot, València <http://ir.uv.es/vQfSQ1z>

WELCOME TO VALENCIA

Spain's third-largest city is a magnificent place, content for Madrid and Barcelona to grab the headlines while it gets on with being a wonderfully liveable city with thriving cultural, eating and nightlife scenes. Never afraid to innovate, Valencia diverted its flood-prone river to the outskirts of town and converted the former riverbed into a superb green ribbon of park winding right through the city. On it are the strikingly futuristic buildings of the

Ciudad de las Artes y las Ciencias, designed by local boy Santiago Calatrava. Other brilliant contemporary buildings grace the city, which also has a fistful of fabulous Modernista architecture, great museums and a large, characterful old quarter. Valencia, surrounded by its huerta, a fertile fruit-and-veg farmland, is famous as the home of rice dishes such as paella, but its buzzy dining scene offers plenty more besides.



LANGUAGE

There are two official languages in Valencia: "Valenciano", used in the Valencian Community, and Spanish, Spain's official language.

There are centres that offer specialised classes, practical training and cultural activities; in addition, they can help students with finding housing. The Association of Spanish Schools in the Valencian Region (AMEELE) brings together Spanish schools in the city of Valencia which are accredited by the Instituto Cervantes.

www.ameele.net

TIME ZONE

People generally eat later than in other European countries: breakfast (7:30 and 10:00 a.m.) is similar to the continental style. Restaurants serve lunch between 1:00 p.m. and 3:00 p.m., and dinner from 8:30 p.m. until 10:30 p.m.

Now you can go shopping in Valencia any day of the year. Although normal shop opening hours are from 10 am to 8.30 pm, you will find malls and shops in tourist areas that are open every day, including Sundays and public holidays (except 1 and 6 January, 1 May and 25 December).

TIPPING

Tips are included in all prices and bills, so tipping is not considered obligatory. However, if the service received is considered satisfactory, especially in bars and restaurants, a tip is often left.

WEATHER

Valencia enjoys a mild temperate Mediterranean climate. The average annual temperature is 17°C with warm summers and very mild winters, rarely below 10°C. There is only light rainfall mainly in autumn and the beginning of spring.

BANKS

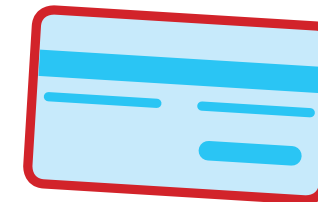
Most banks are open from Monday to Friday between 8:30 a.m. and 2:30 p.m. Only a few branches open on Saturday mornings. There are 24-hour automatic tellers around the city, and most (Servired, 4B, etc.) offer international services.

CREDIT CARDS

Most hotels, restaurants and shops in Valencia accept the main credit cards such as American Express, VISA, Mastercard, 4B, Access y Diners Club.

ELECTRICITY

Standard electrical voltage in Valencia is 220-240 V AC, 50 Hz. A transformer and an adapter are necessary to use North American electrical appliances whose plugs have two square pins. Adapters are available in most hardware stores.



EXCHANGING MONEY

RIA Money Transfer & Change: Currency exchange, traveller's checks and money transfers. Centrally located in the main European cities.

Convento de Jerusalén, 9
46007 – Valencia

Tel.: +34 963 525 383

www.riaagent.com

esfx@riafinancial.com

HOW TO GET TO VALENCIA:

BY PLANE

The airport of Valencia is located in Manises, 8,5 km from the city centre. Regular flights to the main Spanish and European cities, as Brussels, Frankfurt, Lisbon, London, Milan, Paris and Zurich. Charter flights to and from Valencia and air bridges with Madrid and Barcelona to destinations all over the world. Highly sophisticated facilities and services. Public bus service, Airport-Bus station line: 1,70 euros. Taxi from the airport to the centre of Valencia: approx. 12 euros.

- Airport Information: tels. +34-963 709 500 / +34-961 598 500
- Information about flights and airports: Infoiberia: tel. +34-96 902 400 500
- Consult Iberia site (airlines from Spain).

BY CAR

- From the centre of Spain and city of Madrid, A-3 highway.
- From Barcelona and Castellón, N-340 and A-7 (exit 51), called Autopista del Mediterráneo (Highway of the Mediterranean Sea), because it connects the coast with the European net of highways.
- From Zaragoza and Teruel, N-224.
- From Alicante and Murcia, N-332, and A-7 along the coast.
- Through the "interior" route, N-430 and N-330, which cross in the North-South direction the province of Valencia.

For any advice about the state of the roads, contact the Dirección General de Tráfico.

BY BUS

The Valencia Bus Station, located in the West zone of the city, has lines with the main Spanish and European cities. From the central station, the best way to access other points in the city is by bus or underground (there is a stop 200 m from the station), or by taxi.

BY TRAIN

Located in the centre of the city, the Norte Railway Station of Valencia offers direct connection with the main Spanish and European cities. There are daily services with Madrid, Barcelona, Sevilla, Alicante, Port Bou (French border), Zaragoza, Bilbao and trains to other provinces. The towns around the city are also connected by means of any of the local railway stations.

If you want to consult about timetables and prizes, visit the RENFE webpage. Following are the telephones of the main railway stations of the city

- Norte Railway Station: Tel. +34-902 24 02 02
- Cabañal Railway Station: Tel. +34-902 24 02 02
- F.G.V. (Generalitat Valenciana Railway Net): Tel. +34-96 348 46 26

BY SEA

More than one hundred navigation lines connect the Valencia seaport to more than 300 seaports of the five continents. The city has direct seaways to the Balearic Islands. Transmediterránea and Balearia connect Valencia with the main cities on the islands.

- Valencia Seaport: Tel. +34-963 764 391
- Transmediterránea: Tel. +34-963 761 062

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