

**COURSE DATA****DATA SUBJECT****Code:** 33538**Name:** Psychology and the sex/gender system**Cycle:** Undergraduate Studies**ECTS Credits:** 4.5**Academic year:** 2026-27**STUDY (S)**

Degree	Center	Acad. year	Period
1311 - Degree in Social Work	Facultat de Ciències Socials	4	First quarter

SUBJECT-MATTER

Degree	Subject-matter	Character
1311 - Degree in Social Work	Psychology and sex / gender system	ELECTIVES

COORDINATION

MALONDA VIDAL ELISABETH

SUMMARY

This is an optional, 4.5 ECTS-credit course with a theoretical and practical orientation. It is part of the Specialisation in Equality and Social Welfare, which also includes the following subjects: Urban Anthropology, Habitat, Territory and Environment, Ideologies and Social Welfare, Social Work with Women, and Social Work in Active Employment Policies.

In addition, the Bachelor's Degree in Social Work includes two compulsory 6 ECTS core courses entitled Psychology (C1) and Gender Equality and Non-Discrimination (C5). Both are included in Module C: Processes and Problems Addressed by Social Work and are taught during the first semester of the first year.

This means that, by the time students enrol in the optional course Psychology and the Sex/Gender System, they have already acquired a basic grounding in both gender studies and feminist perspectives, as well as in fundamental psychological processes. Consequently, this optional course focuses on the study of psychological aspects from the perspective of the sex/gender system.

The main objective of this course is to provide both a theoretical and an applied understanding of the psychological and social implications arising from the classification of human beings as women and men. This classification begins before birth and permeates the entire development of behaviour and



psychological functioning, with a particular impact on interpersonal relationships. The course also aims to foster students' critical thinking skills, enabling them to critically assess the documentation and materials provided throughout the different thematic units.

The course is taught by the Department of Basic Psychology, whose offices are mainly located in the Faculty of Psychology (Av. Blasco Ibáñez, 21).

PREVIOUS KNOWLEDGE

RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS

This course is part of the Equality and Social Welfare Specialisation. According to the Verification Report (Verifica) of the Bachelor's Degree in Social Work, students who choose this specialisation must complete, as a grouped course offering, the following subjects:

- Urban Anthropology.
- Habitat, Landscape and Environment.
- Ideologies and Social Welfare.
- Psychology and the Sex/Gender System.
- Social Work with Women.
- Social Work in Active Employment Policies.
- External Academic Placement II – Equality and Social Welfare Specialisation.

COMPETENCES / LEARNING OUTCOMES

1311 - Degree in Social Work

Act with autonomy in learning, making informed decisions in different contexts, issuing judgements based on experimentation and analysis, and transferring knowledge to new situations.

Apply social work methods and models in the interaction with individuals, families, groups, organisations and communities, promoting development and improvement in living conditions, and monitoring and evaluating changes aimed at achieving autonomy and the completion of the intervention.

Apply strategies for the identification, intervention and assessment in social work in the face of behaviours, contexts and circumstances that create risk situations for individuals, groups and communities.

Apply techniques and methods of intervention in equality and social welfare.

Apply the attitudes and skills necessary to integrate a gender perspective into professional practice.

Contribute to the design, development and implementation of solutions that respond to social demands,



taking into account the Sustainable Development Goals as a reference.

Contribute to the development of support networks that individuals can access to meet their needs and strengthen planned outcomes.

Contribute to the preparation of meetings and participate in decision-making in order to better defend the interests of individuals, families, groups, organisations and communities.

Contribute to the promotion of growth, development and autonomy of individuals, strengthening interpersonal and group relationship skills based on methodologies linked to social work.

Define proposals for resolution in situations of risk after identifying and assessing the nature of the risk.

Demonstrate critical and self-critical thinking in the field of the degree programme, considering aspects such as professional ethics, moral values and the social implications of the different activities carried out.

Develop intervention and research projects in social work to promote equal opportunities and social welfare for all groups.

Formulate the design, development and evaluation of intervention plans with individuals and professionals by negotiating the provision of services to be employed and reviewing the effectiveness of intervention plans with the individuals involved in order to adapt them to changing needs and circumstances

Identify intervention methodologies in social work for interaction, support and resolution of needs and problem situations with individuals, families, groups and communities.

Identify risk situations inherent to professional practice through the planning, review and monitoring of actions aimed at addressing them.

Interpret the information provided by professional practice as a support for reviewing and improving intervention strategies in emerging social situations.

Know how to communicate effectively, both orally and in writing, adapting to the characteristics of the situation and the audience.

Know methods and models of social work for intervention with individuals, families, groups, organisations and communities according to their needs and circumstances.

Know the specific realities, needs and specialised resources in the field of equality and social welfare, with emphasis on social intervention with women, the environment, the promotion of sustainability, access to housing, social services and inclusive policies.

