

**COURSE DATA****DATA SUBJECT****Code:** 33954**Name:** Food Hygiene**Cycle:** Undergraduate Studies**ECTS Credits:** 4.5**Academic year:** 2025-26**STUDY (S)**

Degree	Center	Acad. year	Period
1205 - Degree in Human Nutrition and Dietetics	Facultat de Farmàcia i Ciències de L'alimentació	4	First quarter
1211 - Double Degree in Pharmacy and Human Nutrition and Dietetics	Facultat de Farmàcia i Ciències de L'alimentació	5	First quarter

SUBJECT-MATTER

Degree	Subject-matter	Character
1205 - Degree in Human Nutrition and Dietetics	Food hygiene	COMPULSORY
1211 - Double Degree in Pharmacy and Human Nutrition and Dietetics	Asignaturas obligatorias del PDG Farmacia-Nutrición Humana y Dietética	COMPULSORY

COORDINATION

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SUMMARY

The subject of Food Hygiene is an obligatory subject of the fourth year part of the Degree in Human and Dietetic Nutrition, imparted at the Faculty of Pharmacy of University of Valencia. This subject, according to the current curriculum is awarded a total of 4.5 ECTS credits, imparted on a six-month basis.

Fundamental aims are:

i) To provide the necessary knowledge to students in food safety so that they know the principles and common responsibilities to achieve a high level of protection of life and health in humans;



- ii) To protect consumer interests applying correct practices in the food trade;
- iii) Bearing in mind, when applicable, the well-being of animals, phytosanitary aspects and the environment.

PREVIOUS KNOWLEDGE

RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS

In order to participate, basic concepts of food Microbiology, food Parasitology and food Toxicology are required and it is anticipated that the students have already acquired this knowledge. The above-mentioned concepts form part of the contents of the subjects imparted during previous courses along the Degree.

COMPETENCES / LEARNING OUTCOMES

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Adquirir la formación básica para la actividad investigadora, siendo capaces de formular hipótesis, recoger e interpretar la información para la resolución de problemas siguiendo el método científico, y comprendiendo la importancia y las limitaciones del pensamiento científico en materia sanitaria y nutricional.

Conocer y manejar las fuentes de información básicas relacionadas con la Higiene alimentaria.

Desarrollar la profesión con respeto a otros profesionales de la salud, adquiriendo habilidades para trabajar en equipo.

Know, judge and know how to use and apply the sources of information related to nutrition, food, lifestyles and health.

Know and interpret the results obtained in the hazard analysis and critical control points (HACCP).

Know the basics of hygiene in food, processes and products.

Know the hygiene and preventive measures against major microorganism-induced alterations in food.

Know the hygiene and preventive measures against major parasite-induced alterations in food.

Know the hygiene and preventive measures applicable to the major alterations in food products caused by toxic substances and chemicals originated during food processing.

Realizar la comunicación de manera efectiva, tanto de forma oral como escrita, con las personas, los profesionales de la salud o la industria y los medios de comunicación, sabiendo utilizar las tecnologías de la información y la comunicación especialmente las relacionadas con nutrición y hábitos de vida.

Recognise one's own limitations and the need to maintain and update professional competence, with



particular emphasis on independent and lifelong learning of new facts, products and techniques in the field of nutrition and food, and on motivation for quality.

Understand the use of guides to good hygiene practice as a tool to ensure the proper handling of food.

DESCRIPTION OF CONTENTS

1. Introduction to food hygiene

Definition. Concepts. Spanish Agency of food safety and nutrition (AESAN). Food Codex. Food Security: Definition. Control of microbiological, parasitological and toxicological food safety. Instruments of food safety management: good manufacturing practices (GMP), good hygiene practices (GHP) and hazard analysis and critical control points (HACCP). Principles and definitions of hygiene and traceability requirements (HATR) and hazard analysis and critical control points (HACCP). Directives for its application. Analysis of hazards. Control of critical points and limits (physical and chemical parameters measurable in real time). Quality management. Training. Control and auditing.

