

ANNEX I: LESSONS

Mainstream Group

FIRST LESSON: VOCABULARY

1 Match each of the following words with their meanings and then classify them in the table below.

Bully loner romantic eccentric hypocrite joker
Big-head liar genius geek bore flirt

- | | |
|--|--|
| <ul style="list-style-type: none"> ▶ _____: A person who doesn't like to be with other people. ▶ _____: A person who doesn't tell the truth. ▶ _____: A person who doesn't do interesting things. ▶ _____: A person who tries to have a relationship with another person. ▶ _____: A person who loves everything about love. ▶ _____: A person who says they have particular moral beliefs but behaves in way which shows these are not sincere. | <ul style="list-style-type: none"> ▶ _____: A person who annoys other people. ▶ _____: A person who is strange or unusual, sometimes in a humorous way. ▶ _____: A person who thinks that he or she is more important or cleverer he or she really is. ▶ _____: A person who is boring and not fashionable. ▶ _____: A person who natural ability or skill, especially in a particular area. ▶ _____: A person who is always joking. |
|--|--|

Positive	It depends	Negative

2 Complete the following sentences using words in the box.

- a. My brother can be a _____ sometimes. He always thinks he is better than me.
- b. My cousin is a _____! She knows everything!
- c. Lisa is a _____ because she doesn't want to do funny things.
- e. My sister is a _____. She always does romantic things for her boyfriend.
- f. I can't stand _____ people. Honesty is a really important quality.

3 Read the following texts and look for other words that can be used to describe people.

Julie says...



I'm not looking for a boyfriend now, but you never know. It would be nice to meet someone with a sense of humour. He doesn't have to be a genius, but I like having a decent conversation sometimes. My ex was such a big-head, and I don't know why because he wasn't exactly brilliant. He just thought that he was. He was also a bit of a bully – he liked being the boss and making all the decisions. I must say though, he was a very good-looking guy, and when I see him with his girlfriend, I feel a bit jealous.

Toby says...



My ex, Marilyn, is really nice and I still think about her a lot. I'd love to see her again. She was quite tall and she had dark eyes, so she looked really sophisticated when she wore make-up. She was sort of eccentric because she liked wearing weird clothes. She was a bit of a loner and she often stayed in her room, but I liked being with her. We didn't talk much, but we liked listening to music and watching films together. I can't believe it's finished now. It's so strange. Maybe she thought I was a bore. I don't know.

Appearance	Personality

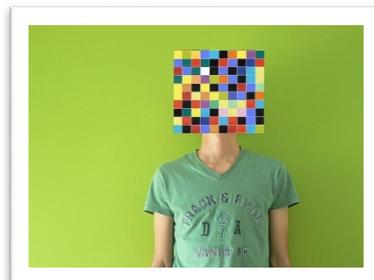
Terry says...



I haven't got a girlfriend and I would hate to be in a long-term relationship now. I'm too young. I've got mates who are girls and some of them say that I'm a flirt. In fact, I'm quite shy, especially with strangers. I like hanging out with different friends and playing sport. One day I'd like to find someone who is honest and a good friend. I can't stand hypocrites – people who are two-faced really annoy me.

Speaking Time!

4 Work in pairs and discuss which characteristics will have your ideal partner.



SECOND LESSON: GRAMMAR

1 Complete the table.

Infinitive	Past Simple	Past Participle	Spanish
think			
	found		
		gone	
			herir
fight			
	spent		

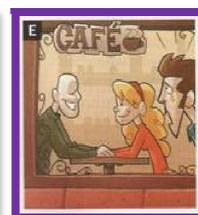
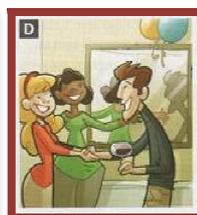
2 Match examples 1 – 4 with the rules a and b.

1. I argued with my boyfriend last week.
2. He has changed in the last month.
3. I have dated him for 7 months.
4. I met him last year.

A	The past simple describes actions that start and finish in the past
B	The present perfect describes actions that start in the past. These actions are often unfinished .

