

**COURSE DATA****DATA SUBJECT**

**Code:** 33456  
**Name:** Strategies for learning and participation at university  
**Cycle:** Undergraduate Studies  
**ECTS Credits:** 6  
**Academic year:** 2026-27

**STUDY (S)**

| Degree                            | Center   | Acad. year | Period        |
|-----------------------------------|--|------------|---------------|
| 1306 - Degree in Social Education | Facultat de Filosofia i Ciències de l'Educació | 1          | First quarter |

**SUBJECT-MATTER**

| Degree                            | Subject-matter  | Character |
|-----------------------------------|---|-----------|
| 1306 - Degree in Social Education | Strategies for learning and participating at university | BASIC     |

**COORDINATION**

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**SUMMARY**

This is an instrumental and preparatory course designed to help students learn to use educational resources that facilitate their learning process and understanding of the institution. It also provides a space to learn about group formation and study tools. The course includes practical activities that promote knowledge and integration within the University, fostering the relational dimension between students and faculty. The course content is organized into four units, each delivered through highly practical workshops:

1. Group dynamics and communication;
2. Virtual classroom, documentation, information, and communication technologies (ICT);
3. Knowledge of and participation in university life, rights and responsibilities;
4. Learning strategies.

**PREVIOUS KNOWLEDGE****RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE**



There are no specified enrollment restrictions with other subjects of the curriculum.

## **OTHER REQUIREMENTS**

It is a Basic Training course and therefore has no prerequisites

## **COMPETENCES / LEARNING OUTCOMES**

### **1306 - Degree in Social Education**

Be able to communicate professionally, both orally and in writing, in the Universitat de València's native languages.

Be able to use ICT in the field of study and in the professional context.

Be able to work in multi- and inter-disciplinary teams.

Demonstrate organisational and planning skills.

Have capacity for analysis and synthesis.

Have critical and self-critical capacity.

Have problem-solving skills and decision-making capacity.

Have skills for information management.

Identify and make reasoned judgments about socio-educational problems in order to improve professional practice in non-formal contexts.

Promote processes of cultural and social revitalisation.

Students must be able to apply their knowledge to their work or vocation in a professional manner and have acquired the competences required for the preparation and defence of arguments and for problem solving in their field of study.

Students must be able to communicate information, ideas, problems and solutions to both expert and lay audiences.

## **DESCRIPTION OF CONTENTS**

### **1. Knowledge of and participation in university life, rights and responsibilities**

- Knowledge of the university institution



- Participation in university life. Rights and responsibilities

**2. Learning strategies / learning styles**

- Learning process / learning styles
- Learning strategies in university teaching
- Oral communication strategies
- Written communication strategies

**3. Group Dynamics**

- Interpersonal Knowledge Dynamics and Group Cohesion Exercises
- Analysis and Techniques of Oral Communication
- Communication: Basic Framework, Spontaneous Tendencies
- Analysis of Cooperation Processes
- Decision Making and Group Organization
- Analysis of Group Effectiveness
- Expression of Motives and Expectations Regarding Career
- Group Conflicts

**4. Technology and Documentation**

- Resources for Information and Documentation Search in Higher Education.
- ICT in University Activities.
- The "Virtual Classroom" Platform
- Preparation of Assignments.

**WORKLOAD**

**PRESENCIAL ACTIVITIES**

| Activity            | Hours        |
|---------------------|--------------|
| Classroom practices | 60,00        |
| <b>Total hours</b>  | <b>60,00</b> |

**NON PRESENCIAL ACTIVITIES**

| Activity                              | Hours        |
|---------------------------------------|--------------|
| Attendance at other activities        | 5,00         |
| Individual or group project           | 20,00        |
| Independent study and work            | 20,00        |
| Preparation of lessons                | 20,00        |
| Preparation for assessment activities | 10,00        |
| Resolution of case studies            | 15,00        |
| <b>Total hours</b>                    | <b>90,00</b> |



## TEACHING METHODOLOGY

The course aims to link theory and practice by combining a minimal lecture component with individual and group dynamics, as well as exercises to apply what has been learned, including:

- Presentations by the instructors.
- Workshop-level work involving the active participation of students in the sessions, since the exercises are applied to and analyzed within their own group.
- Practical sessions in the computer lab.
- Group activities and presentations of the practical work.

## EVALUATION

To ensure the acquisition and development of the competencies (knowledge-based, procedural, and attitudinal) associated with the course, evaluation will be carried out through various methods, taking into account the activities performed by the students and their different choices. The following methods, among others, should be used:

1. Study and group work: (initial assessment of basic cooperative skills through a short questionnaire; continuous evaluation of competency acquisition through small quizzes; final evaluation of group work and interaction competencies).
2. Performance tests: Ability to apply theoretical knowledge to specific problems/situations.
3. Reports / Papers: Demonstrate synthesis skills in the presentation of reports and papers.
4. Self-assessment systems: autonomy and self-critical ability to judge one's own achievements and the degree of participation and involvement in the learning tasks will be valued.
5. Simulations: Resolution of typical situations and cases in the student's university life.

Each of these evaluation mechanisms will be assigned a percentage of the final grade according to their relative importance.

Each of the four workshops that make up this course will be evaluated according to the criteria mentioned above, and each workshop's grade will account for 25% of the final grade for this course.

Fraudulent conduct in assessment tests and plagiarism in assessment work will be considered in accordance with the UV Assessment and Grading Regulations (ACGUV 108/2017) and the Protocol for Action against Fraudulent Practices (ACGUV 123/2020).

The use of technologies (including AI) to create assessment materials without prior and express authorization from the teaching staff will prevent them from being considered as self-authored and will be treated according to current regulations and the UV Code of Coexistence and Good Practices (ACGUV 300/2023, DOGV, no. 9747/18.12.2023).

**REFERENCES****Basic references**

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- Bernad, J.A. (1995). *Estrategias de estudio en la universidad*. Síntesis.
- Gargallo, B. (2000). *Procedimientos. Estrategias de aprendizaje. Su naturaleza, enseñanza y evaluación*. Tirant lo Blanch
- Merhi Auar, R. (2011). *Las claves de la participación estudiantil en la universidad española*. Universitat. Disponible online: <http://hdl.handle.net/10256/3812>
- Orellana, N. (coord.) (2014). *Normas básicas para la elaboración de trabajos*. (2ª edición, adaptada al Manual del APA Sexta Edición) DOI: 10.13140/2.1.4623.9049
- Pallarés, E. (2007) *Técnicas de estudio y examen para universitarios*. Mensajero
- Senent, J. M. (2009). *Intervención socioeducativa en grupos*. Universitat de València

**Additional references**

- Cascón, F (2007). *Juegos y dinámicas en Educación para la paz*. Disponible on-line: [http://www.ctv.es/USERS/avicent/Juegos\\_paz/](http://www.ctv.es/USERS/avicent/Juegos_paz/)
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- Monereo, C., Barberá, E., Castelló, M., Guitert, M., Palma, M. & Pérez Cabaní, M<sup>a</sup>. LL. (2002). *Aprender a estudiar a la universitat*. UOC. Col.lecció Manuals 54
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