Symbionts and Pathogens: What is the Difference?

Vicente Pérez-Brocal, Amparo Latorre and Andrés Moya

Abstract The ecological relationships that organisms establish with others can be considered as broad and diverse as the forms of life that inhabit and interact in our planet. Those interactions can be considered as a continuum spectrum, ranging from beneficial to detrimental outcomes. However, this picture has revealed as more complex and dynamic than previously thought, involving not only factors that affect the two or more members that interact, but also external forces, with chance playing a crucial role in this interplay. Thus, defining a particular symbiont as mutualist or pathogen in an exclusive way, based on simple rules of classification is increasingly challenging if not unfeasible, since new methodologies are providing more evidences that depict exceptions, reversions and transitions within either side of this continuum, especially evident at early stages of symbiotic associations. This imposes a wider and more dynamic view of a complex landscape of interactions.
1 Introduction

All forms of life on Earth interact with their environment that surrounds them. This includes abiotic factors to which organisms respond as well as other living organisms, from the same or different species. Within the enormous diversity of living beings on Earth, one of the groups that undoubtedly have achieved higher success and prosperity is that of the prokaryotes. A feature that characterizes them is their broad spectrum of metabolic capabilities. This has allowed them to colonize virtually the entire planet, from several kilometers inside the lithosphere to the troposphere, and live in all types of terrestrial and aquatic ecosystems, from the most favorable to the most extreme. No wonder, then, that many bacteria have developed physical partnerships with other organisms with more limited metabolic capabilities, such as other bacteria, protozoa, fungi, plants or animals. Their metabolic capabilities allow them to interact with eukaryotes to exploit their resources enabling bacteria to spread at expenses of the eukaryotes, occasionally provoking harm (which, if produces clinical symptoms is called disease) or using them in more than counterbalanced fashion by the contribution of new metabolic capabilities or other benefits for the host. Such beneficial cooperation has enabled eukaryotic organisms and their prokaryotic partners to occupy new ecological niches and diversify in order to be more successful.

The term symbiosis which means ‘living together’ designates the interdependence of two (or more) organisms of different species that results in a benefit to all of the implied partners (mutualism), or just to some of them. In this case, it can involve harm of one of the species, (parasitism) or not (commensalism). This rather simplistic classification of the symbiosis in discrete categories is being challenged nowadays by a more complex and dynamic view of interaction within a continuum. The spectrum between mutualism and parasitism is continuous and it is often difficult to distinguish one from another since a single association may have positive or negative depending on the environmental circumstances.

The partners that establish a symbiotic association are called host and symbiont. The host organism is defined as the provider of resources or the resource base, while the symbionts are the consumers of such resources, and may or may not provide services in return. This is similar to the definition of Ferrière et al. (2007) who considered the host as the producer of commodities and the symbiont or
partner as provider of goods and services. When originally defined by Anton de Bary and Simon Schwendener in 1879, the terms symbiosis and symbiont did not considered whether the effects of the association were beneficial or detrimental for the partners. However, many authors have used these terms in a more restricted way as synonyms of mutualism and mutualist. In order to reduce this ambiguity, throughout this review we use the term symbiosis in the comprehensive meaning to include all kind of interactions (i.e. mutualism, parasitism, commensalism) and only refer to mutualism and mutualists when a benefit to the host is observed.

Symbiosis has acted in the past and still does as a major catalyst of evolution, contributing to the promotion of speciation, diversification and evolutionary novelties such as the development of cell types, tissues and organs to harbor mutualists as well as barriers against pathogens, including the development of the immune system. A classic example of the evolutionary role of symbioses is the endosymbiotic theory (Margulis 1981, 1993) that postulates an initial invasion of the ancestor of the eukaryotic cell by Alphaproteobacteria with a large capacity to consume oxygen, from which the mitochondria would eventually arise, followed by a second colonization by prokaryotes with chlorophyll, believed to be similar to cyanobacteria that gave rise to chloroplasts, resulting in photosynthetic cells such as plants, which have both mitochondria and chloroplasts.

The application of recent technological developments (next-generation sequencing, metagenomics and synthetic biology) has allowed a significant progress in making possible the study of environmental samples and non-cultivable microorganisms, thus offering new opportunities for deciphering the associations between microorganisms and their hosts as well as among different microorganisms within hosts. For example; whole genome amplification methods facilitate genomic studies of host-associated bacteria for which only limited amounts of DNA are available. Metagenomics may reveal how genes interact in bacterial consortia that inhabit the same hosts and tissues and how these interactions affect the outcome of the infection. And synthetic biology holds promise in providing tools to study the function of genes under non-conventional or controlled experimental conditions (Toft and Andersson 2010).

Some examples of symbiotic interactions between bacteria and different eukaryotic hosts are shown in Table 1. A great number of mutualistic interactions have a nutritional character, particularly well studied in arthropods with specialized diets such as sap-sucking, blood-sucking or grain-feeding insects, where bacterial mutualists provide them with essential amino acids and/or vitamins and cofactors. But they can also exert other metabolic roles, in nitrogen recycling, storage and excretion as in omnivorous insects or clams. Finally benefits to the host can be more environmentally related, such as protection against parasitoids, predators and abiotic stress or other functions such as luminescence used by many animals for communication, attraction and other behaviors. On the other hand, the parasitism develops for example between pathogenic bacteria and animals, plants or fungi, causing infectious diseases, reproductive alterations and lesions that can produce the death of the infected host.
<table>
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<th>Type of interaction</th>
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<td>M</td>
<td><em>B. Blochmannia spp.</em></td>
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<td>M</td>
<td><em>B. Wigglesworthia glossinidiae</em></td>
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<td>M</td>
<td><em>A. Blattabacterium spp</em></td>
<td>Cockroach</td>
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<td><em>A. Sulcia muelleri</em></td>
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<td>Sharpshooter</td>
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<td><em>A. Hodgkinia cicadica</em></td>
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<td>M</td>
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<td>P</td>
<td><em>Aeromonas salmonicida</em></td>
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<tr>
<td>M</td>
<td><em>A. &quot;SOPE&quot;, &quot;SZPE&quot;</em></td>
<td>Weevil</td>
<td>Nutrient provision</td>
<td>P</td>
<td><em>Yersinia pestis</em></td>
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</tr>
<tr>
<td>M</td>
<td><em>A. Ruthia magnifica</em></td>
<td>Deep-sea clam</td>
<td>Nutrient provision-N recycling</td>
<td>P</td>
<td><em>Vibrio cholerae</em></td>
<td>Human</td>
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</tr>
<tr>
<td>M</td>
<td><em>Vibrio fischeri</em></td>
<td>Loliginid squids</td>
<td>Chemiluminescence</td>
<td>P</td>
<td><em>Xylella fastidiosa</em></td>
<td>Grapevine</td>
<td>Pierce’s disease</td>
</tr>
<tr>
<td>M</td>
<td><em>A. Rhizobium spp.</em></td>
<td>Leguminous plants</td>
<td>Nitrogen fixation</td>
<td>P</td>
<td><em>Xanthomonas spp.</em></td>
<td>Various plants</td>
<td>Necrotic lesions</td>
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</table>

* These bacteria are called Candidatus. M: mutualism, P: parasitism.
In this review, we address a number of features that characterize mutualistic symbionts and parasites to try to establish some criteria, if any, that define them, with the purpose of understanding what defines a bacterium as beneficial or harmful. In addition, we address the enormous diversity of interactions that they establish and the complexity that this implies when it comes to classify them.

