

Curriculum Vitae

Sabine Sonnentag

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Personal Details

Date and Place of Birth	January 31, 1961 (Munich, Germany)
Nationality	German
Work Address	Department of Psychology, University of Konstanz, Postbox D42, 78457 Konstanz, Germany phone: +49 7531 88 3742; fax: +49 7531 88 5028 email: sabine.sonnentag@uni-konstanz.de
Current Position	Chair in Work & Organizational Psychology, Department of Psychology, University of Konstanz, Germany

Academic Qualifications

1997	Habilitation University of Giessen
1991	Ph.D. (Dr. rer. nat.) Technical University of Braunschweig
1986	Diploma in Psychology (Dipl.-Psych.) Free University of Berlin

Career History

2004-present	Professor of Work & Organizational Psychology, Department of Psychology, University of Konstanz, Germany
2007-present	Visiting Professor, Faculty of Social Sciences, Radboud University Nijmegen, The Netherlands

2001-2004	Professor of Work & Organizational Psychology, Department of Psychology, Technical University of Braunschweig, Germany
1999-2001	Professor of Work & Organizational Psychology, Department of Psychology, University of Konstanz, Germany
1998-1999	Deputy Professor, Department of Psychology, University of Giessen, Germany
1995-1999	Assistant Professor (Universitair Docent), Department of Psychology, University of Amsterdam, The Netherlands
1994-1995	Assistant Professor at the Department of Psychology, University of Giessen
1992-1994	Holder of a Scholarship from the German Research Community (DFG)
1991-1992	Research Assistant at the Department of Psychology, University of Giessen
1987-1991	Research and Teaching Assistant at the Institute of Psychology, Technical University of Braunschweig
1984-1987	Tutor at the Institute for Psychology, Free University of Berlin

Research Grants

2007-2010	Volkswagen Foundation "The chronicle of an idea: The hidden journey of innovations – from ideas to products" (PI, together with Miriam Erez, Technion, and Jacob Guldenberg, Hebrew University Jerusalem, Israel)
2007	Lion Foundation "The role of empathy in the crossover process" (PI, together with Giora Keinan and Mina Westman, Tel Aviv University, Israel)
2005-2006	German-Israeli Foundation (GIF) "The impact of respite on psychological health and performance in Israel and Germany" (PI, together with Mina Westman, Tel Aviv University, Israel)
2005-2008	German Ministry for Education and Research (Bundesministerium für Bildung und Forschung, BMBF) "Flexibilization of production and organizational processes in the production life cycle"

2005	University of Konstanz Research Fund (AFF) "Daily experiences of work and non-work" (PI)
2004-2007	German Research Community (DFG) "Recovery from work stress and psychological health: Attributes of recovery processes" (PI, So 295/4-1, 4-2)
2004-2006	Volkswagen-Stiftung "Feedback sign and high performance" (PI, together with A. N. Kluger, Hebrew University of Jerusalem, Israel)
2002-2006	German Research Community (DFG) "High performance and task-related communication" (PI, So 295/3-1, 3-2)
1999-2000	University of Konstanz Research Fund (AFF) "Recovery in the Context of Work" (PI)
1994-1995	German Research Community (DFG) "Methods for Studying Intellectual Work Activities" (PI, So 295/2-1)
1992-1994	German Research Community (DFG) "Very Good Software Professionals" (PI, So 295/1-1, 1-2)

Research Related Activities

Editorships	Applied Psychology: An International Review (Co-Editor since 2006; Associate Editor 2003-2006; Deputy Editor 1995-1997)
	Journal of Occupational and Organizational Psychology (Associate Editor 2000-2006)
	Psychologische Rundschau (Associate Editor 2003- 2006)
Member of Editorial Boards	Personnel Psychology (since 2007)
	Scandinavian Journal of Work, Environment and Health (since 2007)
	Applied Psychology: An International Review (1998-2002)
	European Journal of Work and Organizational Psychology (since in 2001)
	Gedrag en organisatie (since 2002)

Zeitschrift für Arbeits- und Organisationspsychologie
(since 2001)

