

**COURSE DATA****DATA SUBJECT**

**Code:** 33520  
**Name:** External internships I  
**Cycle:** Undergraduate Studies  
**ECTS Credits:** 10.5  
**Academic year:** 2025-26

**STUDY (S)**

Degree	Center	Acad. year	Period
1311 - Degree in Social Work	Facultat de Ciències Socials	2	Indefinite (Individuals)

**SUBJECT-MATTER**

Degree	Subject-matter	Character
1311 - Degree in Social Work	External internship I	INTERNSHIPS

**COORDINATION**

MENDEZ LOPEZ ANGEL JOEL

**SUMMARY****PREVIOUS KNOWLEDGE****RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE**

There are no specified enrollment restrictions with other subjects of the curriculum.

**OTHER REQUIREMENTS****COMPETENCES / LEARNING OUTCOMES**

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Apply intervention strategies in social work with individuals, families, groups, organisations and communities to assist them in making informed decisions about their needs, circumstances, risks, preferred options and resources.

Apply social work methods and models in the interaction with individuals, families, groups, organisations



and communities, promoting development and improvement in living conditions, and monitoring and evaluating changes aimed at achieving autonomy and co

Apply social work techniques to work effectively within systems, networks and interdisciplinary and multi-organisational teams.

Apply strategies for the identification, intervention and assessment in social work in the face of behaviours, contexts and circumstances that create risk situations for individuals, groups and communities.

Apply the attitudes and skills necessary to integrate a gender perspective into professional practice.

Assess needs and possible options to guide an intervention strategy from a social work perspective.

Collaborate effectively in work teams, assuming responsibilities and leadership roles and contributing to collective improvement and development.

Contribute to the development of support networks that individuals can access to meet their needs and strengthen planned outcomes.

Contribute to the management and direction of welfare entities.

Contribute to the preparation of meetings and participate in decision-making in order to better defend the interests of individuals, families, groups, organisations and communities.

Contribute to the promotion of growth, development and autonomy of individuals, strengthening interpersonal and group relationship skills based on methodologies linked to social work.

Define proposals for resolution in situations of risk after identifying and assessing the nature of the risk.

Demonstrate professional competence in the practice of social work.

Develop actions related to the management of resources and services, supervising their effectiveness and ensuring their quality.

Establish professional relationships in order to identify the most appropriate form of intervention.

Formulate the design, development and evaluation of intervention plans with individuals and professionals by coordinating the provision of services to be employed and reviewing the effectiveness of intervention plans with the individuals involved in order

Generate social histories and reports, ensuring they are comprehensive, reliable, accessible and up to date, to assist in decision-making and professional assessments.

Identify intervention methodologies in social work for interaction, support and resolution of needs and problem situations with individuals, families, groups and communities.

Identify risk situations inherent to professional practice through the planning, review and monitoring of actions aimed at addressing them.

Identify the disciplinary knowledge necessary for the analysis of contemporary society, its structure and dynamics, including the complexity of social phenomena, adopting a multidisciplinary perspective.



Interpret the information provided by professional practice as a support for reviewing and improving intervention strategies in emerging social situations.

Know how to communicate effectively, both orally and in writing, adapting to the characteristics of the situation and the audience.

Know methods and models of social work for intervention with individuals, families, groups, organisations and communities according to their needs and circumstances.

Learn about the design, implementation and evaluation of social intervention projects.

Manage one's own work responsibly by assigning priorities, meeting professional obligations and assessing the effectiveness of one's own work programme.

Reinforce the capacities of individuals, families, groups and communities so that they may act as agents of transformation in the situations in which they live.

Resolve crisis situations by assessing their urgency, planning and developing actions to deal with them and reviewing their results.

Select information ethically and effectively in independent learning, contributing to the production of new disciplinary knowledge and its professional application.

Understand the systems, organisational contexts and work teams linked to social work.

Use mediation as an intervention strategy aimed at alternative dispute resolution, in circumstances where this is required.

Validate current knowledge of best practices in social work for the review, analysis and updating of one's own frameworks.

## DESCRIPTION OF CONTENTS

1.

## WORKLOAD

### PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at the internship centre	0,00
Attendance at supplementary activities	0,00
Monitoring and tutoring of internships	0,00
<b>Total hours</b>	<b>0,00</b>

**NON PRESENCIAL ACTIVITIES**

Activity	Hours
Independent study and work	0,00
Preparation of supplementary reports	0,00
Preparation of the internship report and evaluation of the internship	0,00
<b>Total hours</b>	<b>0,00</b>

**TEACHING METHODOLOGY****EVALUATION****REFERENCES**

- Berasaluze, A. y Ovejas, R. (2013). Guía de Prácticas Externas: Practicum Grado en Trabajo Social. Universidad del País Vasco.
- Ecole Supérieure d'Action Sociales (1993). Guía de articulación de los conocimientos de primer año: para una integración teórica-práctica. Lieja. Bélgica.
- Gómez, J., Julve, M., i Pérez-Cosín, J.V. (1999). Trabajo social. Orientaciones y prácticas formativas. Editorial Gules.
- Aranguren, E. (2014). Empoderamiento profesional e intelectual en Trabajo Social. Retos de futuro. Azarbe: Revista Internacional de Trabajo y Bienestar, 3, 139-148.
- Barranco, M. C. i Hernández M. (1996). Manual de prácticas de campo de Trabajo Social. Benchoño.
- Barrea, E., Malagón, J.L. i Sarasola, J.L. (2009). Estudio sobre la aplicación de la teoría del Trabajo Social a su práctica diaria. Cuadernos de Trabajo Social, 22, 149-161.
- Domínguez Pachón, M.J. (2006). La formación para la práctica profesional del trabajador social. Acciones e investigaciones sociales, 1, 418.
- Fernández i Barrera, J. (2014). Las prácticas externas y la supervisión, dos elementos clave en la formación del Grado en Trabajo Social. En Pastor i Martínez-Román, M<sup>a</sup>. A. (Coords), Trabajo Social en el Siglo XXI. Una experiencia internacional comparada (pp.47-56). Grupo 5. Reducindo, I., Rivera, L. R., Rivera, J., Olvera, M.A. (2017) Integración de plataforma LMS y algoritmo de código abierto para detección y prevención de plagio en Educación Superior. Revista General de Información y Documentación 27 (2), 299-315. <https://revistas.ucm.es/index>.



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- De Vicente, I. (2014). La supervisión en Trabajo Social. En Pastor, E. y Martínez-Román, M.A. Prácticas y supervisión en trabajo social: metodología, organización e instrumentos de supervisión de la práctica profesional. Madrid: DM. Págs. 23-34. - Lázaro-Fernández, S. Rubio-Guzmán, E. Juárez-Rodríguez, A. Martín-Olea, J. Paniagua Fernández, R. (2007). Aprendiendo la práctica del Trabajo Social. Guía de supervisión para estudiantes. Madrid. Universidad Pontificia de Comillas.
- Salvat, O. (2010). El prácticum de intervención de la Universidad Rovira i Virgili de Tarragona: experiencia en supervisión y tutoría de alumnas/os en prácticas. Trabajo social y salud, 66, 93-106.