2 The Plasticity of Symbiotic Associations

The boundaries of parasitism, commensalism and mutualism are vague. By considering the various forms of symbioses as existing throughout a theoretical continuum of fitness outcomes, it is possible to note that mutualism and parasitism may in fact be considered as two sides of the same coin. The symbiotic associations cannot be merely considered as closed-circuits isolated from the external circumstances. In fact, Leung and Poulin (2008) showed how easily symbiotic associations can switch between mutualism and parasitism in response to even the slightest environmental change. Actually, extrinsic factors such as environmental circumstances or time, as well as intrinsic factors such as the transmission mode, can influence the symbiotic relationship, determining that a priory beneficial outcome becomes detrimental if the circumstances change or vice versa.

One aspect to consider when studying symbiotic associations is represented by the fact that the costs and benefits of a symbiosis for a host organism are not always evident or easily measurable because they may exist on many levels (Cushman and Beattie 1991). Parasites may impose with their presence additional costs or mutualist partners may confer multiple benefits to their hosts beyond the immediate physiological effects. For example, bacterial mutualists that confer their hosts novel capabilities and therefore favor the exploitation of novel resources produce the niche expansion for the host, something that has in turn fitness benefits because the hosts find fewer competitors in those unexploited niches (Moran 2007). The pests caused by sap-feeding insects, such as aphids, psyllids, whiteflies, mealybugs, sharpshooters or cicadas illustrate the success of their associations with bacterial obligate endosymbionts. On the contrary, pathogens, in addition to the pathology usually associated with their infection per se, may impose changes in behavior that make them more vulnerable to predators, for example.

Costs of a symbiosis may be hard to detect, possibly even completely hidden due to the host’s phenotypic plasticity. If the host eventually evolves to completely tolerate the parasitic infection as a way of mitigating the harm caused by a parasite, the result may superficially appear to be a commensalism when actually it has come about at a significant fitness cost to the host, which has since been masked over evolutionary time (Miller et al. 2006). This happens, for example with the attenuated pathogens, which can be the result of a long history and coevolution with their hosts. At first, bacteria from the environment but sometimes also from the endogenous microbiota can acquire from other strains or species external elements called factors of virulence that render them virulent and able
to provoke disease. Susceptible host populations, which are not initially adapted to
these newly arisen pathogens, also known as emergent pathogens, may first lead to
a dramatic infection and an epidemic. Once a pathogen persists in the new pop-
ulation, the disease tends to become less virulent with time because the hosts are
enforced to develop mechanisms of defence able to fight against the interloper as
in an “arms race”. In this context, if pathogens and hosts coevolve, one possibility
is that the pathogen attenuates itself, and eventually a balance is established with
the host. This attenuation of the pathogen and increasing dependence on the host
may even result in some cases in mutualistic relationships. A possible example of
this extreme transition is found in Wolbachia spp. which has been described as a
reproductive manipulator of many arthropods, but more recently evolved mutu-
alistic relationships with the common bedbug Cinex lecturalius, to which it pro-
vides with vitamin B, have been discovered (Hosokawa et al. 2010). Even more,
Wolbachia spp. was transformed in natural populations of Drosophila simulans in
less than 25 years from a reproductive manipulator to a mutualist that enhanced
fecundity (Weeks et al. 2007). Other possibilities are that the pathogen remains
virulent or regains virulence due to genetic changes or genetic exchange via
horizontal gene transfer leading to new epidemic episodes until the host again
responds and another balance is reached. In all these cases, time plays as a key
factor, and not only on an evolutionary scale, but even relative short time periods,
as demonstrated in Wolbachia’s example.

Besides the direct costs that pathogens cause to the host fitness in the form of
infectious diseases, all parasites take resources from the host, also reducing host
fitness in the process as a side effect. But the latter also applies to mutualists which
also demand resources from their host. However this cost is usually compensated
by the benefit simultaneously conferred on the host by the mutualistic symbiont.
This raises the question of whether benefits to host fitness can be surpassed by the
costs under certain environments and circumstances or vice versa. The balance
between the costs and benefits for the two participants in a symbiosis depends on a
range of factors, and often only a small push is needed to shift that balance. An
example of the fact that the fitness costs of the association are not always coun-
terbalanced by the benefits is found in the pea aphid Acyrthosiphon pisum, which in
addition to the obligate endosymbiont Buchnera aphidicola, can also harbor a
range of facultative secondary symbionts. One of them, “Ca. Hamiltonella
defensa” was demonstrated to confer to its host resistance against the attack of
parasitoid wasps (Oliver et al. 2005). However, aphids with secondary symbionts
experience a severe fecundity reduction in comparison with uninfected aphids
(Oliver et al. 2006). Symbiont-based fitness differentials are also known for
“Ca. Serratia symbiotica” and “Ca. Regiella insecticola”, which affect the ability
to withstand heat (Russell and Moran 2006), to use particular host plants (Tsuchida
et al. 2004), or to resist pathogenic fungi (Scarborough et al. 2005). Benefits in a
natural environment, which can explain the maintenance of certain symbioses,
may not be obvious under other conditions, experimental or natural, if the factors
that facilitate its persistence are absent. For example, at temperatures above 30°C
B.aphidicola is eliminated and bacteriocytes are reduced, resulting in the absence
of reproduction in aphids, whereas the presence of a secondary symbiont, in conditions of heat stress, resulted in an increase in the reproduction of the host (Montllor et al. 2002), which is also related to the degree of variation in the frequency of secondary symbionts in less stable climates (Haynes et al. 2003).

In addition to the extrinsic factors, an intrinsic key factor in determining the virulence of a symbiont is the mode of transmission (Ewald 1995; Day 2001; Ferdy and Godelle 2005). Thus a vertical transmission implies an alignment of the fitness outcomes of both the symbiont and the host. Cooperation between the two parties or at least lower virulence by the symbiont would be an outcome favored by selection (Ewald 1995). In contrast, if the fitness of the symbiont is not exclusively interweaved with that of its host, then its fitness can be improved by exploiting its host more aggressively while returning fewer benefits, which should push the association on the evolutionary path toward parasitism.

