

**COURSE DATA****DATA SUBJECT**

Code: 33548
Name: Psychological activity and human behaviour
Cycle: Undergraduate Studies
ECTS Credits: 6
Academic year: 2025-26

STUDY (S)

Degree	Center	Acad. year	Period
1311 - Degree in Social Work	Facultat de Ciències Socials	1	First quarter

SUBJECT-MATTER

Degree	Subject-matter	Character
1311 - Degree in Social Work	Psychology	BASIC

COORDINATION

BAÑULS EGEDA ROSA

SUMMARY

Psychological Activity and Human Behaviour is a subject of the Basic Psychology department which belongs to the Faculty of Psychology.

It is especially related to the subjects *Psychological Development in the Vital Cycle*, oriented to the study of the psychological processes throughout the different stages of life; *Psychology and the Sex-gender System*, aimed at the psychological aspects of the sex and gender dimensions; and *Introduction to Social Psychology*, aimed at presenting the social and interactive dimension of human beings.

It is also related to the rest of subjects included in module C (Processes and Problems on which Social Work acts) such as Sociology, Anthropology, Gender Equality and Non-discrimination, Health and Social Work.

The main aim of this subject is to provide students with the most relevant concepts of the processes that describe, forecast and explain the cognitive and behavioural activity of human beings. Therefore, the subject aims to make students capable of applying the theoretical concepts to different personal and professional fields. Besides, this subject is a basis for the rest of subjects included in the degree.



PREVIOUS KNOWLEDGE

RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS

COMPETENCES / LEARNING OUTCOMES

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Act with autonomy in learning, making informed decisions in different contexts, issuing judgements based on experimentation and analysis, and transferring knowledge to new situations.

Apply intervention strategies in social work with individuals, families, groups, organisations and communities to assist them in making informed decisions about their needs, circumstances, risks, preferred options and resources.

Assess needs and possible options to guide an intervention strategy from a social work perspective.

Collaborate effectively in work teams, assuming responsibilities and leadership roles and contributing to collective improvement and development.

Demonstrate critical and self-critical thinking in the field of the degree programme, considering aspects such as professional ethics, moral values and the social implications of the different activities carried out.

Demonstrate professional competence in the practice of social work.

Establish professional relationships in order to identify the most appropriate form of intervention.

Identify intervention methodologies in social work for interaction, support and resolution of needs and problem situations with individuals, families, groups and communities.

Identify the disciplinary knowledge necessary for the analysis of contemporary society, its structure and dynamics, including the complexity of social phenomena, adopting a multidisciplinary perspective.

Know how to communicate effectively, both orally and in writing, adapting to the characteristics of the situation and the audience.

Know methods and models of social work for intervention with individuals, families, groups, organisations and communities according to their needs and circumstances.

Reinforce the capacities of individuals, families, groups and communities so that they may act as agents of transformation in the situations in which they live.



DESCRIPTION OF CONTENTS

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WORKLOAD

PRESENCIAL ACTIVITIES

Activity	Hours
Theoretical and practical classes	60,00
Total hours	60,00

NON PRESENCIAL ACTIVITIES



Activity	Hours
Attendance at other activities	4,00
Individual or group project	20,00
Independent study and work	48,00
Preparation of lessons	6,00
Preparation for assessment activities	10,00
Resolution of case studies	2,00
Total hours	90,00

TEACHING METHODOLOGY

EVALUATION

REFERENCES

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- Schacter, D. L., & Chic, S. J. (2012). Los siete pecados de la memoria: Cómo olvida y recuerda la mente. Editorial Ariel
- Fernández-Abascal, E. G., & Díaz, M. M. D. (2004). Procesos Psicológicos / Psychological Processes (1a ed., 9a imp. ed.). Piramide Ediciones Sa.



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