



## COURSE DATA

### DATA SUBJECT

**Code:** 33212  
**Name:** Basketball  
**Cycle:** Undergraduate Studies  
**ECTS Credits:** 6  
**Academic year:** 2025-26

### STUDY (S)

Degree	Center	Acad. year	Period
1312 - Degree in Physical Activity and Sport Sciences	Facultat de Ciències de l'Activitat Física i Esports	1	First quarter, Second quarter
1331 - Degree in Physical Activity and Sport Sciences (Ont)	Facultat de Ciències de l'Activitat Física i Esports	1	Second quarter

### SUBJECT-MATTER

Degree	Subject-matter	Character
1312 - Degree in Physical Activity and Sport Sciences	Foundations of team sports	COMPULSORY
1331 - Degree in Physical Activity and Sport Sciences (Ont)	Fundamentos de los Deportes Colectivos	COMPULSORY

### COORDINATION

SANCHIS SANCHIS ROBERTO

## SUMMARY

The aim of the subject "Basketball" is to provide future graduates in Physical Activity and Sport Sciences with the basic knowledge of basketball in order to be able to develop their professional activity in the initial stages of this sport.

This compulsory first-year subject is located within the general framework of collective sports, serving as an introduction for future specialisation in subsequent years, where students will be able to perfect and deepen their theoretical and practical knowledge of this sport.

Thus, the subject "Basketball" will offer students a series of knowledge and skills that will be applicable, not only to this sport, but also to a large part of collective sports, so that it provides a comprehensive training for the graduate in Physical Activity and Sport Sciences.

## PREVIOUS KNOWLEDGE



## RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

## OTHER REQUIREMENTS

No specific prior knowledge is required. However, due to the nature of the tasks that will be required throughout the course, it is recommended that students have a basic knowledge of office automation (word processing, spreadsheets, etc.) and video editing. For the correct development of the practical sessions, it is highly recommended that students have a basic knowledge of basketball regulations, as well as a basic knowledge of the basic technical-tactical skills of this sport (dribbling, passing, shooting, etc.)

## COMPETENCES / LEARNING OUTCOMES

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Apply the principles of fundamental rights, gender equality, equal opportunities, universal accessibility for people with disabilities, solidarity, environmental protection, the culture of peace and democratic values.

Apply the strategic tactical fundamentals of team play in collective sports (football, basketball and handball).

Design, implement and evaluate the teaching and learning processes of collective sports (football, basketball and handball).

Integrate collective sports (football, basketball and handball) as an educational means in the school stages.

Know and understand the common characteristics of collective sports (football, basketball and handball).

Master the specific gestural motor development in collective sports (football) in the theoretical-practical aspects of the game in attack and defence.

Select and know how to develop sports material and equipment suitable for each type of collective sport.

## DESCRIPTION OF CONTENTS

### 1. Player training in the initial stages.

- 1.1. Basketball analysis.
- 1.2. Offensive technical skills.
- 1.3. Defensive technical skills.



## 2. Team management in the initial stages.

- 2.1. The coach. Team management and leadership.
- 2.2. Match and competition management in the initial stages.
- 2.3. Studying the game.
- 2.4. Organisation and management of basketball competitions in the initial stages.

## 3. Basketball teaching.

- 3.1. Basketball teaching and methodology in the initial stages.
- 3.2. Management and evaluation of the teaching/learning session.
- 3.3. Risk management in the practice of basketball.

## 4. Attack and defence tactics in initial stages.

- 4.1. Dynamic game.
- 4.2. Positional game.
- 4.3. Space game.

## WORKLOAD

### PRESENCIAL ACTIVITIES

Activity	Hours
Classroom practices	60,00
<b>Total hours</b>	<b>60,00</b>

### NON PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at other activities	0,00
Individual or group project	25,00
Independent study and work	30,00
Preparation of lessons	9,00
Preparation for assessment activities	12,00
Resolution of case studies	5,00
<b>Total hours</b>	<b>81,00</b>

## TEACHING METHODOLOGY

The development of the course is structured around 2 theoretical and practical sessions a week for 2 hours during a semester.



