



COURSE DATA

DATA SUBJECT

Code: 33349
Name: Psychological interview techniques
Cycle: Undergraduate Studies
ECTS Credits: 4.5
Academic year: 2025-26

STUDY (S)

Degree	Center	Acad. year	Period
1319 - Degree in Psychology	Facultat de Psicologia i Logopèdia	4	First quarter, Second quarter

SUBJECT-MATTER

Degree	Subject-matter	Character
1319 - Degree in Psychology	Psychological interview techniques	ELECTIVES

COORDINATION

MONTOYA CASTILLA INMACULADA

SCHOEPS KONSTANZE

SUMMARY

The subject Psychological Interviewing is an elective course within the "Introduction to Clinical and Health Psychology" pathway, offered in the fourth year of the Psychology degree. It carries 4.5 theoretical-practical ECTS credits and is taught over the course of one semester.

The interview is the most widely used psychological assessment technique, not only within the field of psychology but also in many other areas not strictly related to health or helping relationships. Due to its complexity and versatility, this tool is not limited to assessment and diagnosis -it goes beyond these functions and serves many other purposes. For this reason, it is considered an essentially applied discipline that both draws from and contributes to various other fields such as assessment, therapy, social psychology, and more. It has applications both within and outside the health domain, and even outside psychology altogether.

As this is an inherently applied discipline, it requires knowledge from other subjects in the psychology degree program that are studied earlier. At the same time, the psychological interview provides foundational knowledge for other subjects taken concurrently in the fourth year, such as Clinical Psychology, Health Psychology, Surveys and Opinion Studies, or Human Resources Psychology, among others.

Considering the core professional areas, it can be said that the psychological interview, alongside tests, is the most



commonly used assessment technique by psychology professionals.

PREVIOUS KNOWLEDGE

RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS

To fully benefit from this course, it is essential to have previously acquired basic knowledge and competencies related to the context in which the interview takes place, as well as the processes of psychological assessment and intervention.

In this regard, it is advisable to have successfully completed courses such as *Psychological Assessment* and *Psychopathology*, among others, as they provide the theoretical and practical foundations necessary for understanding and integrating the contents of this subject. The connection with these courses supports a deeper and more applied learning experience.

COMPETENCES / LEARNING OUTCOMES

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Be able to identify differences, problems and needs.

Be able to measure and obtain relevant data for the assessment of interventions.

Be able to plan and conduct an interview.

Be able to prepare oral and written reports.

Be able to record information and differentiate relevant from irrelevant details for the purpose of assessment or intervention.

Know and comply with professional ethics of Psychology.

Know how to ask.

Know how to listen.

Know how to provide appropriate feedback to patients.

Students must be able to communicate information, ideas, problems and solutions to both expert and lay audiences.

Students must have the ability to gather and interpret relevant data (usually in their field of study) to make judgements that take relevant social, scientific or ethical issues into consideration.



DESCRIPTION OF CONTENTS

1. INTRODUCTION

Topic 1. Conceptual and Methodological Aspects

- 1.1. Conceptual aspects and historical contributions of the psychological interview.
- 1.2. Classification of the psychological interview.
- 1.3. Methodological aspects and interviewer training.

2. THE DEVELOPMENT OF THE INTERVIEW AND ITS DIMENSIONS: TECHNIQUES, TACTICS AND STRATEGIES.

Topic 2. Preliminary Conditions of the Interview

Topic 3. The Interview as Communication

- 3.1. Communication in the interview
- 3.2. Verbal communication techniques

Topic 4. The Interview as Interaction

Topic 5. The Interview as a Process

3. AREAS OF INTERVIEW APPLICATION

Topic 6. Clinical Interview

- 6.1. Assessment and diagnostic functions
- 6.2. Structured interviews. Mental status examination
- 6.3. Suicide detection and prevention

Topic 7. Feedback and Motivational Interview

Topic 8. Therapeutic Interview

Topic 9. Counselling and Crisis Interview

Topic 10. Interview with Children and Adolescents

Topic 11. Interview in the Workplace: Recruitment and Marketing

WORKLOAD

PRESENCIAL ACTIVITIES

Activity	Hours
Theoretical and practical classes	45,00
Total hours	45,00

NON PRESENCIAL ACTIVITIES



Activity	Hours
Attendance at other activities	4,00
Individual or group project	15,00
Independent study and work	15,00
Preparation of lessons	15,00
Preparation for assessment activities	11,50
Resolution of case studies	7,00
Total hours	67,50

TEACHING METHODOLOGY

Active and participatory methodology, integrating various instructional methods to enhance meaningful learning of the course content and the development of subject-specific competencies. The main instructional techniques include:

1. Theoretical-practical classes: The classes will combine the exposition of theoretical contents by the teaching staff with the active participation of the students. The resolution of cases and class discussion will be promoted. In addition, there will be complementary practical activities such as role-playing to train interview techniques, analysis of real or simulated cases, preparation of written reports and cooperative work in groups.
2. Practical sessions: Activities focused on the practical application of knowledge. Work will be done with specific materials so that students can transfer what they have learned to real situations and strengthen their competencies.
3. Individual and/or group tutorials (scheduled): Face-to-face or online tutorials, both individual and group, to resolve doubts, guide work and follow up on practical activities. The Virtual Classroom forum will also be used to answer questions and facilitate communication between students and faculty.