3 Complete the sentences with the verbs in brackets. Use the past simple. Then match each sentence with images a – f.

1. A friend _____ (introduce) Olivia to Tom at a party.
2. Olivia _____ (get) on very well with Tom. The next day she texted him and _____ (ask) him out.
3. They _____ (go) out together for three months, but Tom discovered that Olivia _____ (be) cheating on him.
4. Tom _____ (have) an argument with Olivia and they _____ (split up)
5. In the summer, Tom _____ (meet) Angela when she was on holiday. He _____ (fall) in love with her.
6. Angela _____ (finish) with her boy friend and went out with Tom. They lived happily ever after.



4 Complete Sue's e-mail. Use the present perfect of the verbs and circle *for* or *since*.

Dear Lucy,

How are you? I haven't heard from you **for** / **since** months. I'm writing to give you my new address. I (1) _____ (be) here **for** / **since** two weeks.



I (2) _____ (find) a great job with a computer company. It's difficult work, but I (3) _____ (learn) a lot **for** / **since** last Tuesday when I started there. And the really good news is that I (4) _____ (meet) a fantastic boy at work. We (5) _____ (see) each other every day **for** / **since** a week. I (6) _____ (not like) anyone this much **for** / **since** years. In fact, Lucy, it's definitely love!! But there's the bad news – I think there's a problem. On Friday, I told him I love him, and he (7) _____ (not kiss) me **for** / **since** then. Do you think that telling him about my feelings was the wrong thing to do?

Phone me, please! I really need your advice about Andy, and we (8) _____ (not speak) **for** / **since** your birthday party. Ring me soon, please!!

Lots of love,
Sue

5 Write Martin and Val's stories. Use the present perfect or the past simple.

Martin's story



Last Saturday
I met Paula.

- 1. I / dance / with her
.....
- 2. I / have / great time
.....

Since then

- 3. I / see / Paula every day.
.....
- 4. I / split up with / my girlfriend Val
.....
- 5. I / break / Val's heart
.....

Val's story



Last Saturday
My life changed.

- 6. I / have an argument / with Martin
.....
- 7. I / go out / with Harry
.....

Since then

- 3. I / stop / seeing Martin.
.....
- 4. I / fall / in love with Martin
.....
- 5. I / be / really happy
.....

6 Correct the mistakes in the following sentences.

a. 'How long have you dated him?' 'Since two years'. ✗

b. Who did taken that photo? ✗

c. We have seen each other five weeks ago. ✗

d. Where dids Helen met her husband? ✗

e. I has fallen in love with Marcus. ✗

f. She splited up with her boyfriend yesterday night. ✗

7 Choose the correct answer.



My family (1) **came / has come** to Britain from India in the 1970s. My father is very traditional. He believes in arranged marriages and he (2) **found / has found** a future partner for me when I **was / have been** eight years old. His name is Ravi.

Now I'm sixteen and last January I (3) **met / have met** Ravi for the first time. We (4) **met / have met** twice in the last six months, but we (5) **weren't / haven't been** alone yet.

It is a very difficult situation. I've already got a boyfriend, but my father doesn't know. We (6) **met / have met** on my last birthday and we're in love. I don't know what to do! I (7) **didn't tell / haven't told** my father yet.

Please help, what can I do?

Priya

Speaking Time!

8 In groups of three or four, talk about Priya's situation. What should she do? Do you think it is fair for her? How would you feel in this situation?



In my opinion
I think that...
She should...
I believe that...

THIRD LESSON: READING AND WRITING

1 Read the following text and answer the questions below.



ROSA PARKS

Rosa Louis McCauley Parks was born in Tuskegee, Alabama, on February 4th, in 1913. Her family was very poor and when she was a child, her parents got divorced so she went with her mother to her grandparent's farm.

She attended to rural schools until the age of eleven and then she started at the Industrial School for Girls in Montgomery, where she took academic and vocational courses. However, she had to drop her studies because she had to take care of her family.

Rosa Parks became famous when she refused to obey bus driver James F. Blake's order that she give up her seat to make room for a white passenger in December 1955. At that time, black people weren't slaves anymore, but they weren't treated equally.

