

HEALTH INFORMATION FOR THE MOBILE WORKER:

SOCIAL SECURITY GENERAL REGIME STAFF + UMIVALE

The Social Security Section of the University of Valencia will send you the following information by email, depending on the destination of your trip:

- **Travel to EU Member States, EEA, Switzerland, the United Kingdom, and Gibraltar:**

For temporary healthcare, the displaced worker will need to apply for the European Health Insurance Card through the following link:

[TSE](#)

If the posted worker will be living in the host country, they will need to request the S1 Document in Spain and present it in the country where they will be living to access healthcare.

This document certifies the right to receive healthcare covered by Spain in cases of habitual residence in another country of the European Union, Iceland, Liechtenstein, Norway, Switzerland, or the United Kingdom.

You can request it at the following [link on the Social Security benefits portal](#) (they will ask that you have previously obtained the A1 document or the corresponding agreement issued by the General Treasury of Social Security).

- **Trips to the other foreign countries where there is an agreement with the Spanish Social Security:**

It is recommended that you take out a private health insurance policy.

RIGHTS AND OBLIGATIONS OF A DISPLACED WORKER:

During their stay abroad, every **posted worker** has a series of rights and obligations that need to be taken into account.

As for rights, they would mainly include the right to healthcare, for example, through the **European Health Insurance Card** or the **S1 document**; the option to choose the applicable social security scheme, in this case, that of their country of origin; and access to certain benefits such as temporary disability or work accident benefits.

However, among the **obligations** is to inform the University of Valencia of **any changes in your work situation**, as well as to comply with the regulations of the destination country regarding your work activity.