

**COURSE DATA****DATA SUBJECT****Code:** 33966**Name:** Food Legislation and Deontology**Cycle:** Undergraduate Studies**ECTS Credits:** 4.5**Academic year:** 2026-27**STUDY (S)**

Degree	Center	Acad. year	Period
1205 - Degree in Human Nutrition and Dietetics	Facultat de Farmàcia i Ciències de l'alimentació	3	First quarter
1211 - Double Degree in Pharmacy and Human Nutrition and Dietetics	Facultat de Farmàcia i Ciències de l'alimentació	6	First quarter

SUBJECT-MATTER

Degree	Subject-matter	Character
1205 - Degree in Human Nutrition and Dietetics	Food law and ethics	COMPULSORY
1211 - Double Degree in Pharmacy and Human Nutrition and Dietetics	Asignaturas obligatorias del PDG Farmacia-Nutrición Humana y Dietética	COMPULSORY

COORDINATION

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SUMMARY

This subject wants to contribute to the knowledge of food law and to the raise of the ethical awareness of professionals on their practice. Such ethical awareness is expressed in a socially responsible behavior in accordance with the moral and legal duties of the own profession. Especially, it helps to form nutritionists and food professionals in the frame of a comprehensive citizenship.

The main goal of this subject is to know both general aspects and specific issues of food law to reflect on the way how to build a more ethical society by means of the formation of citizens more aware of their civic tasks, and professionals more ethically engaged with the goals and values of their profession. And, from that standpoint, to analyze the concrete questions of food legislation and deontology.



The course will study ethical principles of the professions related with human nutrition, dietetics and science and technology of food and, considering concrete cases and situations, promote reflection on how to develop a correct and ethical professional practice.

PREVIOUS KNOWLEDGE

RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS

No previous requirements are needed.

COMPETENCES / LEARNING OUTCOMES

1205 - Degree in Human Nutrition and Dietetics

Be able to assume social and ethical commitments.

Capacidad de obtener, procesar e interpretar datos e información relevantes en el ámbito de la alimentación y la nutrición humana, haciendo uso de las tecnologías de la información y la comunicación.

Capacidad de reunir e interpretar datos relevantes para emitir juicios que incluyan una reflexión sobre temas relevantes de índole social, científica o ética.

Conocer los límites legales y éticos de la práctica dietética.

Develop the capacity to convey information, ideas, problems and solutions in the field of ethics and professional ethics, both to a specialist and non-specialist audience.

Know the legal and ethical limits of professional practice.

Practise the profession with respect for other health professionals and acquire skills to work in teams.

Recognise plurality and respect differences.

Reconocer las propias limitaciones y la necesidad de mantener y actualizar la competencia profesional.

Saber aplicar los elementos esenciales de la profesión del dietista-nutricionista al mundo profesional, de acuerdo con los Derechos Humanos y los principios democráticos, de igualdad entre mujeres y hombres, de solidaridad, de protección del medio ambiente y de fomento de la cultura de la paz.

Ser capaz de organizar y planificar los tiempos de trabajo.

Tener capacidad de analizar, sintetizar e interpretar datos relevantes de índole cultural, social, política, ética o científica, y de emitir juicios reflexivos sobre ellos.



DESCRIPTION OF CONTENTS

1. I. LEGISLATION

1. Notions of Law and Food Law
2. The international and Spanish framework of food law.
3. The principles of food law.
4. The right to nutrition
5. Criminal protection and food safety policy.
6. Main administrative techniques of intervention in security matters.
7. Consumer information.

2. II. DEONTOLOGY

8. Deontology and its meaning.
9. Code of ethics of the profession of dietician-nutritionist.

3. III. NUTRITION ETHICS

10. Why ethics?
11. Applied ethics.
12. Applied ethics and nutrition (I)
13. Applied ethics and nutrition (II)
14. Ethics applied to nutrition (I). Clinical nutrition
15. Ethics applied to Nutrition (II). Investigation
16. Ethics of the media and food advertising.
17. Ethics of the food company.