Hosts and bacterial symbionts play an active role in the income-outcome of the symbiotic associations. As for any kind of interaction, in both mutualistic and pathogenic associations there is a conflict of interests between the interacting partners. Thus, they should be viewed as an “arms race” in which changes in one partner must be matched by adaptive changes in the other to maintain equilibrium (Steinert et al. 2000). The need for mechanisms such as host resistance and immunological responses by the hosts has resulted from the conflict of interests that exists within any obligate biological association, and symbiont control and immunological responses perform the role of limiting harm or preventing overexploitation of the host by the symbionts in question. The only difference is that in the case of host–parasite interaction, the relationship is more antagonistic—the host is attempting to completely deny any resources to the symbiont, whereas the latter is attempting to exploit the host while returning nothing of benefit. In this arms raced, which are the weapons that hosts and symbionts brandish? From the host side, defence mechanisms against intruders encompass a broad and varied range of physical barriers (skin, cuticle, mucus, cilia, etc.) and complex immune reactions to cope with the invader. The latter evolved in complexity from simpler responses in the oldest extant metazoan phyla (Müller and Müller 2003) to the most sophisticated ones of vertebrates. The immune system has been particularly well studied in insects (Feldhaar and Gross 2008; Govind 2008; Strand 2008; Gerardo et al. 2010) and vertebrates (Male 2004; Pier et al. 2004; Meyers 2007). Insects rely chiefly on the innate immune system, although new findings challenge this assumption (Kurtz et al. 2006; Schultenburg et al. 2007). This is the oldest one in evolutionary terms, and can be divided into cellular responses, based on haemocytes in insects involving phagocytosis and encapsulation; and the humoral responses resulting in the production of soluble antimicrobial peptides, melanisation and clotting. Responses vary depending on the invader (e.g. antimicrobial peptides against microbes and encapsulation against parasitoids). In insect genomes, there are four pathways that appear well conserved (invasive microbe leads to signal production via four pathways (Toll, immunodeficiency (IMD), c-Jun N-terminal kinase (JNK), and Janus kinase/Signal transducers and activators of transcription (JAK/STAT)). Each pathway is activated in response to particular pathogens (Dionne and Schneider 2008). However, until recently, only
holometabolous insects (i.e. with complete metamorphosis) had been analyzed. The study of the immunity and stress in the recently sequenced genome of the hemimetabolous pea aphid *Acyrtosiphon pisum* (Gerardo et al. 2010), which is also the first intimately dependent on obligate and facultative bacterial symbionts for its survival, reveals that many genes central to immune function in other insects are missing (e.g. peptidoglycan receptor proteins, the IMD signaling pathway, defensins, c-type lysozymes) and thus the overall response is more limited. Forces such as reproductive investment to an immune challenge, rather than in a costly immune response, or symbiont-mediated host protection by secondary symbionts, could potentially shape the evolution of aphid stress and immune responses, although more studies characterizing the global aphid response under more conditions are needed.

In superior vertebrates, in addition to the innate or nonspecific responses, which include nutritional immunity, the action of the complement and phagocytosis and opsonophagocytosis, an adaptive or specific immunity has developed. This response is based on the recognition of specific antigens by immunoglobulins, T cell receptors and major histocompatibility complex molecules (Davis and Bjorkman 1988; Lebecque and Bearhart 1990; Tonegawa 1983). It comprises humoral responses, mediated by the interaction of B and T helper cells implying the production of antibodies, and cellular responses, triggered by the interaction of macrophages and inflammatory T cells or any infected cell and cytotoxic T cells. Such reactions activate a series of mechanisms to fight the intruders, including the complement activation, toxins neutralization, agglutination reactions, blocking of adhesion of bacteria to epithelia, induction of the free O$_2$ radicals or liberation of cytotoxins to kill infected cells.

In order to overcome these host mechanisms but also to gain access to the nutrient-rich environment that the host represents the symbionts have developed a range of countermeasures. Since the biological processes needed to successfully infect hosts are largely the same for both types of microorganisms (Gil et al. 2004), some general strategies for symbiont’s survival can be applied, no matter if the relationship becomes parasitic or mutualist. In all cases the first stage is the finding of a way of entering the host. Next, the symbionts must find unique niches within hosts. Third, it will be necessary to avoid, circumvent or subvert normal host cell defenses. The goal for the bacteria is to multiply sufficiently either to establish their progeny within the host and/or to move into a new susceptible host. A low infectious dose along with an efficient transmission tactic is a potent strategy for a microorganism to sustain its progeny. Genomic analyses indicate that many molecular factors (toxins, islands of pathogenicity, type III secretion systems, ureases, etc.) are involved both in pathogenic and mutualistic relationships. Toxins are virulence factors expressed by some pathogens to establish in a particular host and transmit to new susceptible hosts by causing direct harm to the so-called AG resines, (e.g. ADP-ribosylation toxins, neurotoxins, Rnase, cytotoxins, etc.) or indirect harm, the so-called modulines (e.g. lipopolysaccharide, superantigens, etc.) to the hosts. Examples of toxins include the diphtheria toxin, the botulimum toxin, the tetanus toxin or the cholera toxin. However, toxins may also play a role in mutualistic associations. For instance, facultative symbionts produce antifungal compounds and toxins that are known or
suspected to be involved in protecting the host against natural enemies. For example, symbionts produce antifungal metabolites that protect their crustacean hosts *Palaemon macrodactylus* and *Homarus americanus* from the pathogenic fungus *Lagenidium callinectes* (Gil-Turnes et al. 1989; Gil-Turnes and Fenical 1992). Similarly, possession of the facultative symbiont “Ca. Regiella insecticola” is associated with host resistance to a fungal pathogen *Pandora neoaphidis* in aphids (Ferrari et al. 2004; Scarborough et al. 2005) and “Ca. Serratia symbiotica” and “Ca. Hamiltonella defensa” confer protection to their aphid host from the parasitoid wasps *Aphidius ervi* and *Aphidius eadyi* (Oliver et al. 2003, 2005, 2009; Ferrari et al. 2004). Another element is that of genomic islands which are moveable genetic elements located in the chromosome, flanked by specific sequences (direct repeats), associated with tRNA loci, and often possess genes encoding for genetic mobility (phages, IS elements, integrases, transposases, origins of replication). There are pathogenicity islands (e.g. PaiI and PaiII of E. coli, linked to resistance to blood serum and union to urinary epithelium, respectively), but more recently symbiosis islands (e.g. *Mesorhizobium loti* R7A symbiotic island, Sullivan et al. 2002) have also been reported.

Even endosymbiotic bacteria with a long-time established relationship with their hosts and dramatic genome size reduction maintain genes that encode essential endosymbiotic factors that are proposed to be virulence associated in bacterial pathogens, such as type III secretion systems and urease (Gil et al. 2003; Goebel and Gross 2001; Shigenobu et al. 2000). In many free-living bacteria, genes encoding the type III secretion system are located within pathogenicity islands that have been acquired by horizontal gene transfer. This system is present in many insect endosymbiotic bacteria where it has been proposed to be essential to invade the host cells, thus playing an essential role in the establishment of the symbiosis (Dale et al. 2001, 2002). In some pathogenic microorganisms, ureases have been identified as virulence factors (e.g. Rokita et al. 1998) whereas in the P-endosymbiont of carpenter ants, “Ca. Blochmannia”, it has become beneficial in the recycling of nitrogen in phases such as the metamorphosis (Gil et al. 2003; Degnan et al. 2005).

Little is known about the molecular basis of interactions of mutualists-hosts in comparison to that of pathogens-hosts. The coexistence of these bacteria with the host without triggering major immune responses suggests no recognition of the bacteria or active evasion the immune system of the host. The genome sequences of several primary endosymbionts of insects show the loss of enzymes required for the biosynthesis of peptidoglycan and lipopolysaccharide (Zientz et al. 2004). This may indicate a reduction in that the visibility of the bacteria by the host immune system. In addition, their intracellular location may protect them from immune recognition and defense mechanisms. The recent characterization of the bacteriocyte transcriptome of the aphid *A. pisum* harboring the primary endosymbiont *B. aphidicola* revealed a specific up-regulation of genes involved in defense responses including those encoding putative lysozymes and may possibly function to control the endosymbiont population (Nakabachi et al. 2005). Some intracellular endosymbionts may also be found extracellularly at least during some phases of
the host’s life cycle. For example, during metamorphosis the primary endosymbiont of the weevil *Sitophilus zeamais* (SZPE) migrates from the larval to the adult bacteriocytes situated around the foregut and close to the hindgut, respectively. As a reaction the host increases the expression of a peptidoglycan recognition protein (PGRP), possibly to avoid bacterial invasion into insect tissues other than the bacteriome (Anselme et al. 2006). In the case of the secondary endosymbiont of tsetse flies, *Sodalis glossinidius* found in the hemolymph and bacteriocytes, the host constitutively expresses high levels of the antimicrobial peptide Diptericin to which *S. glossinidius* is about ten times more resistant than *E. coli*. Thus, the endosymbiont may have adapted to the antimicrobial activity and/or the host attempts to control symbiont number by the constitutive expression of high levels of Diptericin (Hao et al. 2001).

