**Career Orientation & Soft Skills Courses | Fall 2025 | FORTHEM**

Dear students,

are you looking to find the profession that best suits you and your personality? Do you want to increase the chances of successfully applying for your dream job? Do you seek to learn vital skills needed in the workplace and to take your English skills to a new level?

Our **Career Orientation Courses** will help you achieve all this… and much more!

Each semester, the [FORTHEM Alliance](https://www.forthem-alliance.eu/) offers its students free online courses and workshops in English that help you with your career orientation, job applications as well as important soft and communication skills. All courses are offered by experts in their field, and you can get a certificate of participation upon request.

**Our Course Program | Fall 2025**

* **How to get a job - step by step**  
  Self-study program | permanently available
* **Present Like a Pro in English**  
  Friday, 19.09.2025  |  09:00-17:00 (CET)
* **Finding your dream job using the Holland Typology**  
  Tuesday, 23.09.2025  |  09:00-11:00 (CET)
* **Why We Talk the Way We Do: Improve Communication Skills with Transactional Analysis**  
  3 sessions  | 24.09. + 25.09. + 26.09.2025  | each session 17:00-19:15 (CET)
* **Successful use of Artificial Intelligence in the Job Application Process**  
  Tuesday, 30.09.2025  |  13:00-17:00 (CET)
* **Mastering Projects - Project Management Essentials for Students**  
  Monday, 06.10.2025  |  13:00-17:00 (CET)
* **Assertiveness: make your point, stand your ground**  
  2 sessions  |  07.10. + 09.10.2025  | each session 09:00-12:30 (CET)

**Interested in participating?**

1. [**Register in the Career Center**](https://uni-mainz.jobteaser.com/en/profiles/new?connect_flow=true)of Mainz University (if you have not done so already) where you can find more information about each course. Please use a private browser window to ensure that there is no conflict with your home university platform. As “Course/Program”, please select your home university.
2. [**Apply for the course**](https://uni-mainz.jobteaser.com/de/events/257895) **of your choice via this link and find the course directly in our Career Center.** Each course has a different application deadline - you will receive confirmation after registration starting about a week before the course.

Looking for a different course or topic? We offer courses each semester. [Follow FORTHEM on Instagram](https://www.instagram.com/forthem_alliance/) to learn about new offers. Any questions? Contact the Career Service in Mainz: [career@uni-mainz.de](mailto:career@uni-mainz.de)

We are looking forward to your participation!

Your team of JGU’s Career Service