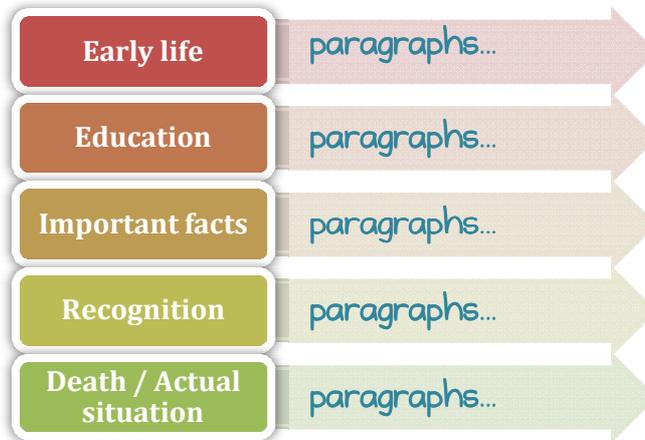
Parks' act of defiance and the Montgomery Bus Boycott became important symbols of the modern Civil Rights Movement. She became an international icon of resistance to racial segregation. She organized and collaborated with civil rights leaders, including Edgar Nixon and Martin Luther King, Jr.

Parks received national recognition, including 1979 Spingarn Medal, the Presidential Medal of Freedom, the Congressional Gold Medal, and a posthumous statue in the United States Capitol's National Statuary Hall.

Upon her death in 2005, she was the first woman and second non-U.S. government official granted the posthumous honour of lying in honour at the Capitol Rotunda.

- a. When was Rosa Parks born?
.....
- b. Did she go to the school?
.....
- c. Why did she become famous?
.....
- d. What did she do after the bus rebellion?
.....
- e. Why is Rosa Parks in the Capitol Rotunda?
.....

2 Look at the diagram below and match the paragraphs of the Rosa Park's biography with the correct stage.



3 Choose a woman with an important role in history. Find information about her life and make notes.

Name:

Born: in.....

Education:

Important facts:

.....

.....

Recognition:

.....

Actual situation / death:

.....



✍ Writing Time!

4 Write the biography of the woman you chose in exercise 2. Don't forget to organise the information in correct paragraphs.

👉 **Hint: editing checklist!**

1. Will the reader want to know more?
2. Is the information in the correct order?
3. Is the information necessary?
4. Is the information repeated?
5. Is the grammar, spelling and punctuation correct?

FOURTH LESSON: CULTURE, GENDER AND STEREOTYPES

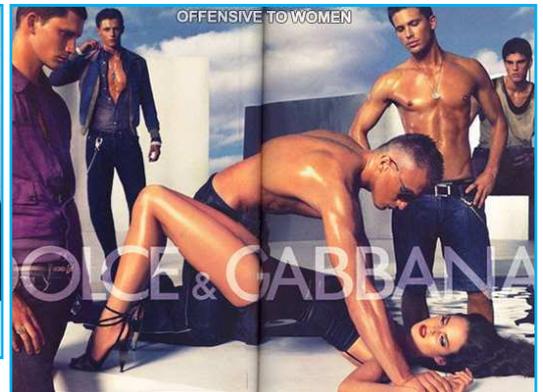
1 After watching the episode, answer the following questions.

- a. What is wrong with Malibu Stacy doll?
.....
- b. What is Lisa fighting for?
.....
- c. What does Lisa do to change her doll?
.....
- d. Is she successful? Can she change anything?
.....



Discussing Time!

2 In groups of 3 or 4, choose one of the adverts below. List the stereotypes you can find on in and try to guess why they appear. Then, propose the same advert free of stereotypes.



FIFTH LESSON: LISTENING AND SPEAKING

1 Listen to the conversation between Crystal and George. Then, choose the correct answer for each question.

1) She says that Joes is...

- a. open-minded
- b. close-minded
- c. narrow-minded

2) George thinks sending an e-mail is...

- a. convenient
- b. cold
- c. acceptable

3) George thinks they should meet...

- a. in public
- b. in private
- c. at school

4) George says something that was...

- a. uncalled for
- b. inappropriate for a cafe
- c. sweet and touching

5) Crystal will tell Joe that ...

- a. there are many fish in the sea
- b. they are not meant to be
- c. hit the road and never come back



💡 Discussing Time!

2 Sometimes relationships are very difficult and involve serious problems. In groups of 3 or 4 discuss the following terms.

GENDER VIOLENCE - MISTREATMENT - PSYCHOLOGICAL ABUSE

💻 Creative Time!