Journal Refereeing

Academy of Management Journal
Applied Psychology: An International Review
European Journal of Work and Organizational Psychology
Behaviour & Information Technology
Interacting with Computers
International Journal of Human-Computer Interaction
International Journal of Selection and Assessment
Journal of Occupational and Organizational Psychology
Journal of Occupational Health Psychology
Organizational Behavior and Human Decision Processes
Psychologische Rundschau
Scandinavian Journal of Work, Environment and Health
Zeitschrift für Arbeits- und Organisationspsychologie

Grant Reviewing

Member of "Fachkollegium Psychologie" of the German
Research Community (since 2004)

Ad-hoc-reviewer for: Academy of Finland, German
Research Community (DFG), Dutch Science Organization
(NWO), Economic and Social Research Council (ESRC),
National Science Foundation (NSF), Swiss National
Science Foundation (SNF), Volkswagen-Stiftung

Professional Affiliations

Society for Industrial and Organizational Psychology
(SIOP; Fellow since 2007); European Association of
Work and Organizational Psychology (EAWOP);
American Psychological Association (International
Affiliate); Academy of Management; Deutsche
Gesellschaft für Psychologie

Teaching Experience

Department of Psychology, University of Konstanz, 1999 – 2001, since 2004

Institute for Psychology, Technical University of Braunschweig, 2001-2004

Department of Psychology, University of Amsterdam, 1995 - 1999

Department of Psychology, University of Giessen, 1992 - 1999

Institute for Psychology, Technical University of Braunschweig, 1987 – 1991

Institute for Psychology, Free University of Berlin, 1984 - 1987

Other Educational Contributions

Supervision of Ph.D.
projects (completed)

Judith Volmer (TU Braunschweig, 2006)
Saskia-Maria Weh (TU Braunschweig, 2006)
Sandra Ohly (TU Braunschweig, 2005)
Charlotte Fritz (TU Braunschweig, 2005)
Dimitri van der Linden (UvA, 2002, co-promotor)
Andreas Rauch (UvA, 2001, co-promotor)
Cathy van Dyck (UvA, 2000, co-promotor)
Dörte Heimbeck (UvA, 1999, co-promotor)

Supervision of Diploma Students

Supervision of Student Research Projects

Research Interests

Expertise and High Performance

This research area addresses the question of how high performers differ from moderate performers when accomplishing work tasks. How do they plan their work? How do they develop an understanding of the problem to be solved? How do they communicate with others? In empirical studies conducted mainly in the fields of software design and engineering, I found that high performers differ from moderate performers both with respect to cognitive processes (problem comprehension, planning, feedback seeking) and communication processes. High performers did not have more years of professional experience than moderate performers. In an ongoing research project, my group looks at the causal processes of high performance and engagement in communication. In future studies, I intend to examine the development of expertise in more detail.

Learning in the Work Context

Continuous learning is a key requirement in many jobs. In my research, I am interested in learning activities that take place outside formal training settings. My research addresses questions such as: How do individuals learn during their working time? How are learning activities related to job performance? For example, in one study (together with Barbara Kleine), I adapted the 'deliberate practice' concept (Ericsson et al., 1993) to work settings and found a positive relationship between the amount of time insurance agents spent on deliberate on-the-job learning activities and job performance.

Unwinding and Recovery Processes

Within work and organizational psychology, there is an increasing interest in research on unwinding and recovery processes. In my research, I examine unwinding and recovery processes individuals engage in during their off-job time. More specifically, I examine questions such as: Which aspects of off-job time activities are experienced as successful, i.e. unwinding? Do off-job time activities buffer the negative effects of job stress on individual well-being? In studies using daily surveys I found that off-job time activities and the subjective experience of recovery are related to subsequent well-being and on-the-job behavior. In future studies, I want to examine in more detail how self-regulatory processes impact recovery and how recovery affects emotion regulation and job performance.

