

**COURSE DATA****DATA SUBJECT****Code:** 34428**Name:** Sociological analysis of leisure and sports**Cycle:** Undergraduate Studies**ECTS Credits:** 6**Academic year:** 2026-27**STUDY (S)**

Degree	Center	Acad. year	Period
1310 - Degree in Sociology	Facultat de Ciències Socials	4	First quarter

SUBJECT-MATTER

Degree	Subject-matter	Character
1310 - Degree in Sociology	Sociological analysis of leisure and sport	ELECTIVES

COORDINATION

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SUMMARY

The subject "Sociological analysis of leisure and sport" is optional and has allocated 6 credits, taught during the first semester of the fourth year. This course is integrated into the module "Sociology and Applied Social Sciences," which aims to equip Grade students in the Sociology of cognitive, practical skills and attitudes, associated with methods and techniques Work Sociology professionals that allow to apply the theories, concepts, research methods and techniques acquired in the first three years of the degree, the analysis of specific social problems of social reality that surrounds it. At the same time, deeper analysis in various fields of sociology and social sciences that the student selected on the basis of their professional future and interests of knowledge. It has to mean the foundation that give students the skills to deepen the empirical knowledge of social phenomena in which is inscribed, is conditional and conditions, the practice of physical activity and sport and leisure.

Sport and leisure have become two of the greatest social phenomena of contemporary society in its various manifestations: sport-practical, sport-health, sports-entertainment, etc.. Therefore, either as active practice, or as mass entertainment, sport has now become an essential part of people's daily life. The subject "Sociological analysis of leisure and sport" has the overall aim to offer and provide students with the basic concepts and theories to let you know the social, cultural, political and economic environment in which it operates leisure, physical activity and sport.

Based on the conception of sport as eminently social phenomenon, is to show, as a priority, the importance of cultural and social context in the genesis and development of sports. To this end we propose an introduction to basic concepts of sociological analysis in turn enabling a comprehensive and



contextualized the sport and its presence in human societies. Also, identify the contexts and social and cultural determinants involving leisure, sport, focusing on interaction, growing increasingly, between sport, leisure and society.

In short, it is to empower students to be able to do a reading in sociology of sport and leisure phenomena associated with immediate everyday experience. The goal would enhance the capacity for analysis of leisure, physical activity and sport in a social perspective, applying the theoretical incorporated into the program.

They seek to know the different sociological explanations for the role of leisure and sport in contemporary society contexts and identifying their social and cultural determinants. Then a priority differentiate the theoretical perspectives for the study of social phenomena in general and leisure and sport in particular paying incidence constructs such as gender and age. It also will be ready to interpret the social structure of leisure and sport in Spain and Valencia, identifying their key characteristics and trends. Also further analysis between the relationship between sport and the formation of the culture and values of societies becoming aware of the capabilities and potential of sport as a tool to teach values. Finally it will affect the understanding of the relationship between sport and certain disputes or deviant social practices and the increasing incidence of sport as a spectacle, and content sports as mass media. Finally a summary of the current trends related to leisure and sport in today's society trying to predict future patterns.

PREVIOUS KNOWLEDGE

RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS

There are no specified enrollment restrictions with other subjects of the curriculum.

While this is not an administrative requirement, in this area is essential the baggage acquired by the student throughout undergraduate studies, mainly in regard to knowledge of basic concepts of sociology and analytical skills of the social, sociological theory, and of skills in the design and conduct of empirical research. On the other hand, it is also essential to take the knowledge gained introductions to other social

COMPETENCES / LEARNING OUTCOMES

1310 - Degree in Sociology

Students must be able to apply their knowledge to their work or vocation in a professional manner and have acquired the competences required for the preparation and defence of arguments and for problem solving in their field of study.

Students must be able to communicate information, ideas, problems and solutions to both expert and lay audiences.

Students must have acquired knowledge and understanding in a specific field of study, on the basis of general secondary education and at a level that includes mainly knowledge drawn from advanced textbooks, but also some cutting-edge knowledge in their field of study.

Students must have developed the learning skills needed to undertake further study with a high degree of autonomy.



Students must have the ability to gather and interpret relevant data (usually in their field of study) to make judgements that take relevant social, scientific or ethical issues into consideration.