2. Specific quality regulation in the alimentary sector

Definitions contemplated in food legislation. General and specific principles. Voluntary standards. Standards required by consumers

3. Cleanliness and disinfection

Definitions. Types of dirt. Process of cleanliness. Waste. Characteristics of the chemical products used in food establishments. Elements of cleanliness: detergents and disinfectants. Desirable properties of a detergent. Types of detergents. Desirable properties of a disinfectant. Types of disinfectants. Cleanliness and effective disinfection scheme. Heat application cleanliness, dry cleaning or in situ (CIP). Mechanized cleanliness. Cleanliness with foam. Evaluation of the cleanliness and disinfection scheme. Environmental sampling techniques. Sampling techniques of microorganisms on surfaces. Control and confirmation of the efficiency of cleanliness and disinfection



4. Food handlers

Education in food hygiene. Initial and continued training of food handlers. Personal hygiene of food handlers. Health and personal hygiene. Good and bad work practices. Workwear

5. Facilities and equipment

Facilities: hygienic foundations of industrial design and food establishments. Choice of materials and construction. Areas of work and gadgets. Equipment: general hygienic characteristics of equipment in food processing establishments and industry. Installation and maintenance

6. Preparation and handling of food

Food processing. Cross-contamination. Disinfection of vegetables. Non suitable food for human consumption. Cooking methods. Boiling and reheating. Temperature. Cooking systems. Keeping heated food. Systems of heat treatment

7. Plague control

Rodents. Treatment against rodents. Insects: flies, cockroaches, ants and others. Treatment against insects. Control and surveillance. Taking control measures

8. Control of pathogens and toxic substances

Control of bacteria, viruses, parasites and toxic substances. Control, surveillance and taking measures



9. (Perishable) goods

(Perishable) goods. Suppliers. Sanitary records of industries. Transport and receipt of (perishable) goods. Control, surveillance, irregularities and taking control measures. Storage of goods. Packing and wrapping. Dry storage, refrigeration and freezing. Defrosting of food

10. Drinking water

Drinking water. Hazards and control. Periodic analyses. Legionella: control, surveillance and taking control measures. Hyperchloration

11. Food management in emergencies

Food management in emergencies. Measures to be followed in an emergency (of fire, water being cut-off, power cuts, floods etc.) to guarantee conservation conditions of goods. Food scares. Procedures to be followed in case of food poisoning. Declaration of food scares

12. LABORATORY PRACTICE SESSIONS

1. CONTROL OF DISINFECTANT IN WATER: Determination of active chlorine (total residual chlorine) in water, by two methods:
 - 1.1. Orthotolidine method.
 - 1.2. Titrimetric determination by *n, n*-diethyl-pfenilendiamonium (DPD) reagent.
2. HAZARD ANALYSIS AND CRITICAL CONTROL POINTS:
 - 2.1. Set HACCP system from a stage of the manufacture food.
 - 2.2. Set HACCP system in various stages of the manufacture food.
3. DETECTION OF *TRICHINELLA* IN THE MEATS: METHODS OF REFERENCE OF THE EU
4. ANALYSIS OF *STAPHYLOCOCCUS AUREUS* CARRIERS
5. MICROBIOLOGICAL ANALYSIS OF SURFACES

WORKLOAD

PRESENCIAL ACTIVITIES



Activity	Hours
Tutorials	2,00
Theory	24,00
Seminar	2,00
Laboratory	15,00
Total hours	43,00

NON PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at other activities	0,00
Individual or group project	9,00
Independent study and work	10,00
Preparation of lessons	44,00
Preparation for assessment activities	4,50
Resolution of case studies	0,00
Total hours	67,50

TEACHING METHODOLOGY

The development of the subject will be structured in the following way:

Theoretical classes will include 2 weekly hours in which the teacher provides a global overview of the topic along with the necessary information to understand the contents of the subject. In the above-mentioned classes, the student is induced to search incidental or complementary information, orientating him/her in the use of necessary bibliographical sources. It is recommendable for students to check previously the material that the teacher leaves in the virtual classroom as follow-up of the class.