3 What Do Pathogens and Symbionts Have in Common and What Separates Them?

Approaches from the Ecology, Immunology, Comparative Genomics and Biochemistry can provide us with some clues to understand similarities and differences between mutualists and pathogens. Thus, some traits shared by all symbionts, no matter the outcome of the symbiosis, illustrate the existence of convergences despite their apparently different lifestyles.

Mutualists and parasites share some common genetic and molecular features (Goebel and Gross 2001), to the point that they can be considered as two different results of a process that would begin similarly: with the encounter between host and symbiont, the infection and colonization of the host cells and tissues, the avoidance of the defense mechanisms and the persistence and multiplication within the host. As shown in Sect. 2, molecular factors (toxins, islands of pathogenicity, type III secretion systems, ureases …) are involved both in pathogenic and mutualistic relationships. In fact, the definition of pathogen given by Fallow 1997 as “any microorganism whose survival is dependent upon its capacity to replicate and persist on or within another species by actively breaching (…) a cellular or humoral host barrier that ordinarily restricts or inhibits other microorganisms” may apply with some nuances to mutualists, because it does not imply the final outcome for the host fitness, which is regarded as the main line that separates pathogens and mutualists. In this sense, the cardinal difference can be established between a commensal species and a pathogen or mutualistic one is that the latter has a capacity to break the host cell barriers to gain access to niches that commensals cannot. However, commensals may cause opportunistic infections if the host defense is breached.

Comparative genomic analysis of obligate intracellular bacteria has revealed a series of features shared by intracellular parasites and mutualistic endosymbionts, when compared with their free-living relatives. These include genome size reduction, almost total absence of recombination, increased rate of nucleotide
substitution, high A + T content, accumulation of deleterious mutations by random genetic drift, loss of codon bias toward A or T and accelerated sequence evolution (Moran 1996; Andersson and Kurland 1998; Clark et al. 1999; Moya et al. 2002). These genome features of obligate symbionts including elevated sequence evolution, gene loss and shift toward higher AT content (Dale and Maudlin 1999; McCutcheon and Moran 2007, Moya et al. 2002) are observed at less extreme levels in facultative symbionts.

Interestingly, there is a remarkable convergence in which genes have been lost from entirely free-living ancestors in the current obligate pathogens and mutualists. Both retain genes underlying the basic functions of cell growth and division, such as replication, transcription, translation and energy metabolism. On the other hand, lost loci include in both groups a large proportion of genes encoding DNA repair and recombination functions, although particular repair genes are retained and lost vary. Also, many genes required for production of cell envelope components are missing. Nevertheless, similarities end when we observe the metabolic capabilities retained by each type of symbiont. Small genome pathogenic bacteria have also lost genes for intermediate metabolism and biosynthetic pathways (Andersson and Kurland 1998; Fraser et al. 1995), observations congruent with the fact that many of the required metabolites are available in the nutrient-rich environment of the host cell. On the other hand, small genome obligate mutualists have retained many metabolic genes required for the biosynthesis of metabolites required by the host. For example genes required for the synthesis of essential amino acids (e.g. in *B. aphidicola*, “Ca. Sulcia muelleri”, and SOPE) or vitamins and cofactors (e.g. in “Ca. Baumannia cicadellinicola” and “Ca. Hodgkinia cicadicola”, SOPE and *Wigglesworthia glossinidia*) (Gosalbes et al. 2010).

Symbionts that form chronic infections share a common syndrome of genomic reduction and accelerated sequence evolution because they also share some of the population dynamics. They both reside in sequestered habitats where their reduced effective population size and reduced opportunities for recombination (by physical barriers and loss of recombinase genes) imply that the effectiveness of selection is decreased whereas the levels of genetic drift increase, resulting in the accumulation of mildly deleterious mutations, which unlike free-living bacteria, are not effectively eliminated by selection and thus they might fix by genetic drift. Bottlenecks are inherent to the mode of transmission of mutualists and pathogens, either due to the small number of bacteria transmitted maternally, where the host progeny receives only a limited diversity of bacteria present in their mother or, in horizontally transmitted pathogens (also in facultative symbionts), where each infection event implies a small number of bacteria passing to the new host. As a result of the accumulation of mildly deleterious mutations in this context of relaxed purifying selection plus reduced mechanisms of repair and recombination, gene inactivation is easily followed by gene erosion and loss, which is not balanced by gene uptake, unlike free-living bacteria. Unlike chronic pathogens and mutualists, which spend their life cycles closely associated with host cells, many other symbionts establish more labile interactions with eukaryotes. These so-called facultative or opportunistic symbionts may shift easily the type of association...
through gene loss or acquisition via frequent horizontal transfer, and as long as they can grow as free-living bacteria, they can also grow to achieve large effective population sizes and retain metabolic capabilities necessary to grow as free-living bacteria. This results in a population dynamics notably different from obligate symbionts, and more similar to that of entirely free-living bacteria. Not surprisingly, these bacteria do not show the strong effect of drift or the genome reduction that characterizes obligate mutualists and pathogens.

Another hypothetically major difference between mutualists and pathogens that is blurred when we consider the whole spectrum of interactions is their mode of transmission. Obligate heritable mutualists such as the bacteriome-associated symbionts of insects display a mode of transmission strictly vertical, with a process starting at early stages of oogenesis or embryogenesis. This maternal transmission is controlled by the host, since the bacteria cannot invade naïve hosts and have evolved to be dependent on host-based mechanisms for transmission. This is demonstrated repeatedly by the codiversification of obligate mutualists and their hosts since the ancient acquisition in each case. On the contrary, pathogens can be more or less host-specific, but, unlike mutualists, they do not show a pattern of codiversification with their hosts since the mode of transmission is intrinsically horizontal, imposed by the own nature of this kind of association. Since there is a trade-off between fitness gained through increased among-host transmission (infectivity) and fitness lost through increased virulence, virulence of pathogens will increase with horizontal transmission, whereas with vertical transmission, virulence will decrease because a parasite’s reproductive potential will be maximized only by decreasing harm to the host, allowing parasite transmission to more host offspring (Bull et al. 1991; Agnew and Koella 1997; Stewart et al. 2005). In other words, as pathogens become more harmful and decrease the reproduction rate of their host, they are less likely to be passed on to the hosts’ offspring since there will be fewer offspring. Actually, as shown in Sect. 2, the mode of transmission plays a key role in determining the virulence of a symbiont (Ewald 1995; Day 2001; Ferdy and Godelle 2005). To complicate things further, facultative symbionts resemble obligate and opportunistic pathogens in that their successful persistence in their hosts rely on their own mechanisms and capabilities for invading new hosts, entering cells and tissues and countering host immune responses. There are observations, such as variation in their presence within or among individuals or species, coexistence of several lineages within a host or the presence of the same facultative symbiont in non-related hosts, which support the presence of horizontal transfer in these bacteria within and between species (O’Neill et al. 1992; Sandström et al. 2001). Also, phylogenetic evidence suggests that secondary mutualistic symbionts have undergone horizontal transfers. This occurs when the phylogenies of endosymbionts and their hosts are not congruent (Russell et al. 2003; Sandström et al. 2001). For example, fungus-growing ants have a mutualism with bacteria that produce antibiotics with activity against Escovopsis, a specialized microparasite capable of rapidly devastating the fungus garden. These mutualistic bacteria from the genus Pseudonocardia are primarily vertically transmitted by colony-founding queens. However, strict cocladogenesis
between the ants and the bacteria is disrupted, especially at the finer phylogenetic levels, by *Pseudonocardia* strains switching between ant species, both within and between genera. Poulsen et al. (2005) found evidence for frequent *Pseudonocardia* switches between sympatric ant species within the genus *Acromyrmex*, indicating that horizontal symbiont transmission occurs and may be common. However, this transfer is not often observed in laboratory experiments. On the other hand, *Wolbachia* is a maternally inherited intracellular reproductive parasite of arthropods that distorts the sex ratio in host’s progeny. It imposes fitness costs on its host, such as physiological impairment (Fleury et al. 2000), decreased sperm quality (Champion de Crespigny and Wedell 2006), reduced immune response (Fytrou et al. 2006), mortality of male embryos (Hurst et al. 1999a; Zeh and Zeh 2006) and reproductive failure resulting from cytoplasmic incompatibility (Perrot-Minnot et al. 2002). Thus, it is a parasite vertically transmitted. Furthermore, it has also developed long-term associations with nematodes (Langworthy et al. 2000; Werren et al. 2008) and even with other arthropods (Hosokawa et al. 2010). Also, Rickettsia comprises pathogens of vertebrates, reproductive manipulators of arthropods and bacteriocyte-associated mutualists, having been suggested that *Rickettsia* species have exchanged a putative maternal inheritance in arthropods for mammal that serve as new “vectors” of transmission between arthropod hosts (Darby et al. 2007). Thus, exceptions to the rule of mutualists vertically transmitted and parasites horizontally transmitted are found in both sides.

