

**COURSE DATA****DATA SUBJECT**

**Code:** 34471  
**Name:** Psychiatrics  
**Cycle:** Undergraduate Studies  
**ECTS Credits:** 6  
**Academic year:** 2025-26

**STUDY (S)**

Degree	Center	Acad. year	Period
1204 - Degree in Medicine	Facultat de Medicina i Odontologia	4	Second quarter

**SUBJECT-MATTER**

Degree	Subject-matter	Character
1204 - Degree in Medicine	Human clinical training I	COMPULSORY

**COORDINATION**

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**SUMMARY**

The teaching activity will have as the main objective that the student knows how to recognise, diagnose and guide the management of the different psychiatric disorders and the psychopathology that can accompany the disease states. The student, thus, must develop skills in the general management of psychiatric drugs (especially anxiolytics, antidepressants and hypnotic) and of special situations (violent patient, threat or suicide attempt, catastrophes).

**PREVIOUS KNOWLEDGE****RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE**

There are no specified enrollment restrictions with other subjects of the curriculum.

**OTHER REQUIREMENTS**

It is advisable to have passed the subject Medical Psychology.



## COMPETENCES / LEARNING OUTCOMES

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Acknowledge diversity and multiculturality.

Acquire proper clinical experience in hospitals, health care centres and other health institutions, under supervision, as well as basic knowledge of clinical management focused on the patient and the correct use of tests, medicines and other resources available in the health care system.

Capacity for communicating with professional circles from other domains.

Consideration of ethics as a fundamental value in the professional practise.

Criticism and self-criticism skills.

Establish the diagnosis, prognosis and treatment, applying principles based on the best information available and on conditions of clinical safety.

Have the capacity to make an initial diagnosis and establish a reasonable strategy of diagnosis.

Indicate the most accurate therapy in acute and chronic processes prevailing, as well as for terminally ill patients.

Know how to use IT in clinical, therapeutic and preventive activities, and those of research.

Know how to use the sources of clinical and biomedical information available, and value them critically in order to obtain, organise, interpret and communicate scientific and sanitary information.

Knows how to evaluate modifications in clinical parameters at different ages.

Knows how to perform a complete anamnesis, focused on the patient and orientated to various pathologies, interpreting its meaning.

Knows how to perform a physical examination of the body organs and systems, as well as a psychopathological exploration, interpreting their meanings.

Knows how to set an action plan, focused on the patients needs and the family and social environment, which should be coherent regarding the patients symptoms and signs.

Obtain and elaborate a clinical history with relevant information.

Perform a physical examination and a mental health assessment.

Plan and propose appropriate preventive measures for each clinical situation.

Proper organisation and planning of the workload and timing in professional activities.

Recognises, diagnoses and guides the management of psychiatric disorders. Psychotherapy.

Team-working skills and engaging with other people in the same line of work or different.



Working capacity to function in an international context.

## DESCRIPTION OF CONTENTS

### 1. Theoretical teaching

Theoretical lessons

1. Concept, evaluation and classification of mental disorders.
2. Etiopathogenic model.
3. Biological treatments.
4. Psychotherapies. General principles. Psychotherapies of dynamic and cognitive-behavioral orientation.
5. Psychotherapies. Interpersonal, motivational, family and group psychotherapy. Interventions Psychosocial. Psychiatric rehabilitation.
6. Personality disorders.
7. Anxiety disorders. Generalized anxiety disorder and panic attack disorder.
8. Anxiety disorders. Phobic disorders and obsessive disorder. Sleep disorders.
9. Adaptive disorders. Post-traumatic stress disorder.
10. Somatoform disorders.
11. Mood disorders. Concept. Epidemiology. Prevalence. Clinic.
12. Mood disorders. Pathogenesis. Course, prognosis and treatment.
13. Schizophrenia and psychosis. Related. Concept of Psychosis. Schizophrenia: concept, symptomatology and clinical forms. Epidemiology, etiopathogenesis and diagnosis. Clinical forms.
14. Schizophrenia: course, prognosis and treatment Schizophreniform and schizoaffective disorder. Delusional disorders.
15. Organic mental disorders.
16. Substance abuse disorders: alcohol.
17. Substance abuse disorders: other toxic. Impulse control disorders.
18. Eating disorders.
19. Liaison and psychosomatic psychiatry.
20. Disorders of onset in childhood or adolescence: general aspects.
21. Childhood or Adolescent Onset Disorders: Disruptive Behavior Disorders: ADHD and conduct disorder.
22. Childhood or adolescent onset disorders: pervasive developmental disorders. Childhood-onset schizophrenia.
23. Prevention and promotion of mental health.

