



NOVEDADES  
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## 1. Event: EAWOP Small group meeting: COVID-19 and the asymmetric impact on careers and work-life balance of women and ethnic minority individuals

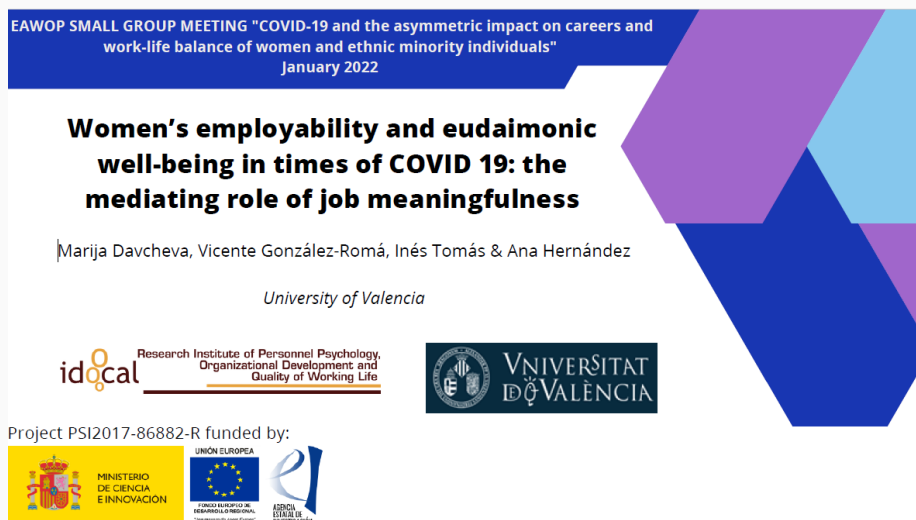
Congratulations to our IDOCAL members who participated at the **EAWOP Small group meeting COVID-19 and the asymmetric impact on careers and work-life balance of women and ethnic minority individuals** that was held online on 5-7 January 2022.

**Marija Davcheva** presented the research on *Women's employability and eudaimonic well-being in times of COVID 19: the mediating role of job meaningfulness* that was co-authored by **Vicente González-Romá, Ines Tomás & Ana Hernández**, her PhD thesis supervisors.

This research is part of the IDOCAL project on **Job Quality, Wellbeing and Health: Antecedents and operating mechanisms from a dynamic, person-centric approach** Grant PSI2017-86882-R funded by MCIN/AEI/10.13039/501100011033/ and by ERDF A way of making Europe.

Only 9 top quality papers were selected to participate in this highly competitive Small group meeting.

Besides the presented papers , participants enjoyed a keynote lecture given by Dr. Jamie Ladge on work life balance, *COVID-19 and the asymmetric impact on careers and work-life balance of women and ethnic minority individuals*.



The poster features a blue header with white text, a central title in bold black font, author names in a smaller black font, and the university name in italics. It includes logos for IDOCAL, the University of Valencia, the Spanish Ministry of Science and Innovation, the European Union, and the Spanish Agency for Research and Innovation. A large, abstract geometric graphic in shades of purple and blue is on the right side.

EAWOP SMALL GROUP MEETING "COVID-19 and the asymmetric impact on careers and work-life balance of women and ethnic minority individuals"  
January 2022

**Women's employability and eudaimonic well-being in times of COVID 19: the mediating role of job meaningfulness**

Marija Davcheva, Vicente González-Romá, Inés Tomás & Ana Hernández

*University of Valencia*

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VNIVERSITAT ID VALÈNCIA

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MINISTERIO DE CIENCIA E INNOVACION

UNIÓN EUROPEA

AGENCIA ESPAÑOLA DE INVESTIGACIÓN

## 2. Ana Hernández elected an EAWOP Executive Council Officer

Congratulations to **Ana Hernández**, for being elected as an Executive Council Officer of the European Association of Work and Organizational Psychology (EAWOP).

We wish you a great success in this new role at the EAWOP!



Annemarie Hiemstran was elected as a new EAWOP President, and Deirdre O'Shea, Ana Hernández and Eva Derous were elected EC officers.

More information on the [EAWOP website](#)



### 3. IDOCAL: Welcome to our new PhD students **Lucía Barrera and Aleksandar Plavsic**

We would like to give a warm welcome to our new PhD students **Lucía Barrera and Aleksandar Plavsic!**

Hi everyone!

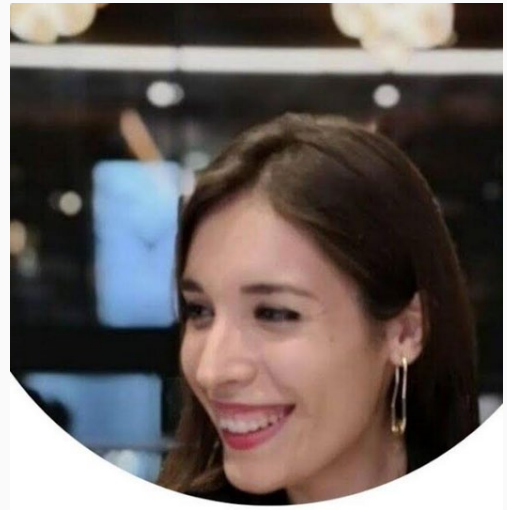
My name is **Lucía** and I graduated with a bachelor's degree in Psychology from University of Valencia in 2013. The economic crunch didn't make things easier for new graduates to get a job so it seemed like a good idea to keep studying and exploring different branches of Psychology. After two years and two masters' degrees (a few too many) in Forensic and Clinical Psychology the question "What do I want to be when I grow up?" remained.

