

NOVEDADES IDOCAL

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1. IDOCAL: Se incorpora Hiacynta Warsicka



My professional goal is to achieve a holistic understanding of the human mind together with cognitive processes and applying the knowledge in order to help others. I strongly believe that pursuing a Ph.D. in Psychology will bring me closer to this aim. I have chosen the Psychology of Human_Resources pathway at the University of Valencia as I look forward to being able to further explore the subject of my graduate studies.

I am academically trained in Psychology with a special focus on Organizational and Work Psychology. My studies in Warsaw (SWPS University of Social Sciences and Humanities) and Amsterdam (Vrije Universiteit Amsterdam) equipped me with a holistic understanding of

problems one can experience at a workplace. During my graduate studies in Amsterdam, I had a chance to expand my knowledge and understanding of organizational psychology. I believe that nowadays the workplace plays an increasingly significant role in people's lives. Therefore, being able to skillfully navigate this environment becomes a pivotal asset. I have decided to devote my graduate dissertation to exploring some of the tenants of the subfield. My Master thesis dealt with the issue of self-regulatory mechanisms in the workplace context. I was attempting to show that overused self-control influenced, for example by high demands at work can in extreme cases result in burnout and lead to addiction issues. In my future studies, I intend to expand on my findings and broaden the study as well as include a longitudinal element to see how the issue played out over the time.

Aside from my professional experience and academics, I have devoted my time and efforts to volunteer work, lately as an English teacher in Taiwan. My free time is filled with many interests such as history of art or sports like tennis, which constitute a retreat from the realities of everyday life.

2. Comunicación: El profesor José Mª Peiró, Doctor Honoris Causa por la Universidad de Maastricht



Enhorabuena a profesor José Mª Peiró!

El profesor José Mª Peiró, Catedrático de Psicología Social y de las Organizaciones de la Universidad de Valencia, miembro del IDOCAL y el IVIE, ha sido reconocido con el grado de Doctor Honoris Causa por la Universidad de Maastricht (Holanda), a propuesta de su Facultad de Psicología y Neurociencias.

La ceremonia de Graduación se realizará el 31 de enero de 2020, a las 15:30 horas en Sint Janskerk (Maastricht), en la que el profesor Carsten De Dreu (Premio Spinoza, 2018) pronunciará la Lección Magistral.

3. Conference: EASP Meeting: The Psychology of Attitudes: Social Processes of Evaluation

The European Association of Social psychology is organizing a meeting on the topic of Social processes of evaluation. The meeting will take place between 24th and 27th June 2020 at the university of Bath, UK.



The application deadline is January 15th 2020!

The past few years have seen important global discussions regarding issues such as climate change, immigration, and human rights. Across these topics (and many others), the formation and expression of attitudes are affected by familial networks, peer groups, societal norms and networks, and the use of social media. The

aim of this conference is to bring together researchers who are interested in how social processes influence evaluation.

We plan to include 40-50 participants. Participants will be asked to give a brief presentation in plenary sessions with discussion. If you are interested in attending this meeting, please send an abstract (between 100-200 words) to Lukas Wolf (<u>L.Wolf@bath.ac.uk</u>) by the end of January 15th, 2020.

4. Resources: Motivation and well-being in graduate students and faculty: Free webinar and summary blog post outlining recent research

In this <u>webinar</u> Dr. Hall from McGill University shared research findings from his lab about motivation and well-being in graduate students and faculty members. Here are a few highlights:

- When it comes to graduate students, confidence (self-efficacy) is key. That is true for both writing and reading, as well as how able you are to navigate the day-to-day work of graduate school. The more confident you are, the better you feel and the less you experience imposter syndrome.
- There is extensive evidence that who you work with matters when it comes to graduate students, and doctoral students in particular. Department climate also matters. Working in a positive environment predicted better well-being, less stress, and less depression.
- Pre-tenure faculty members who are encouraged to balance responsibilities, have clear expectations for tenure, and experience collegiality at work experience more positive psychological outcomes.

5. Calendar: Upcoming Events



• Share and Learn: "Artificial intelligence: How does it affect our future and how can we shape it in a positive way?" by Pia Kampf



5th December 12:00-13:00



M400, (IDOCAL). North building, 4th floor. Facultad de Psicología.

• Seminar: "Motivational dynamics: Organizational Behaviour, Human Resource management and Conservation of resources" by Jean Pierre – Neveu



12th and 13th December 10:00-12:00



M400, (IDOCAL). North building, 4th floor. Facultad de Psicología.

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