WORKLOAD

PRESENCIAL ACTIVITIES

Activity	Hours
Tutorials	2,00
Theory	38,00



Seminar	2,00
Total hours	42,00

NON PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at other activities	6,00
Individual or group project	0,00
Independent study and work	0,00
Preparation of lessons	61,50
Preparation for assessment activities	0,00
Resolution of case studies	0,00
Total hours	67,50

TEACHING METHODOLOGY

1.- Theory (3.52 ECTS, 88 hours): Magisterial lessons with the aim that the student gets the basic knowledge. Competences 1-14.

-Presence: 38 hours.

-Preparation and study: 50 hours.

2.- Practices in the seminar room (0.54 ECTS, 13.5 hours): Seminars, problems. Competences 1-14.

-Presence: 2 hours.

-Preparation and study: 11.5 hours.

Coordinated seminars will take place on topics provided by the teacher and related to the course and must follow the guidelines on coordinated seminars available at the web page of the Degree. In the case of Double Degree (Pharmacy and HND) the seminars will not be coordinated. The development of the seminar will be monitored through tutorials, to be agreed upon between the teacher and the students.

3.- Tutorials (0.32 ECTS, 8 hours): Resolution of doubts in a personalized way and in groups. Competences 1-14.

-Presence: 2 hours.

-Preparation and study: 6 hours.



4.- Making of exams (0.12 ECTS, 3 hours).

-Presence: 3 hours.

TOTAL:

-Presence: 45 hours.

-No presence: 67.5 hours.

EVALUATION

1. **Theoretical part:** realization of a written test to guarantee the knowledge and understanding of the theoretical contents established for the subject. This section will contribute to the final grade with a percentage of 70%.

2. **Practical part:** carrying out activities on various current topics related to nutrition. This section will contribute to the final grade with a percentage of 20%.

3. **Coordinated seminar** with a percentage of 10%. Written work, presentation, defense, and proposed activities will be taken into account for their assessment according to the guidelines on coordinated seminars available at the web page of the Degree. The level of understanding of the contents as well as the skills for its presentation and discussion will be assessed.

4. Attendance to practical classes, regulated tutorials and coordinated seminars is mandatory in the first registration. The repeaters (second registration) will not be required to attend, but they should talk with the teacher to determine the conservation of the previous notes in this section.

5. To be able to add the practical part it will be necessary to obtain a minimum of 3.5 (out of 7) in the written test.

6. For the second call the grades of the practical part are kept.

Alternatively, professors have the prerogative to opt for evaluating the learning of knowledge, skills and



abilities in the form of continuous evaluation throughout the course. The professor will indicate the chosen form of evaluation (final or continuous) at the beginning of the course and it will be applied to the entire group. With the same percentages already stated, the continuous evaluation option will consider the following evaluable parameters:

- a) The completion of individual and/or collective reports related to the coursework and activities in the classroom. These will assess the acquisition of skills, knowledge of basic concepts and the capacity for ethical reasoning.
- b) A written test that will assess the degree of general knowledge of theoretical concepts and legal, deontological and ethical issues.
- c) The student's attitude of the will be assessed in individual and collective tutorials, practical classes, seminars and classroom debates.

Evidence of copying or plagiarism in any of the assessable tasks will result in failure to pass the subject and in appropriate disciplinary action being taken. Please note that, in accordance with article 13. d) of the Statute of the University Student (RD 1791/2010, of 30 December), it is the duty of students to refrain from using or participating in dishonest means in assessment tests, assignments or university official documents.

In the event of fraudulent practices, the "**Action Protocol for fraudulent practices at the University of Valencia**" will be applied (ACGUV 123/2020): <https://www.uv.es/sgeneral/Protocols/C83sp.pdf>

The activities of continuous assessment, which in this subject are practices, tutorials and seminars, are of MANDATORY ATTENDANCE and, therefore, NOT RECOVERABLE, in accordance with the provisions of Article 6.5 of the Regulation of Evaluation and Qualification of the UV for Bachelor and Master degrees. If it is not possible to attend any of these activities for justified reasons, it must be communicated in advance. In this way, the person in charge of the subject may assign the student a session in another group.

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