Publications

Refereed Journal Papers

- Binnewies, C., Ohly, S., & Sonnentag, S. (in press). Taking personal initiative and communicating about ideas: What is important for the creative process and for idea creativity? *European Journal of Work and Organizational Psychology*.
- Fritz, C. & Sonnentag, S. (in press). Antecedents of day-level proactive behavior: A look at job stressors and positive affect during the workday. *Journal of Management*.
- Sonnentag, S., Binnewies, C., & Mojza, E. J. (in press). "Did you have a nice evening?" A day-level study on recovery experiences, sleep, and affect. *Journal of Applied Psychology*.
- Sparr, J. L. & Sonnentag, S. (in press). Fairness perceptions of supervisor feedback, LMX and employee well-being at work. *European Journal of Work and Organizational Psychology*.
- Sonnentag, S., & Fritz, C. (2007). The recovery experience questionnaire: Development and validation of a measure assessing recuperation and unwinding at work. *Journal of Occupational Health Psychology, 12*, 204-221.
- Fritz, C. & Sonnentag, S. (2006) Recovery, well-being, and performance-related outcomes: The role of work load and vacation experiences. *Journal of Applied Psychology, 91*, 936-945.
- Geurts, S. A. E., & Sonnentag, S. (2006). Recovery as an explanatory mechanism in the relation between acute stress reactions and chronic health impairment. *Scandinavian Journal of Work, Environment and Health, 32*, 482-492.
- Ohly, S., Sonnentag, S., & Pluntke, F. (2006). Routinization, work characteristics, and the relationship with creative and proactive behaviours. *Journal of Organizational Behavior, 27*, 257-279.
- Sonnentag, S. & Krueel, U. (2006). Psychological detachment from work during off-job time: The role of job stressors, job involvement, and recovery-related self-efficacy. *European Journal of Work and Organizational Psychology, 15*, 197-217.
- Sonnentag, S. & Zijlstra, F. R. H. (2006). Job characteristics and off-job time activities as predictors of need for recovery, well-being, and fatigue. *Journal of Applied Psychology, 91*, 330-350.
- Fritz, C. & Sonnentag, S. (2005). Recovery, health, and job performance: Effects of weekend experiences. *Journal of Occupational Health Psychology, 10*, 187-199.
- Sonnentag, S. & Bayer, U. (2005). Switching off mentally: Predictors and consequences of psychological detachment from work during off-job time. *Journal of Occupational Health Psychology, 10*, 393-414.
- Van Dyck, C., Frese, M., Baer, M., & Sonnentag, S. (2005). Organizational error management culture and its impact on performance: A two-study replication. *Journal of Applied Psychology, 90*, 1228-1240.

- Sonnentag, S. & Natter, E. (2004). Flight attendants' daily recovery from work: Is there no place like home? *International Journal of Stress Management*, 11, 366-391.
- Van der Linden, D., Frese, M., & Sonnentag, S. (2003). Fatigue and exploration in a complex computer program: Systematic versus unsystematic behavior. *Human Factors*, 45, 483-494.
- Heimbeck, D., Frese, M., & Sonnentag, S., & Keith, N. (2003). Integrating errors in the training process: The function of instructions to manage errors and the role of goal orientation. *Personnel Psychology*, 56, 333-361.
- Sonnentag, S. (2003). Recovery, work engagement, and proactive behaviour: A new look at the interface between work and non-work. *Journal of Applied Psychology*, 88, 518-528.
- Fay, D. & Sonnentag, S. (2002). Rethinking the effects of stressors: A longitudinal study on personal initiative. *Journal of Occupational Health Psychology*, 7, 221-234.
- Sonnentag, S., & Lange, I. (2002). The relationship between high performance and knowledge about how to master cooperation situations. *Applied Cognitive Psychology*, 16, 491-508.
- Sonnentag, S. (2001). High performance and meeting participation: An observational study in software design teams. *Group Dynamics: Theory, Research and Practice*, 5, 3-18.
- Sonnentag, S. (2001). Work, recovery activities, and individual well-being: A diary study. *Journal of Occupational Health Psychology*, 6, 196-210.
- Van der Linden, Sonnentag, S., Frese, M. & van Dyck, C. (2001). Exploration strategies, performance, and error consequences when learning a complex computer task. *Behaviour and Information Technology*, 20, 189-198.
- Rauch, A., Frese, M., & Sonnentag, S. (2000). Cultural differences in planning/success relationships: A comparison of small enterprises in Ireland, West Germany, and East Germany. *Journal of Small Business Management*, 38(4), 28-41.
- Sonnentag, S. (2000). Excellent performance: The role of communication and cooperation processes. *Applied Psychology: An International Review*, 49, 483-497
- Sonnentag, S. & Kleine, B. M. (2000). Deliberate practice at work: A study with insurance agents. *Journal of Occupational and Organizational Psychology*, 73, 87-102.
- Sonnentag, S. (1998). Expertise in professional software design: A process study. *Journal of Applied Psychology*, 83, 703-715.
- Sonnentag, S. (1998). Perceptions of likability and performance within peer nominations. *European Journal of Work and Organizational Psychology*, 7, 501-515.
- Sonnentag, S., Frese, M., Brodbeck, F.C., & Heinbokel, T. (1997). Use of design methods, team leaders' goal orientation, and team effectiveness: A follow-up study in software development projects. *International Journal of Human-Computer Interaction*, 9, 443-454.

