

**COURSE DATA****DATA SUBJECT****Code:** 34376**Name:** Community nursing**Cycle:** Undergraduate Studies**ECTS Credits:** 6**Academic year:** 2025-26**STUDY (S)**

Degree	Center	Acad. year	Period
1200 - Degree in Nursing	Facultat d'Infermeria i Podologia	2	First quarter
1213 - Grado en Enfermería (Ontinyent)	Facultat d'Infermeria i Podologia	2	First quarter

SUBJECT-MATTER

Degree	Subject-matter	Character
1200 - Degree in Nursing	Public health and community nursing	COMPULSORY
1213 - Grado en Enfermería (Ontinyent)	Salud pública y enfermería comunitaria	COMPULSORY

COORDINATION

MARTINEZ SABATER ANTONIO

BALLESTAR TARIN MARIA LUISA

SUMMARY**PREVIOUS KNOWLEDGE****RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE**

There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS**COMPETENCES / LEARNING OUTCOMES**

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Acquire basic training for research, identifying the elements and phases of the research process.

Analyse and reflect on the consequences of being a woman and a man in the process of getting sick, the differential attention received and the specific way of dealing with pain and illness.

Apply information and communication technologies in clinical, therapeutic, preventive, health promotion and research activities.

Bachelor's thesis. Cross-disciplinary subject area involving work related to different subjects.

Be able to describe the foundations of the primary health care level and the activities to be developed to provide comprehensive nursing care to the individual, family and community. Understand the role and activities and cooperative attitude that the professional must adopt within a primary health care team. Promote the involvement of individuals and groups in their health-disease process.

Be able to formulate hypotheses and to gather and critically assess information to resolve problems by applying, among others, the gender approach.

Be able to provide comprehensive and professional nursing care that is appropriate to the health needs of the person, family and community being cared of, from the recognition of the citizens' right to health, and in accordance with the current state of development of scientific knowledge and with the quality and safety standards established in applicable legal and deontological regulations.

Direct, evaluate and provide comprehensive nursing care to the individual, family and community.

Establish evaluation procedures applying scientific-technical and quality principles.

Establish truthful, effective and respectful communication with patients, family, social groups, other professionals and the media, both orally and in writing, and promote health education.

Get to know the Spanish health system. Identify the characteristics of the managerial function of nursing services and care management. Know and be able to apply the techniques of group management.

Have a critical, creative, constructive and research-oriented point of view in professional practice.

Identify community participation as an essential element for the development of health promotion, and participate in the formulation, implementation and evaluation of healthy public policies and intersectoral projects that strengthen local development.

Identify the biological, demographic, environmental, social, economic, cultural, psychological and gender determinants of health, and analyse their influence on the living and working conditions of the population and their impact on the health-disease process.

Know and apply communication techniques and tools from a non-sexist perspective, both in interpersonal relationships and in group dynamics.

Know and apply the theoretical and methodological foundations and principles of nursing, for the promotion and protection of health, the prevention of illness and the comprehensive care of people, in order to improve the quality of life of the population.

Know and use the different health information systems.



Know the structure, operation and financing of the health and social-health systems, in order to make optimal use of the available resources.

Offer health education actions using strategies that are appropriate to individuals, families and communities, making scientific information and recommendations available to the population in an understandable language.

Promote healthy lifestyles that encourage self-care among individuals, families and communities.

Propose and develop health care actions that privilege health promotion and disease prevention, and that aim to improve the living conditions of the population.

Protect the health and welfare of the individuals, families and groups being cared of, guaranteeing comprehensive care.

Provide nursing care based on integrated healthcare principles, involving multi-professional cooperation, process integration and continuity of care, in coordination with all the levels of healthcare and other social and health resources and services.

Recognise the right to health, apply the principle of social equity to professional practice and understand the ethical implications of health in a changing global context.

Reflect on the importance of gender analysis in health, and understand how, depending on lifestyles, the use of time and working conditions have an impact on people's health.

Understand, critically asses and know how to use sources of clinical, biomedical and health information to obtain, organise, interpret and communicate scientific and epidemiological information.

Understand the importance and limitations of scientific thinking for the study, prevention and management of people's health.

Work as a team, understood as a basic unit into which professionals and other workers of health care organisations are integrated, structured and organised in single- or multi-disciplinary and inter-disciplinary teams, as a way of ensuring the quality of health care.

DESCRIPTION OF CONTENTS

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WORKLOAD

PRESENCIAL ACTIVITIES

Activity	Hours
Tutorials	2,00
Theory	78,00
Classroom practices	10,00
Total hours	90,00

NON PRESENCIAL ACTIVITIES

Activity	Hours
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Attendance at other activities	0,00
Individual or group project	12,00
Independent study and work	22,00
Preparation of lessons	18,00
Preparation for assessment activities	8,00
Resolution of case studies	0,00
Total hours	60,00

TEACHING METHODOLOGY

EVALUATION

REFERENCES

- 1. Martín Zurro, A. M., i Jodar Solá, G. J. (2018). Atención familiar y salud comunitaria: conceptos y materiales para docentes y estudiantes. Madrid: Elsevier. 2. Marchioni, M. (2004). La Acción Social en y con la Comunidad. Zaragoza: Libros Certeza. 3. Marqués, F. (2004). Métodos y medios en promoción y educación para la salud. Ed. UOC 4. Mazarrasa, L.; Sánchez, A.; Germán, C.; Sánchez A.M.; Merelles, A.; Aparicio, V. (2003). Salud Pública y Enfermería Comunitaria. Madrid: McGraw-Hill Interamericana. 5. Lindström, B., i Eriksson, M. (2011). Guía del autoestopista salutogénico: camino salutogénico hacia la promoción de la salud (Vol. 1). Documenta Universitaria.
- 1. Piedrola Gil, G. directores Joaquín Fernández-Crehuet Navajas [et al.] (2016). Medicina preventiva y salud pública. Barcelona: Elsevier-Masson.
- Portales de Internet de interés a. Conselleria de Sanitat Universal i salut pública. Valencia: <http://www.san.gva.es/> b. Escuela Andaluza de Salud Pública: <http://www.easp.es/web/esp/index.asp> c. Escuela Valenciana de Estudios en Salud: <http://www.eves.san.gva.es/portal/> d. Ministerio de Sanidad y Consumo: <http://www.msc.es> e. Organización Mundial de la Salud: <http://www.who.org> f. Sociedad Española de Medicina de Familia y Comunitaria (SEMFYC): <http://www.semfyc.es/es/> g. Gobierno de Aragón. Salud y Consumo. <http://portal.aragon.es/portal/page/portal/SALUDPUBLICA>