



## COURSE DATA

### DATA SUBJECT

**Code:** 33494  
**Name:** Social work methods: individual, group and community  
**Cycle:** Undergraduate Studies  
**ECTS Credits:** 6  
**Academic year:** 2025-26

### STUDY (S)

Degree	Center	Acad. year	Period
1311 - Degree in Social Work	Facultat de Ciències Socials	2	First quarter

### SUBJECT-MATTER

Degree	Subject-matter	Character
1311 - Degree in Social Work	Methods, models and techniques of social work	COMPULSORY

### COORDINATION

TALAMANTES SEGARRA MARIA DEL ROSER

## SUMMARY

## PREVIOUS KNOWLEDGE

### RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

### OTHER REQUIREMENTS

## COMPETENCES / LEARNING OUTCOMES

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Act with autonomy in learning, making informed decisions in different contexts, issuing judgements based on experimentation and analysis, and transferring knowledge to new situations.

Apply social work methods and models in the interaction with individuals, families, groups, organisations and communities, promoting development and improvement in living conditions, and monitoring and



evaluating changes aimed at achieving autonomy and co

Apply strategies for the identification, intervention and assessment in social work in the face of behaviours, contexts and circumstances that create risk situations for individuals, groups and communities.

Collaborate effectively in work teams, assuming responsibilities and leadership roles and contributing to collective improvement and development.

Contribute to the design, development and implementation of solutions that respond to social demands, taking into account the Sustainable Development Goals as a reference.

Contribute to the development of support networks that individuals can access to meet their needs and strengthen planned outcomes.

Contribute to the promotion of growth, development and autonomy of individuals, strengthening interpersonal and group relationship skills based on methodologies linked to social work.

Demonstrate critical and self-critical thinking in the field of the degree programme, considering aspects such as professional ethics, moral values and the social implications of the different activities carried out.

Demonstrate professional competence in the practice of social work.

Formulate the design, development and evaluation of intervention plans with individuals and professionals by coordinating the provision of services to be employed and reviewing the effectiveness of intervention plans with the individuals involved in order

Interpret the information provided by professional practice as a support for reviewing and improving intervention strategies in emerging social situations.

Know how to communicate effectively, both orally and in writing, adapting to the characteristics of the situation and the audience.

Know methods and models of social work for intervention with individuals, families, groups, organisations and communities according to their needs and circumstances.

Learn about the design, implementation and evaluation of social intervention projects.

Propose creative and innovative solutions to complex situations or problems within the field of knowledge, to respond to diverse professional and social needs.

Resolve crisis situations by assessing their urgency, planning and developing actions to deal with them and reviewing their results.

Select information ethically and effectively in independent learning, contributing to the production of new disciplinary knowledge and its professional application.

Use mediation as an intervention strategy aimed at alternative dispute resolution, in circumstances where this is required.

Validate current knowledge of best practices in social work for the review, analysis and updating of one's own frameworks.



## DESCRIPTION OF CONTENTS

- 1.
- 2.
- 3.
- 4.

## WORKLOAD

### PRESENCIAL ACTIVITIES

Activity	Hours
Theoretical and practical classes	60,00
<b>Total hours</b>	<b>60,00</b>

### NON PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at other activities	4,00
Individual or group project	22,00
Independent study and work	31,00
Preparation of lessons	29,00
Preparation for assessment activities	4,00
Resolution of case studies	0,00
<b>Total hours</b>	<b>90,00</b>

## TEACHING METHODOLOGY

## EVALUATION



## REFERENCES

- AGUILAR, M.J. (2013). Trabajo social: concepto y metodología. Madrid: Editorial Paraninfo y Consejo General del Trabajo Social.
- CAMPANINI, A. Y LUPPI (1991). Servicio Social y modelo sistémico. Barcelona: Paidós
- DE ROBERTIS, C. (2006). Metodologías de la intervención en trabajo social. Buenos Aires: Lumen.
- DE ROBERTIS, C. (2003). Fundamentos del trabajo social. Ética y metodología. Valencia: Nau llibres.
- DU RANQUET, M. (1996). Los modelos en trabajo Social. Intervención con personas y familias. Madrid: Siglo XXI.
- FERNÁNDEZ GARCÍA, T. (coord.) (2005). Trabajo Social con casos. Madrid: Alianza Editorial. - FOMBUENA, J. (Coord.). (2020). El Trabajo Social y su acción profesional. Valencia: La Nau llibres
- AGUILAR, M.J. (1999) Diagnóstico Social. Conceptos y metodología. Ed. Madrid. ICSA.
- COLOMER, M. (2010) El trabajo social que yo he vivido, Edita Impuls a lacció social i Consejo General de Colegios Oficiales de Diplomados en Trabajo Social y Asistentes Sociales, Madrid.
- DE LA RED. N. Y RUEDA, D. (2003). Intervención social y demandas emergentes. Madrid: CCS.
- ESCARTÍN, M.J., PALOMAR, M. Y SUAREZ, E. (1997). Introducción al Trabajo Social II (Trabajo Social con individuos y familias). Alicante: Aguaclara.
- FRITZEN, S.J. (2005). 70 ejercicios prácticos de dinámica de grupo. Madrid: Editorial Sal Térrea.
- PONCE DE LEÓN, L. FERNANDEZ GARCÍA, T. (2009) El conocimiento científico y las bases metodológicas del Trabajo Social, pp. 249 291, en FERNANDEZ GARCÍA, T. (COORD.) Fundamentos del Trabajo Social, Colección Política social/Servicios sociales Madrid: Alianza Editorial. - Reducindo, I., Rivera, L. R., Rivera, J., Olvera, M.A. (2017) Integración de plataforma LMS y algoritmo de código abierto para detección y prevención de plagio en Educación Superior. Revista General de Información y Documentación 27 (2), 299-315. <https://revistas.ucm.es/index.php/RGID/issue/view/3197> - Sarriá, J. F. y De Francisco, J. C. (2018). Ciberplagio académico: un tema de importancia. Lite ¡A tu alcance!, 68, 4-12. <https://es.calameo.com/read/00557874303bfa3c48182>



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- FOMBUENA, J., MONTAGUD, X., SENENT, F. (2015). Métodos del Trabajo Social: intervención individual, grupal y comunitaria. Tirant Lo Blanch, Valencia. - PAYNE, M. (1995). Teorías contemporáneas del Trabajo Social. Barcelona: Paidós
- VÉLEZ, OLGA (2003). Reconfigurando el Trabajo Social. Perspectivas y tendencias contemporáneas del Trabajo Social. Buenos Aires: Paidós.