- Heinbokel, T., Sonnentag, S., Frese, M., Stolte, W., & Brodbeck F.C. (1996). Don't underestimate the problems of user centredness in software development projects - there are many! *Behaviour & Information Technology*, 15, 226-236.
- Sonnentag, S. (1996). Arbeitsbedingungen und psychisches Befinden bei Frauen und Männern. Eine Meta-Analyse. *Zeitschrift für Arbeits- und Organisationspsychologie*, 40, 118-126.
- Sonnentag, S. (1996). Planning and knowledge about strategies: Their relationship to work characteristics in software design. *Behaviour & Information Technology*, 15, 213-225.
- Sonnentag, S. (1995). Excellent software professionals: Experience, work activities, and perceptions by peers. *Behaviour & Information Technology*, 14, 289-299.
- Sonnentag, S., Brodbeck, F.C., Heinbokel, T., & Stolte, W. (1994). Stressor- burnout relationship in software development teams. *Journal of Occupational and Organizational Psychology*, 67, 327-341.
- Sonnentag, S., Frese, M., Stolte, W., Heinbokel, T., & Brodbeck, F.C. (1994). Goal orientation of team leaders: Its effects on performance and group interaction in software development projects. *The European Work and Organizational Psychologist*, 4, 153-168.

Books and Edited Volumes

- Zijlstra, F. R. H. & Sonnentag, S. (2006)(Eds.). *Work and rest: A topic for work and organizational psychology*. Special Issue of the *European Journal of Work and Organizational Psychology*.
- Sonnentag, S. (2006). *Abschlussarbeiten und Dissertationen in der angewandten psychologischen Forschung*. Göttingen: Hogrefe.
- Sonnentag, S. (2002)(Ed.). *Psychological management of individual performance: A handbook in the psychology of management in organizations*. Chichester: Wiley.
- Sonnentag, S. & Schmidt-Braße, U. (1998)(Eds.). *Expertise at work*. Special Issue of the *European Journal of Work and Organizational Psychology*, 7.

Book Chapters

- Sonnentag, S., & Fritz, C. (in press). Arbeit und Privatleben. Das Verhältnis von Arbeit und Lebensbereichen außerhalb der Arbeit aus Sicht der Arbeitspsychologie. In U. Kleinbeck & K. Schmidt (Eds.), *Enzyklopädie der Psychologie (Band Arbeitspsychologie)*. Göttingen: Hogrefe.
- Sonnentag, S., Niessen, C., & Ohly, S. (in press). Learning and training at work. In N. Chmiel (Ed.), *An introduction to work and organizational psychology*. Wiley-Blackwell.
- Sonnentag, S., Volmer, J., & Sychala, A. (in press). Job performance. In C. L. Cooper & J. Barling (Eds.), *Handbook of Organizational Behavior*. Sage.