DESCRIPTION OF CONTENTS

1. Sport as an object of study in sociology

- 1.1. Origins and evolution of sport
- 1.2. Definition and characteristics of modern sport
- 1.3. Main theoretical perspectives on sport
- 1.4. The sociology of sport

2. Social structure and sport

- 2.1. Main patterns of sport participation
- 2.2. Gender stratification
- 2.3. Life cycle and sport: childhood, adolescence, adulthood and old age
- 2.4. Social class and sport practice
- 2.5. Other patterns of exclusion: ethnicity and disability

3. Organisation, politics and sports system

- 3.1. Sports organisations
- 3.2. The Spanish sport system
- 3.3. The political dimension of sport
- 3.4. Public policies and sport

4. The sport industry and its impact on society

- 4.1. Sport as an object of consumption
- 4.2. Labour market and sport
- 4.3. Sports mega events
- 4.4. Sports tourism



4.5. Sport and the environment

5. Sport, mass media and society

- 5.1. Introduction
- 5.2. The interdependency between sport and mass media
- 5.3. The production of sport message
- 5.4. The content of the message: images, narratives and representations
- 5.5. The reception of the message: the audiences of sport

6. Social problems and controversies in sport

- 6.1. Cultural change and the commodification of sport
- 6.2. Violence and racism in sport
- 6.3. Doping in sport

7. Globalization, digital society and sport

- 7.1. Globalization and sport
- 7.2. Big data and robotisation
- 7.3. The E-sports debate

WORKLOAD

PRESENCIAL ACTIVITIES

Activity	Hours
Theoretical and practical classes	60,00
Total hours	60,00

NON PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at other activities	3,00
Individual or group project	20,00



Independent study and work	32,00
Preparation of lessons	20,00
Preparation for assessment activities	15,00
Resolution of case studies	0,00
Total hours	90,00

TEACHING METHODOLOGY

The teaching methodology to be used in the classes will be lecture sessions complemented with empirical work-environment, with teachers explain the issues and agenda items. The methodology of the lecture will be interspersed with the use of active student participation in class and with the use of the full potential of web search. This active participation come from any doubts or comments that might arise by the student as a result of the teacher's explanation and questions, exercises and cases that the professor intends to students, attempting to achieve greater involvement of these in the teaching-learning process.

Similarly, it may raise discussion sessions and group analysis from audiovisual material such as films or documentaries aimed at raising new questions about the contents of the course syllabus.

EVALUATION

The assessment of theoretical knowledge and learning control skills will be made by a final exam. In the theoretical section, this test consists of two tests: the first will be a test of 20 questions, each with only one valid response of which will need to have at least 10 questions correctly to get approved. The second part will consist of two brief questions. With the results of both tests will get the note theory, which will be the average of the two tests, provided that each has earned at least a pass, regardless of the other.

The Practice Note will be determined by each teacher of them, depending on the work done by the students throughout the course based on the following criteria:

To enable students to acquire skills in the completion and implementation of the research process to study an issue related to the sport. That should design, and where appropriate develop a simple applied research in the area of Sociology of Sport and Leisure.

In short, and in the face of the final evaluation of the practical part of the course, assessing the capacity for synthesis, interaction of ideas and concepts as well as the understanding of the quality agenda and argumentative in the exhibition. Personal reflections are the result of a process of assimilation of concepts and critical analysis staff.

It will assess the individual and team work done by students throughout the course, both in regard to the acquisition of competences and with regard to the expertise of the subject. This evaluation will be based on the general and specific objectives proposed in this area, both disciplinary knowledge application and skills development. Throughout the process, students are guided on ways to assess the learning process.

Depending on the circumstances of the ongoing academic and the composition and characteristics of the group, the team selected for the evaluation teaching one or more of the following instruments, either singly or diversified (in the latter case will inform the students of the weighting set)- Written tests: including objective evidence or semiobjetivas, theoretical, practical, and case analysis, problem solving, short answer tests, essay, or other similar options.- Oral examinations: including oral examinations, interviews, debates and oral presentations in the classroom or other similar options.- Preparation, delivery of one or several papers, reports / reports and / or oral presentations and seminars student attendance.

In any case, always make explicit the criteria and processes of each assessment tool and the results thereof and its relation to the final grade. The grading system is expressed by numerical rating as established by the regulations (RD 1125/2003 of 5 September) establishing the European Credit system and grading system in the official university qualifications and validity throughout the country.



If adopted diversified assessment, the result of it proceed both a written test and the practical activities set of individual and collective nature. Initially, the weighting for these jobs would be:

The 50% of the final grade corresponds to the written test, which can be formatted for examination or work, depending on the circumstances of course and consensus with the / as students. 25% of this note correspond to individual practices, which could be presented orally or not depending on course conditions. This percentage would enter class participation and attendance at tutorials. The remaining 25% would come from a group work, the conditions of preparation, writing and presentation would be established at the beginning of the course. This percentage takes into account the self-assessment by the work group.

The final grade will be a weighted average realized from this distribution. The / the students who were to obtain approval on the 1st call, could be presented to the second call without repeating activities, both individually and collectively, they have already been evaluated positively.

For an assessment taken not diversified, we will choose one of the options above.

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