

**COURSE DATA****DATA SUBJECT****Code:** 34388**Name:** Practicum III**Cycle:** Undergraduate Studies**ECTS Credits:** 19.5**Academic year:** 2025-26**STUDY (S)**

Degree	Center	Acad. year	Period
1200 - Degree in Nursing	Facultat d'Infermeria i Podologia	4	Indefinite (Individuals)
1213 - Grado en Enfermería (Ontinyent)	Facultat d'Infermeria i Podologia	4	Indefinite (Individuals)

**SUBJECT-MATTER**

Degree	Subject-matter	Character
1200 - Degree in Nursing	Integrated practice in the health area/department	INTERNSHIPS
1213 - Grado en Enfermería (Ontinyent)	Prácticas integradas en el Área/Departamento de salud	INTERNSHIPS

**COORDINATION**

SANTAINES BORREDA ELENA

CASAL ANGULO MARIA DEL CARMEN

**SUMMARY****PREVIOUS KNOWLEDGE****RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE**

There are no specified enrollment restrictions with other subjects of the curriculum.

**OTHER REQUIREMENTS****COMPETENCES / LEARNING OUTCOMES****1200 - Degree in Nursing**



Acquire basic training for research, identifying the elements and phases of the research process.

Apply information and communication technologies in clinical, therapeutic, preventive, health promotion and research activities.

Apply the nursing process to provide and guarantee the well-being, quality and safety of the people being cared of.

Base nursing interventions on scientific evidence and available means.

Be able to describe the foundations of the primary health care level and the activities to be developed to provide comprehensive nursing care to the individual, family and community. Understand the role and activities and cooperative attitude that the professional must adopt within a primary health care team. Promote the involvement of individuals and groups in their health-disease process.

Be able to formulate hypotheses and to gather and critically assess information to resolve problems by applying, among others, the gender approach.

Be able to provide comprehensive and professional nursing care that is appropriate to the health needs of the person, family and community being cared of, from the recognition of the citizens' right to health, and in accordance with the current state of development of scientific knowledge and with the quality and safety standards established in applicable legal and deontological regulations.

Be able to recognise situations where life is in danger and to perform basic and advanced life-saving techniques.

Design care systems for individuals, families or groups, focusing on health results, evaluating their impact and implementing appropriate changes.

Direct, evaluate and provide comprehensive nursing care to the individual, family and community.

Encourage and respect the patient's right to be involved, informed, independent and to give informed consent when decisions are taken, in accordance with their experience of the process of health-illness and death.

Encourage and respect the patient's right to be involved, informed and independent when decisions are taken, in accordance with their experience of the process of health, illness and death.

Establish evaluation procedures applying scientific-technical and quality principles.

Establish truthful, effective and respectful communication with patients, family, social groups, other professionals and the media, both orally and in writing, and promote health education.

Get to know the Spanish health system. Identify the characteristics of the managerial function of nursing services and care management. Know and be able to apply the techniques of group management.

Have a critical, creative, constructive and research-oriented point of view in professional practice.

Identify community participation as an essential element for the development of health promotion, and participate in the formulation, implementation and evaluation of healthy public policies and intersectoral projects that strengthen local development.



Identify people's psychosocial responses to different health situations (in particular, illness and suffering), selecting the appropriate actions to provide help in these situations. Establish an empathic and respectful relationship with the patient and family, according to the person's situation, health problem and stage of development. Use strategies and skills that enable effective communication.

Identify the biological, demographic, environmental, social, economic, cultural, psychological and gender determinants of health, and analyse their influence on the living and working conditions of the population and their impact on the health-disease process.

Identify the characteristics of women in the different stages of the reproductive cycle and in the climacteric and the alterations that can occur, and provide the necessary care in each stage. Apply general care during the maternity process to facilitate the adaptation of women and newborns to new demands and prevent complications.

Implement health care information and communication technologies and systems.

Know and apply the principles behind comprehensive nursing care.

Know and apply the theoretical and methodological foundations and principles of nursing, for the promotion and protection of health, the prevention of illness and the comprehensive care of people, in order to improve the quality of life of the population.

Know and assess the nutritional needs of healthy people and of those with health problems, throughout the life cycle and according to physical activity, in order to promote and reinforce healthy eating behaviour patterns. Identify the nutrients and the foods in which they are found. Identify the most prevalent nutritional problems in women and men and select appropriate dietary recommendations.

Know the applicable legislation and the code of ethics of Spanish nursing, inspired by the code of ethics and conduct for European nursing. Provide care respecting the right to dignity, privacy, intimacy, confidentiality and decision-making capacity of patients and families. Customise care based on age, gender, cultural differences, ethnicity, beliefs and values.