TASK: ORAL PRESENTATION

In groups of three, prepare an oral presentation against gender violence. Try to explain why it happens and give some proposals for solving it. As a visual support, you have to create an interactive poster using *Goglster*. Each presentation should last no more than 5 - 8 minutes.



Adapted Group

FIRST LESSON: VOCABULARY

1 Match each of the following words with their meanings and then classify them in the table below.

Bully loner romantic eccentric hypocrite joker
Big-head liar genius geek bore flirt

- ▶ L R: A person who doesn't like to be with other people.
- ▶ AR: A person who doesn't tell the truth.
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- ▶ FL : A person who tries to have a relationship with another person.
- ▶ NT : A person who loves everything about love.
- ▶ Y O E: A person who says they have particular moral beliefs but behaves in way which shows these are not sincere.
- ▶ B Y: A person who annoys other people.
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- ▶ -H : A person who thinks that he or she is more important or cleverer he or she really is.
- ▶ K: A person who is boring and not fashionable.
- ▶ G US: A person who natural ability or skill, especially in a particular area.
- ▶ K R: A person who is always joking.

Positive	It depends	Negative

2 Complete the following sentences using words in the box.

romantic hypocrite joker big-head genius bore

- a. My brother can be a _____ sometimes. He always thinks he is better than me.
- b. My cousin is a _____! She knows everything!
- c. Lisa is a _____ because she doesn't want to do funny things.
- e. My sister is a _____. She always does romantic things for her boyfriend.
- f. I can't stand _____ people. Honesty is a really important quality.

3 Read the following texts and look for other words that can be used to describe people.

Julie says...



I'm not looking for a boyfriend now, but you never know. It would be nice to meet someone with a sense of humour. He doesn't have to be a genius, but I like having a decent conversation sometimes. My ex was such a big-head, and I don't know why because he wasn't exactly brilliant. He just thought that he was. He was also a bit of a bully – he liked being the boss and making all the decisions. I must say though, he was a very good-looking guy, and when I see him with his girlfriend, I feel a bit jealous.

Toby says...



My ex, Marilyn, is really nice and I still think about her a lot. I'd love to see her again. She was quite tall and she had dark eyes, so she looked really sophisticated when she wore make-up. She was sort of eccentric because she liked wearing weird clothes. She was a bit of a loner and she often stayed in her room, but I liked being with her. We didn't talk much, but we liked listening to music and watching films together. I can't believe it's finished now. It's so strange. Maybe she thought I was a bore. I don't know.

Appearance	Personality

Terry says...



I haven't got a girlfriend and I would hate to be in a long-term relationship now. I'm too young. I've got mates who are girls and some of them say that I'm a flirt. In fact, I'm quite shy, especially with strangers. I like hanging out with different friends and playing sport. One day I'd like to find someone who is honest and a good friend. I can't stand hypocrites – people who are two-faced really annoy me.

Speaking Time!

4 Work in pairs and discuss which characteristics will have your ideal partner.



SECOND LESSON: GRAMMAR

1 Complete the table.

Infinitive	Past Simple	Past Participle	Spanish
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find		found	
	went		ir
			herir
fight		fought	
	spent		gastar

2 Match examples 1 – 4 with the rules a and b.

- I **argued** with my boyfriend last week.
- He **has become** a bully in the last month.
- I **have dated** him for 7 months.
- I **met** him last year.

A The past simple describes actions that start **and finish** in the past.

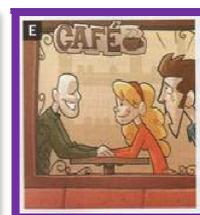
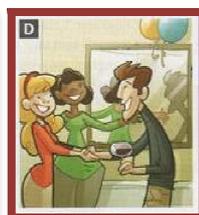
Inf + -ed / 2nd column

B The present perfect describes actions that start in the past. These actions are often **unfinished**.

Have / has + part. (inf + -ed/ 3rd column)

3 Complete the sentences with the verbs in brackets. Use the past simple. Then match each sentence with images a – f.

- A friend _____ (introduce) Olivia to Tom at a party.
- Olivia _____ (get) on very well with Tom. The next day she texted him and _____ (ask) him out.
- They _____ (go) out together for three months, but Tom discovered that Olivia _____ (be) cheating on him.
- Tom _____ (have) an argument with Olivia and they _____ (split up)
- In the summer, Tom _____ (meet) Angela when she was on holiday. He _____ (fall) in love with her.
- Angela _____ (finish) with her boy friend and went out with Tom. They lived happily ever after.