90% of the total are engaged in the acquisition of specific skills of basketball and the remaining 10% is dedicated to the exhibition and group discussion of theoretical aspects.

The students presented over the semester, several works related to learning and teaching of basketball, or some of the contents of the program blocks, in order to expand the information gained by using new technologies and databases.

In addition, the possibility of carrying out activities outside the centre with the aim of improving the students' theoretical and practical skills is also considered. These activities will take place during the subject's regular schedule, and if they are held at a different time, they will not be mandatory.

## EVALUATION

### 1. CONTINUOUS ASSESSMENT

The assessment of the subject will be continuous. Throughout course, the teaching staff will require different assignments and tasks in order to favour the acquisition of the contents of the subject.

Attendance and active participation in the sessions will be necessary for the acquisition of the basic competences.

***In order to be eligible for continuous assessment it will be necessary to actively participate in 80% of all sessions.***

In case of injury/illness, as long as it is duly justified (medical justification), the teacher will assign complementary tasks that the student will have to carry out during the session. There will be no other type of exemption from the sessions (work, non-university competitions, etc.). Likewise, lateness and/or absence before the end of the sessions will be treated as unjustified absences.

***The final mark in the CONTINUOUS ASSESSMENT will be the weighted average of sections A, B and C. In addition, it will be an essential requirement to obtain a mark of 5 or more in each of the sections in order to pass the course, until the two examinations have been completed. When a student has obtained a mark equal to or higher than 5 in a section, he/she may not be assessed again in the same section in another examination. In case of failure, the marks of any section will not be kept for future courses.***

#### **A) Tasks and assignments (30%).**

The mark in this section will result from the weighted average of the different assignments and tasks required by the teaching staff. The specific value of each of the tasks/assignments will be defined by the teaching staff throughout the course.

All assignments and tasks required by the teaching staff must be submitted in the established form and on the established date. Those tasks/assignments that do not comply with this requirement will be marked



with a 0.

If a student submits a plagiarised work, he/she will be assessed with a 0 in the whole section A, regardless of whether he/she has submitted other original works. The teaching staff will use plagiarism detection software. Likewise, if the teaching staff finds signs of use of ChatGPT or other artificial intelligences, he/she will study the case and the student may be assessed with a 0 in the whole section A, regardless of whether he/she has submitted other original work.

*"The literal copying, in whole or in part, of other people's work and presenting it as one's own is considered unacceptable conduct in the academic field. On the other hand, and by the Law on Intellectual Protection, total or partial reproductions of other people's works are usually forbidden, and non-compliance may give rise to the corresponding criminal offences."*

### **C) Theory exam/s (40%).**

Before the end of the term, students must take a written exam with questions related to the contents of the course.

### **D) Practical exam/s (30%).**

Before the end of the term, and as part of the continuous assessment, students must take one or more practical tests based on the design and implementation of one or more tasks that demonstrate the acquisition of the competences included in this guide.

### **\* Extra training (up to 0,5 additional points)**

With the aim of promoting the complementary training of students, those students who wish to do so may propose and participate voluntarily in training activities related to basketball. These activities may add up to 0.5 additional points to the final mark for the subject.

**IMPORTANT:** for an activity to be considered as extra training, it must be presented to the teaching staff before it is carried out, who will determine whether it can be considered as extra training, as well as the additional value (mark) that it would entail. In addition, no activity carried out after the last day of class may be submitted.

## **2. FINAL ASSESSMENT.**

This type of assessment is reserved for those students who have not attended at least 80% of the course sessions.

The final mark in the FINAL ASSESSMENT will be entirely determined by the mark obtained in the theoretical-practical exam.

Theoretical-practical exam (100%)



The theoretical-practical exam will consist of a written exam covering both the theoretical and practical contents of the course. To pass the exam, students must pass both parts: the theoretical content section and the practical content section.

(Notes provided by the teaching staff as well as the bibliography listed in this guide should be taken into account).

## REFERENCES

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