Specialized tutorials in small groups. The purpose is orienting students and determining the follow-up of the course. It is a suitable way for the students to raise doubts or questions arising from the development of the curriculum.

Practical laboratory classes. They will be imparted in small groups, attendance is obligatory. The work of the student is monitored step by step, to achieve the required manual skills in the laboratory and solve problems by him-/herself.

Seminars/projects. A project will have to be carried out in groups on a topic proposed by the teacher to be presented later to the rest of the class and to generate a posterior debate. A résumé will have to be delivered in writing before the presentation to the class as a whole. The group is personally and regularly supervised by the teacher, who provides orientation when looking for bibliographical sources and in the critical analysis of the information found in the above-mentioned sources. The teacher advises on the general presentation of the project, thus promoting the students' capacity to work, synthesize and research.

Tant en les sessions teòriques com pràctiques, s'indican exemples de les aplicacions del



contingut del tema en relació amb els Objectius de Desenvolupament Sostenible (DG), així com en les propostes de temes per als seminaris coordinats. Aquesta pretén integrar l'aplicació dels SDGs en l'ensenyament d'higiene alimentària per proporcionar als estudiants coneixements i habilitats relacionats, així com promoure la reflexió i la crítica. Dels 17 objectius de desenvolupament sostenible, es posarà especial èmfasi en els següents objectius relacionats amb l'assignatura: SDG1, SDG2, SDG3, SDG4, SDG5, SDG6, SDG8, SDG12, SDG13.

EVALUATION

Continuous assessment of knowledge, competence and skills will take place along the course.

Seminars attendance will be obligatory and contributes 10% to the final mark, which will be added to the mark obtained in theory and practicals, provided that this sum (theory mark plus practical mark) is equal to or higher than 5.0 points out of ten. It is compulsory to attend the tutorials in the first registration. Attendance at seminars is compulsory.

The evaluation of the practical classes will contribute 20 % to the final mark in. Attendance is indispensable to pass the subject, and a report with the methodology and results obtained will have presented at the end. To pass the subject, a minimum of 40 % (compensable with theory) of the maximum mark of this part in the final exam will have to be obtained.

70 % of the final mark will be obtained in the examination corresponding to theoretical knowledge. To pass the subject, a minimum of 40 % (compensable with practical) of the maximum mark of this part in the final exam will have to be obtained.

The voluntary elaboration of technological contents proposed by the professor will mean a contribution of 0.5 additional points to the final mark if the theoretical and practical part of the subject has been passed.

Those students who do not pass the subject in first time, the corresponding mark of seminars will kept until the second summons, and also for practice or theory, PROVIDED that they have passed the practice or theory corresponding to seminars for the July exam, and also for practicals or theory, PROVIDED that they have passed the practicals or theory, respectively (minimum 5.0 points out of ten, respectively).

Evidence of copying or plagiarism in any of the assessable tasks will result in failure to pass the subject and in appropriate disciplinary action being taken. Please note that, in accordance with article 13. d) of the Statute of the University Student (RD 1791/2010, of 30 December), it is the duty of students to refrain from using or participating in dishonest means in assessment tests, assignments or university official documents. In the event of fraudulent practices, the **Action Protocol for fraudulent practices at the University of Valencia** will be applied (ACGUV 123/2020): <https://www.uv.es/sgeneral/Protocols/C83sp.pdf>

The continuous assessment activities, which in this subject are practices, tutorials and seminars, are of MANDATORY ATTENDANCE and, therefore, NOT RECOVERABLE, in accordance with the provisions of article 6.5 of the Regulation of Evaluation and Qualification of the UV for Bachelor and Master degrees. In



the event that, for justified reasons, it is not possible to attend any of these activities, sufficient notice must be given in advance. In this way, the person in charge of the subject may assign the student a session in another group

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