

The logo for IDOCAL features the word "idocal" in a lowercase, sans-serif font. The letters "i", "d", "c", and "a" are dark brown, while the "o"s are a golden-yellow color. The top "o" is positioned above the "d", and the bottom "o" is positioned below the "c".

idocal

**NOVEDADES
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1. Publication: Nurses' stressors and psychological distress during the COVID-19 pandemic: The mediating role of coping and Resilience

Congratulations to our IDOCAL member for the new publication in the journal *The Journal of Advanced Nursing*.

Lorente L, Vera M, Peiró T. Nurses' stressors and psychological distress during the COVID-19 pandemic: The mediating role of coping and resilience. *J Adv Nurs*. 2021; 00:1–10. <https://doi.org/10.1111/jan.14695>

Abstract

Aims: This study analyses the cross-sectional effect of sources of stress during the peak of COVID-19 pandemic on nurses' psychological distress, focusing on the mediating role of coping strategies, both problem focused, and emotion focused and resilience.

Design: Cross-sectional and quantitative analyses. **Methods:** Structural equation modelling was performed using survey data obtained during the period between 1 April-25 May 2020 in a sample of 421 nurses from 39 Spanish provinces.

Results: Results confirmed that: (a) All the stressors have a significant, direct, and negative relationship with nurses' psychological distress; (b) Emotion-focused strategies is negatively related to nurses' psychological distress directly and indirectly through resilience; and (c) Problem-focused strategies is positively related to nurses' psychological distress and negatively and indirectly through emotion-focused strategies.

Conclusion: This study identifies an important mediation sequence of stressors on psychological distress through the simultaneous concurrent effect of Problem-focused and Emotion-focused strategies and resilience. It shows that enacting the two coping mechanisms and resilience resources is important to achieve an adaptive effect on nurses' mental health.

Impact: Nurses with insufficient preparation and those with high levels of fear of contagion do not enact proper coping strategies. Thus, these nurses need special consideration due to their risk of higher vulnerability.

KEYWORDS

coping, nurses, resilience and psychological distress, stressors



2. Eventos: Homenaje: Excmo. Sr. D. Florencio Jiménez Burillo

La Academia de Psicología de España, tiene el honor de invitarles al homenaje del: **“Excmo. Sr. D. Florencio Jiménez Burillo”**, que se celebrará el **miércoles 20 de enero, a las 19.00 horas (formato digital Zoom)**.

Moderadora; Dra. D.^a Araceli Macía Antón
Académica de Número de la Academia de Psicología de España.

Intervendrán:

Dr. D. José Francisco Morales Domínguez

Académico de Número y Vicepresidente de la Academia de Psicología de España

Dr. D. Fernando Chacón Fuertes

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Dr. D. Amalio Blanco Abarca

Académico de Número de la Academia de Psicología de España

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ACADEMIA DE PSICOLOGÍA DE ESPAÑA
Cogito, sentio, ago

**HOMENAJE A:
Florencio Jiménez
Burillo**

**20 DE ENERO – MIÉRCOLES
19:00 H | WEBINAR DE LA APE**

**Moderadora:
Dra. Araceli Macía**

**Intervienen:
Dr. J. Francisco Morales
Dr. Fernando Chacón
Dr. Amalio Blanco**

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3. Artículo: Un cóctel de medidas para reducir la alta tasa de paro juvenil

Profesor José María Peiró realizó declaraciones a la agencia EFE sobre *Un cóctel de medidas que deberían adoptarse para mejorar esas tasas de desempleo*. El artículo también está publicado en las prensas La Vanguardia y Economía 3.

Las noticias se pueden leer en los siguientes enlaces:

<https://www.efe.com/efe/comunitat-valenciana/destacada/un-coctel-de-medidas-para-reducir-la-alta-tasa-paro-juvenil/50000878-4433784>

<https://www.lavanguardia.com/vida/20210106/6169391/coctel-medidas-reducir-alta-tasa-paro-juvenil.html>

<https://economia3.com/2021/01/06/295843-un-coctel-de-medidas-para-reducir-la-alta-tasa-de-paro-juvenil-en-la-comunitat/>



4. Resources: Latest issue of The Industrial-Organizational Psychologist (TIP)

The Industrial-Organizational Psychologist (TIP) is the official publication of the Society for Industrial and Organizational Psychology, Inc. The latest [quarter's issue of TIP](#) includes a wealth of knowledge on a number of hot topics. The COVID-19 crisis is addressed in two articles, election results in another. SIOP-focused issues like visibility, allyship, and research are also addressed. In addition, the amazing Conference Committee brings us information on the upcoming event in April.



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