



COURSE DATA

DATA SUBJECT

Code: 34382

Name: Nursing in geronto-geriatric health

Cycle: Undergraduate Studies

ECTS Credits: 4.5

Academic year: 2025-26

STUDY (S)

Degree	Center	Acad. year	Period
1200 - Degree in Nursing	Facultat d'Infermeria i Podologia	2	First quarter
1213 - Grado en Enfermería (Ontinyent)	Facultat d'Infermeria i Podologia	2	First quarter

SUBJECT-MATTER

Degree	Subject-matter	Character
1200 - Degree in Nursing	Nursing in the life cycle	COMPULSORY
1213 - Grado en Enfermería (Ontinyent)	Enfermería en el ciclo vital	COMPULSORY

COORDINATION

PEREZ ROS MARIA PILAR

JULIAN ROCHINA IVAN

SUMMARY

PREVIOUS KNOWLEDGE

RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS

COMPETENCES / LEARNING OUTCOMES

-

Analyse and reflect on the consequences of being a woman and a man in the process of getting sick, the



differential attention received and the specific way of dealing with pain and illness.

Apply information and communication technologies in clinical, therapeutic, preventive, health promotion and research activities.

Bachelor's thesis. Cross-disciplinary subject area involving work related to different subjects.

Base nursing interventions on scientific evidence and available means.

Be able to formulate hypotheses and to gather and critically assess information to resolve problems by applying, among others, the gender approach.

Be able to provide comprehensive and professional nursing care that is appropriate to the health needs of the person, family and community being cared of, from the recognition of the citizens' right to health, and in accordance with the current state of development of scientific knowledge and with the quality and safety standards established in applicable legal and deontological regulations.

Design care systems for individuals, families or groups, focusing on health results, evaluating their impact and implementing appropriate changes.

Establish evaluation procedures applying scientific-technical and quality principles.

Establish truthful, effective and respectful communication with patients, family, social groups, other professionals and the media, both orally and in writing, and promote health education.

Know and apply communication techniques and tools from a non-sexist perspective, both in interpersonal relationships and in group dynamics.

Know and apply the principles behind comprehensive nursing care.

Know and apply the theoretical and methodological foundations and principles of nursing, for the promotion and protection of health, the prevention of illness and the comprehensive care of people, in order to improve the quality of life of the population.

Know the applicable legislation and the code of ethics of Spanish nursing, inspired by the code of ethics and conduct for European nursing. Provide care respecting the right to dignity, privacy, intimacy, confidentiality and decision-making capacity of patients and families. Customise care based on age, gender, cultural differences, ethnicity, beliefs and values.

Know the physiopathological processes and their manifestations and the risk factors that determine the states of health and disease in the different stages of the life cycle according to gender.

Know the strategies to provide comfort and alleviate symptoms, aimed at the patient, the family and the non-professional caregiver, in the administration of palliative care in situations of advanced or terminal illness.

Maintain and update professional skills, with particular emphasis on independent learning of new knowledge and skills and motivation for quality in health care.

Plan and provide nursing care for individuals, families or groups, focusing on health results and evaluating its impact, using guides to clinical practice and care that set out the processes involved in the diagnosis, treatment or care of a health problem.



Promote healthy lifestyles that encourage self-care among individuals, families and communities.

Propose and develop health care actions that privilege health promotion and disease prevention, and that aim to improve the living conditions of the population.

Provide nursing care based on integrated healthcare principles, involving multi-professional cooperation, process integration and continuity of care, in coordination with all the levels of healthcare and other social and health resources and services.

Recognise the essential elements of professional practice in the care of individuals, families and the community.

Reflect on the importance of gender analysis in health, and understand how, depending on lifestyles, the use of time and working conditions have an impact on people's health.

Understand, critically assess and know how to use sources of clinical, biomedical and health information to obtain, organise, interpret and communicate scientific and epidemiological information.

Understand the changes associated with the aging process and their impact on health. Identify the structural, functional, psychological and lifestyle changes associated with the aging process. Know the most frequent health problems in the elderly. Select caregiving interventions aimed at treating or preventing health problems and their adaptation to daily life through resources that are close to and support the older person.

Work as a team, understood as a basic unit into which professionals and other workers of health care organisations are integrated, structured and organised in single- or multi-disciplinary and inter-disciplinary teams, as a way of ensuring the quality of health care.

DESCRIPTION OF CONTENTS

1.

2.

3.

4.



5.

WORKLOAD**PRESENCIAL ACTIVITIES**

Activity	Hours
Tutorials	2,00
Theory	59,50
Classroom practices	6,00
Total hours	67,50

NON PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at other activities	0,00
Individual or group project	5,00
Independent study and work	31,00
Preparation of lessons	0,00
Preparation for assessment activities	9,00
Resolution of case studies	0,00
Total hours	45,00

TEACHING METHODOLOGY**EVALUATION****REFERENCES**

- BALLESTEROS JIMÉNEZ, Soledad. Gerontología: un saber multidisciplinar. Madrid: Universidad Nacional de Educación a Distancia, 2004.
- CERVERA, María C. y SAIZ GARCÍA, Jesús. Actualización en Geriátría y Gerontología. Alcalá la Real Jaén: Formación Alcalá, 2004.
- SALVADOR CARULLA L, CANO SÁNCHEZ A y CABO-SOLER J. Longevidad. Tratado integral sobre salud en la segunda mitad de la vida. Madrid: Médica Panamericana, 2003.
- GUILLÉN LLERA, Francisco; PÉREZ DEL MOLINO MARTÍN, Jesús and PETIDIER TORREGROSSA, Roberto. Síndromes y Cuidados En El Paciente Geriátrico. Barcelona etc.: Elsevier-Masson, 2008.



- MILLÁN CALENTI, José C. Principios de Geriátría y Gerontología. Madrid: McGraw-Hill Interamericana, 2006.
- ÁLVAREZ GREGORI, Joaquín; MACÍAS NÚÑEZ, Juan F. Dependencia en geriatría. Salamanca: Universidad de Salamanca, 2009.
- CAMPO URBANO, Salustiano. Introducción a la Gerontología Social. Madrid: Instituto Nacional de Servicios Sociales, 1981.
- CRESPO SANTIAGO, Dámaso. Biogerontología. Santander: Universidad de Cantabria, 2006.
- FERNÁNDEZ BALLESTEROS, Rocío. Gerontología Social. Madrid: Pirámide, 2000.
- GARCÍA CRESPO, María P. Programa preventivo para mayores. Madrid: Ediciones Díaz de Santos, 2006.
- GIRÓ MIRANDA, Joaquín. Envejecimiento activo, envejecimiento en positivo. Logroño: Universidad de La Rioja, Servicio de Publicaciones, 2006.
- GONZALO, Luis M.. Tercera edad y calidad de vida. Barcelona: Editorial Ariel, 2002
- KANE, RA. Evaluación de las necesidades en los ancianos: guía práctica sobre los instrumentos de medición. Barcelona: SG, 1993.
- MARCOS BECERRO, Juan F. y MARTÍNEZ ALMAGRO, Andrés. Envejecimiento: problemas y soluciones. Murcia: Morphos Ediciones, 2007
- PINAZO HERNANDIS, Sacramento; SÁNCHEZ MARTÍNEZ, Mariano y ALFAGEME CHAO, Alfredo. Gerontología: actualización, innovación y propuestas. Madrid: Pearson Prentice Hall, 2005