

**COURSE DATA****DATA SUBJECT**

Code: 33319
Name: Psychopathology
Cycle: Undergraduate Studies
ECTS Credits: 9
Academic year: 2026-27

STUDY (S)

Degree	Center	Acad. year	Period
1319 - Degree in Psychology	Facultat de Psicologia i Logopèdia	3	Annual

SUBJECT-MATTER

Degree	Subject-matter	Character
1319 - Degree in Psychology	Psychopathology	COMPULSORY

COORDINATION

PEREZ MARIN ANTONIA

GARCÍA SORIANO GEMMA

SUMMARY

Psychopathology is a basic subject for any professional activity developed by psychologists, and consequently their knowledge is essential in any professional field. The course organization responds to this purpose. The main objective is to explain and analyse, from a psychological perspective, the basic elements that characterize the mental, emotional, and behavioural disorders and / or problems of individuals. The course program is divided in two parts. The first one has the following specific objectives: 1) to present the history and concept of psychopathology, 2) to analyse the main disturbances and anomalies that occur at several stages, different stages and knowledge processes, 3) to examine the disorders and problems related to emotions, mental experiences, and those related to the behaviour and human activities, and 4) to present and critically analyse the principles of the current diagnosis and classification systems of mental and behavioural disorders. The second part aims to study and analyse the more prevalent mental and behavioural disorders, focusing on current scientifically supported psychological explanatory models and theories. Each of these parts will be accompanied by practical activities, with the following goals: 1) to settle the theoretical knowledge acquired, 2) linking such knowledge with the reality of human psychopathology, 3) to promote the critical thinking of the student about the inherent complexity of health and disease processes, and 4) to educate students on the obligation of knowing and respecting mental and behavioural disordered people human rights, including those specific to the psychologist as they are referred to in the Code of Ethics training. In order to achieve these objectives real life problems and situations will be analysed. Finally, due to the course extension (ECTS) and its location in the Psychology studies, the topics will be analysed from an introductory and general perspective.



PREVIOUS KNOWLEDGE

RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS

Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

Other requirements

Students should have acquired basic knowledge and skills in the first year (Psychobiology, Perception and attention, Learning psychology, Life span Psychology I and II, Physiological psychology I, and Social psychology I and II) and the second year courses (Psychological Assessment, Personality and Individual differences, Memory psychology, Motivational and emotional psychology, Physiological psychology II, Developmental disorders and learning difficulties

COMPETENCES / LEARNING OUTCOMES

1319 - Degree in Psychology

Be able to describe and measure variables (personality, intelligence, attitudes, aptitudes, etc.) and cognitive, emotional, psychobiological and behavioural processes.

Be able to make a diagnosis according to professional criteria

Be able to prepare oral and written reports.

Know and comply with professional ethics of Psychology.

Know how to access and use the different documentary sources of psychopathology, show a mastery of the strategies necessary to access the information and assess the need for documentary update.

Know how to analyse and interpret the results of assessment.

Know the characteristic symptomatology of the different mental and behavioural disorders, their causes, factors that influence their prevalence, and the international systems of classification and diagnosis.

Know the different approaches that have contributed to the historical development of psychopathology and their influence on the production of knowledge and on the professional practice in psychology in the field of mental health.

Know the different fields of application of psychopathology, its possibilities and limits, and the need for interdisciplinary collaboration with other areas and professionals in mental health.

Know the factors (psychological, biological and social) that interrelate and affect human behaviour and



experience, both in normal and pathological contexts.

Promote and contribute to the health, quality of life and well-being of individuals, groups, communities and organisations.

Students must be able to apply their knowledge to their work or vocation in a professional manner and have acquired the competences required for the preparation and defence of arguments and for problem solving in their field of study.

Students must be able to communicate information, ideas, problems and solutions to both expert and lay audiences.

Students must have acquired knowledge and understanding in a specific field of study, on the basis of general secondary education and at a level that includes mainly knowledge drawn from advanced textbooks, but also some cutting-edge knowledge in their field of study.

