**Professor Joan L Duda**

**Sport and Exercise Psychology in the School of Sport, Exercise and Rehabilitation Sciences and a member of the Institute for Mental Health at The University of Birmingham, United Kingdom**

Professor Duda is internationally known for her expertise on the motivational climate, motivation, and determinants of engagement, optimal functioning and well-being within sport, exercise, and dance/the performing arts. She also has an extensive applied and research background in the development of mental skills and self-regulation in sport and other performance-related activities. Joan is one of the most cited researchers in her discipline (with more than 62,000 total citations; Google Scholar h-index = 126; i10-index = 330). She has published more than 360 scientific and applied papers and book chapters and has edited two books: *Advances in Sport and Exercise Psychology Measurement* (1998) and co-editor of the *Handbook of Applied Sport Psychology Research* (2005). Joan is included in the 2023 Stanford University’s list of the World’s Top 2% most widely cited scientists. She was named in the 2023 Research.com list of leading researchers in Psychology and one of the Best Female Scientists in the UK. Joan has served as the primary supervisor for 25 PhD students who have completed their degrees.

Based on her long-standing research and applied work in this area, Joan has created the theory- and evidence-based *Empowering Coaching*TM family of training programmes which are being delivered to coaches (recreational through elite), parents, teachers and health care providers in the UK and abroad. She is experienced in developing, implementing, and evaluating such theoretically grounded interventions in health as well as clinical populations in children and adults. Her research is marked by an integration across major theoretical frameworks, methodological advancements and incorporates field to lab-based studies employing sophisticated quantitative techniques and qualitative approaches.

Joan is the recipient of an honorary doctoral degree (honoris causa) from the Norwegian School of Sport Sciences (2008), the University of Thessaly, Greece (2019), the University of Malmo, Sweden (2021), and the Universidad Autónoma de Nuevo León, México (2022). She is a recipient of the Distinguished Scholar Award from the North American Society for the Psychology of Sport and Physical Activity (2019), which recognizes ‘outstanding long-term contributions’ and a ‘distinguished record of scholarship’ and has been inducted into the International Society of Sport Psychology Hall of Fame, for her ‘contributions to research, practice and/or international leadership and the lasting impact …in sport and exercise psychology’. Joan is a Fellow of the Association of Applied Sport Psychology, the European College of Sport Sciences, the International Association of Applied Psychology and the American Kinesiology Association. She has been an invited keynote speaker in numerous countries around the world and, at the 2012 meetings of the Association for Applied Sport Psychology, she was invited to give the prestigious Coleman Griffith Lecture. Based on her academic record and contributions to the field, Professor Duda was named the Visiting International Scholar by the Australian Sport Psychology Society (1997) and was appointed to Sub-Panel 46 for the Research Assessment Exercise 2008 and Sub-Panel 24 in the REF2021.

She is/has been recently Principal Investigator or Co-investigator on projects (totaling over £15 million) supported by diverse funders including the European Commission (FP7 Health; see www.projectpapa.org), Erasmus+, the UK Medical Research Council/National Prevention Research Initiative, the Economic and Social Research Council, National Institute for Health Research, The FA, Sport Wales, StreetGames charity/Coca Cola Foundation, London Marathon Charitable Trust, Archery GB and the English Federation of Disability Sport. At the UoB, she was a Co-Investigator on the original application and Lead for the Motivating Healthy Lifestyles theme within the MRC-ARUK Centre of Excellence in Musculoskeletal Ageing.