

**COURSE DATA****DATA SUBJECT****Code:** 33494**Name:** Social work methods: individual, group and community**Cycle:** Undergraduate Studies**ECTS Credits:** 6**Academic year:** 2026-27**STUDY (S)**

Degree	Center	Acad. year	Period
1311 - Degree in Social Work	Facultat de Ciències Socials	2	First quarter

SUBJECT-MATTER

Degree	Subject-matter	Character
1311 - Degree in Social Work	Methods, models and techniques of social work	COMPULSORY

COORDINATION

FOMBUENA VALERO JOSEFA

SUMMARY

The 6-credit course "Social Work Methods" is part of Module A: Social Work—Concepts, Methods, Theories, and Application.

It is one of four courses comprising Subject Area A2 (Social Work: Methods, Models, Techniques, and Social Projects).

This course is taught in the second year and is linked within the curriculum design to Subject Area A1 (Foundations of Social Work), which is taught in the first year. Both in terms of the module's specific competencies and its content, the course requires close coordination with the courses "Models Applied to Social Work," "Techniques and Procedures," and "Social Projects," as well as with Subject Area A3 (Social and Communication Skills in Social Work).

This course contributes to shaping the degree program's profile by equipping students with the capabilities and skills to intervene—through knowledge and application of intervention methodologies—at the micro-social level, working with individuals, families, and small groups.

PREVIOUS KNOWLEDGE



RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS

COMPETENCES / LEARNING OUTCOMES

1311 - Degree in Social Work

Act with autonomy in learning, making informed decisions in different contexts, issuing judgements based on experimentation and analysis, and transferring knowledge to new situations.

Apply social work methods and models in the interaction with individuals, families, groups, organisations and communities, promoting development and improvement in living conditions, and monitoring and evaluating changes aimed at achieving autonomy and the completion of the intervention.

Apply strategies for the identification, intervention and assessment in social work in the face of behaviours, contexts and circumstances that create risk situations for individuals, groups and communities.

Collaborate effectively in work teams, assuming responsibilities and leadership roles and contributing to collective improvement and development.

Contribute to the design, development and implementation of solutions that respond to social demands, taking into account the Sustainable Development Goals as a reference.

Contribute to the development of support networks that individuals can access to meet their needs and strengthen planned outcomes.

Contribute to the promotion of growth, development and autonomy of individuals, strengthening interpersonal and group relationship skills based on methodologies linked to social work.

Demonstrate critical and self-critical thinking in the field of the degree programme, considering aspects such as professional ethics, moral values and the social implications of the different activities carried out.

Demonstrate professional competence in the practice of social work.

Formulate the design, development and evaluation of intervention plans with individuals and professionals by negotiating the provision of services to be employed and reviewing the effectiveness of intervention plans with the individuals involved in order to adapt them to changing needs and circumstances

Interpret the information provided by professional practice as a support for reviewing and improving intervention strategies in emerging social situations.

Know how to communicate effectively, both orally and in writing, adapting to the characteristics of the situation and the audience.

Know methods and models of social work for intervention with individuals, families, groups, organisations and communities according to their needs and circumstances.



Learn about the design, implementation and evaluation of social intervention projects.

Propose creative and innovative solutions to complex situations or problems within the field of knowledge, to respond to diverse professional and social needs.

Resolve crisis situations by assessing their urgency, planning and developing actions to deal with them and reviewing their results.

Select information ethically and effectively in independent learning, contributing to the production of new disciplinary knowledge and its professional application.

Use mediation as an intervention strategy aimed at alternative dispute resolution, in circumstances where this is required.

Validate current knowledge of best practices in social work for the review, analysis and updating of one's own frameworks.

DESCRIPTION OF CONTENTS

1. Theoretical perspectives in Social Work.

Social work and theories. The theory-practice relationship versus the practice-theory relationship. Different theories of and for social work. Individual and collective dimensions of social intervention. Contemporary theoretical perspectives in social work.

