VICERECTORAT DE POLÍTICA CIENTÍFICA I COOPERACIÓ INTERNACIONAL



Relacions Internacionals i Intercanvi d'Estudiants

University Guide of Valencia





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CITY OF VALENCIA

The city of Valencia, which is the capital of the "Communty of Valencia", is located on the Mediterranean coast. It has a population of 800,000 inhabitants, including the metropolitan area it has a population of 1,500,000.

Founded in 137 BC. Valencia is a mixture of different cultures, which is reflected in numerous monuments of Gothic, Renaissance, Baroque and Modern art. The river Turia flows through Valencia. For the last 20 years, the old riverbed has been dry, but it has now been converted into a park. Valencia still maintains its historical city centre, where most of the government premises are set. More modern buildings have been built near the sea. The maritime districts, such as Cabanyal or Nazaret, in earlier times independent villages are now integrated into the city. They are located next to the beaches of "La Malvarrosa" and "Las Arenas", and at present are crossed by a new and agredable maritime view. It is possible to bathe and tan during the majority of the year thanks to the Mediterranean climate and the minimal rainfall. The temperature in the winter hardly ever falls below O degrees and in the summer it is very warm with a high degree of humidity due to the city's proximity to the sea and the surrounding fertile irrigated areas.

Further away from the city in a privileged natural environment there is also the well-known "El Saler" heach

You can virtually explore the city of Valencia by visiting:

http://www.virtourist.com/europe/valencia/

COMMUNICATION AND TRANSPORTATION

Valencia is a city perfectly connected with other Spanish cities and with other countries by air, road and sea.

TRAIN AND PLANE

There is a modern-style railway station in the centre of the city that links Valencia to the rest of Spain, Portugal and the rest of the European countries via France. The telephone number is: [34] 902 24 02 02.

If you want to travel by plane, Manises airport has domestic and international flights to the main Spanish cities and foreign destinations. For further information please contact: [34] 96 159 85 00, [34] 96 159 85 15 or [34] 90 240 05 00.

SHIP

Regular links with Balearic Islands and other destinations by boat are available. For further information contact:



Estación Marítima. Puerto de Valencia at [34] 90-2454645.

BUSES AND COACHES

There are several bus companies, which serve different areas:

Local bus service (suburbs): CTV (yellow buses).

Other destinations: All such buses leave from the Central Bus Station located at Avda. Menéndez Pidal, 13. Tel: [34] 96 346 62 66.

Within the city of Valencia: EMT (red buses): This is the main means of transportation for students.

A single ride ticket is valid for one urban trip without a transfer. The multi-trip bus pass called "multiviaje" allows you to take 10 trips and is transferable; the red card is valid for one month.

The 10-ride pass called **Bono 10**: is valid for 10 trips using either the EMT or the underground Zone A. Once a passenger begins one of the 10 rides they are allowed to make a transfer between the 3rd and 50th minute of their trip.

The 30-ride pass titled **Bono 30**: Unlimited trips in Zone A during the 30 days following the issuance of the pass.

The 30-ride pass titled Bono 30 Jove: Similar to the Bono 30, but it is exclusively for people that possess a "Carnet Jove".

Pass titled *T1*: Unlimited trips for one day. Particularly useful for visitors and tourists.

The Bono 10, Bono 30, Bono 30 Jove and the T1 passes can be used with the underground. There are many night routes that run through the city from the Plaza del Ayuntamiento (City Hall). Also offered during the summer time are special routes going to the beach. For further information please contact:

EMT Offices Valencia

Pl. Correo Viejo, 5; 46001 Valencia Tel.: 96 315 85 00 - Fax: 96 392 49 98 Client Care: 96 315 85 15 Disabled: 96 315 85 25

UNDERGROUND

There are several underground lines that connect Valencia with surrounding areas. The normal fare costs between 1,00 to 3,00 euros depending on the zone. To receive lower rates you need to buy an underground pass (bono-metro) at any underground station. Passes exist that allow you to combine the use of the underground and the bus during one trip. For further information please contact [34] 900 46 10 46.

STREETCAR

A modern streetcar connects the underground station "Ademuz" with the Malvarrosa beach passing through the station titled "Madera". It also con-



nects the city of Valencia with the University of Valencia's Burjassot campus.

BICYCLES

Orange Bikes has opened in Santa Teresa St., 8, in the district called Carmen, located in downtown Valencia. Orange Bikes rents bicycles, sells second hand bicycles and repairs and washes bicycles. These services can be very useful for Erasmus students.