- Binnewies, C. & Sonnentag, S. (2006). Arbeitsbedingungen, Gesundheit und Arbeitsleistung. In S. Leidig, K. Limbacher & M. Zielke (Eds.). *Arbeitsbedingungen und psychische Stressreaktionen: Betriebliche und Klinische Schnittstellen* (p. 39-58). Lengerich: Pabst.
- Sonnentag, S., Niessen, C., & Volmer, J. (2006). Expertise in software design. In K. A. Ericsson, N. Charness, P. Feltovich, & R. R. Hoffmann (Eds.), *Cambridge handbook of expertise and expert performance* (pp. 373-387). Cambridge: Cambridge University Press.
- Sonnentag, S., & Fritz, C. (2006). Endocrinological processes associated with job stress: Catecholamine and cortisol responses to acute and chronic stressors. In P. L. Perrewé & D. C. Ganster (Eds.), *Research in organizational stress and well-being: Employee health, coping, and methodologies* (pp. 1-59). Amsterdam: Elsevier.
- Sonnentag, S., Frese, M. & Coch, J. (2005). Interventionen zur Reduktion von Stress und Stressauswirkungen in der Arbeit. In R. Schwarzer (Ed.), *Enzyklopädie der Psychologie: Gesundheitspsychologie* (pp. 319-332). Göttingen: Hogrefe.
- Sonnentag, S. (2004). Task orientation matters: Knowledge management from an individual level perspective. In J. H. E. Andriessen & B. Fahlbruch (Eds.), *How to manage experience sharing: From organizational surprises to organizational knowledge* (pp. 251-265). Amsterdam: Elsevier.
- Sonnentag, S., Fay, D. & Frese, M. (2004). Handeln in Organisationen. In H. Schuler (Ed.), *Enzyklopädie der Psychologie. Band 4: Organisationspsychologie – Gruppe und Organisation* (pp. 251- 291). Göttingen: Hogrefe.
- Sonnentag, S., Niessen, C., & Ohly, S. (2004). Learning at work: Training and development. In C. L. Cooper & I. T. Robertson (Eds.), *International review of industrial and organizational psychology* (Vol. 19, pp. 249-289). Chichester: Wiley.
- Sonnentag, S. (2003). Examining new technologies and new ways of working: Methods for designing evaluation studies. In D. Holman, T. D. Wall, C. W. Clegg, P. Sparrow, & A. Howard (Eds.), *The new workplace: People, technology and organization* (pp. 347-367). Chichester: Wiley.
- Sonnentag, S. & Frese, M. (2003). Stress in organizations. In W. C. Borman, D. R. Ilgen, & R. J. Klimoski (Eds.), *Comprehensive handbook of psychology, Volume 12: Industrial and organizational psychology* (pp. 453-491). Hoboken: Wiley.
- Sonnentag, S. & Frese, M. (2002). Performance concepts and performance theory. In S. Sonnentag (Ed.), *Psychological management of individual performance: A handbook in the psychology of management in organizations* (pp. 3-25). Chichester: Wiley.
- Sonnentag, S. (2002). Performance, well-being, and self-regulation. In S. Sonnentag (Ed.), *Psychological management of individual performance: A handbook in the psychology of management in organizations* (pp.405-423). Chichester: Wiley.
- Sonnentag, S. (2001). Using and gaining experience in professional software development. In E. Salas & G. A. Klein (Eds.), *Linking expertise and naturalistic decision making* (pp. 275-286). Mahwah, NJ: Lawrence Erlbaum Associates.
- Sonnentag, S. & Remdisch, S. (2000). Group work concepts in Germany: Developments during the last three decades. In M. Beyerlein (Ed.), *Work teams. Past, present and future*. Doordrecht: Kluwer.
- Sonnentag, S. (2000). Expertise at work: Experience and excellent performance. In C. L. Cooper & I. T. Robertson (Eds.), *International review of industrial and organizational psychology* (pp. 223-264). Chichester: Wiley.