4 Complete Sue's e-mail. Use the present perfect of the verbs and circle *for* or *since*.

Dear Lucy,

How are you? I haven't heard from you **for** / **since** months. I'm writing to give you my new address. I (1) _____ (be) here **for** / **since** two weeks.



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Phone me, please! I really need your advice about Andy, and we (8) _____ (not speak) **for** / **since** your birthday party. Ring me soon, please!!

Lots of love,
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5 Write Martin and Val's stories. Use the present perfect or the past simple.

Martin's story



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Since then

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Val's story



Last Saturday
My life changed.

- 6. I / have an argument / with Martin
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Since then

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6 Correct the mistakes in the following sentences.

a. 'How long have you dated him?' 'Since two years'. ✗

b. Who did taken that photo? ✗

c. We have seen each other five weeks ago. ✗

d. Where dids Helen met her husband? ✗

e. I has fallen in love with Marcus. ✗

f. She splited up with her boyfriend yesterday night. ✗

7 Choose the correct answer.



My family (1) **came** / **has come** to Britain from India **in the 1970s**. My father is very traditional. He believes in arranged marriages and he (2) **found** / **has found** a future partner for me when I **was** / **have been** **eight years old**. His name is Ravi.

Now I'm sixteen and **last January** I (3) **met** / **have met** Ravi for the first time. We (4) **met** / **have met** twice in the last six months, but we (5) **weren't** / **haven't been** alone **yet**.

It is a very difficult situation. I've already got a boyfriend, but my father doesn't know. We (6) **met** / **have met** on my **last birthday** and we're in love. I don't know what to do! I (7) **didn't tell** / **haven't told** my father **yet**.

Please help, what can I do?

Priya

Speaking Time!

8 In groups of three or four, talk about Priya's situation. What should she do? Do you think it is fair for her? How would you feel in this situation?



In my opinion
I think that...
She should...
I believe that...

THIRD LESSON: READING AND WRITING

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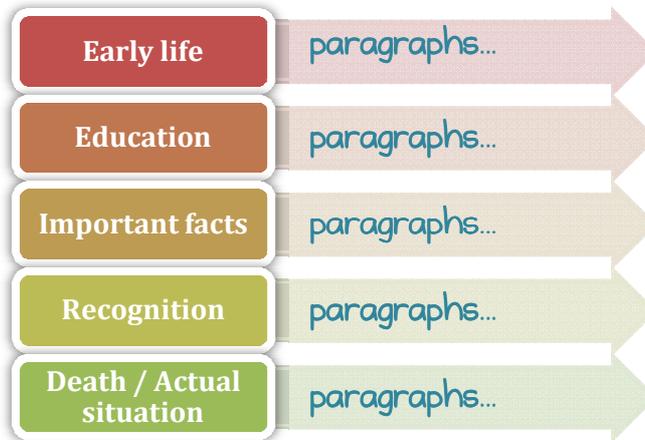
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Upon her death in 2005, she was the first woman and second non-U.S. government official granted the posthumous honour of lying in honour at the Capitol Rotunda.

- a. When was Rosa Parks born? [Paragraph 1]
.....
- b. Did she go to the school? [Paragraph 2]
.....
- c. Why did she become famous? [Paragraph 3]
.....
- d. What did she do after the bus rebellion? [Paragraph 4]
.....
- e. Why is Rosa Parks in the Capitol Rotunda? [Paragraph 4]
.....

2 Look at the diagram below and match the paragraphs of the Rosa Park's biography with the correct stage.



3 Choose a woman with an important role in history. Find information about her life and make notes.

Name:

Born: in.....

Education:

Important facts:

.....

.....

Recognition:

.....

Actual situation / death:

.....



✍ Writing Time!

4 Write the biography of the woman you chose in exercise 2. Don't forget to organise the information in correct paragraphs.

👉 **Hint: editing checklist!**

1. Will the reader want to know more?
2. Is the information in the correct order?
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FOURTH LESSON: CULTURE, GENDER AND STEREOTYPES

1 After watching the episode, answer the following questions.

- a. What is wrong with Malibu Stacy doll?
.....
- b. What is Lisa fighting for?
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Discussing Time!

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