Students must have developed the learning skills needed to undertake further study with a high degree of autonomy.

Students must have the ability to gather and interpret relevant data (usually in their field of study) to make judgements that take relevant social, scientific or ethical issues into consideration.

Value the contributions made by scientific research to knowledge and professional practice.

DESCRIPTION OF CONTENTS

Topic 1. History, Models, and Concepts Related to Psychopathology

- History and models of psychopathology
- Definition and criteria of psychopathology
- Relevant concepts in psychopathology and mental health
- Psychopathological assessment (I)

Topic 2. Psychopathology of Attention, Consciousness, and Identity

- Introduction
- Disorders of attention
- Disorders of consciousness and identity

Topic 3. Psychopathology of Perception and Imagination

- Introduction
- Disorders of perception



- Disorders of imagination

Topic 4. Psychopathology of Memory

- Introduction
- Memory disorders
- Memory disorders in mental disorders

Topic 5. Psychopathology of Thought

- Introduction
- Disorders of the form, structure, and course of thought
- Communication disorders
- Disorders of thought content

Topic 6. Psychopathology of Affect and Emotions

- Introduction
- Assessment of affectivity
- Affective disorders

Topic 7. Psychopathology of Activity and Motor Behavior

- Introduction
- Movement disorders
- Disorders of motor behavior
- Disorders of facial expression and nonverbal expression

Topic 8. Classification, Diagnosis, and Alternative Models in Psychopathology

- Introduction: classification systems
- Current classification systems for mental disorders
- Alternative models
- Psychopathological assessment (II)

Topic 9. Schizophrenia Spectrum and Other Psychotic Disorders



- Classification and clinical characteristics
- Epidemiology, comorbidity, course, and prognosis

Topic 10. Depressive and Bipolar Disorders

- Classification and clinical characteristics
- Epidemiology, comorbidity, course, and prognosis

Topic 11. Anxiety Disorders

- Classification and clinical characteristics
- Epidemiology, comorbidity, course, and prognosis

Topic 12. Trauma- and Stressor-Related Disorders

- Classification and clinical characteristics
- Epidemiology, comorbidity, course, and prognosis

Topic 13. Dissociative Disorders

- Classification and clinical characteristics
- Epidemiology, comorbidity, course, and prognosis

Topic 14. Obsessive-Compulsive and Related Disorders

- Classification and clinical characteristics
- Epidemiology, comorbidity, course, and prognosis

Topic 15. Somatic Symptom and Related Disorders

- Classification and clinical characteristics
- Epidemiology, comorbidity, course, and prognosis

Topic 16. Eating Disorders



- Classification and clinical characteristics
- Epidemiology, comorbidity, course, and prognosis

Topic 17. Sexual Dysfunctions and Paraphilic Disorders

- Classification and clinical characteristics
- Epidemiology, comorbidity, course, and prognosis

Topic 18. Personality Disorders

- Classification and clinical characteristics
- Epidemiology, comorbidity, course, and prognosis

Topic 19. Other Mental Disorders

- Classification and clinical characteristics
- Epidemiology, comorbidity, course, and prognosis

WORKLOAD**PRESENCIAL ACTIVITIES**

Activity	Hours
Theoretical and practical classes	90,00
Total hours	90,00

NON PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at other activities	5,00
Individual or group project	10,00
Independent study and work	65,00
Preparation of lessons	10,00
Preparation for assessment activities	10,00
Resolution of case studies	35,00
Total hours	135,00

TEACHING METHODOLOGY

The methodology will be active and participatory, with theoretical and practical classes designed to enhance significant learning of the subject. For each topic, there will be a conceptual presentation, a discussion of the proposed contents, and an application to practical proposals of the contents and the



learning process, with the aim of enabling students to acquire the subject's competencies.

The basic instructional techniques are: (1) Theoretical classes taught by the teacher in which the different contents of the subject will be developed, while promoting the participatory intervention of the students through the resolution of questions that arise throughout the presentation; (2) Practical classroom activities that complement the subject matter (e.g., analysis of clinical cases, psychopathograms, medical records).