ACCOMMODATION AND LIVING EXPENSES

HOSTFLS

During the first few days of arriving to Valencia many students stay in a hostel until they find a flat. The list below includes some hostels suggested by other ERASMUS students, which may be of interest given their low prices:

- Hostal San José c/ Tránsits 5
 46002 Valencia Tel.: 34-96 394 01 52
- Hostal Moratín c/ Moratín 15
 46002 Valencia Tel.: 34-96 352 12 20
- Hostal El Pilar Pza del Mercado 19 46002 Valencia - Tel.: 34-96 391 66 00
- Hostal El Rincón c/ Cardá 11
 46002 Valencia Tel.: 34-96 391 60 83
- Hostal Castelar c/ Ribera 1, 3º 46002 Valencia Tel.: 34-96 351 31 99
- Hostal Universal c/ Barcas 5
 46002 Valencia Tel.: 34-96 351 53 84

RESIDENCES

For longer stays, there are different student residences that provide accommodation and meals at different rates. The following list includes some of them and their telephone numbers:

UNIVERSITY STUDENT HALLS

C. M. LUIS VIVES. Avda. Blasco Ibáñez, 23; 46010 Valencia. Tel. 34-96 386 41 90.

C. M. RECTOR PESSET. Pza. Horno San Nicolás
 n.º 4; 46001 Valencia. Tel. 34-96 316 60 00. Fax.
 96 392 27 29.

PRIVATE STUDENT HALLS

ALBALAT. Avda. Primado Reig, 167; 46019 Valencia. Tel. 34-96 360 75 12.

AUSIAS MARCH. Avda. Cataluña, 30; 46021 Valencia. Tel. 34-96 369 54 08.

JUAN XXIII. c/ Del Pintor Ricardo Verde, 7; 46010 Valencia. Tel. 34-96 389 01 67.

LA ALAMEDA. c/ Micer Mascó, 29; 46010 Valencia. Tel. 34-96 369 16 12.

LA ASUNCION. Avda. Primado Reig, 108; 46010 Valencia. Tel. 34-96 369 46 00.

LA PAZ. Avda. del Puerto, 69; 46021Valencia. Tel. 34-96 369 01 52.

SAN JUAN DE RIBERA. Pl. San Juan de Ribera, 6; 46100 Burjassot (Valencia). Tel. 34-96 363 82 70.



SANTIAGO APOSTOL. c/ Comedias, 20. 46003 Valencia. Tel. 34-96 352 71 06.

SAOMAR. c/ Pizarro, 7. 46004 Valencia. Tel. 34-96 352 00 69.

RESIDENCES

GALILEO GALILEI. Avenida de los Naranjos, s/n. 46022 Valencia. Tel. 96 335 20 00.

SAN FRANCISCO JAVIER. Avda. Blasco Ibáñez, 55. 46021 Valencia. Tel. 34-96 369 58 54.

JOSEFA SEGOVIA c/ Ramón Gordillo, 5, 1.º. 46010 Valencia. Tel. 34-96 369 10 58.

MADRE SACRAMENTO. Hernán Cortés, 29. 46004 Valencia. Tel. 34-96 351 49 34.

MEDITERRÁNEO. Av. B. Ibáñez, 106, 1.º. 46021 Valencia. Tel. 34-96 360 50 51.

N. SRA DE LA CONSOLACIÓN. c/ Ximénez de Sandoval, 8. 46003 Valencia. Tel. 34-96 351 65 17. NOVA RESIDÈNCIA BURJASSOT. Jorge Juan, 51.

46100 Burjassot. Telephone 34-96 364 21 72. N. SRA DE LA MERCED. Avda. de Suecia, 15, 15.º 46010 Valencia. Tel. 34-96 360 15 90.

N. SRA DEL GAVE. Pza. Fray Luis Colomer, 646021 Valencia. Telephone 34-96 362 34 38.PALACIOS. c/ Daoiz y Velarde, 6. 46021 Valencia.Tel. 34-96 362 96 89.

SANTO TOMÁS DE AQUINO 69. c/ Clariá, 13. 46021 Valencia. Telephone 34-96 369 50 12. TETUÁN. c/ de la Paz, 38. 46003 Valencia. Tel. 34-96 352 98 52. *JAUME I.* c/ Cuenca Tramoyeres, 7. 46020 Valencia. Tel. 34-96 369 11 88.

JAUME II. c/ Benicarló, 37. 46020 Valencia. Tel. 34-96 360 69 93.

LA CONCEPCIÓN. Avda. de Suecia, 23 46010 Valencia. Tel. 34-96 360 04 50.

FACULTADES. Paseo de las Facultades, 4. 46021 Valencia. Tel. 34-96 369 84 62.