Phylogenetic placement of bacterial pathogens and mutualists suggests that bacterial symbionts that form chronic infections in animals belong to deeply branching clades that are strictly parasitic or strictly mutualistic (Moran and Wernegreen 2000). However, the more genomes are available and more the effect of the symbionts on their hosts are known, the tree becomes more intricate as different categories of symbionts according to their effects fall into the same or closely related clades (Ecker et al. 2005; Moran et al. 2008). An increasing number of exceptions are challenging the classical trees as the isolated exceptions become more abundant. For instance, *Wolbachia* is a reproductive manipulator of arthropods (see above) but apparently a mutualist in filarial worms; the Flavobacteria contain obligate mutualists of cockroaches (*Blattabacterium*) as well as obligate pathogens of trouts and salmons (*Flavobacterium psychrophilum*); or Spirochaetes, which contain chronic pathogens (*Borrelia* spp.) but also mutualists of oligochaete worms, *Nautilus* and protozoa from termites. Moreover, the fact that certain groups concentrate more symbionts of either type (e.g. Gammaproteobacteria especially Enterobacteriaceae, and the Bacteroidetes represent an overwhelming majority within the obligate insect symbionts) could result simply from our limited knowledge and far-away from exhaustive sampling rather than a representative picture of the actual diversity of those symbionts. For example, newly characterized insect endosymbionts other than Gammaproteobacteria are being added to the existing ones (for example the Alphaproteobacterium “Ca. Midichloria mitochondrii” (Sassera et al. 2006), “Ca. Hodgkinia cicadicola” (Wu et al. 2006; McCutcheon et al. 2009), or the Betaproteobacterium “Ca. Zinderia insecticola” (McCutcheon and Moran 2010).
4 Classification of Symbioses: Different Strokes for Different Folks

In view of the fact that so many factors intermingle, when trying to define what pathogens and mutualists are, the criterion of choice determines different ways to classify the symbionts. On the one hand, there are “static” classifications based upon ecological principles. On the other hand, symbionts can be classified from a genomic point of view, with more dynamic evolutionary and temporal implications. In the first classification, factors such as the contribution to the host fitness, degree of dependence, location or specificity are contemplated. Thus, symbiotic associations have been generally divided into three categories based on whether the symbiont has beneficial, harmful or no effect on the host. When both partners reciprocally benefit from the relationship, the association represents mutualism, whereas if the symbiont uses the host as a resource and causes it harm as a result, it is qualified as a parasite. Finally, if the symbiont utilizes the host without benefiting or harming it, it is considered as a commensal, which might be regarded as a hodgepodge that reflects our ignorance of the effects of the symbiont on the host. Also, according to the degree of dependence of the symbiont (in the case of parasites) or both partners (in the case of mutualists), symbionts can be classified as obligate, primary or P-symbionts which only can be isolated from their host even if sporadically and during short periods some of them can be found in other environments. Their long-term survival absolutely depends upon its ability to replicate and to be transmitted in a particular host.

In the case of mutualists of many invertebrates and in particular of insects, bacteria are typically restricted to a specialized organ called bacteriome, which varies depending on the host group, and are vertically or maternally inherited by the offspring. Primary pathogens cause disease in healthy individuals, with immune defenses unaltered. For example, *Bordetella pertussis* the etiological agent of the whooping cough. A special case is that of the co-primary symbionts (Wu et al. 2006; McCutcheon and Moran 2007). In this association or consortium, the symbionts coexist in the same host, being both essential for its survival. In contrast, the so-called opportunistic, facultative, secondary or S-symbionts show the capacity to survive outside of their natural hosts for long periods of time, and sometimes they have a natural habitat other than the host. Their long-term survival does not depend upon a particular host. They are usually more erratically distributed, with differences in their presence among populations and species, instances of co-infections with two or more of them in the same host, etc. In the case of mutualists of insects, these bacteria may invade various cell types and also reside extracellularly, and although vertical transmission is also common, they can also colonize novel hosts through horizontal transmission among host individual belonging to the same or different species (Dale and Moran 2006). Opportunistic pathogens cause disease only in individuals who are compromised in their immune defenses. For example, *Clostridium difficile* is a commensal bacterium of the intestine in a 2–5% of the human population which normally does not result in significant disease, but the introduction of broad-spectrum antibiotics causes disruption of normal intestinal flora, leading to an
overgrowth of *C. difficile* and diarrhea and severe infection of the colon leading to a disease called pseudomembranous colitis. This is an emergent nosocomial infection especially in hospitalized patients, who have a higher risk of contracting it. A third factor considered in this ecological classification is the location of the symbiont on or within the host. Those who live on the surface of the host, including the skin, gut, respiratory or genitourinary tract, or in the blood or hemolymph are called ecto-symbionts or extracellular symbionts. They can adhere and multiply on the cells but they do not invade epithelial barriers. Others have developed mechanisms of invasion and can be internalized by the eukaryotic cells, where they can remain transitorily in transit to their final niche or where they become residents. These are the so-called facultative or obligate endosymbionts or intra-cellular symbionts, respectively. In this case, the bacteria can be more or less integrated within the cell (in vacuoles or phagosomes, in the cytoplasm or even in the nucleus). For example, the pathogens *Legionella pneumophila*, *Chlamydia* spp., and *Mycobacterium* spp, or the mutualists *B. aphidicola*, and *Blattabacterium* spp. are harbored in vacuoles, whereas the pathogens *Listeria monocytogenes* or *Shigella* spp. and the mutualists “*Ca. Blochmannia floridanus*” and *Wigglesworthia glossinidia* live free in the cytosol. Finally the pathogen *Rickettsia rickettsii* has the ability to grow within the cytoplasm and the nuclei of their host cells (Silverman and Bound 1984). Finally, the symbiosis can be more host-specific or restricted to a single strain, species or genus, or alternatively, the symbiont can infect different non-related hosts. For example, *B. aphidicola* has been found exclusively in aphids, whereas “*Ca. Sulcia muellerii*” is found in sharpshooters, cicadas and spittlebugs. Another example, *Salmonella enterica* serovar Typhi can affect humans only, whereas serovar Thyphimurium has a broad range of hosts that include mice (Edwards et al. 2002).