Mobile devices, tablets and laptops will be used as part of the teaching methodology, as proposed by each teacher.

EVALUATION

SE1.- Assessment of theoretical and practical knowledge through oral examinations, written examinations (multiple-choice and/or essay-based), or practical skills performance tests (95%).

The assessment of the first semester will account for 60% of the course grade, and the second semester for 35% of the final course grade.

At the beginning of the course, the teaching staff will inform students about the assessments to be carried out (number, content, format, etc.).

SE2.- Oral or written presentation of reports, individual or group assignments, clinical cases, problem solving, and use of diagnostic tests (5%)

MINIMUM REQUIREMENTS. SE1: Students must pass each of the assessment tests by achieving at least 50% in each one. If any of the tests are not passed, they may be retaken during the second assessment period under the same minimum requirements. The final SE1 grade will be the sum of the marks obtained in each assessment.

SE2: There is no minimum requirement for this component in order to pass the course. Continuous assessment activities involve the use of data generated during classes, correction/discussion within the group, and similar tasks. These activities cannot be retaken, so the grade obtained during the first assessment period will be retained.

HONORS DISTINCTION

The award of honors will follow Article 17 of the Assessment and Grading Regulations of the Universitat de València. In case of a tie in grades, the teaching staff will determine the procedure at any given time, informing the affected students, and it will consist of an oral or written test assessing course content.

EARLY EXAM REQUEST

Regarding the possibility for students to request an early exam session, as established in current regulations, the assessment will consist of a compulsory theoretical-practical exam accounting for 100% of the final grade.

WARNING

Any clear copying or plagiarism in any assessment task will result in failure of the course and subsequent disciplinary procedures. According to Article 13(d) of the Spanish Student Statute (Royal Decree 1791/2010, of December 30), students must refrain from engaging in fraudulent procedures in assessments, assignments, or official university documents. In cases of academic misconduct, action will be taken according to the Protocol against Fraudulent Practices of the Universitat de València (ACGUV 123/2020):

<https://www.uv.es/sgeneral/Protocols/C83sp.pdf>

During tutoring hours, teaching staff may request individual or group interviews to verify participation and achievement of objectives. Refusal to accept this verification will result in not passing the task or activity.

GRADING SYSTEM

The course grade will be governed by the Grading Regulations of the Universitat de València (ACGUV 12/2004):



<http://www.uv.es/graus/normatives/Reglamentqualificacions.pdf>

REFERENCES

Basic references

Perpiñá, C. y Baños, R.M. (2019). Manual básico de exploración psicopatológica. Madrid: Síntesis

Belloch, A., Sandin, B Ramos, F. (2024). Manual de psicopatología volumen I y II. 4ª edición. Madrid: McGraw Hill

Beidel, D. C., Bulik, C. M., y Stanley, M. A. (2016). Abnormal psychology: A scientist-practionerApproach. Hoboken, NJ: Pearson

Oyebode, F. (2023). Sims' Symptoms in the Mind: Textbook of Descriptive Psychopathology, 7thEdition. Amsterdam: Elsevier

Supplementary references

Caballo, V., Salazar, I.C., y Carroble, J.A. (Drs) (2014) Manual de Psicopatología y trastornos psicológicos. (2ª edición) Madrid: Pirámide

American Psychiatric Association [APA] (2023). DSM-5-TR. Manual Diagnóstico y Estadístico de los Trastornos Mentales Texto Revisado. 5ª edición. Madrid: Editorial Médica Panamericana.

Obiols, J. (Ed.) (2008). Manual de Psicopatología General. Madrid: Biblioteca Nueva.

Rodríguez Testal, J.F. y Mesa Cid, P.J. (Coords.). (2011). Manual de Psicopatología Clínica. Madrid: Pirámide.

Organización Mundial de la Salud (2022). Clasificación Internacional de Enfermedades- CIE-11. <https://icd.who.int/browse/2024-01/mms/es#334423054>