Without really knowing the answer I decided to apply for a position in the Erasmus Mundus Joint Master Degree in Work, Organizational, and Personnel Psychology (WOP-P) in 2017. After two intense years I felt ready to start my professional career in the corporate world. In the last 3 years I've been working in Recruitment and Selection for two different Tech consulting firms in Spain. Humanising processes, evidence-based HR practices and ethics were some of the things I believed in and expected to find in companies.

However, for someone who identifies as a lifelong learner something was clearly missing. When I heard about this new line of research at Idocal I saw the solution to this thirst for knowledge. And just when I thought I was done with university I found myself signing a contract to start my PhD! For the next 3 years you'll find me working to better understand how robotization influences job characteristics, work meaningfulness, and work outcomes.

I've heard starting a PhD can be a daunting experience. But I'm sure the intellectual challenge will make it very rewarding too. I'm very excited to join this team and grateful to be surrounded by so many smart people I can learn from.

Outside of work, you'll find me reading fiction mostly ("Disgrace" by J.M. Coetzee is one of my favourite books), hiking, listening to Northern Soul ("Lonely for you, baby" by Sam Dees is a real gem), and petting other people's dogs (I always ask permission first).



My name is **Aleksandar** and I am coming from Novi Sad, Serbia. I have completed master's studies in the area of Industrial/Organizational Psychology at the University in Novi Sad as well as bachelor studies in both clinical and industrial/organizational modules. I have chosen the Psychology of Human Resources at the University of Valencia as I am aiming towards obtaining new knowledge and improving my professional competencies to the highest level possible. My main goal is to do something for the people in need, no matter the type of challenges that they are facing.



During my studies, I have been a member of two non-governmental organizations. The first one, center Srce, is an anti-suicide center where I volunteered and anonymously talked with people via e-mail, chat, and phone. I believe that volunteering changed me, both professionally and personally, as I was able to get an insight into the problems that people are facing every day and improve my empathy skills. In addition to this, I worked as a project manager wherein the three years of my mandate our finances went up 9 times. The second non-governmental organization of which I was a member, worked with people with psychosocial disabilities. The main area of work was creating workshops and providing psychological counseling to the members of the organization as well as providing food, shelter, and other services as most of the members had social and economical difficulties. During the first years of my studies, I have worked as a personal assistant for a teenage boy with Asperger's syndrome. That work, of course, improved my psychological competencies but the most important thing is that I gained a friend for life.

The most recent projects that I lead or participated in were: Social entrepreneurship - where we have secured jobs for over 40 people with psychosocial disabilities; Providing free psychological counseling to the people working at job positions most affected by Covid-19 Crisis and Regulating media's publishing about suicide and mental disorders in Serbia. My master's thesis aim was to explore the differences between the three main sectors: Public, Private and Non-Governmental in terms of psychological well-being in the work context. I intend to expand on my findings and try to connect the two big areas of psychology: Work context and the humanistic approach to the psychological difficulties that are people facing, on different levels of work.

Apart from my professional and academic experience, I am a huge animal lover, a passionate traveller, and a language learner. My free time is filled with volunteering, watching sports, reading, and traveling when it's possible.

#### 4. Event: Info session on PhD Programme Psychology of Human Resources

An info session on the PhD Programme Psychology of Human Resources will be organized On **26<sup>th</sup> January at 17:15h** at the Salon de Actos , Faculty of Psychology, University of Valencia.

The WOP-P master students and the masters students of the IJMR WOPP will be invited in order to get to know more details about the PhD programme offered.



Info session: PhD programme in  
**PSYCHOLOGY OF HUMAN RESOURCES**

Discover our Award for Excellence by the Ministry of Education PhD programme provided by the University of Valencia and the University of Sevilla.

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**PROGRAMME DESCRIPTION**

Learn about the programme structure, competencies & research lines

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**STUDENT EXPERIENCE**

Meet some of our PhD students and hear about their early career researchers' experience

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**SCHOLARSHIP OPPORTUNITIES**

Discover the scholarship opportunities available for our programme

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**26 JANUARY 2022**  
**17:15 - 19:00**  
SALON DE ACTOS  
(UNDERGROUND FLOOR)  
AT THE FACULTY OF PSYCHOLOGY,  
UNIVERSITY OF VALENCIA

PPROGRAMME'S WEBSITE  
[www.uv.es/docrrhuvus](http://www.uv.es/docrrhuvus)



## 5. Editorial Note: Welcome to our new Editor Lucia Barrera

I was delighted to be an Editor of NOVEDADES for the last two years, and would like to thank you for your collaboration and sharing interesting news among our IDOCAL community and celebrate our achievements!!

However, time has come for a change in Novedades and **I would like to welcome our new editor of NOVEDADES Lucia Barrera** who will follow the tradition of updating you with the latest news!



**We kindly ask you starting from next week, to send all the news you wish to be published in NOVEDADES to Lucia at**

[lucia.barrera@uv.es](mailto:lucia.barrera@uv.es)

It was a great pleasure collaborating with you and I wishing great success to the new editions of NOVEDADES!

Warm regards,

Your editor

Marija Davcheva



**Colaboradores de este número:**

Ana Hernández

Lucía Barrera

Aleksandar Plavsic

**Editora:**

Marija Davcheva