

**COURSE DATA****DATA SUBJECT**

**Code:** 33319  
**Name:** Psychopathology  
**Cycle:** Undergraduate Studies  
**ECTS Credits:** 9  
**Academic year:** 2025-26

**STUDY (S)**

Degree	Center	Acad. year	Period
1319 - Degree in Psychology	Facultat de Psicologia i Logopèdia	3	Annual

**SUBJECT-MATTER**

Degree	Subject-matter	Character
1319 - Degree in Psychology	Psychopathology	COMPULSORY

**COORDINATION**

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**SUMMARY**

Psychopathology is a basic subject for any professional activity developed by psychologists, and consequently their knowledge is essential in any professional field. The course organization responds to this purpose. The main objective is to explain and analyse, from a psychological perspective, the basic elements that characterize the mental, emotional, and behavioural disorders and / or problems of individuals. The course program is divided in two parts. The first one has the following specific objectives: 1) to present the history and concept of psychopathology, 2) to analyse the main disturbances and anomalies that occur at several stages, different stages and knowledge processes, 3) to examine the disorders and problems related to emotions, mental experiences, and those related to the behaviour and human activities, and 4) to present and critically analyse the principles of the current diagnosis and classification systems of mental and behavioural disorders. The second part aims to study and analyse the more prevalent mental and behavioural disorders, focusing on current scientifically supported psychological explanatory models and theories. Each of these parts will be accompanied by practical activities, with the following goals: 1) to settle the theoretical knowledge acquired, 2) linking such knowledge with the reality of human psychopathology, 3) to promote the critical thinking of the student about the inherent complexity of health and disease processes, and 4) to educate students on the obligation of knowing and respecting mental and behavioural disordered people human rights, including those specific to the psychologist as they are referred to in the Code of Ethics training. In order to achieve these objectives real life problems and situations will be analysed. Finally, due to the course extension (ECTS) and its location in the Psychology studies, the topics will be analysed from an introductory and general perspective.



## PREVIOUS KNOWLEDGE

### RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

### OTHER REQUIREMENTS

Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

Other requirements

Students should have acquired basic knowledge and skills in the first year (Psychobiology, Perception and attention, Learning psychology, Life span Psychology I and II, Physiological psychology I, and Social psychology I and II) and the second year courses (Psychological Assessment, Personality and Individual differences, Memory psychology, Motivational and emotional psychology, Physiological psychology II, Developmental disorders and learning difficulties

## COMPETENCES / LEARNING OUTCOMES

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Be able to describe and measure variables (personality, intelligence, attitudes, aptitudes, etc.) and cognitive, emotional, psychobiological and behavioural processes.

Be able to make a diagnosis according to professional criteria

Be able to prepare oral and written reports.

Know and comply with professional ethics of Psychology.

Know how to access and use the different documentary sources of psychopathology, show a mastery of the strategies necessary to access the information and assess the need for documentary update.

Know how to analyse and interpret the results of assessment.

Know the characteristic symptomatology of the different mental and behavioural disorders, their causes, factors that influence their prevalence, and the international systems of classification and diagnosis.

Know the different approaches that have contributed to the historical development of psychopathology and their influence on the production of knowledge and on the professional practice in psychology in the field of mental health.

Know the different fields of application of psychopathology, its possibilities and limits, and the need for interdisciplinary collaboration with other areas and professionals in mental health.

Know the factors (psychological, biological and social) that interrelate and affect human behaviour and



experience, both in normal and pathological contexts.

Promote and contribute to the health, quality of life and well-being of individuals, groups, communities and organisations.

Students must be able to apply their knowledge to their work or vocation in a professional manner and have acquired the competences required for the preparation and defence of arguments and for problem solving in their field of study.

Students must be able to communicate information, ideas, problems and solutions to both expert and lay audiences.

Students must have acquired knowledge and understanding in a specific field of study, on the basis of general secondary education and at a level that includes mainly knowledge drawn from advanced textbooks, but also some cutting-edge knowledge in their field of study.

Students must have developed the learning skills needed to undertake further study with a high degree of autonomy.

Students must have the ability to gather and interpret relevant data (usually in their field of study) to make judgements that take relevant social, scientific or ethical issues into consideration.

Value the contributions made by scientific research to knowledge and professional practice.