JOSÉ LLUCH VIDAL. c/ Isabel la Católica, 46 46100 Burjassot. Telephone 34-96 363 85 04. LOS CENTELLES. c/ Poeta Artola, 14, bajo. 46021

Valencia. Tel. 34-96 369 75 41.

**REUNIVER. c/ José María Haro, 59 46022 Valencia. Tel. 34-96 356 22 63.

REUNIVER BURJASSOT. c/ Jorge Juan, 74, 1.º. 46100 Burjassot. Tel. 34-96 363 57 63.

SORNÍ. c/Sorní, 12, 4.º. 46004 Valencia. Tel. 34-96 351 79 28.

Those studying at the Burjassot Campus can stay in the "La Coma" student hall. This hall is dependent on the Employment and Social Affairs Office. Grants are offered for accomodation in return for specific types of social work. For further information please contact:

Colegio Mayor "La Coma" (Student Hall). Alcácer, 21 (Barrio de la Coma). 46980 Valencia. Tel.: 34-96 364 05 62.



SHARED FLATS

University students normally live in shared flats since is a cheaper than university halls and offers the possibility of living with other students.

If you rent an apartment through an agency, you will be asked to pay a deposit equivalent to one or two months rent which will be returned at the end of your stay (as far as no damage to the flat has been done and once all the bills - electricity, water, gas, etc...-have been paid). Make sure you get a copy of the contract where the terms and conditions between both parties (you and the landlord) are stated.

The minimum rental period is a complete month (you need to plan your arrival date in Valencia accordingly) and so the rent will be paid monthly. In case you decide to leave the flat, you must give your landlord one month prior written notice. As law allows the landlord to keep the deposit as a result of breach of contract, make sure that the deposit will be refunded if you decided to leave the flat prior to the agreed upon contract, date.

An agency by the name of ARIEN CONSULTORES offers some flats for around 120 and 150 euros per person per month including general expenses but water, light, gas, etc... are not included in this price. The contact information is as follows:

AREIN CONSULTORES

c/ Almazora, 70, Bajo, derecha; 46010 Valencia Tel. 34-96 360 39 58; Fax: 34-96 360 39 58.

ONLINE PROPERTIES is an agency that allows you to book rooms or flats online prior to arriving in Valencia. If interested please visit the following website for further information:

www.onlineproperties.org

E-mail: comercial@onlineproperties.org

UNIVERSITY WORLD

Another agency University world, offers you flats and other alternative services as receiving you at the airport or mobile phones.

Campus Universitario Blasco Ibáñez Pasaje Doctor Bartual Moret, 6, 1.º, A1 46010 Valencia; Tel. (34)96 339 05 45 e-mail: info@university-world.net



ALUNI is a company that offers accommodation in flats to university students in Valencia. All the flats are completely furnished. For further information please visit:

http://www.aluni.net

The C.A.D.E. service of the University of Valencia also provides several lists of shared flats offered by other university students. You can contact them at the address below to request further information:

Aulario III (Behind Colegio Mayor Luís Vives) Avda. Menéndez y Pelayo, s/n - 46010 Valencia Tel. 34-96 386 47 71; Fax: 34-96 386 48 27.

You can also find information about available accommodations in one of the weekly newspapers (El Trajín, El Baúl, etc...) available at newsstands. Such information is also available on the notice boards of various faculties and schools.

INTERGENERATION CONVIVENCE PROGRAM

This program, paid by the Social Benefits office gives university students the opportunity to receive free of charge accommodation, by living with a senior citizen. Those interested can get further information by calling [34] 90-2400973 or visiting:

www.caixacatalunya.es/viureiconviure

You can visit http://www.ayto-Valencia.es to view a map of the neighbourhood of an accommodation that you find of interest.

Most student flats do not have a telephone. But the city has an abundance of phone booths and "locutorios", stores you can go to make phone calls. You can use long distance phone cards at many of the phone booths (phone cards can be purchased at newsstands), and some booths accept credit cards. Credit card phones are only recommended when phoning abroad, as there is a minimum charge that makes calls very expensive. As in all countries, Spain has both a national and an international telephone code. When calling Spain from another country, the international code 34 must be used followed by the telephone number, which in Valencia always commences with 96. When calling abroad from Spain you need to dial 00 plus the proper national and provincial telephone codes and the corresponding telephone number. Also when in Valencia you can look around for many of shops where you can buy or rent mobile phones.

GASTRONOMÍA



A cheap alternative that is very trendy among students, is to eat at a "bocatería", which is the Spanish version of an "American Fast Food Restaurant", in which the baguettes and rolls are made daily and filled with any type of food (hot or cold) "tailored to taste".