The second perspective conceives the symbiosis from an evolutionary and temporal point of view, focusing on the transformations that affect the bacterial genomes from the establishment and the early stages of the symbiotic relationships to the final stages. A series of changes arise in both symbionts and hosts as a result of an adaptive process. This classification has been developed particularly well in the case of heritable bacterial symbionts of arthropods, where a quite complete picture of the process is being made available. The path from facultative symbiosis to early obligate endosymbiosis first, and toward long-established primary endosymbioses and the final stages in endosymbiotic relationships have been extensively reviewed in mutualistic symbioses between prokaryote and arthropods (Gil et al. 2010), but some of their principles may also be valid for other mutualistic and even parasitic symbioses. At the very beginning, it is not possible to determine if the relationship that would be established will be parasitic or mutualistic, since this distinction is based on the effect of the bacterium in the eukaryotic host but, from the bacterial point of view, the biological processes needed to successfully infect hosts are largely the same for both types of microorganisms (Gil et al. 2004).

bemisiae), leafhoppers (Wolbachia), scale insects (Fritschea, “Ca. Cardinium”),
tsetse flies (S. glossinidius), fruit flies (Spiroplasma, Wolbachia pipientis wRi and
wMel), hippoboscid flies (Sodalis), parasitic wasps (“Ca. Cardinium”), butterflies
(Spiroplasma) and mosquitoes (Wolbachia pipientis wPip). (Moran et al. 2005a;
Hansen et al. 2007; Gottlieb et al. 2008; Mitsuhashi et al. 2002; Everett et al. 2005;
Zchori-Fein and Perlman 2004; Toh et al. 2006; Williamson and Poulson 1979;
Stouthamer et al. 1999; Nováková and Hypsa 2007; Klasson et al. 2009;
Jiggins et al. 2000; Klasson et al. 2008). Although they are generally maternally
transmitted through host generations, their distribution patterns suggest sporadic
horizontal transmission events among host individuals and species (Russell et al.
2003; Russell and Moran 2005), and, therefore they do not share long evolutionary
histories with their hosts. In addition, their phylogeny points to relatively recent
associations with their hosts (Dale and Moran 2006), unlike primary symbionts.
Their genome traits may resemble those in the early stages of a transition from a free-
living lifestyle to an obligate mutualism. S-symbionts show a wide distribution in
tissues and cells or in the body cavity (hemolymph), sheath cells or specialized cells
and organs called secondary bacteriocytes and bacteriomes, respectively (Fukatsu
et al. 2000; Moran et al. 2005b), that are infected through their own mechanisms,
rather than host adaptations. Their irregular distribution among individual hosts and
species suggests that they are not essential for host survival, but their effects on host
fitness have been studied and increasingly, we are gaining insight into the benefits
and costs of their associations. Although some nutritional benefits attributed to their
bacterial biosynthetic and metabolic capabilities are possible, experiments have
focused mostly on their environmental effects. Those include detrimental conse-
quences on growth and reproduction to the host (Koga et al. 2003; Sakurai et al.
2005). The reported benefits that facultative mutualists confer include protection
against natural enemies (Ferrari et al. 2004; Guay et al. 2009; Oliver et al. 2005;
Scaborough et al. 2005), heat damage (Chen et al. 2000; Montllor et al. 2002) or
stress (Russell and Moran 2006). They are involved in host plant specialization and
reproduction (Simon et al. 2003; Ferrari et al. 2004; Tsuchida et al. 2004), and even
compensate the loss of the essential endosymbiont, as it was experimentally proven
(Koga et al. 2003). Some facultative symbionts are reproductive manipulators,
parasites that manipulate host reproduction to spread by increasing matrilineral
transmission through reproductive incompatibility, son killing, feminization
of genetic males and parthenogenesis. This is the case of Wolbachia pipientis,
“Ca. Cardinium hertigii”, Arsenophus nasoiae, Spiroplasma, some Rickettsia and
ladybird male killers. Regarding the possible routes of transmission, it has been
suggested that in some cases parasitic wasps can act as vectors of transmission
(Vavré et al. 1999). Moreover, given the similarity between some symbionts found in
aphids and ladybirds, such as Rickettsia (Werren et al. 1994), Wolbachia (Hurst et al.
1999b) and Spiroplasma (Hurst et al. 1999a), it has been postulated that predator–
prey interactions also play a role in the transmission of these bacteria. Since many of
these bacteria have an affinity for bacteria found in the intestines of these insects, has
also suggested an oral route of transmission through food by plants whose surface has
molasses, remains of other individuals or other infected phloem insects, something
possible in crowded colonies. All of these bacteria are accessory for their hosts since the infected insects can survive, and often even increase their fitness, in the absence of them. However that does not imply that the opposite is true. Thus, despite the fact that some of these S-symbionts having closely related free-living bacteria, as for example “Ca. Serratia symbiotica”, they have never been found in the environment and are not cultivable, relying on the aphid and probably the P-symbiont B. aphidicola for its own survival.

