

**COURSE DATA****DATA SUBJECT**

**Code:** 33531  
**Name:** Social psychology of maladaptation  
**Cycle:** Undergraduate Studies  
**ECTS Credits:** 4.5  
**Academic year:** 2025-26

**STUDY (S)**

<b>Degree</b>	<b>Center</b>	<b>Acad. year</b>	<b>Period</b>
1311 - Degree in Social Work	Facultat de Ciències Socials	4	First quarter

**SUBJECT-MATTER**

<b>Degree</b>	<b>Subject-matter</b>	<b>Character</b>
1311 - Degree in Social Work	Social psychology of maladaptation	ELECTIVES

**COORDINATION**

PINAZO HERNANDIS SACRAMENTO

**SUMMARY**

The content of this subject is located within the optional modules. From the particular perspective of Social Psychology, it is intended to deepen the knowledge of the social vulnerability produced in people who experience processes of rupture and personal alienation in situations of dependency and maladjustment. Situations of adaptation / maladjustment are analyzed as a process in which people live their relationships of socialization and ruptures through the main socializing institutions and evolutionary processes, so we will show particular attention to the concept of vital development and the ways in which the images and representations of dependency and social maladjustment are produced.

**PREVIOUS KNOWLEDGE****RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE**

There are no specified enrollment restrictions with other subjects of the curriculum.

**OTHER REQUIREMENTS****COMPETENCES / LEARNING OUTCOMES**



### 1311 - Degree in Social Work

Act with autonomy in learning, making informed decisions in different contexts, issuing judgements based on experimentation and analysis, and transferring knowledge to new situations.

Apply social work techniques to work effectively within systems, networks and interdisciplinary and multi-organisational teams.

Apply techniques and methods of intervention in interculturality, cooperation and social exclusion.

Apply the attitudes and skills necessary to integrate a gender perspective into professional practice.

Contribute to the design, development and implementation of solutions that respond to social demands, taking into account the Sustainable Development Goals as a reference.

Contribute to the management and direction of welfare entities.

Contribute to the preparation of meetings and participate in decision-making in order to better defend the interests of individuals, families, groups, organisations and communities.

Define proposals for resolution in situations of risk after identifying and assessing the nature of the risk.

Demonstrate critical and self-critical thinking in the field of the degree programme, considering aspects such as professional ethics, moral values and the social implications of the different activities carried out.

Develop actions related to the management of resources and services, supervising their effectiveness and ensuring their quality.

Develop intervention and research projects in social work adapted to intercultural needs, cooperation and groups in situations or at risk of social exclusion.

Generate social histories and reports, ensuring they are comprehensive, reliable, accessible and up to date, to assist in decision-making and professional assessments.

Identify intervention methodologies in social work for interaction, support and resolution of needs and problem situations with individuals, families, groups and communities.

Identify risk situations inherent to professional practice through the planning, review and monitoring of actions aimed at addressing them.

Know how to communicate effectively, both orally and in writing, adapting to the characteristics of the situation and the audience.

Know the specific realities, needs and specialised resources aimed at cultural diversity, interethnic relations, intervention with migrants and refugees, deprivation of liberty, socio-labour insertion, development cooperation, fight against poverty and ca

Reinforce the capacities of individuals, families, groups and communities so that they may act as agents of transformation in the situations in which they live.

Understand the systems, organisational contexts and work teams linked to social work.



**DESCRIPTION OF CONTENTS**

**1. Conceptual aspects of social maladjustment**

- 1. 1.- The concepts of Vulnerability, Social maladjustment and Social Exclusion before the analysis of social psychology.
- 1. 2.- Historical Beginnings of the concept of social exclusion. Background.
- 1. 3.- Theoretical approaches.

**2. Psychosocial bases of behavior in situations of social maladjustment.**

- 2.1. From the definition of person to the construction of the subject.
- 2.2. The constructionist view of normality and maladjustment.
- 2.3. Socialization and personalization.
- 2.4. Social stigma

**3. Analysis from social psychology of situations of social maladjustment.**

- 3. 1.- Analysis from social psychology of situations of social maladjustment, in situations of chronic mental illness
- 3.2.- Analysis from social psychology of situations of social maladjustment, in situations of dementia and Alzheimer's disease.
- 3.3.- Analysis from social psychology of situations of social maladjustment, in situations of functional diversity.
- 3.4. Analysis of other situations of maladjustment and social exclusion.

**4. The maladjustment from the perspective of social and community intervention**

- 4.1.- La inadaptació des de la perspectiva de la Intervenció Social i Comunitària.
- 4.2.- La intervenció des de Models d'ajuda i capacitació
- 4.3.- Suport Social formal i informal
- 4.4.- L'atenció social centrada en la persona. Model ACP

**WORKLOAD**

**PRESENCIAL ACTIVITIES**

Activity	Hours
Theoretical and practical classes	45,00
<b>Total hours</b>	<b>45,00</b>

**NON PRESENCIAL ACTIVITIES**

Activity	Hours
Attendance at other activities	5,00
Individual or group project	20,00
Independent study and work	20,00
Preparation of lessons	12,50
Preparation for assessment activities	5,00
Resolution of case studies	5,00
<b>Total hours</b>	<b>67,50</b>

**TEACHING METHODOLOGY**

- Participatory Master Lesson.
- Participatory debates and discussions.
- Exhibition-type activities: theoretical exhibitions, presentation of papers.
- Practical activities: resolution of cases.
- Collaborative work and teamwork of the students.
- Individual, group and virtual tutoring.

**EVALUATION**

The evaluation and qualification regulations of the University of Valencia will be applied for the Bachelor and Master degrees, approved by the Consell de Govern of May 30, 2017 (ACGUV 108/2017)

**FIRST CALL**

1.- Written test of open / closed answer to check the ability of written expression, the organization of ideas, the ability to apply, analysis and creativity. In addition, in this evaluative test the mastery of the knowledge and theoretical models acquired will be assessed. Weighting between 0.0 and 60.0

2- Evaluation of projects (program / project aimed at people and situations of social maladjustment) or academic works (theoretical review or short essay) that promote the development of abilities to search and select information, organization or critical thinking.



For the evaluation, the ability to search and select information, coherence, organization and sequencing of objectives, activities and results, critical thinking, creativity and applicability will be taken into account.

Weighting between 0.0 and 40.0

The final grade obtained by the students, in the First Call, will be the sum of the two scores (Written test + projects or academic work).

## SECOND CALL

Same as on first call.

## REFERENCES

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