

**COURSE DATA****DATA SUBJECT****Code:** 33527**Name:** Social work with the elderly**Cycle:** Undergraduate Studies**ECTS Credits:** 4.5**Academic year:** 2025-26**STUDY (S)**

Degree	Center	Acad. year	Period
1311 - Degree in Social Work	Facultat de Ciències Socials	4	First quarter

SUBJECT-MATTER

Degree	Subject-matter	Character
1311 - Degree in Social Work	Social work with the elderly	ELECTIVES

COORDINATION

MATAMALA ZAMARRO ELENA

SUMMARY**PREVIOUS KNOWLEDGE****RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE**

There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS**COMPETENCES / LEARNING OUTCOMES****1311 - Degree in Social Work**

Act with autonomy in learning, making informed decisions in different contexts, issuing judgements based on experimentation and analysis, and transferring knowledge to new situations.

Apply intervention strategies in social work with individuals, families, groups, organisations and communities to assist them in making informed decisions about their needs, circumstances, risks, preferred options and resources.



Apply intervention techniques and methods adapted to social and healthcare needs.

Apply the attitudes and skills necessary to integrate a gender perspective into professional practice.

Assess needs and possible options to guide an intervention strategy from a social work perspective.

Contribute to the design, development and implementation of solutions that respond to social demands, taking into account the Sustainable Development Goals as a reference.

Contribute to the preparation of meetings and participate in decision-making in order to better defend the interests of individuals, families, groups, organisations and communities.

Define proposals for resolution in situations of risk after identifying and assessing the nature of the risk.

Demonstrate critical and self-critical thinking in the field of the degree programme, considering aspects such as professional ethics, moral values and the social implications of the different activities carried out.

Develop intervention and research projects in social work in the health field.

Establish professional relationships in order to identify the most appropriate form of intervention.

Identify intervention methodologies in social work for interaction, support and resolution of needs and problem situations with individuals, families, groups and communities.

Identify risk situations inherent to professional practice through the planning, review and monitoring of actions aimed at addressing them.

Know how to communicate effectively, both orally and in writing, adapting to the characteristics of the situation and the audience.

Know methods and models of social work for intervention with individuals, families, groups, organisations and communities according to their needs and circumstances.

Reinforce the capacities of individuals, families, groups and communities so that they may act as agents of transformation in the situations in which they live.

Understand the specific realities, needs and specialised resources of the healthcare sector, with emphasis on specialised healthcare, primary care and other areas of specialisation such as care for the elderly, mental health, addictive behaviours, functio

DESCRIPTION OF CONTENTS

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WORKLOAD

PRESENCIAL ACTIVITIES

Activity	Hours
Theoretical and practical classes	45,00
Total hours	45,00

NON PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at other activities	1,00
Individual or group project	31,00
Independent study and work	15,50
Preparation of lessons	3,00
Preparation for assessment activities	11,00
Resolution of case studies	6,00
Total hours	67,50

TEACHING METHODOLOGY

EVALUATION

REFERENCES

- Alvarado García, Alejandra María, & Salazar Maya, Ángela María. (2014). Análisis del concepto



de envejecimiento. Gerokomos, 25(2), 57-62. <https://dx.doi.org/10.4321/S1134-928X2014000200002>

- ARIÑO VILLARROYA, A. (2008): Autonomía personal en la edad avanzada. CAM obra social
- Belando-Montoro, María. (2007). Modelos sociológicos de la vejez y su repercusión en los medios. Comunicación e persoas maiores, pags. 77-94.
- De la Red N., Gonzalez G. (2012). Envejecimiento activo. Revista de Servicios Sociales y Política Social núm. 99. Consejo General de Trabajo Social.
- GIL CALVO, E. (2003): El poder gris. Una nueva forma de entender la vejez. Barcelona. Mondadori
- IMSERSO (2011). Libro Blanco del Envejecimiento Activo. Ministerio de Sanidad, Política Social e Igualdad
- Informes Envejecimiento en Red (2020). Un perfil de las personas mayores en España. <http://envejecimiento.csic.es/documentos/documentos/enred-indicadoresbasicos2020.pdf>
- MARTÍN GARCÍA, M. (editor) (2003). Trabajo Social en Gerontología. Madrid: Síntesis.
- Pinazo, S. (2012). Les persones grans, proveïdors de coneixement i cures. El paper dels programes intergeneracionals. Educació social. Revista d'Intervenció Socioeducativa, 51, p.45 - p.66 4.- lliure
- PÉREZ ORTIZ, L. (2004) Envejecer en femenino. Algunas características de las mujeres mayores en España. Madrid: Observatorio de Personas Mayores, núm. 9.