February 26-March 01, 2024 | VOLUME 10, NUMBER 02



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Congratulations to Núria Tordera, Inés Tomás, and Guido Martinolli for their new publication in Cambridge University Press.

The Joint Role of Focused and Molar Climates and Eudaemonic Wellbeing as Mediators of the Relationship between Flexible Telework and Scientific Productivity in Spanish ERC-Granted Teams

Guido Martinolli^{1,2} , Alejandro Sanín Posada², Simone Belli³, Inés Tomás¹ and Núria Tordera¹

¹Universitat de València (Spain); ²Siete - Gestión Humana y Organizacional S.A.S. (Colombia); ³Universidad Complutense de Madrid (Spain)

Abstract

Flexible work arrangements, such as teleworking, have gained massive and unprecedented usage for creating work environments that foster well-being and productivity. Yet empirical evidence is still scant and not much is known about the role of organizational climate(s) in this process. Accordingly, the present study was set out to investigate the mediating mechanisms linking flexible teleworking to scientific productivity by considering climate for well-being dimensions, the climates for excellence and for innovation, and eudaemonic well-being as mediating constructs. Data were collected from 358 members of 48 Spanish European Research Council (ERC) granted teams and analyses were conducted both at the individual and team level, after checking for the relevant aggregation indexes. Relevant and significant relations were found within the hypothesized statistical model both at the individual and team level of analysis. The climate dimension of team support and the climate for innovation, together with eudaimonic well-being, resulted to be linked by significant relationships suggesting a potential mediating path. Also, empirical evidence supported considering gender as a control variable for the relationship between flexible teleworking and the climate dimension of work-life balance. In conclusion, climate variables and eudaimonic well-being represent relevant variables for the explanation of the relationship between flexible teleworking and scientific productivity. Practical and theoretical implications, and limitations are further discussed in the article.

 $\textbf{Keywords:} \ climate \ for \ excellence; \ climate \ for \ innovation; \ climate \ for \ well-being; \ scientific \ productivity; \ teleworking \ flexibility$

You can read it here

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Her research focuses on the development of soft skills, with experience in professional training, consulting, and research projects in this area.

She holds a Ph.D. in Management from the University of Porto, an Erasmus Mundus Master's in Work,



Organizational, and Personnel Psychology from the University of Coimbra and the University of Valencia, Spain, and a Bachelor's degree in Psychology from the University of Minho.

Helena has authored several scientific articles and book chapters and has supervised and examined various master's theses throughout her career and collaborated with the UE funded EMIC project, aiming to enhance intercultural skills within diverse work environments. Her current focus is the development of soft skills in management students and professionals, especially in the context of crisis situations.

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AKNOWLEDGMENTS

Núria Tordera

Guido Martinolli

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