- Fay, D., Sonnentag, S. & Frese, M. (1998). Stressors, innovation and personal initiative: Are stressors always detrimental? In C. L. Cooper (Ed.), *Theories of Organizational Stress* (pp. 170-189). Oxford: Oxford University Press.
- Sonnentag, S. (1998). Expertise in der professionellen Software-Entwicklung: Anforderungen an eine anwendungsorientierte Forschung. In U. Kotkamp & W. Krause (Eds.), *Intelligente Informationsverarbeitung* (pp.217-222). Wiesbaden: Deutscher Universitätsverlag.
- Sonnentag, S. (1997). Expertise: Ontwikkelingen in de A&O-psychologie. In K. van Dam & W. Bloemers (Eds.), *Individu, arbeid en organisatie: Ontwikkelingen in de arbeids- en organisatiepsychologie* (pp. 153-164). Utrecht: de Tijdstroom.
- Sonnentag, S. (1996). Work group factors and individual well-being. In M. A. West (Ed.), *Handbook of work group psychology* (pp. 345-367). New York: Wiley.
- Sonnentag, S. (1995). Methoden zur Untersuchung von Designprozessen. In W. Dzida & U. Konradt (Eds.), *Psychologie des Software-Entwurfs* (pp. 203-221). Göttingen: Verlag für Angewandte Psychologie.
- Sonnentag, S. (1994). Konsequenzen für die praktische Umsetzung: Ein Leitfaden mit Checklisten. In F.C. Brodbeck & M. Frese (Eds.), *Produktivität und Qualität in Software-Projekten. Psychologische Analyse und Optimierung von Arbeitsprozessen in der Software-Entwicklung* (pp. 145-182). München: Oldenbourg.
- Sonnentag, S. (1994). Spitzenkräfte. Fachwissen allein genügt nicht. In F.C. Brodbeck & M. Frese (Eds.), *Produktivität und Qualität in Software-Projekten. Psychologische Analyse und Optimierung von Arbeitsprozessen in der Software-Entwicklung* (pp. 35-49). München: Oldenbourg.
- Sonnentag, S. (1994). Streß in SE-Projekten. In F.C. Brodbeck & M. Frese (Eds.), *Produktivität und Qualität in Software-Projekten. Psychologische Analyse und Optimierung von Arbeitsprozessen in der Software-Entwicklung* (pp. 71-85). München: Oldenbourg.
- Sonnentag, S. (1994). Team leading in software development: A comparison between women and men. In A. Adam, J. Emms, E. Green, & J. Owen (Eds.), *Women, work and computerization: Breaking old boundaries - building new forms* (pp. 379-391). Amsterdam: Elsevier.
- Brodbeck, F.C. & Sonnentag, S. (1993). Arbeitsanforderungen und soziale Prozesse in der Software-Entwicklung. In W. Coy, P. Gorny, I. Kopp, & C. Skarpelis (Eds.), *Menschengerechte Software als Wettbewerbsfaktor. Forschungsansätze und Anwenderergebnisse aus dem Programm "Arbeit und Technik"* (pp. 248-258). Stuttgart: Teubner.
- Sonnentag, S. (1993). What is so special about exceptional software professionals? In T. Grachenig & M. Tscheligi (Eds.), *Human Computer Interaction. Vienna Conference, VCHCI '93, Fin de Siècle* (pp. 353-363). Berlin: Springer. Reprinted in: *Informatik Forum*, 7 (1993), 183-187.
- Sobanski, V. & Sonnentag, S. (1992). Arbeitssicherheit, Gesundheitsschutz und Verkehrssicherheit bei Transportbetonunternehmen sib0: Ergebnisse des HdA-Projektes MEGAFLO. In B. Zimolong & R. Trimpop (Eds.), *Psychologie der Arbeitssicherheit. 6. Workshop 1991* (pp. 483-492). Heidelberg: Asanger.

Sonnentag, S. (1990). Psychisch Kranke in Werkstätten für Behinderte. In S. Höfling & W. Butollo (Eds.), *Psychologie für Menschenwürde und Lebensqualität. Aktuelle Herausforderungen und Chancen für die Zukunft* (pp. 211-218). Bonn: Deutscher Psychologen Verlag.

Schultz, F. & Sonnentag, S. (1989). Menschengerechte Gestaltungsansätze in der Fertigbetonlogistik - Arbeitsanalytische Untersuchungen zur aufgabenorientierten Gestaltung computergestützter Arbeit. In S. Maaß & H. Oberquelle (Eds.), *Software-Ergonomie '89. Aufgabenorientierte Systemgestaltung und Funktionalität* (pp. 100-109). Stuttgart: Teubner.

Dissertation

Sonnentag, S. (1991). Arbeit und Persönlichkeitsentwicklung bei geistig und psychisch Behinderten. Eine empirische Untersuchung zur Arbeitssituation in Werkstätten für Behinderte. Frankfurt/M.: Lang.

