

3rd June, 2020

To Whom It May Concern:

I am pleased to report that I highly recommend Professor Maria Carmen Gomez Cabrera change the dates of her stay in my laboratory so that it is carried out in 2021 instead of 2020. The reason for the change in dates is the impact that the COVID-19 pandemic is having in my lab. It is currently closed and it is not expected to open during the original dates of the stay. Dr. Gómez-Cabrera will be welcomed as a visiting researcher to my laboratory at the National Institute on Aging (NIA), Translational Gerontology Area, from July 2, 2021 to September 25, 2021.

Her work in my laboratory will focus on the study of the differential influence of anaerobic and aerobic exercises in aging. In particular, she will intend to identify the main adaptive responses, at muscular and bone level, in young and old mice subjected to two programs of different daily training for 4 weeks.

It is expected that she will design and execute a novel set of experiments related to the objectives of my NIH grant on this topic, analyze and interpret the data, and write up the work in a form suitable for publication in a scientific journal.

I feel this collaboration will be beneficial for her research at her home institution and I am pleased at the prospect of her joining my research program.

Yours faithfully,



FDO: RAFAEL DE CABO



Rafael de Cabo
Senior Investigator
Translational Gerontology Branch
251 Bayview Boulevard
Suite 100
Baltimore, MD 2122