While in Valencia, one must definitely try the healthy and well-know Mediterranean typical dishes, where vegetables, fruits, fish and meat are prepared in many different ways always mixed with olive oil. And also Valencian rice dishes especially the world famous "paella", one of the most famous varieties, but don't forget about other types such as "arroz negro", "arroz al horno", "arroz a banda."

While in Spain, you should get used to Spanish timetables that are different from the rest of Europe. Lunch is from 14:00 to 15:00, and dinner is from 21:00 to 22:00. If you try to stick to timetable you are accustom to, you will be either too late or too early for many things, thus finding it difficult to go the cinema or theatre. In bars and cafes you can eat at any time, but in restaurants it is difficult to find a place that serves lunch before 13:00 or dinner before 20:00.

If you want to discover the Community of Valencia, its museums, monuments, gardens, and other picturesque spots, the following information offices may be of interest:

- C/ Paz, 48; 46002 Valencia
- Estación del Norte, C/ Játiva, 24; 46007 Valencia
- Aeropuerto de Valencia; 46940 Manises
- Pza. Ayuntamiento, 1; 46002 Valencia.
- Avda. Cataluña, 1; 46010 Valencia

For more information please visit:

http://www.comunidad-valenciana.com
or the official website of the City of Valencia at:
www.ayto-valencia.es

SOCIAL LIFE

In Valencia you can encounter a wide range of cultural events. There are several theatres, the most important being "El Principal"; the Palau de la Música (A music hall with performances of well-known orchestras), and several museums of which the most outstanding is San Pio V, which has a notable collection of 19th century paintings, and the Valencian Institute of Modern Art (IVAM), with collections and temporary exhibitions of contemporary art.

The "Ciudad de las Artes y de las Ciencias" (the city of arts and sciences) is being constructed at the edge of the old river in order to convert it into the symbol of the City of Valencia, to represent cultural diffusion, celebrate events and enjoy.



The weekly leisure guides Turia and Que y Donde, sold at news-stands, provide information on theatres, cinemas, cultural activities and a selection of cafes, bars, etc... and recommendations on how to enjoy Valencia's nightlife.

Valencia's student population is over 80,000 students, and therefore there are many meeting and leisure places with different atmospheres. Plaza Xuquer, Barrio del Carmen, Juan Llorens, Plaza Cánovas, La Malvarrosa or Avda. Aragon are the areas where the night does not seem to end and where you will surely find cafes and pubs that you will like.

Something one cannot miss is the traditional "fiesta" of Valencia, the well-known "Fallas", which start on March 15th and finish on March 19th. During this period, the whole city is coloured by fireworks, flowers, music, traditional costumes and colourful wood-and-plaster models called "fallas", which serve to criticise the politicians, artists and other famous people of Spanish society. These "fallas" are burned during the last night of the festival while the public watches. You will never forget them.

You can get further information regarding the Community of Valencia by visiting these two official websites:

http://www.comunitatvalenciana.com

http://www.ayto-valencia.es

UNIVERSITY OF VALENCIA

The University of Valencia is one of the oldest universities in Europe. In fact, the municipal magistrates of Valencia passed the university Regulations on 30th of April in 1499. In 1501 the Pope Alejandro VI signed the approval bill and one-year later Fernando II "el Católico" (the catholic) promulgated the royal mandatory sanction.

Within its 500 years of history the University of Valencia has widened its fields of study that it now offers courses in almost all areas of studies. The university places at the forefront of its objectives the high quality of its teaching and research.

Moreover, the University of Valencia has an international presence as it is committed to keeping and establishing links with universities all over the world, either through bilateral agreements or by taking part in international programs and networks. This makes it possible for students of diverse nationalities, languages and cultures to interact with one another at the University of Valencia.

The university has about 50,000 students, taught by more than 3,000 lecturers and 1,500 people are dedicated to administration and services.

The distinct areas that compose the University of Valencia are distributed among 3 campuses:



The **Burjassot** Campus: where you can find the Faculties of Biology, Physics, Chemistry, Mathematics, Pharmacy and the School of Technical Engineering.

The Blasco Ibáñez Campus: which has the Faculties of Medicine and Odontology, Philosophy and Education Sciences, Psychology, Geography and History, Languages, the faculty of Physical Education, the university schools of Physioterapy and a bit further, the School of Elementary Education Studies.

The **Tarongers Campus**: where the Faculties of Law, Economics, Business and Social Sciences are located.