Know the different groups of medicines, the principles of authorisation, their use and indication and their mechanisms of action. Know the use of medicines, evaluating the expected benefits and associated risks and/or the side effects derived from their administration and consumption according to gender difference.

Know the health alterations of the adult person, identifying the manifestations that appear in the different stages. Identify care needs arising from health problems. Analyse the data collected in the assessment, prioritise the adult patient's problems, define and implement the care plan and evaluate it.

Know the most relevant mental health problems in the different stages of the life cycle, providing comprehensive and effective care in the field of nursing, applying gender analysis.

Know the specific aspects and care of the newborn. Identify the characteristics of the different stages of childhood and adolescence and the factors that condition the normal pattern of growth and development. Know the most frequent health problems in childhood and identify their manifestations. Analyse child assessment data.

Know the strategies to provide comfort and alleviate symptoms, aimed at the patient, the family and the non-professional caregiver, in the administration of palliative care in situations of advanced or terminal illness.



Know the use and suitability of health products linked to nursing care, paying special attention to differences according to age and gender.

Learn about palliative care and pain control in order to provide care that alleviates the situation of the terminally ill.

Maintain and update professional skills, with particular emphasis on independent learning of new knowledge and skills and motivation for quality in health care.

Offer health education actions using strategies that are appropriate to individuals, families and communities, making scientific information and recommendations available to the population in an understandable language.

Plan, organise and evaluate training activities for nurses and other health professionals.

Plan and provide nursing care for individuals, families or groups, focusing on health results and evaluating its impact, using guides to clinical practice and care that set out the processes involved in the diagnosis, treatment or care of a health problem.

Pre-professional work placement, with a final assessment of competences, in health centres, hospitals and other care centres, which will allow students to acquire professional values, communication skills, clinical reasoning, clinical management and critical judgment, by integrating nursing knowledge, skills and attitudes into professional practice.

Promote healthy lifestyles that encourage self-care among individuals, families and communities.

Propose and develop health care actions that privilege health promotion and disease prevention, and that aim to improve the living conditions of the population.

Protect the health and welfare of the individuals, families and groups being cared of, guaranteeing comprehensive care.

Provide nursing care based on integrated healthcare principles, involving multi-professional cooperation, process integration and continuity of care, in coordination with all the levels of healthcare and other social and health resources and services.

Recognise the right to health, apply the principle of social equity to professional practice and understand the ethical implications of health in a changing global context.

Understand, critically assess and know how to use sources of clinical, biomedical and health information to obtain, organise, interpret and communicate scientific and epidemiological information.

Understand the changes associated with the aging process and their impact on health. Identify the structural, functional, psychological and lifestyle changes associated with the aging process. Know the most frequent health problems in the elderly. Select caregiving interventions aimed at treating or preventing health problems and their adaptation to daily life through resources that are close to and support the older person.

Understand the importance and limitations of scientific thinking for the study, prevention and management of people's health.



Work as a team, understood as a basic unit into which professionals and other workers of health care organisations are integrated, structured and organised in single- or multi-disciplinary and inter-disciplinary teams, as a way of ensuring the quality of health care.

## DESCRIPTION OF CONTENTS

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## WORKLOAD

### PRESENCIAL ACTIVITIES

Activity	Hours
Clinical internships in health institutions	0,00
Theory supplements	0,00
Classroom practice	0,00
Laboratory	0,00
Seminars	0,00
In-class tutorials	0,00
<b>Total hours</b>	<b>0,00</b>

### NON PRESENCIAL ACTIVITIES



<b>Activity</b>	<b>Hours</b>
Independent study and work	0,00
Preparation of supplementary reports	0,00
Preparation of the internship report and evaluation of the internship	0,00
<b>Total hours</b>	<b>0,00</b>

## TEACHING METHODOLOGY

## EVALUATION

## REFERENCES

- Ferreras-Rozman. (2009). Medicina Interna. Barcelona: Elsevier.
- Fuente Ramos M. (2009). Enfermería médico-quirúrgica. Madrid: DAE (Difusió Avances Enfermería).
- Harrison. (2010). Principios de Medicina Interna Barcelona: Mc Graw Hill.
- Laso FJ. (2010). Introducción a la Medicina Clínica. Barcelona: Masson.
- Morillo J. & Fernandez Ayuso D. (2016). Enfermería Clínica I y II. Ed. Elsevier.
- Zabalegui-Yárnoz A. & Lombráña-Mencía M. (2019). Administración de medicamentos y cálculo de dosis. 3ª ed. Elsevier Masson.