

# NOVEDADES IDOCAL

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**IDOCAL: New PhD Students Enrolment** 1. Webinar: Methodological challenges in cross-cultural research on well-being 2. Publicación: El teletrabajo. Una visión desde la gestión y desarrollo de personas 3. en las empresas

### 1. IDOCAL: New PhD Students Enrolment

A warm welcome to our new PhD Students at the doctoral programme of Psychology of Human Resources at the department of IDOCAL. Scroll down to learn more about our new colleagues and their research interests.

## Elena Dafnoudi

#### Who am I and what I do now:

**Who:** I am **Elena Dafnoudi** and I come from Thessaloniki in Greece.

**Work now:** Currently I am working as IT Executive Search Consultant (mainly with retained search) in Munich in Germany.

**Details**: I cover full-time the search in 360° way which means that part of my daily work is business development and ideal



candidate search. I love my current work because it is helping me staying up-to-date with daily market swifts, get in contact with many professionals, I have the freedom to contact any business I want to do business with, and in the end I really help the professionals I come in contact to reach further in their career.

**Volunteer:** Considering volunteering and giving back to the community, at the moment I am board member of the Rotaract Club Munich International.I try to combine volunteer work with my actual work so that they can both benefit from each other. Usually what helps me in order to catch up with everything is a structured plan (but also being agile helps a lot from time to time).

#### **Education wise:**

**MSc and BSc** I have completed my MSc on Work, Organizational and Personnel Psychology in Valencia, in Spain and my BSc on Psychology in Thessaloniki in Greece.

**Erasmus:** I have completed part of these studies also via Erasmus program in Italy in Cesena (while in my MSc) and in Netherlands in Nijmegen (while in my BSc).

### **Professional Background:**

While studying I was always working part-time because I believe that it is helping me staying up to date with the market, gain skills and of course have economic independence.

**Sales:** While doing my BSc I have worked in two different part-time Sales jobs and after finishing it I worked full-time in Sales. In parallel I was volunteering in several organizations.

**Recruiting and L&D internships:** As part of my MSc I did my internship in Recruiting and after: one in Learning and Development. After finishing my internships I started full-time with my current role.

#### **Research interests**

**Why:** I consider growth and staying up-to-date as an important part of myself and everyday activities. Hence I decided to pursue my PhD (pt) at this specific point of time where I can connect it and benefit from my other parallel activities but also aim further and learn.

**What:** I have a -wide- strong research interest in recruitment topics, work motivation, productivity, group dynamics and of course anything that is related with digitalization topics.

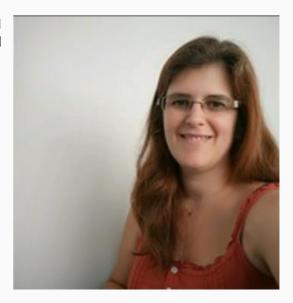
# **Meritxell Bretos**

My name is Meritxell Bretos and I live in Madrid. I speak Spanish, English and Catalan, and I understand German, although my level is very low;)

Graduated in psychology with 18 years of experience in HR, in consulting and in design, implementation and development of HR policies.

Currently I teach at CFGS Training and employment orientation, entrepreneurial initiative at U-tad, and work as a freelance recruiter.

I am associated with ASEME (Madrid business association) and with the CEIM Training and Labor Affairs Commissions.



Looking forward to starting my PhD in Human Resources at the University of Valencia!

# **Alexandra Puentes**

Warm greetings!

My name is Alexandra Puentes, I am from Colombia, a wonderful country for its people, flowers and coffee. I am a Psychologist with specialisations and a Master's Degree in Organizational and Occupational Psychology, my professional practice has been in this psychology's area, initially with private organizations I carried out responsibilities in human management processes. In 2004 I joined as a teacher at the Pedagogical and Technological University from Colombia, I am a researcher in the health, work and quality of life group of the same University. I am grateful to get into the PhD team, it will allow me to continue my professional and personal training process and it will help me to improve my understanding of the individual, social and organizational factors that impact people's well-being and health.



Because of the current world situation, I will not be in Valencia yet but the time will come to share academic and research experiences.

Thank you!

# 2. Webinar: Methodological challenges in cross-cultural research on well-being

As part of the internalization programme of the Faculty of Psychology the following webinar will take place:

## 18th November at 12:30

### Methodological challenges in cross-cultural research on well-being

Professor Veljko Jovanovic, University of Novi Sad, Serbia

Students and professors can watch the session via this Blackboard link

 $\frac{\texttt{https://eu.bbcollab.com/collab/ui/session/guest/b74900dcd8dd493d9a85a28afbb675}}{47}$ 



# 3. Publicación: El teletrabajo. Una visión desde la gestión y desarrollo de personas en las empresas

Profesor José M. Peiró ha publicado un artículo sobre el teletrabajo en la revista Curiosita de la Fundación Personas y Empresas.

Pincha aquí para leer el articulo



EL TELETRABAJO. UNA VISIÓN DESDE LA GESTIÓN Y DESARROLLO DE PERSONAS EN LAS EMPRESAS.

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