The University of Valencia has reformed the degrees it offers as a result of societal demands, courses offered by other universities in the Community of Valencia and due to the availability of educational resources. Currently, the studies offered at either one-cycle qualifications (diplomas) or two-cycle qualifications (degree) are:

SOCIAL SCIENCES:

Dual degree: Lic. in Law and Business Administration.

Dual degree: Lic. in Sociology + Lic. in Political Sciences.

Bachelor of Arts in: Economics, Business, Administration and Management, Law, Psychology, Sociology, Actuarial and Financial Science, Market Research

and Techniques, Labour Science, Criminology, Political Sciences and Administration, and diplomas in Business Studies, Social Work, Labour Relations, and Tourism.

BASIC AND TECHNICAL SCIENCES:

Bachelor of Science in: Biology, Biochemistry, Environmental Sciences, Physics, Mathematics, Statistical Science and Technology, Chemistry, Computer Engineering, Electrical Engineering and Chemical Engineering, Technical Engineering in Telecommunications-Specialising in Electronic Systems, Technical Engineering in Telecommunications-Specialising in Telematics, Diploma in Optics and Optometry as well as a double major in Computer Engineering and Technical Engineering in Telecommunications, specialising in Telematics.

HEALTH SCIENCES:

Bachelor of Science in Food Sciences and Technology, in Medicine and Surgery, in Odontology, and in Pharmacy and Diplomas in Nursing, Physiotherapy, Podology, and Human Nutrition and Diet.

HUMANITIES:

Bachelor of Arts in Philosophy, Geography, History, History of Art, Humanities, Classic Philology, Spanish Philology, Catalan Philology, French Philology, English Philology, Italian Philology, German Philology, Journalism, Audio-visual Communications, Translation and Interpretation and diplomas in Library Sciences and Documentation.



EDUCATION:

Masters specialising in Physical Education, Musical Education, Elementary Education, Special Education, Foreign Language Education, Infant Education and Hearing Disabilities and Language Education. Diploma in Social Education and Bachelor of Arts in Pedagogy, Psychopedagogy and Sport and Exercise Sciences.

There are also private institutes that participate in the Socrates-Erasmus program under the Institutional Agreement of the University of Valencia. These include the Business and Management School "La Florida", as well as the Nursing Schools of "Fé" and "Castellón", which are a part of the Public Health division.

In recent years, the reformation of Postgraduate and Doctorate studies has permitted the beginning of a research career for thousands of graduates and at the same time it has opened the door to Postgraduate, Speciality and Master courses which results in the offering of roughly 30 courses that 3000 graduates and professionals have registered for.

Every campus has libraries that lend out books that can be accessed by university students free of charge. To obtain membership you must register at the information desk of the library with your Erasmus student card.

You can also find diverse literature in the magnificent "Biblioteca Histórica" of the university situated in the ancient building located at the Calle de la Nave in which you can find ancient books and other specific examples of publications of rabid news. You can also visit other libraries that are not part of the University of Valencia such as:

BIBLIOTECA MUNICIPAL; Pza. Maguncia, 1 46018 VALENCIA.

BIBLIOTECA PROVINCIAL; c/ Hospital, 11 46001 VALENCIA.

CENTRE CULTURAL BANCAIXA; Pza. Tetuán, 23 46003 VALENCIA.

SPORTS

The University of Valencia also offers sports and Physical Education Services by offering diverse courses and sports activities. The University has also signed agreements to allow students to practice sports at other sport centres in the city. Many sports teams formed by university students also exist, and they await you. For further information please contact:

Physical Education and Sports Services, Avda. Menéndez Pelayo, 19 - 46010 Valencia. Tel. 34 96 398 32 36.

Or please visit: http://www.uv.es/sesport/



ACADEMIC CALENDAR

First semester: from September 15th to the end of January.

Second semester: from February 15th to the end of June.

The first 15 days in February and the last 15 days in June are final examination periods.

Sundays, all national, local holidays and August are non-working days for the university staff. "Fallas" (from March 16th to 19th) is also a holiday. Also, each School and Service may propose one day as their own holiday.

Each term has a break that coincides with Christmas, Fallas and Easter holidays. Here are the holidays that take place in the Community of Valencia:

October 9th	Day of the Community of Valencia
October 12th	Spain's National Day
November 1st	All Saints Day
December 6th	Constitution Day
December 8th	Inmaculada Concepción Day
December 25th	n Christmas Day
January 1st	New Years Day
January 6th	3 Kings Day
January 22nd	San Vicente Mártir Day
March 19th	San José Day
May 1st	Labour Day
August 15th	Asunción Virgin Day

The dates on which Good Friday and San Vicente Ferrer festivities are held can vary from one year to another, however they normally occur during April.

