

**COURSE DATA****DATA SUBJECT**

**Code:** 33579  
**Name:** External internships  
**Cycle:** Undergraduate Studies  
**ECTS Credits:** 18  
**Academic year:** 2025-26

**STUDY (S)**

Degree	Center	Acad. year	Period
1309 - Degree in Labour Relations and Human Resources	Facultat de Ciències Socials	4	Indefinite (Individuals)

**SUBJECT-MATTER**

Degree	Subject-matter	Character
1309 - Degree in Labour Relations and Human Resources	External internship	INTERNSHIPS

**COORDINATION**

CALVO PALOMARES RICARD

**SUMMARY****PREVIOUS KNOWLEDGE****RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE**

There are no specified enrollment restrictions with other subjects of the curriculum.

**OTHER REQUIREMENTS****COMPETENCES / LEARNING OUTCOMES**

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Act with autonomy in learning, making informed decisions in different contexts, issuing judgements based on experimentation and analysis, and transferring knowledge to new situations.

Advise, represent and negotiate in different areas of labour relations both at an individual level and within



trade union and employer organisations.

Advise and manage matters relating to employment and labour contracts.

Analyse, synthesise and reason critically.

Analyse and assess decisions made by agents involved in labour relations.

Analyse and assess the factors that determine inequalities in the world of work.

Analyse the structure, characteristics, problems and dynamics of the labour market at regional and local levels, with particular emphasis on existing inequalities (gender, class, etc.) and the underlying factors.

Apply social research techniques to the labour field.

Apply the regulatory framework governing labour relations.

Collaborate effectively in work teams, assuming responsibilities and leadership roles and contributing to collective improvement and development.

Contribute to the design, development and implementation of solutions that respond to social demands, taking into account the Sustainable Development Goals as a reference.

Demonstrate critical and self-critical thinking in the field of the degree programme, considering aspects such as professional ethics, moral values and the social implications of the different activities carried out.

Design and develop basic social and labour research projects.

Develop an interrelated vision of the different academic disciplines that analyse the field of work.

Develop organisational and planning actions.

Identify the socio-economic development model of a region and a territory, its internal logics, its points of tension, its sources of employment and its possibilities for transformation.

Know and analyse the principles, areas and procedures of action of socio-labour political institutions.

Know and analyse the structure and dynamics of national and European labour relations systems.

Know and apply the principles of the professional code of ethics.

Know and understand, within the field of the degree programme, gender inequalities in society; integrate different needs and preferences based on sex and gender into the design of solutions and problem solving.

Know and understand the social processes structuring labour and production relations.

Know how to communicate effectively, both orally and in writing, adapting to the characteristics of the situation and the audience.

Know the socio-economic agents influencing regional and local socio-economic dynamics.

Learn independently and develop initiative and entrepreneurial spirit.



Locate, analyse, critically evaluate, request and manage public programmes and aid for employment and socio-economic development from a comprehensive perspective (labour, economic, environmental, training, equality, innovation, etc.).

Locate, identify, analyse and interpret socio-economic data and indicators relating to the labour market.

Manage information, draft and formalise reports and writings.

Perform job guidance and placement functions and promote social skills among jobseekers.

Prepare, implement and evaluate occupational training and employment insertion plans.

Prepare, implement and evaluate socio-economic programmes at regional and local level, both comprehensive and sectoral (training and job qualifications, employment, self-employment, social economy, environment, equality, etc.).

Prepare, implement and evaluate territorial strategies for socio-economic promotion and sustainable development.

Propose creative and innovative solutions to complex situations or problems within the field of knowledge, to respond to diverse professional and social needs.

Respect and promote fundamental rights, equality between men and women, equal opportunities and non-discrimination, democratic values and sustainability.

Select, analyse and interpret statistical information, as well as scientific literature and reports, on the various aspects of regional and local socio-economic development (employment, demographics, economy, innovation, environment, equality, training an

Select and manage social and labour information and documentation.

Solve problems, apply knowledge to practice and develop motivation for quality.

Understand the causes and determining factors of major current socio-economic challenges and their impact on economic and social development.

Use information and communication technologies.

## DESCRIPTION OF CONTENTS

1.

2.



3.

4.

5.

## WORKLOAD

### PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at the internship centre	0,00
Attendance at supplementary activities	0,00
Monitoring and tutoring of internships	0,00
<b>Total hours</b>	<b>0,00</b>

### NON PRESENCIAL ACTIVITIES

Activity	Hours
Independent study and work	0,00
Preparation of supplementary reports	0,00
Preparation of the internship report and evaluation of the internship	0,00
<b>Total hours</b>	<b>0,00</b>

## TEACHING METHODOLOGY

## EVALUATION

## REFERENCES

- Freixá, M., Novella, A.M. y Pérez Escoda, N., Elementos para una buena experiencia de prácticas externas que favorece el aprendizaje. Octaedro/ICE UB, Barcelona, 2012.
- Raposo Díaz, M. y Zabalza Beraza, M.A., La formación práctica de estudiantes universitarios: repensando el Prácticum. Revista de Educación, nº 354, 2010, pág. 17 y ss.



- Moreno Gené, J., La nueva regulación de las prácticas académicas externas, Rev. Estudios Financieros, Trabajo y Seguridad Social, nº 349, 2012.