A second step toward integration into a more close relationship is constituted by obligate mutualists, which become essential for the survival and reproduction of the insect. Their role becomes less environmentally dependent than in facultative symbionts and more nutritional and/or metabolic. Within the obligate symbionts, several stages of integration, revealed by their genome features can be distinguished. The most recent stages of this association are represented by clades of bacteria that have recently established such associations, such as SOPE and SZPE, the P-endosymbiont of the rice weevil Sitophilus oryzae and the maize weevil Sitophilus zeamais, respectively. These obligate mutualistic endosymbionts are closely related with the S-symbiont of tsetse flies, S. glossinidius (Dale and Welburn 2001; Heddi et al. 1998), but unlike it they cannot be cultured outside the host. SOPE and SZPE provide their hosts with amino acids and vitamins, having effects on fertility, development and the flying ability of adult insects (Heddi et al. 1999). The bacteria live inside bacteriocytes organized in an organ called bacteriome surrounding the midgut of the insect and near the female ovaries. With an estimated 3 Mb genome (Charles et al. 1997), within the range of many free-living bacteria, the association of this gamma proteobacteria is not antique. Actually, some data indicate a recent endosymbiont replacement of an ancestral endosymbiont in the family Dryopteridae to which the rice and maize weevils belong (Lefevre et al. 2004). Big amounts of transposable elements mainly IS elements have been identified in the SOPE and SZPE genomes (Gil et al. 2008; Plague et al. 2008). This abundance of repetitive DNA was unexpected in obligate mutualistic endosymbionts, because bacterial endosymbionts with a long-established obligatory relationship with their hosts show total absence of phages or transposable elements, whereas repetitive DNA is common in free-living bacteria, especially in recent specialized pathogens (e.g. the enteric bacteria Shigella and Salmonella enterica Typhi) (Jin et al. 2002; Wei et al. 2003), intracellular parasites (e.g. W. pipiens strains) (Klasson et al. 2008, 2009; Wu et al. 2004), or facultative insect symbionts (e.g. “Ca. Hamiltonella defensa”, “Ca. Arsenophonus arthropodicus” and “Ca. Regiella insecticola”) (Dale and Moran 2006; Degnan et al. 2009, 2010). The IS are able to move within genomes and also between genomes of different organisms by horizontal gene transfer. In free-living bacteria the IS transposition is tightly controlled, so that only a few copies of a limited number of categories appear in each genome. Their dramatic increase in intracellular bacteria must reflect the uncontrolled proliferation of elements that were already present at the beginning of symbiosis. This proliferation could be involved in the inactivation of non-essential genes and can also serve as a substrate for unequal recombination, thus promoting genome size reduction and genome rearrangements in early stages.
After the establishment of an obligate endosymbiont lifestyle, repetitive DNA tends to diminish until its total disappearance as observed in old endosymbionts, where the current lack of repetitive sequences, appears to be in the origin of their high genomic architecture stability levels (Silva et al. 2003). However, the early presence of such repetitive elements in the past might explain the genome reorganizations observer when compared to their free-living relatives. This is an indication that most of genomic modeling, including chromosomal rearrangements and the loss of many functionally dispensable genes, must take place at an early stage of the process of genomic adaptation to intracellular life (Dougherty and Plague 2008; Touchon and Rocha 2007). In addition to their genomic architecture stability, other genomic features of the long-established P-endosymbionts, many other characteristics indicate a convergent evolution among groups of bacteria non-related belonging to the Gammaproteobacteria and Bacteroidetes (López-Sánchez et al. 2009). These mature endosymbionts constitute the first and most studied ones so far (Buchner 1965), and have been considered the archetype of the mutualistic symbioses in arthropods. In general, these endosymbionts have highly compact genomes eight to ten times smaller than those of their free-living relatives. The reduced genome size of their genomes correlates quite well with the presence of a smaller number of genes compared to their free-living relatives. Additional characteristic genome features include almost total absence of recombination, increased rate of nucleotide substitution, high A + T content (although this no longer can be considered a general trait), accumulation of deleterious mutations by random genetic drift, loss of codon bias toward A or T, and accelerated sequence evolution (Andersson and Kurland 1998; Clark et al. 1999; Moya et al. 2002; Wernegreen 2005). The striking similarities in independently evolved obligate symbiont genomes indicate that common forces are at work. The aforementioned population dynamics of these microorganisms, including elevated genetic drift resulting from relaxed selection in populations with small effective size, frequent bottlenecks and horizontal transmission among hosts eliminated has as result the elevated fixation of mildly deleterious mutations, lower stability of proteins and inactivation and loss of non-essential genes. Nonetheless, variations according to the age of the association or the host lifestyle exist among these bacteria. Some adaptive changes include the plasmid-associated amplification of genes for biosynthesis of leucine and tryptophan (Latorre et al. 2005) in _B.aphidicola_, with different arrangements in divergent lineages, or the highly constitutive expression of the chaperone GroEL in _B.aphidicola_ (Fares et al. 2002, 2004).

The fact that even long-established symbionts are still suffering a reductive process is illustrated by _B.aphidicola_ where different strains from several aphid subfamilies show differences up to 200 Kb (Gil et al. 2002), and present pseudogenes and differential gene losses in the _B. aphidicola_ genomes that have been sequenced (Perez-Brocal et al. 2006; Shigenobu et al. 2000; Tamas et al. 2002; van Ham et al. 2003). Those losses are randomly affecting different genes in each genome in a way that correlates with their hosts since the different strains of the bacteria diverged from their last common symbiont ancestor (LCSA).
In addition to a gradual reduction in the genome size, P-endosymbionts with an old association with their hosts have in general an increase in the A + T content compared with P-endosymbionts with a younger association and with S-symbionts, which in turn have intermediate values between the former and free-living bacteria. This enrichment in A + T has been related to the loss of DNA repair enzymes. However, several cases that do not follow this nucleotide composition rule, such as “Ca. Tremblaya princeps”, the P-endosymbiont of the mealybug Planococcus citri, and “Ca. Hogkinia cicadicola”, P-endosymbiont of the cicada Dieroprocta semicincta with a 57.1 and a 58.4% G + C content, respectively (Baumann et al. 2002; McCutcheon et al. 2009), which suggest that mutational pressure favoring A + T is not a critical step in endosymbiont genome evolution.

The evolution of the endosymbiotic integration through a random process of gradual pseudogenization and gene loss scattered throughout the genome (Gomez-Valero et al. 2004; Silva et al. 2001) might, theoretically, lead to the loss of all genes except those involved in the symbiotic relationship, as well as a reduced repertoire of genes necessary to maintain the essential functions. However, there are several cases described of extremely reduced genomes that have exceeded this threshold and have lost part of such essential functions. The most striking cases is that of “Ca. Carsonella ruddii”, initially considered the P-endosymbiont of the psylid Pachypsylla venusta, with a 160 Kb genome, and only 182 predicted open reading frames, many of which overlapping (Nakabachi et al. 2006). The analysis of its coding capacities revealed that the extensive degradation of the genome is affecting vital and symbiotic functions (Tamames et al. 2007). “Thus, “Ca. Carsonella ruddii” is not able to sustain its own essential life-related functions since most genes for DNA replication, transcription and translation are absent, as well as essential domains of many proteins due to a gene length shortening. In addition, “Ca. Carsonella ruddii” is not able to sustain the requirements of its host since the pathways for the synthesis of several essential amino acids are missing. Since it appears to be the sole symbiont in its host, one explanation is that somehow this insect can enhance the supply of nutrients provisioned by plants, as other sap-feeders do (Larson and Whitham 1991) in which case the former P-endosymbiont might become expendable and therefore nearing extinction. Alternatively it might be possible that some “Ca. Carsonella ruddii” genes have been transferred to the host nuclear DNA, as proved for present organelles. In this case “Ca. Carsonella ruddii” could be considered as a subcellular new entity between living cells and organelles (Tamames et al. 2007). The status as a cell or organelle and the fate of “Ca. Carsonella ruddii” represent an enigma that has yet to be clarified.