REGISTRATION

Students from foreign universities participating in international programs will enrol at their universities of origin and also with the secretary of the Faculty of the University of Valencia that corresponds with their studies. Such students are not subject to the same regulations as Spanish students or foreigners (that are not part of an international program), but they are considered to be official students. Each Faculty will be responsible for the welcoming and incorporation of the foreign students that fall within their faculty and for handing out certificates of achievement.

If you have not mailed the following items to the International Office prior to your departure to Spain, upon arrival you should hand them into the office:

- Letter from home university stating that you are an exchange student or Erasmus student.
 - Photocopy of passport or identity card.
 - 3 passport sized photos.
- Photocopy of form E-111 or E-128 of the National Insurance (Social Security) or a copy of your private medical insurance policy.

You will be registered with the Administrative Office of your particular Faculty and they will give you a student



card and informative documents, they will also give you a time and date so that you can speak to the coordinator in charge of your field of study while in Valencia. With him or her you can decide which courses to take and after you can sign-up for the courses at the Administrative Office. Also, by paying 1.12 € (if you are under 28 years old) you are covered by school insurance.

If you are not a citizen of the European Union, the Spanish Embassy in your country will provide you with a student visa valid for 1 month. You can find out more information by visiting www.uv.es/relint or going to the International Relations Office. In order to prolong your stay you must contact "Comisaría de Policía de Patraix" located at c/ Els Gremis nº 6, 46014 Valencia, with all the documents you can find on the website of the Delegation of the Government: www.mir.es

ALL THE SERVICES OF THE UNIVERSITY OF VALENCIA ARE OFFERED TO THE PUBLIC FROM 9:00 - 14:00 FROM MONDAY TO FRIDAY. WE SUGGEST THAT YOU TAKE THIS INTO CONSIDERATION WHEN ARRIVING TO VALENCIA.

DISCOUNTS FOR STUDENTS

If you are under 26, you can obtain a "Carnet Jove" (youth card) by taking 1 small photo, your passport and 7.28 € to the IVAJ (the Youth Institute). This card entitles you to discounts on transportation, cinemas,

theatres, travel, etc... For further information please contact:

INSTITUTO VALENCIANO DE LA JUVENTUD c/ Hospital, 11. Tel. 012

You can also inquire about other discounts and advantages for students at CADE.

LANGUAJE COURSES

We recommend foreign students to have a good command of Spanish as university classes are carried out in Spanish or Valenciano.

SPANISH COURSES

The Official School of Languages, "La Escuela Oficial de Idiomas", offers various level of Spanish courses throughout the year. For further information please contact:

C/Llano de Zaidía, 19. 46009 Valencia Tel (34) 96 340 50 22

PRIVATE ACADEMIES TO LEARN SPANISH also exist. You can contact such institutes directly when you arrive in Valencia.

The "Centro de Idiomas" is an organisation working with the university which is specialised in providing Spanish Language courses for foreign students who wish to practise and improve their Spanish before or



while at the university. Courses vary in duration and cover a wide range of topics relating to Spanish language and culture. Dates vary according to university term times. Students of exchange programs receive a special fee. You can obtain further information by contacting:

Centre d'Idiomes C/ Joan Reglá, 6

Phone: [34] 96 339 46 30

www.uv.es/idiomas/

VALENCIAN CLASSES

The Community of Valencia is bilingual such that Spanish is used as much as Valenciano. If you would like to learn Valenciano for free please contact:

Servei de Política Lingüística c/ Menéndez y Pelayo, 3-5

STUDENT INSURANCE

Exchange students that pay 1.12 to the administrative office of their Faculty in Valencia will be given the best in student insurance.

The "Mutualidad del Seguro Escolar," an academic insurance company was created in 1953 with the intentional of dealing with family and health contingencies which can affect both secondary and higher education students.

To apply for the benefits covered by this insurance, you need to fill in the official forms available from the National Institute of the Social Security (INSS). You can also apply for these benefits at its Urban or Regional Agencies, where your queries will also be answered. The application form includes the minimum formal requirements, and must be submitted in the above-mentioned offices.

The benefits that you are granted are as follows, however keep in mind that foreign students have some limitations to the list below:

- School Accident.
- Pulmonary or Bone Tuberculosis.
- Surgery.
- Neuropsychiatry.
- Family Misfortune.
- Obstetrics.
- Discretionary Benefits.

If you have a school accident you must go to any health centre that is listed below under the heading "Health Centres". If you would like to use other benefits you must fill out an official form that can be obtained by the INSS, whose address is listed later in this booklet.