EVALUATION

Student assessment includes:

(1) **EXAMS:** Theoretical and practical content will be assessed through an exam. The exam will have a maximum score of 7 points (70%) and will consist of multiple-choice questions (worth a total of 3.5 points) and short answer questions (worth a total of 3.5 points).

(2) **CLASS PARTICIPATION:** Students are expected to attend and actively participate in class. A total of 1.5 points (15%) will be based on in-class tasks, that is, regular activities carried out, reviewed and graded in class through self-assessment, peer assessment and/or group discussion. If students are unable to attend class and/or participate in in-class tasks, they will have the opportunity to make up this part by taking a make-up exam in both the first and second assessment periods.

(3) **GROUP PROJECT:** All students must submit a group assignment worth 1.5 points (15%) including the following: (1) a written report and (2) the production and recording of a video resource of a psychological interview. Groups will consist of a maximum of 3-4 students. The content of the task must be related to the course and will be agreed upon with the teaching staff. If the group project is failed or not submitted, it may be recovered through an oral exam performing a psychological interview during the second assessment period.



Minimum Requirements to Pass the Course:

To pass the course, both in the first and second assessment periods, the following minimum requirements must be met:

(1) EXAMS: score at least 3.5 out of 7 possible points (50%).

(2) CLASS PARTICIPATION: submit at least 7 out of the 10 class activities (70%) or, alternatively, obtain 0.75 out of 1.5 possible points on the make-up exam in the first or second call (50%).

(3) GROUP PROJECT: obtain at least 0.75 out of 1.5 points on the group assignment or, alternatively, obtain 0.75 out of 1.5 possible points on the make-up delivery in the second call (50%).

Plagiarism and Academic Integrity:

All assignments will be checked using the URKUND plagiarism detection software. In cases of plagiarism or copying, the student will automatically fail the course and academic disciplinary procedures may be initiated. In the event of fraudulent practices, the actions set out in the Protocol for Action Against Fraudulent Practices of the Universitat de València (ACGUV 123/2020) will be followed: <https://www.uv.es/sgeneral/Protocols/C83sp.pdf>

Final Grade and Review:

The assessment and grade review process will be governed by the Assessment and Grading Regulations of the Universitat de València for Bachelor's and Master's Degrees (ACGUV 108/2017): http://www.uv.es/graus/normatives/2017_108_reglament_avaluacio_qualificacio.pdf

According to this regulation, grades must be expressed on a numerical scale from 0 to 10 with one decimal, following this grading scale:

- 0 to 4.9: Fail
- 5 to 6.9: Pass
- 7 to 8.9: Good
- 9 to 10: Excellent or Excellent with Distinction (Honours)

The final course grade will be based on the total number of points obtained in each assessment component: (1) exams, (2) class participation, and (3) group project. To pass the course, students must meet the minimum requirements for each component. The distinction "Excellent with Honours" (Matrícula de Honor) will be awarded in accordance with the regulations of the Universitat de València, which limit the number of such distinctions per group. It will only be awarded to students with a final grade of 9 or higher and will be granted in order of merit.



REFERENCES

Basic References:

Perpiñá, C., Montoya-Castilla, I. & Valero-Moreno, S. (2022). *Manual de la entrevista psicológica. Saber escuchar, saber preguntar* (2ª edición). Pirámide

Perpiñá, C (Coord.) (2012). *Manual de la entrevista Psicológica. Saber escuchar, saber preguntar*. Pirámide

Oliva, M. (2010). La entrevista. En R. Fernández-Ballesteros (dir.), *Evaluación psicológica. Concepto, métodos y estudio de casos*. Pirámide.

Supplementary References:

Cormier, S., Nurius, P. S. y Osborn, C. J. (2017). *Interviewing and change strategies for helpers* (8.ª ed.). Cengage Learning.

Ibáñez, C. (ed.) (2010). *Técnicas de autoinforme en evaluación psicológica. La entrevista clínica*. Servicio Editorial de la Universidad del País Vasco.

López-Fe y Figueroa, C. M. (2002). *Persona y profesión. Procedimientos y técnicas de selección y orientación*. TEA Ediciones

McLeod, J. (2009). *An introduction to counselling*. Opening University Press

Morrison, J. (2016). *The first interview* (4.ª ed.). Guilford Press

Rojí, B. y Cabestrero, R. (2008). *Entrevista y sugerencias indirectas: entrenamiento comunicativo para jóvenes psicoterapeutas*. UNED.

Shea, S. C. (2002). *La entrevista psiquiátrica. El arte de comprender* (2ª ed.). Elsevier

Sommers-Flanagan, J. y Sommers Flanagan, R. (2016). *Clinical Interviewing* (6.ª ed.). John Wiley & Sons