**Dr. David Martínez Rubio**

**Departamento de Psicología Social. Facultad de Psicología y Logopedia**

**Universitat de València (david.martinez-rubio@uv.es)**

**Campo de Investigación:**

Estrés, intervenciones basada en el mindfulness y compasión aplicado a población general y clínica.

Validación de instrumentos de evaluación y programas de intervención.

Psicoeducación penitenciaria

**Publicaciones en revistas**

Navarrete, J., Rodríguez-Freire, C., Sanabria-Mazo, J. P., Martínez-Rubio, D., McCracken, L. M., Gallego, A., Sundstrom, F. T. A., Serrat, M., Alonso, J., Feliu-Soler, A., Nieto, R., & Luciano, J. V. (2025). Psychometric examination of the Multidimensional Psychological Flexibility Inventory Short Form (MPFI-24) and the Psy-Flex Spanish versions in individuals with chronic pain. *European Journal of Pain*, *29*(1), e4704. <https://doi.org/10.1002/ejp.4704>.

Escamilla-Robla, C., Elisa Giménez-Fita, E., Colomer-Pérez, N., David Martínez-Rubio, D. & Navarrete, J. Effectiveness of penitentiary psychoeducational interventions in road safety. *European Journal of Psychology Applied to Legal Context*, 16(2), 87-96. <https://doi.org/10.5093/ejpalc2024a8>

Cuerda-Ballester, M., Bustos, A., Sancho-Cantus, D., Martínez-Rubio, D., Privado, J., Alarcón-Jiménez, J., Villarón-Casales, C., de Bernardo, N., Navarro Illana, E., & de la Rubia Ortí, J. E. (2024). Predictive Model of Anxiety and Depression Perception in Multiple Sclerosis Patients: Possible Implications for Clinical Treatment. *Bioengineering*, *11*(1), 100. <https://doi.org/10.3390/bioengineering11010100>

Cuerda-Ballester, M., Sancho-Cantus, D., Martínez-Rubio, D., Proaño-Olmos, B., García-Pardo, M. P., & de la Rubia Ortí, J. E. (2024). Relationship between Experiential Avoidance and Emotional Disturbances in Coping with Disease in Patients with Multiple Sclerosis. *Behavioral Sciences*, *14*(10), 930. <https://doi.org/10.3390/bs14100930>

Dominguez-Rodriguez, A., Herdoiza-Arroyo, P. E., González-Ramírez, L. P., Martínez-Arriaga, R. J., Villarreal-Zegarra, D., Santos da Silva, A. C., González-Cantero, J. O., Vargas Salinas, V. S., S Mensorio, M., Cisneros Hernández, A. A., Lourenço Dos Santos, R., Nieto Ramos, E. G., Albán-Terán, M. G., Mateu-Mollá, J., Ramírez-Martínez, F. R., Colmenero Guadián, A. M., Martínez-Rubio, D., Langer, Á. I., Araya, C., & Castellanos-Vargas, R. O. (2024). Internet-based self-administered intervention to reduce anxiety and depression symptomatology and improve well-being in 7 countries: protocol of a randomized control trial. *Frontiers in Psychology*, *15*, 1279847. <https://doi.org/10.3389/fpsyg.2024.1279847>

Cuerda-Ballester, M., Bustos, A., Sancho-Cantus, D., Martínez-Rubio, D., Privado, J., Alarcón-Jiménez, J., ... & de la Rubia Ortí, J. E. (2024). Predictive Model of Anxiety and Depression Perception in Multiple Sclerosis Patients: Possible Implications for Clinical Treatment. *Bioengineering*, *11*(1), 100. <https://doi.org/10.3390/bioengineering11010100>

Martínez-Rubio,D., Colomer-Carbonell, A., Sanabria-Mazo, J. P., Pérez-Aranda, A., Navarrete, J., Martínez-Brotóns, C., ... & Feliu-Soler, A. (2023). How mindfulness, self-compassion, and experiential avoidance are related to perceived stress in a sample of university students. Plos One, 18(2), e0280791. https://doi.org/10.1371/journal.pone.0280791