### 2. Practical Teaching

2.1) 12 seminars taught in the 4 teaching hospitals with the same content of each thematic area:

Seminar 1: clinical history focused on the psychiatric pathology.



- Seminar 2: disorders at the beginning of the childhood and adolescence.
- Seminar 3: schizophrenia.
- Seminar 4: personality disorders.
- Seminar 5: anxiety disorders.
- Seminar 6: adaptive and pain disorders.
- Seminar 7: food disorders.
- Seminar 8: affective disorders.
- Seminar 9: organic mental disorders.
- Seminar 10: sexual dysfunctions.
- Seminar 11: somatoform disorders.
- Seminar 12: substance abuse disorders (alcohol and others).

2.2) Clinical practices. There will be 5 days of practice in one of the assistance devices of the City of Valencia. Clinical placements for students in health services at various university hospitals, primary care centers, mental health centers, or public health departments to learn how to conduct a history-taking and basic clinical examination, with initial contact with patients supervised by the professor.

2.3) Elaboration and individual or in group presentation of one of the cases that has been interviewed during the hospital practical period.

## WORKLOAD

### PRESENCIAL ACTIVITIES

Activity	Hours
Theory	26,00
Seminars	26,00
Laboratory	0,00
In-class tutorials	0,00
Clinical practice	23,00
<b>Total hours</b>	<b>75,00</b>

### NON PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at other activities	0,00
Individual or group project	0,00
Independent study and work	39,00
Preparation of lessons	12,00
Preparation for assessment activities	12,00
Resolution of case studies	12,00
Preparation of supplementary reports	0,00
Preparation of the internship report and evaluation of the internship	0,00
<b>Total hours</b>	<b>75,00</b>

## TEACHING METHODOLOGY

In **theoretical lessons (master class)**, the teacher will introduce, the most important concepts and contents



to show the knowledge and skills the students must acquire. Students' participation will be encouraged by the teachers. Teaching materials used by the professor could be available through electronic resource "Aula Virtual".

Classroom practices: **seminars** . In small groups, teachers will instruct in specialized topics in depth, cases study, bibliography handling and current topics... Group work is the goal of this seminars and el oral presentation of the knowledge will be encouraged. ¿Cooperative learning¿ is the goal of these classroom practices.

**Clinical practices:** students' clinical practices will be hold at University Hospitals, primary attention centers and mental health centers to teach students to perform anamnesis and basic clinical explorations.

The gender perspective, the respect for diversity, and the sustainable development goals (SDGs) will be incorporated into teaching, whenever possible.

## EVALUATION

### **EVALUATION**

The final grade for the course is composed of 50% of the total score for the Practical Content (0 to 5) and 50% of the results of the theoretical assessment. A 5 is required in the theoretical content assessment section to pass the course.

#### **A.- Assessment of practical content.**

This will be done in the final in-person exam, consisting of 30 questions about the seminars content and clinical practices.

Each question will have four alternative answers, and there will be only one correct answer. These questions will each add one point. One point will be deducted for every three errors.

#### **B.- Assessment of theoretical content.**

This will be done in the final in-person exam. A 5 (out of 10) is required to pass the course.

This will consist of another 30 multiple-choice questions, with four alternative answers. There will be only one correct answer. Each correct answer will add one point. One point will be deducted for every three errors.

The total score for the theoretical content assessment will contribute 50% of the final grade.

The final in-person assessment will be conducted at the Faculty of Medicine.

For students to be eligible for early admission to this course, students must have completed all of their clinical placements.

Attendance at practical activities is mandatory. Students are considered to meet this requirement if they have attended at least 80% of these activities and have adequately justified their inability to attend the remaining sessions due to force majeure. This requirement must be met to pass the course.



Students are reminded of the importance of completing the evaluation surveys for all faculty members of the degree courses.

## REFERENCES

- VALLEJO J - INTRODUCCIÓN A LA > PSICOPATOLOGÍA Y LA PSIQUIATRÍA. MASSON. BARCELONA. 9ª EDICIÓN, 2025
- Kaplan-Sadock Sinopsis de Psiquiatría. Novena edición. Waberly Hispanica SA. 12ª EDICIÓN DE 2022
- Recursos-e Salut: ClinicalKey Student. Elsevier (Scopus, ScienceDirect) uv-es.libguides.com/RecursosSalut/BibliotecaSalutRECURSOS e-Salut: - ClinicalKey Student Medicina, Odontología y Enfermería [ <https://uv-es.libguides.com/RecursosSalut> ]- Acces Medicina [ [https://uv-es.libguides.com/Access\\_Medicina](https://uv-es.libguides.com/Access_Medicina) ]- Médica Panamericana [ [https://uv-es.libguides.com/Medica\\_Panamericana](https://uv-es.libguides.com/Medica_Panamericana) ]