Non-refereed Journal Papers

Sonnentag, S. (2006). Feuer und Flamme für die Arbeit: Die Rolle von Arbeitsengagement. *Wirtschaftspsychologie*, 8 (2-3), 81-86.

Brodbeck, F.C., Sonnentag, S., Heinbokel, T., Stolte, W., & Frese, M. (1993). Tätigkeitsschwerpunkte und Qualifikationsanforderungen in der Softwareentwicklung. Eine empirische Untersuchung. *Softwaretechnik-Trends*, 13(2), 31-40.

Sonnentag, S. (1993). Arbeit, Zufriedenheit, Befinden und soziale Integration: Ein Vergleich zwischen psychisch Behinderten mit und ohne geistige Behinderung. *Heilpädagogische Forschung*, 19, 123-134.

Sonnentag, S. (1992). Berufliche Rehabilitation von psychisch Kranken. Ergebnisse einer Untersuchung in Werkstätten für Behinderte. *Psychiatrische Praxis*, 19, 201-206.

Sonnentag, S. (1991). "... aber ohne Arbeit, da fehlt mir was". Eine empirische Untersuchung zur Arbeitssituation in Werkstätten für Behinderte. *Sozialpsychiatrische Informationen*, 21 (4), 38-42.

Other Publications

Sonnentag, S. & Fritz, C. (in press). Recovery from stress. In G. Fink (Ed.). *Encyclopedia of stress*, second edition. Elsevier.

Sonnentag, S. (2006). Burnout and HPA-axis functioning: There are no simple answers. *Scandinavian Journal of Work, Environment, and Health*, 32, 333-338.

Sonnentag, S. (2005). Burnout research: Adding an off-work and day-level perspective. *Work and Stress*, 19, 271-275.

- Frese, M. & Sonnentag, S. (2005). Stress. In N. Nicholson, P. G. Audia, M. M. Pillutla (Eds.), *The Blackwell Encyclopedia of Management* (pp. 378-380). Oxford: Blackwell.
- Sonnentag, S. (2000). Working in a network context – What are we talking about? Comment on Symon. *Journal of Occupational and Organizational Psychology*, 73, 415-418.
- Sonnentag, S. & Schmidt-Braße, U. (1998). Expertise at work: Research perspectives and practical interventions for ensuring excellent performance at the work-place. Editorial for the Special Issue on 'Expertise at work' of the *European Journal of Work and Organizational Psychology*, 7, 449-454.
- Sonnentag, S. (1997). Hackman. In N. Sheehy, T. Chapman, & W. Conroy (Eds.), *The biographical dictionary of psychology* (pp. 248-250). London: Routledge.
- Sonnentag, S. (1997). Vroom. In N. Sheehy, T. Chapman, & W. Conroy (Eds.), *The biographical dictionary of psychology* (pp. 593-595). London: Routledge.
- Sonnentag, S. & Speier, C. (1997). Psychopathologie der Arbeit. In H. Luczak, W. Volpert, & T. Müller (Eds.), *Handbuch Arbeitswissenschaft* (pp. 280-283). Stuttgart: Schäffer-Poeschel.
- Sonnentag, S. (1996). Direkte Manipulation. In G. Strube (Ed.), *Wörterbuch der Kognitionswissenschaft* (p. 388). Stuttgart: Klett-Cotta.
- Sonnentag, S. (1996). Multimedia-Systeme. In G. Strube (Ed.), *Wörterbuch der Kognitionswissenschaft* (pp. 415-416). Stuttgart: Klett-Cotta.
- Sonnentag, S. (1995). Review of C.K. Friede & Kh. Sonntag (Eds.), *Berufliche Kompetenz durch Training*. *Zeitschrift für Arbeits- und Organisationspsychologie* 39, 46-47.
- Sonnentag, S. & Frese, M. (1995). Action theory. In N. Nicholson (Ed.), *The Blackwell Dictionary of Organizational Behavior*. Oxford: Blackwell.
- Sonnentag, S. & Frese, M. (1994). Neue Technik. In L.v. Rosenstiel, C.M. Hockel, & W. Molt (Eds), *Handbuch der Angewandten Psychologie. Grundlagen, Methoden, Praxis*. Landsberg: ecomed.