Learn about the design, implementation and evaluation of social intervention projects.

Reinforce the capacities of individuals, families, groups and communities so that they may act as agents of transformation in the situations in which they live.

Resolve crisis situations by assessing their urgency, planning and developing actions to deal with them and reviewing their results.

Use mediation as an intervention strategy aimed at alternative dispute resolution, in circumstances where this is required.



DESCRIPTION OF CONTENTS

1. Basic Conceptual Foundations

- 1.1. Gender perspective in the social sciences and research methodology.
- 1.2. Identity, body image and the construction of subjectivity.
- 1.3. The learning of gender roles and stereotypes.
- 1.4. Gender discrimination and sexist attitudes.

2. Human Sexuality and Intimate Relationships: A Gender Perspective

- 2.1. Sexual behaviours and motivations in women and men: a comparative analysis.
- 2.2. Intimacy, intimate relationships and gender conflicts.

3. Gender Approaches to the Analysis of the Workplace

- 3.1. Discrimination against women in the labour market: explanatory hypotheses.
- 3.2. Professional development and shared family responsibilities.
- 3.3. The invisibility of women in positions of power and leadership styles.

4. Abuse and Violence against Women

- 4.1. Patriarchal thinking and its impact on women. Current situation.
- 4.2. The process of abuse: typologies, myths and the cycle of violence.
- 4.3. Psychological structure and prevention strategies.
- 4.4. Psychosocial intervention: multiple levels of analysis.

5. Equity, Equality and Diversity



5.1. Policy measures and action plans to promote gender equality.

5.2. Recognition and appreciation of human diversity.

WORKLOAD

PRESENCIAL ACTIVITIES

Activity	Hours
Theoretical and practical classes	45,00
Total hours	45,00

NON PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at other activities	0,00
Individual or group project	0,00
Independent study and work	67,50
Preparation of lessons	0,00
Preparation for assessment activities	0,00
Resolution of case studies	0,00
Total hours	67,50

TEACHING METHODOLOGY

The following teaching methodologies will be used:

- Participatory lectures.
- Participatory debates and discussions.
- Expository activities: lectures, seminars and student presentations.
- Collaborative learning and teamwork.
- Individual, group and/or online tutorials.

EVALUATION

The assessment of the course is structured around the following assessment methods:

1. Final examination (60%): This will consist of an individual written examination (multiple-choice questions and/or open-ended questions) designed to assess the acquisition of the knowledge and competences established for the course. The examination will take place on the official date scheduled by the Faculty for each assessment period.



2. Assessment of practical case studies, projects or academic assignments (30%): This component includes practical case studies, reports, individual or group assignments, and other activities aimed at applying the course content. Assessment will consider students' analytical and critical thinking skills, theoretical grounding, practical application of knowledge, and the overall quality of the work submitted.

3. Continuous assessment of students' work throughout the semester (10%): This component includes activities carried out during the semester, such as classroom activities, debates, practical exercises, active participation in face-to-face sessions, and other evidence of learning. Participation and work completed during classroom activities account for 10% of the final grade and are non-recoverable, as, by their nature, no alternative assessment can adequately measure the learning outcomes achieved through these activities.

The final grade will be calculated as the weighted sum of the different assessment components. To pass the course, students must obtain a passing grade in the final examination.

During the second assessment period, students may resit the final examination and resubmit the practical case studies, projects or academic assignments. Grades obtained for assessment components classified as non-recoverable will be retained.

Please note that:

Plagiarism is defined as "the dishonest act of substantially copying the work of others and presenting it as one's own" (Reducindo et al., 2017, p. 300). Likewise, cyberplagiarism "occurs when a piece of work is presented as the result of one's own effort when, in fact, it consists wholly or partly of information copied from another author without any acknowledgement or bibliographic reference. This most commonly involves online texts [...]" (Sarriá & De Francisco, 2018, p. 4).

Avoiding such practices requires the responsible and ethical use of information in academic work. The APA Publication Manual (7th edition) provides the essential guidelines for ensuring academic integrity and must be followed in all continuous assessment assignments submitted throughout the semester.

The use of generative artificial intelligence (AI) tools shall be subject to the instructions established by the course lecturers. In all cases, students remain fully responsible for the authorship, accuracy, academic rigour and quality of the work they submit. Whenever these tools have made a significant contribution to the preparation of an assessed activity, their use must be explicitly acknowledged, indicating both the tool employed and the purpose for which it was used.

Submitting work generated wholly or partly by artificial intelligence as one's own without the corresponding declaration, or using such tools in a manner contrary to the lecturer's instructions, may be considered a breach of academic integrity.

It is not necessary to declare the use of these tools when they are employed solely for technical or linguistic support tasks, such as spelling and grammar correction, stylistic revision, translation, or improving the clarity of written expression.



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