2. Methodological perspectives in intervention with individuals, families, and small groups.

New social situations. Methodological renewal. Ethical stance. New articulations of intervention methods. Intervention models: a new theoretical and methodological frame of reference for Social Work.

3. Intervention frameworks and strategies.

Study and analysis of the situation. Global context. The request for help. Personal and social factors. Diagnostic assessment. Types of diagnoses. Preparation procedures.

Individual and family intervention projects. Structure. Content. Design and development of intervention projects. Evaluation.

4. Individual, group, and community Social Work.

Social intervention modalities within the work process. Direct intervention: concept and types. Indirect intervention: concept and types. Interventions focused on termination. From individual intervention to group



intervention. Small-group intervention. Group analysis and description. External functioning. Internal functioning. Group observation. Personal development groups. Mutual aid groups.

WORKLOAD

PRESENCIAL ACTIVITIES

Activity	Hours
Theoretical and practical classes	60,00
Total hours	60,00

NON PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at other activities	13,50
Individual or group project	0,00
Independent study and work	76,50
Preparation of lessons	0,00
Preparation for assessment activities	0,00
Resolution of case studies	0,00
Total hours	90,00

TEACHING METHODOLOGY

The teaching-learning process will combine various instructional methods:

-Participatory lectures: These will present the content of each thematic unit and link it to material from other subjects and the broader module. Print and audiovisual teaching materials will be used for their presentation and delivery.

-Participatory debates and discussions: Based on attendance at seminars and conferences—specifically, attending and participating in activities organized by the University, the Faculty of Social Sciences, the Department of Social Work and Social Services, or other institutions relevant to this subject.

-Practical activities: Practical sessions aim to integrate theoretical content by applying it to real-world social situations. Methods include case studies and analysis, role-playing, the development of individual and group intervention projects, and the creation of evaluation indicators—all with the goal of acquiring professional skills and competencies.

-Collaborative/teamwork: Group techniques will be used as a methodological resource to develop cooperative work and teamwork competencies.

-Individual, group, and/or virtual tutoring: Scheduled individual and/or group tutorials will be established to provide guidance on ongoing work and to review the objectives and competencies being achieved.



EVALUATION

The following assessment methods will be used—selected from those proposed for the "Social Work Methods, Models, and Techniques" subject area, of which this course is a part:

1. Exam/Open-ended written test to assess written expression, organization of ideas, application skills, analysis, and creativity. Weighting/value: 60%
2. Continuous assessment of student work throughout the course, focusing particularly on individual and teamwork competencies, the identification of key concepts and processes, and the preparation and completion of exercises and problems. Weighting/value: 10%
3. Assessment of practical case studies demonstrating the acquisition of competencies regarding problem-solving, collaborative work, and analytical skills. Weighting/value: 30%

To pass the course, it is mandatory to successfully complete all the assessment methods described above.

The entire assessment will be retakeable; there will be no difference between the first and second attempts. Participation will be evaluated based on readings related to the topics covered in class.

Please note: Plagiarism is defined as "an act of dishonesty involving the substantial copying of others' work and presenting it as one's own" (Reducindo et al., 2017, p. 300). Cyber-plagiarism "occurs when work is presented as the result of personal effort, when in fact it consists of information copied—partially, significantly, or entirely—from an author without any attribution or bibliography. This typically happens with online texts" (Sarriá & De Francisco, 2018, p. 4).

Avoiding such practices entails the responsible and ethical use of information in academic assignments. APA (7th edition) standards are an essential tool for achieving academic integrity, as will be demonstrated in the continuous assessment assignments you submit throughout the semester.

Accordingly, starting in the second semester of the first year, special attention will be paid—during the continuous assessment of assignments—to adherence to practices regarding academic integrity and respect for the intellectual property of others through proper citation and the formatting of academic work in accordance with APA (7th edition) standards.

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