

**COURSE DATA****DATA SUBJECT**

**Code:** 34347  
**Name:** Physical podiatry  
**Cycle:** Undergraduate Studies  
**ECTS Credits:** 4.5  
**Academic year:** 2025-26

**STUDY (S)**

Degree	Center	Acad. year	Period
1208 - Degree in Podiatry	Facultat d'Infermeria i Podologia	3	First quarter

**SUBJECT-MATTER**

Degree	Subject-matter	Character
1208 - Degree in Podiatry	Physical and pharmacological treatments	COMPULSORY

**COORDINATION**

NIETO GIL MARIA PILAR

**SUMMARY****PREVIOUS KNOWLEDGE****RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE**

There are no specified enrollment restrictions with other subjects of the curriculum.

**OTHER REQUIREMENTS****COMPETENCES / LEARNING OUTCOMES**

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Know and apply physical, electrical and manual methods in the therapy of the different pathologies of the foot. Functional bandages. Therapy of pain and inflammation in the foot.



## DESCRIPTION OF CONTENTS

1.

2.

3.

4.

5.

8.

## WORKLOAD

### PRESENCIAL ACTIVITIES

Activity	Hours
Tutorials	2,00
Theory	50,50
Laboratory	15,00
<b>Total hours</b>	<b>67,50</b>

### NON PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at other activities	2,00
Individual or group project	4,00
Independent study and work	27,00
Preparation of lessons	10,00
Preparation for assessment activities	2,00
Resolution of case studies	0,00



## TEACHING METHODOLOGY

## EVALUATION

## REFERENCES

- 1. Kapandji, I.A . (2006-2010) Fisiología articular: esquemas comentados de mecánica humana. Madrid: Médica Panamericana 2. Kendall, S. (2007). Músculos, pruebas funcionales, postura y dolor. Madrid: Marbán. 3. Kirby KA. (2002). Foot and lower extremity biomechanics I: precision Intricast newsletters, 1997-2002. Precision Intricast, Inc. Arizona: Payson. 4. Kirby KA. (2009). Foot and lower extremity biomechanics II: precision Intricast newsletters, 2002- 2008. Precision Intricast, Inc. Arizona: Payson. 5. Moreno De La Fuente, José Luis (2006). Podología Física. Barcelona: Masson. 6. Rodríguez Martín, JM. (2004). Electroterapia en Fisioterapia. Madrid: Ed. Médica Panamericana. 2ª ed. 7. Travell Janet G., Simons David G. (2002). Dolor y disfunción miofascial. El manual de los puntos gatillo. mitad superior del cuerpo. Madrid: Ed. Médica Panamericana.
- Revistes - 1. El Peu. - 2. Revista Española de Podología. - 3. Revista del Instituto de Biomecánica De Valencia (IBV). - 4. Journal of the American Podiatric Medicine Association, The Foot. - 5. Foot & Ankle International. - 6. The Foot. - 7. Podología Clínica. Recursos de internet - 1. <http://www.ibv.org> - 2. <http://www.traumaweb.net> - 3. <http://www.eorthopod.com> - 4. [http://escuela.med.puc.cl/paginas/publicaciones/TextoTraumatologia/Trau\\_Secc02/Trau\\_Sec02\\_10.html](http://escuela.med.puc.cl/paginas/publicaciones/TextoTraumatologia/Trau_Secc02/Trau_Sec02_10.html) - 5. <http://iicop.com/casosclinicos.html>