Nationalities covered under the school insurance are: Hispanics, Andorran, Philippine, Brazilian, Syrian, Jordanian, Guinean, Moroccan, Iraqi, Swiss, North



American, Algerian, Haitian and all the nationalities falling within in the European Union.

For further information please contact:

Servicio de Prevención de Riesgos Laborales de la Universitat de València, Tel.: [34] 96 398 33 01.

HEALTH CENTRES

In the case that a student requires General Practice treatment due to common disease, or to determine the need of specialised care, he/she will be able to go to the following centres. Students should take their National Identity Card or Passport along with proof of Student Insurance coverage:

Clínica Universitaria

Pl. del Ayuntamiento, 8, 8.º. 46002-Valencia

Tel. 34-96 352 03 43

Surgery hours: 11 to 14 h. and 16 to 18 h.

Hospital 9 d'Octubre

C/ de la Vall de la Ballestera, 59. 46015 Valencia

Tel.: 34-96 346 00 00.

Clínica Quirón S. A. de València

Av. de Blasco Ibáñez, 14. 46010 Valencia

Tel.: 34-96 369 06 00

Surgery hours: uninterrupted.

Centro Médico Alboraia

C/ Flora, 5. 46010 Valencia

Tel.: 34-96 362 62 62 Surgery hours: 9 to 21 h. Centro Médico Arlandis-Malonda

Paseo Gregorio Mayans, 2, 2.ª. 46780 Oliva

Tel.: 34-96 285 36 48

Surgery hours: 10 to 14 and 16 to 20 h.

Centro Medico Archiduque

Archiduque Carlos, 23, 1.º,1.º. 46018 Valencia

Tel.: 34-96 382 55 55.

Sermesa

Servicios de Medicina Preventiva S. A.

C/ Major, 10. 46920 Mislata

Tel.: 34-96 359 74 22.

Clínica Sagrada Familia

Dr. Juan Rodriguez Catalá

Pl. del Ejército Español, 13. 46700 Gandía

Tels.: 34-96 287 47 40 v 34-96 287 47 41

Centro Médico "Vall"

C/ de la Vall, 18. 46410 Sueca.

Tel. 34-96 170 20 96.

Clínica Sorolla

C. del Poeta Mas y Ros, 88. 46022 Valencia

Tel: 34-96 356 03 07 Surgery hours: 9 to 21 h.

Clínica San Jose s.l.

Av. del País Valencià, 79.

46137 La Pobla de Farnals

Tel.: 34 96 14410 52



In case of EMERGENCY you must go to the Hospital 9 d'Octubre or the Clinica Universitaria Hospital Clinico or Clinica Universitaria, the later during the hours listed above. Those hospitals and health centres under the National Health Service, as well as private hospitals, not mentioned above, are not included as co-operating institutions in the school insurance policy, and, therefore, their use will solely entitle the student to receive the refund of the expenses, only in the foreseen cases and with the established rates. For further information please contact:

I.N.S.S. C/ Bailén, 46 VALENCIA Tel.: 34-963 176 000, Ext.: 6031

Before leaving your home country, you should inquire about which medical benefits you have access to as a European student. You should obtain an E-111 or E-128 or a health card that allows you to receive medical assistance from Spanish public hospitals. If you are not a European citizen you should inquire as to whether any type of medical agreement exists between Spain and your home country. If one is not available obtain the best possible insurance policy.

UNIVERSITY ADVISING

If you have any kind of disability the University of Valencia provides you advising services in which you

will receive guidance, support and technical assistance in order to guarantee you the same equality as other students. For further information please contact:

ASESORIA UNIVERSITARIA PARA ESTUDIANTES CON DISCAPACITACIÓN.

Avda. Blasco Ibáñez, 21. 46010 Valencia Tel. 96 398 34 26. Fax: 96 398 34 27.

e-mail: assdiscap.cade@uv.es

Also, the advising centre "El Centro de Asesoramiento y Dinamización de Estudiantes" (CADE) also offers other sorts of advising:

UNIVERSITY LEGAL GUIDANCE ADVISING SERVICE: Asesoría Universitaria Jurídica.

C/ Grabador Esteve, 28. 46004 Valencia

Tels.: 96 351 33 02/96 351 32 53/649 910

821. e-mail: mjgarrido44@hotmail.com

UNIVERSITY PERSONAL GUIDANCE ADVISING SERVICE:

Asesoría Universitaria de Orientación Personal Avda. Primado Reig, 151, 9.ª. 46020 Valencia. Tel. 96 393 07 31.

THE ECTS SYSTEM

ECTS stands for the "European Credit Transfer System." This system is integrated into the ERASMUS program (European Community Action Scheme for the Mobility of University Students). One of the objectives



of this program is the promotion of the academic recognition within the European Union, thus permitting the free movement of students within the Union.