In other cases of extreme genomes, which are also reduced beyond the theoretical capacity of maintenance of vital and symbiotic functions, we can distinguish two scenarios offering more well-supported explanations. Both imply the eventual addition of a second bacterium in an existing symbiotic association between a bacterium and an animal host. Although at first this novel association can be facultative, the second bacterium can become essential for host fitness if it provides benefits to the organization. As a result, the evolutionary process of
genome shrinkage will affect both bacteria of the association, as new genes become redundant. However, which one of the two bacterial genomes loses them will be a matter of chance. Depending on which genome is affected by the loss of genes needed for the synthesis of essential molecules, either one bacterium can enter an extreme degenerative process, which may end with its extinction (replacement), and the retained bacteria will continue the degenerative process alone (Moya et al. 2009) or both of them will become indispensable to keep a healthy consortium (complementation). Replacement has already been reported, for example, in the Family Dryophthoridae, where a former endosymbiont “Ca. Nardonella” was replaced by the ancestor of the Sitophilus P-endosymbionts (Lefèvre et al. 2004). However, there are many more described cases of consortia reported. One case of metabolic complementation involves \textit{B. aphidicola} and “\textit{Ca. Serratia symbiotica}” in the aphid \textit{Cinara cedri}. “\textit{Ca. Serratia symbiotica}” appears as a facultative symbiont in many aphid species. However, it is reported to have become an obligate symbiont in the cedar aphid (Lamelas et al. 2008), where it coexists with \textit{B. aphidicola} BCc in the insect bacteriome. Perez-Brocal et al. (2006) proposed that “\textit{Ca. Serratia symbiotica}” SCC might be replacing \textit{B. aphidicola} BCc because, unlike other sequenced \textit{B.aphidicola} strains, it has partially lost its symbiotic role, as it cannot synthesize the essential amino acid tryptophan. However, using a metagenomic approach Gosalbes et al. 2008 discovered a plasmid in \textit{B.aphidicola} BCc containing the \textit{trpEG} genes, coding for anthranilate synthase, the first enzyme of the tryptophan biosynthesis pathway. The remaining genes for the pathway (\textit{trpDCBA}) are located in the chromosome of “\textit{Ca. Serratia symbiotica}”. These data show that both endosymbionts are involved in the tryptophan biosynthesis that supplies both their host and themselves. \textit{B.aphidicola} produces a metabolic intermediate that is then provided to “\textit{Ca. Serratia symbiotica}” to synthesize the final product. Therefore, both bacteria coexist in intracellular obligatory mutualistic association with their host. The establishment of an endosymbiotic bacterium consortium can be in the origin of big evolutionary changes in host lifestyle. This could be the case of the following example. At least three different consortia involving the Bacteroidetes member “\textit{Ca. Sulcia muelleri}” and three non-related co-primary symbionts have been characterized. The first one in the xylem-feeding sharpshooter \textit{Homalodisca vitripennis}, with the Gammaproteobacterium “\textit{Ca. Baumannia cicadellinicola}” (Wu et al. 2006), which is one with largest genome of the three co-resident bacteria (686 Kb) and with a 33% GC. The second one is found in the cicada \textit{Diceropectra semincincta}, with the Alphaproteobacterium “\textit{Ca. Hodgkinia cica- dicola}” (McCutcheon et al. 2009), the one with the most reduced genome size of any know bacterium (144 kb) but surprisingly high G + C content (58.4%). More recently the consortium formed in the spittlebug \textit{Clastoptera arizonana} has been reported with the Betaproteobacterium “\textit{Ca. Zinderia insecticola}” (McCutcheon and Moran, 2010) with a tiny genome of 208 kb and the most extreme nucleotide composition (13.5% G + C) reported to date The three strains of “\textit{Ca. Sulcia muelleri}” differ in their genome size (from 245 to 276 kb), G + C content (21.1–22.6%) and gene content (e.g. lacks the \textit{trp} operon in the spittlebug, which is
encoded by the two other strains). In all cases their whole genome analysis revealed that they have complementary sets of biosynthetic capabilities needed to provide to their host the nutrients that are lacking in the xylem sap. “Ca. Sulcia muelleri” encodes the enzymes involved in the biosynthesis of eight of the ten essential amino acids, whereas co-resident symbionts synthesize the remaining two. Interestingly, in the most recently described system, that of *C. arizonana*, “Ca. Sulcia muelleri” has completely lost the pathway for the biosynthesis of tryptophan and, therefore, retains the ability to make only seven of the ten essential amino acids, being the remaining three encoded by “Ca. Zinderia insecticola”. “Ca. Baumannia cicadellinicola” contains a large number of pathways for biosynthesis of vitamins and cofactors, a role less evident in “Ca. Hodgkinia cicadicola”, since it has lost all vitamin and cofactor biosynthetic abilities, implying that the cicada and its symbionts must access to external sources of these compounds, possibly from plant root xylem.

Another symbiotic consortium is that established between the sap-sucking mealybugs and the nested endosymbiotic system that comprises two bacteria: the P-endosymbiont “Ca. Tremblaya princeps”, a Betaproteobacterium, which contains inside a Gammaproteobacterium (von Dohlen et al. 2001), considered as an S-symbiont based on its polyphyletic origin (Thao et al. 2002). The S-endosymbionts are distinct in each mealybug species and also differ from other insect-associated bacteria. “Ca. Tremblaya princeps” was the first endosymbiotic genome in which a high G+C content was found (57.1% for a fragment of 64 kb of its DNA) (Baumann et al. 2002). This is one of the very few described cases of a double endosymbiosis, [another one is the nested endosymbiosis of molgulid tunicates with the protist *Nephromyces* which is itself chronically infected with Gram-negative, intracellular bacteria, (Saffo, 1990)] and the first involving arthropods, although the symbiotic relationship between the two bacteria has not been elucidated (Kono et al. 2008).

In an example of convergent intracellular lifestyle, the genome reduction and the general (although not universal) trend toward lower GC content are also two characteristics of obligate intracellular pathogens, although the extremes reached by the insect endosymbionts have not been matched by any parasite. The most extreme cases are found within the Mollicutes. Thus, genera *Mycoplasma* (0.58–1.36 Mb, 23.8–40% GC), *Phytoplasma* (0.60–0.88 Mb, 21.4–27.8% GC), *Ureaplasm*. (0.75–0.87 Mb, 25.5–25.8% GC) and *Mesoplasm*. (0.79 Mb, 27.0% GC) account for the smallest genomes among parasitic bacteria. The intracellular lifestyle also imposed reduced genomes in other non-related bacteria, such as genera *Borrelia* (0.92–1.57 Mb, 27.5–29.8% GC), *Chlamydia* (1.00–1.08 Mb, 40.3–41.3% GC), *Chlamydophila* (1.14–1.23 Mb, 39.2–40.6% GC) or *Rickettsia* (1.10–1.58 Mb, 28.9–32.6% GC). This trend is evident even for the most extremely reduced genome described in archaea so far, that of *Nanoarchaeum equitans* (0.49 Mb, 31.6% GC), only known archaeal parasite, in this case of the Crenarcheote *Ignococcus hospitalis* (Waters et al. 2003). Therefore, there are universal principles that affect host-associated bacteria that transcends the character of the relationship with the host and that shape the genome of the bacterial partners, making our efforts ineffective to classify the whole diversity of the symbionts in a single and unambiguous way.
5 Concluding Remarks

The traditional textbook division of symbionts as parasites, commensals and mutualists no longer prevails as a set of discrete categories. Although intracellular obligate symbionts can usually be ascribed to either of them, virtually any criterion employed can bump into exceptions to the rules when it comes to the enormous quantity of newly identified and sequenced genomes of more labile symbionts, be they opportunistic pathogens or facultative mutualists. As shown in this review, many beneficial or detrimental effects can be defined only for a particular environment and under particular conditions, which are under constant transformation, imposing changing evolutionary pressures on the partners. We have shown how typical characteristics that traditionally have been ascribed to mutualists and parasites have, in fact examples from the each side that breach the norm, such as the mode of transmission, the mechanisms of invasion, the phylogeny. Also, transitions between mutualism and parasitism and vice versa are possible, even in evolutionary short periods of time. Even a priori considered essential long-established mutualists can become non-essential, losing the mutualistic role and therefore opening the door to extreme degradation and extinction and/or replacement. Due to the novel methodologies the study of symbiotic relationships is entering a new age beyond the study of relatively simple systems composed by two species. As more multiple interactions involving several bacteria, which interact the ones with the others in addition to the host, are reported the more this knowledge may help us in understanding relationships in more complex microbial communities, such as the human, animal or environmental microbiomes.

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