## DESCRIPTION OF CONTENTS

### **1. Historical foundations and concepts of psychopathology. Study of the disturbances in psychological processes and functions. Fundamentals of the diagnosis and classification of human behavioral and mental disorders.**

Topic 1. History, concept and diagnostic systems of psychopathologies

- Origins and roots of psychopathology
- Conceptual developments: models in psychopathology
- Relevant concepts of psychopathology
- Definition and criteria of psychopathology
- Diagnosis and classification of mental behavioral disorders and alternative models.
- The psychopathological exploration

Topic 2. Disturbances in psychological processes and functions I:



- Disturbances of attention
- Disturbances of consciousness
- Identity disturbances

Topic 3. Disturbances in psychological processes and functions II:

- Disturbances of perception and imagination
- Memory disturbances

Topic 4. Disturbances in psychological processes and functions III:

- Disturbances in the thinking process: form
- Disturbances in the thinking process: content
- Language disorders

Topic 5. Disturbances in psychological processes and functions IV:

- Disturbances of feelings and emotions
- Disturbances of psychomotor activity and of intentional behavior

## **2. An introduction to mental and behavioral disorders**

Topic 6. Depressive and bipolar disorders

- Categorization and clinical characterization of depressive disorders
- Categorization and clinical characterization of bipolar disorders
- Epidemiology, comorbidity, course and prognosis

Topic 7. Anxiety disorders

- Categorization and clinical characterization
- Epidemiology, comorbidity, course and prognosis

Topic 8. Stressor- and trauma-related disorders

- Categorization and clinical characterization
- Epidemiology, comorbidity, course and prognosis

Topic 9. Obsessive-compulsive spectrum disorders



- Categorization and clinical characterization
- Epidemiology, comorbidity, course and prognosis

Topic 10. Somatic Symptom and Related Disorders

- Categorization and clinical characterization
- Epidemiology, comorbidity, course and prognosis

Topic 11. Dissociative disorders

- Categorization and clinical characterization
- Epidemiology, comorbidity, course and prognosis

Topic 12. Schizophrenia and Schizophrenia Spectrum Disorder

- Categorization and clinical characterization
- Epidemiology, comorbidity, course and prognosis

Topic 13. Eating disorders

- Categorization and clinical characterization
- Epidemiology, comorbidity, course and prognosis

Topic 14. Personality disorders

- Categorization and clinical characterization
- Epidemiology, comorbidity, course and prognosis

Topic 15. Other mental and behavioral disorders

**WORKLOAD**

**PRESENCIAL ACTIVITIES**

Activity	Hours
Theoretical and practical classes	90,00
<b>Total hours</b>	<b>90,00</b>

**NON PRESENCIAL ACTIVITIES**

Activity	Hours
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Attendance at other activities	5,00
Individual or group project	10,00
Independent study and work	65,00
Preparation of lessons	10,00
Preparation for assessment activities	10,00
Resolution of case studies	35,00
<b>Total hours</b>	<b>135,00</b>

## TEACHING METHODOLOGY

The methodology will be active and participatory, with theoretical and practical classes designed to enhance significant learning of the subject. For each topic, there will be a conceptual presentation, a discussion of the proposed contents, and an application to practical proposals of the contents and the learning process, with the aim of enabling students to acquire the subject's competencies.

The basic instructional techniques are: (1) Theoretical classes taught by the teacher in which the different contents of the subject will be developed, while promoting the participatory intervention of the students through the resolution of questions that arise throughout the presentation; (2) Practical classroom activities that complement the subject matter (e.g., analysis of clinical cases, psychopathograms, medical records).

Mobile devices, tablets and laptops will be used as part of the teaching methodology, as proposed by each teacher.

## EVALUATION

SE1.- Assessment of theoretical and practical contents by oral, written or skill performance examinations (95%). Course Guide 33319 Psychopathology 33319 Psychopathology.

SE2.- Oral or written presentation of reports (individual or in group), clinical cases, problem solving and management of diagnostic tests (5%).

### ASSESSMENT POLICY

SE1 Assessment of theoretical and practical contents by written examination (95%). Marks in this section represent 90% of the final grade.

There will be objective tests of theoretical and practical contents (45%), as well as development tests consisting of the analysis of clinical cases (psychopathograms, clinical histories) (50%).

Since the time load of the subject during the first semester doubles the second one, the tests about the contents learnt during the first semester account for 60% of the final grade (objective part 30%, development part 30%, total 60%); and those learnt during the second semester account for 30% of the final grade (objective part 15%, development part 20%, total 35%).

