

**COURSE DATA****DATA SUBJECT**

Code: 34367
Name: Foundations of psychology in health sciences
Cycle: Undergraduate Studies
ECTS Credits: 6
Academic year: 2025-26

STUDY (S)

Degree	Center	Acad. year	Period
1200 - Degree in Nursing	Facultat d'Infermeria i Podologia	1	First quarter
1213 - Grado en Enfermería (Ontinyent)	Facultat d'Infermeria i Podologia	1	First quarter

SUBJECT-MATTER

Degree	Subject-matter	Character
1200 - Degree in Nursing	Psychology	BASIC
1213 - Grado en Enfermería (Ontinyent)	Psicología	BASIC

COORDINATION

IBAÑEZ DEL VALLE MARIA VANESSA

VIDAL BLANCO GABRIEL

BALLESTAR TARIN MARIA LUISA

SUMMARY**PREVIOUS KNOWLEDGE****RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE**

There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS**COMPETENCES / LEARNING OUTCOMES**

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Analyse and reflect on the consequences of being a woman and a man in the process of getting sick, the differential attention received and the specific way of dealing with pain and illness.

Bachelor's thesis. Cross-disciplinary subject area involving work related to different subjects.

Encourage and respect the patient's right to be involved, informed, independent and to give informed consent when decisions are taken, in accordance with their experience of the process of health-illness and death.

Establish truthful, effective and respectful communication with patients, family, social groups, other professionals and the media, both orally and in writing, and promote health education.

Have a critical, creative, constructive and research-oriented point of view in professional practice.

Identify people's psychosocial responses to different health situations (in particular, illness and suffering), selecting the appropriate actions to provide help in these situations. Establish an empathic and respectful relationship with the patient and family, according to the person's situation, health problem and stage of development. Use strategies and skills that enable effective communication.

Know and apply communication techniques and tools from a non-sexist perspective, both in interpersonal relationships and in group dynamics.

Reflect on the importance of gender analysis in health, and understand how, depending on lifestyles, the use of time and working conditions have an impact on people's health.

Understand and identify the psychological and physical problems derived from gender violence to train students in the prevention, early detection, care and rehabilitation of the victims of this type of violence.

Understand a person's interactive behaviour based on gender, group or community, within their social and multicultural context.

DESCRIPTION OF CONTENTS

1.

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WORKLOAD

PRESENCIAL ACTIVITIES

Activity	Hours
Tutorials	2,00
Theory	50,00
Classroom practices	8,00
Total hours	60,00

NON PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at other activities	0,00
Individual or group project	14,00
Independent study and work	54,00
Preparation of lessons	8,00
Preparation for assessment activities	14,00
Resolution of case studies	0,00
Total hours	90,00

TEACHING METHODOLOGY

EVALUATION

REFERENCES



- Myers, DG. Psicología. Madrid: Panamericana, 2005.
- Papalia, DE. Desarrollo humano. (9ª ed.) Madrid: McGraw Hill, 2004.
- Morrison, V.; Benett, P. Psicología de la salud. Madrid. Prentice Hall, 2008
- Cleries, X. La comunicación. Una competencia esencial para los profesionales de la salud. Barcelona: Masson, 2006
- Arce, MC.; Carballal, MC.; Cibanal, JL. Técnicas de comunicación y relación de ayuda en ciencias de la salud. Madrid: Elsevier. 2006
- Amigo, I., Fernandez, C. y Nieto, J. Manual de Psicología de la salud. Madrid: Pirámide. 1998
- Lazarus, RS.; Lazarus, BN. Pasión y razón: la comprensión de nuestras emociones. Barcelona: Paidós, 2000
- Benito, E. (2024). El niño que se enfadó con la muerte: Claves para entender y acompañar en el viaje definitivo. Harper Collins Ibérica, S. A. Madrid.
- Bayes, R. Psicología de la muerte y del sufrimiento. Barcelona: Martinez Roca, 2001