

**COURSE DATA****DATA SUBJECT**

Code: 34380
Name: Medical-surgical nursing I
Cycle: Undergraduate Studies
ECTS Credits: 6
Academic year: 2025-26

STUDY (S)

Degree	Center	Acad. year	Period
1200 - Degree in Nursing	Facultat d'Infermeria i Podologia	2	Annual
1213 - Grado en Enfermería (Ontinyent)	Facultat d'Infermeria i Podologia	2	Annual

SUBJECT-MATTER

Degree	Subject-matter	Character
1200 - Degree in Nursing	Nursing in the life cycle	COMPULSORY
1213 - Grado en Enfermería (Ontinyent)	Enfermería en el ciclo vital	COMPULSORY

COORDINATION

FERNANDEZ GARRIDO JULIO JORGE

SUMMARY**PREVIOUS KNOWLEDGE****RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE**

There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS**COMPETENCES / LEARNING OUTCOMES****1200 - Degree in Nursing**

Analyse and reflect on the consequences of being a woman and a man in the process of getting sick, the differential attention received and the specific way of dealing with pain and illness.



Bachelor's thesis. Cross-disciplinary subject area involving work related to different subjects.

Base nursing interventions on scientific evidence and available means.

Be able to describe the foundations of the primary health care level and the activities to be developed to provide comprehensive nursing care to the individual, family and community. Understand the role and activities and cooperative attitude that the professional must adopt within a primary health care team. Promote the involvement of individuals and groups in their health-disease process.

Be able to formulate hypotheses and to gather and critically assess information to resolve problems by applying, among others, the gender approach.

Be able to provide comprehensive and professional nursing care that is appropriate to the health needs of the person, family and community being cared of, from the recognition of the citizens' right to health, and in accordance with the current state of development of scientific knowledge and with the quality and safety standards established in applicable legal and deontological regulations.

Be able to recognise situations where life is in danger and to perform basic and advanced life-saving techniques.

Design care systems for individuals, families or groups, focusing on health results, evaluating their impact and implementing appropriate changes.

Direct, evaluate and provide comprehensive nursing care to the individual, family and community.

Establish evaluation procedures applying scientific-technical and quality principles.

Know and apply the principles behind comprehensive nursing care.

Know and apply the theoretical and methodological foundations and principles of nursing, for the promotion and protection of health, the prevention of illness and the comprehensive care of people, in order to improve the quality of life of the population.

Know the health alterations of the adult person, identifying the manifestations that appear in the different stages. Identify care needs arising from health problems. Analyse the data collected in the assessment, prioritise the adult patient's problems, define and implement the care plan and evaluate it.

Know the physiopathological processes and their manifestations and the risk factors that determine the states of health and disease in the different stages of the life cycle according to gender.

Know the strategies to provide comfort and alleviate symptoms, aimed at the patient, the family and the non-professional caregiver, in the administration of palliative care in situations of advanced or terminal illness.

Learn about palliative care and pain control in order to provide care that alleviates the situation of the terminally ill.

Plan and provide nursing care for individuals, families or groups, focusing on health results and evaluating its impact, using guides to clinical practice and care that set out the processes involved in the diagnosis, treatment or care of a health problem.

Promote healthy lifestyles that encourage self-care among individuals, families and communities.



Provide nursing care based on integrated healthcare principles, involving multi-professional cooperation, process integration and continuity of care, in coordination with all the levels of healthcare and other social and health resources and services.

Reflect on the importance of gender analysis in health, and understand how, depending on lifestyles, the use of time and working conditions have an impact on people's health.

Understand, critically asses and know how to use sources of clinical, biomedical and health information to obtain, organise, interpret and communicate scientific and epidemiological information.

DESCRIPTION OF CONTENTS

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.



9.

10.

11.

12.

13.

WORKLOAD**PRESENCIAL ACTIVITIES**

Activity	Hours
Tutorials	2,00
Theory	74,00
Laboratory	6,00
Classroom practices	8,00
Total hours	90,00

NON PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at other activities	0,00
Individual or group project	5,00
Independent study and work	25,00
Preparation of lessons	17,50
Preparation for assessment activities	0,00
Resolution of case studies	12,50
Total hours	60,00

TEACHING METHODOLOGY

Los temas correspondientes al apartado de teoría (sesiones T) se realizarán mediante clases magistrales



de una duración de entre 1 y 2 horas por tema (sesiones T), completando las 74 horas presenciales. Los/las estudiantes podrán intervenir, solicitar aclaraciones o solventar dudas, así como solicitar información adicional. Cuando finalice cada unidad temática, se podrán llevar a cabo actividades de autoevaluación utilizando los recursos del aula virtual de la Universidad de Valencia.

Las lecciones demostrativas y los ejercicios prácticos (sesiones P y L), que suman un total de 7 actividades, se llevarán a cabo en el aula de simulación o en el aula de prácticas utilizando los recursos específicos en función de la materia y tema a tratar. Igualmente se organizarán tutorías de grupo pactadas entre el profesorado y alumnado, para atender la demanda y necesidad de aclaración de aquellos temas que se planteen.

Se entregará al final de cada módulo, tanto el material utilizado en clase como otros documentos adicionales que podrán ser objeto de preguntas en el examen.

EVALUATION

REFERENCES

- 1. Swearingen P.L.; Wright J.D. (2020) Enfermería médico-quirúrgica basada en planes de cuidado (5ª ed.). Madrid: Elsevier. 2. Brunner y Suddarth. Enfermería Médico-Quirúrgica (2019). 14ª Edición. 2 Tomos. Janice L. Hinkle; Kerry H. Cheever. Wolters Kluwer. 3. Hinkle J.L.; Cheever, K.H. (2018). Brunner y Suddarth. Enfermería Médico-Quirúrgica (14ª ed). Barcelona: Wolters Kluwer. (2 Volúmenes). 4. Lewis, S.L.; Bucher, L.; Heitkemper, M.M.; Harding, M.M.; Kwong, J.; Dottie, R. (2018). Guía práctica de enfermería medico quirúrgica: Evaluación y abordaje de problemas clínicos (10ªed). Barcelona: Elsevier. 5. Lemone & Burtke. (2009). Enfermería Medicoquirúrgica. Pensamiento crítico en la asistencia del paciente (4ª ed). Madrid: Pearson. Prentice Hall. (2 Volúmenes). 6. Lewis, S.M.; Heitkemper, M.M.; Dirksen, S.R. (2004). Enfermería Medicoquirúrgica. Valoración y Cuidados de Problemas Clínicos (6ª ed). Madrid: Elsevier. (2 Volúmenes).
- Recursos Electrónicos Manual de Procedimientos de Enfermería de la Junta de Andalucía. <https://manualclinico.hospitaluvrocio.es/procedimientos-generales-de-enfermeria/manual-clinico-de-procedimientos-generales-de-enfermeria/> Catálogo de guías de práctica clínica. Acceso en: <http://www.guiasalud.es> Otros recursos El profesorado de la asignatura recomendará en caso necesario documentos de consulta que complementen la bibliografía básica y específica propuesta en la guía académica. Se procurará que todos los materiales recomendados sean accesibles desde el catálogo TROBES de la UV, por título.)