ECTS is a decentralised system based on the principle of mutual trust among all the participating institutions.

Each institute provides a description of the courses it offers along with their credit values in order to facilitate the course selection process for students from other universities. Students participating in ECTS that have taken courses at other institutions can transfer their academic credits from one institution to another.

The University of Valencia has implemented the ECTS in all its degree programs. For further information please visit:

http://www.uv.es/relint or http://sestud.uv.es/ects/

PLACEMENT AS A CONVERSATION ASSISTANT IN THE ENGLISH STUDIES DEPARTMENT FOR NATIVE ENGLISH SPEAKING ERASMUS STUDENTS

Get to know the *University of Valencia* and its students. Expand your CV. Gain experience! Would you like to help in English classes?

With this project we want to better integrate English speaking students into university life through their

participation in English Language Classes I, II & III. This way they can get to know the University better, make friends and organise "conversation exchanges" outside the classroom, which will allow them to improve their Spanish in a quick and fun way.

If you are interested in participating in this project through either of two options (see below), please read the information that follows their descriptions.

a) Conversation Assistant

If you are a native English speaker, you can meet many Spanish students by attending a minimum of one practical English class a week (students can opt to attend more than one group if they wish to add additional assistant hours to their certificate). The tasks of the assistant will be to help in the classroom as well as helping the professor in correcting compositions. At the end of the course you will be given a certificate which details your work in the classroom as well as the number of hours you dedicated towards the program.

b) Conversation Assistant for 5 credits - ECTS & Conversation Assistant Certificate

There are a limited number of spaces available for this option titled "autopracticum", the number will depend on the demand from the department. If there are more candidates interested in this option than are necessary, the selection will be based on an interview.



Students who register for the *Autopracticum* "Asistente de Conversación Sócrates en Filología Inglesa" (Socrates Conversation Assistant in English Studies) have the right to obtain 5 credits as well as a Conversation Assistant certificate.

Assistants will dedicate 100 hours to helping teach English Studies (English Language I, II & III) both inside and outside the classroom and will receive a mark at the end of the course.

It is mandatory for students to attend all the classes as well as complete all the tasks set out by their tutor and the professors they assist. Failure to complete any of the above may result in credits being withheld.

The types of tasks which students will participate in vary according to needs at any given time. In this way it is hoped that they will be able to help the professor. Tasks may include, among other things:

- Creating small conversation groups to practice outside the classroom.
- English-Spanish conversation exchange called "intercambio coversacional".
- Searching for literature written in English via the Internet and by visiting the library.
- Helping translate documents into English.
- Helping correct students' work in English.
- Attending classes to aid students with disabilities.
- Participating in seminars for reading comprehension and vocabulary in English.

- Participating and supervising writing sessions.
- General help in teaching English Language I, II & III. If you are interested in either of the two options, please contact Carmen during her consulting hours before finalising your registration and you will be assigned a professor/tutor. Beforehand, send your details by email to carmen.gregori@uv.es, including the following information:

Name and Surname:

Home University:

E-mail:

Period of Stay in Valencia:

Phone Number:

IMPORTANT: This is a guide created by a project which is just starting, and as such it is liable to change and alteration according to the requirements of the Department of English and German Studies. Your Erasmus Co-ordinator will inform you of any changes that take place. You can also consult:

www.uv.es/~gregoric/Socrates_Erasmus/socrates_gregori.html



USEFUL ADDRESSES

Dirección de Relaciones Internacionales. Convenios. (International Realtions Office Dealing with Agreements)

e-mail: Relaciones.Internacionales@uv.es

Telephones: 96 386 47 31/96 386 48 02/96 398

33 91. Fax: 96 398 34 62

Negociado de Programas de Intercambio:

(Exchange Program Department): Dealing with the following programs: Erasmus, Tempus, Alfa, Jean

Monnet, Séneca.

e-mail: Relaciones.Internacionales@uv.es Tel.: 96 386 47 31/96 386 48 02.

Fax: 96 398 34 62

Negociado de Relaciones Exteriores: (Foreign Relations Department): Exchanges with the rest of the world,

AECI programs and its development.
e-mail: Relaciones Internacionales@uv.es

Tel.: 96 386 41 80 Fax: 96 398 34 62

DISE: Servicio de Información al Estudiante (Student

Information Office). e-mail: Dise@uv.es Tel.: 34-96 386 40 40 Fax: 34-96 360 30 47 CADE: Centro de Asesoramiento y Dinamización del

Estudiante.

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