SE2 Oral or written presentations of activities, reports, clinical cases, etc., represent 5% of the final grade. Distinction grades will follow the provisions set in the Article 17 of the UV Evaluation and Grading Regulations. The procedure to be followed in case of a tie will be established by the teaching staff at all times, notifying the involved students in the



case of a written or oral test in which the contents of the subject will be evaluated.

#### MINIMUM REQUIREMENTS

SE1 Pass each of the tests carried out by getting a minimum of 50% in each of their parts (objective test and case analysis development test):

- Assessment of the first semester contents: a minimum of 3 out of 6 of the final grade. Specifically, a minimum of 1.5 must be achieved in the objective test and a minimum of 1.5 in the case analysis development test (i.e., psychopathogram).

- Assessment of the second semester contents: a minimum of 1.75 out of 3.5 of the final grade. A minimum of 0.75 must be reached in the objective test, and a minimum of 1 in the case analysis development test (i.e., clinical history).

SE1 Each of the four parts can be retaken in second call following the same minimum requirements.

SE1 In the objective test part of the exams, it is mandatory to answer at least 60% of the questions. Provided that 60% of the questions of the objective part of the exams are answered, the correction formula to be applied in the case of multiple choice (or objective) tests will be the usual for this type of tests:  $(\text{Correct answers} - (\text{Errors}/\text{number of alternatives}-1)) / \text{number of questions}$ .

SE1 On the dates of the two official exams, those who have passed any of the exams will do only the tests they did not pass. The final grade of SE1 will be the sum of the grades obtained in each test.

SE2 There is no minimum requirement in this part for passing the course (5% of the final grade, not recoverable). Continuous evaluation activities involve handling of data elaborated during the classes, correction/discussion within the group, etc. It allows obtaining up to a maximum of 0,5 point, which will be added to the score obtained in the SE1 tests, provided that the minimum scores indicated above have been reached in SE1. The grades of those activities that are not recoverable will be kept in the second call.

#### ADVANCE OF CALL

Regarding the possibility for the student to request an advance of the call, as established in the current regulations, the evaluation will consist of the mandatory completion of a theoretical-practical knowledge exam that will account for 100% of the final qualification.

#### WARNING

Copy or plagiarism of any of the evaluation assignments will result in the inability to pass the subject and in the opening of the appropriate disciplinary proceeding. Please note that, according to the Article 13. d) of the University Student Statute (RD1791/2010, 30 December), it is the duty of a student to refrain from using or cooperating in fraudulent procedures in the evaluation tests, in the tasks performed or in official university documents. In the event of fraudulent practices, the Action Protocol for fraudulent practices at the University of Valencia will be applied (ACGUV 123/2020): <https://www.uv.es/sgeneral/Protocols/C83sp.pdf>

During tutoring hours, the teaching staff may request individual or group interviews in order to verify the degree of



participation and achievement of the objectives set for any of the assignments. Failure to accept such verification will result in failing the assignment or activity requested.

#### GRADING SYSTEM

The grading of the course will be subject to the provisions of the Grading Regulations of the University of Valencia (ACGUV 12/2004). (<http://www.uv.es/graus/normatives/Reglamentqualificacions.pdf>)

## REFERENCES

### Basic references

Perpiñá, C. y Baños, R.M. (2019). Manual básico de exploración psicopatológica. Madrid: Síntesis

Belloch, A., Sandin, B Ramos, F. (2024). Manual de psicopatología volumen I y II. 4ª edición. Madrid: McGraw Hill

Beidel, D. C., Bulik, C. M., y Stanley, M. A. (2016). Abnormal psychology: A scientist-practionerApproach. Hoboken, NJ: Pearson

Oyebode, F. (2023). Sims' Symptoms in the Mind: Textbook of Descriptive Psychopathology, 7thEdition. Amsterdam: Elsevier

### Supplementary references

Caballo, V., Salazar, I.C., y Carrobes, J.A. (Dirs) (2014) Manual de Psicopatología y trastornos psicológicos. (2ª edición) Madrid: Pirámide

American Psychiatric Association [APA] (2023). DSM-5-TR. Manual Diagnóstico y Estadístico de los Trastornos Mentales Texto Revisado. 5ª edición. Madrid: Editorial Médica Panamericana.

Obiols, J. (Ed.) (2008). Manual de Psicopatología General. Madrid: Biblioteca Nueva.

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