

**COURSE DATA****DATA SUBJECT**

**Code:** 42327  
**Name:** External internships  
**Cycle:** Master's Degree  
**ECTS Credits:** 6  
**Academic year:** 2026-27

**STUDY (S)**

Degree	Center	Acad. year	Period
2071 - Master's Degree in Social and Health Care in Dependency	Facultat de Psicologia i Logopèdia	1	Indefinite (Individuals)

**SUBJECT-MATTER**

Degree	Subject-matter	Character
2071 - Master's Degree in Social and Health Care in Dependency	External internships	COMPULSORY

**COORDINATION**

GALIANA LLINARES LAURA

BADENES RIBERA LAURA

**SUMMARY**

In the realization of the MASSDE, External Practices are compulsory. This course is intended for the master's student to make an experience of immersion of an applied nature in the resources and equipment for the care of dependent people, mainly people with disabilities, mental illness or elderly people who need situations of support and attention for events of daily life.

However, the students of the master come from different degree formations, in the course of which they may have had occasion to know from their specific disciplinary and professional perspective the area of care for dependency. Thus, through the external practices of the master, it is intended that they reach a higher degree of professional qualification, specializing as managers of resources and equipment for the care of dependent persons.

To do this, in the course of their practices they must be able to (a) recognize the different professional figures involved in such equipment, as well as their main competencies and action programs, and (b) acquire knowledge of organization, coordination and participation required for the operation of said resources and equipment.



It is particularly important, therefore, the acquisition of

- Cognitive skills related to the knowledge of organizations and planning of equipment and resources
- Problem solving and decision-making strategies for the operation and management of such equipment and resources
- Learning of ways of coordination and teamwork among the different professionals involved in the management of such equipment and resources
- Motivation to develop the initiative and entrepreneurial spirit in management, as well as concern for the quality of resource management and program execution
- Ethical commitment to understand and support people in need as an objective of managing these resources.

## PREVIOUS KNOWLEDGE

### RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

### OTHER REQUIREMENTS

Since the offer of external practices, although wide, is necessarily limited, the assignment to them will be done in order of scoring in the scale of admission to the master, taking into account previously the preferences of each student.

## COMPETENCES / LEARNING OUTCOMES

### 2071 - Master's Degree in Social and Health Care in Dependency

Capacidad de exposición oral y redacción escrita.

Desarrollar sensibilidad y compromiso hacia la calidad en el desarrollo profesional.

Diseñar servicios de atención sociosanitaria a la dependencia que cumplan unas especificaciones desde diferentes puntos de vista: Económico, ético, social, medioambiental, sostenible, etc.

Profundizar en la aplicación de la metodología profesional en el análisis, diagnóstico e intervención en situaciones sociales de dependencia.

Saber aplicar los conocimientos adquiridos y ser capaces de resolver problemas en entornos nuevos o poco conocidos dentro de contextos más amplios (o multidisciplinares) relacionados con la atención a la dependencia.



Ser capaz de estructurar y escribir informes con los fundamentos, métodos y resultados de los datos e información obtenidos a partir de la observación de las situaciones de dependencia

Ser capaz de plantear conclusiones con implicaciones prácticas para la intervención profesional.

## DESCRIPTION OF CONTENTS

### 1. External Practice

The External Practices module provides the student with formative contents through work experience in the field of social and professional intervention. It also allows to exercise basic professional skills and to use the tools and work techniques appropriate to the field of practice, in a supervised and evaluated way. It also allows to establish the necessary elements for this experience to be a training action aimed at knowing and participating in the dynamics of professional work and work in interdisciplinary teams, both within companies and institutional organizations.

In this context, the profile of external internship tutors can and should be varied, including the wide professional range of figures that deal with situations of dependency. Specifically, these profiles will preferably include doctors, social workers, nurses, physiotherapists and psychologists, although it may include other professional figures from the interdisciplinary teams that are attending to situations of dependency.

### 2.

The Internship will be developed in four areas, which include:

1. Disability and Promotion of Personal Autonomy. Some of the tasks that the students will have to perform in this area are the elaboration of documents related to personal and labor orientation and personal and professional competences; the development of interventions for the users of the centers; support to the user or family in the realization of different administrative procedures: registration, change of doctor, pensions; monitoring of the users; development of individualized interventions.

2. Chronic or Mental Illness. Approach and reality of the group of people with mental health problems, design of activities and workshops in the community environment with the users; development of intervention to the users of the centers; supervision of the correct completion and support in the follow-up and training of the teams; development of measures for the prevention of psychic alterations and socialization problems, through individual and group interventions.

3. Elderly and Social Action. This area includes tasks such as designing and developing specific and innovative intervention programs based on the model of person-centered care (PCA); knowing the reality of dementias; collaborating in cognitive, social and emotional stimulation activities; design and implementation of individual and group cognitive activities; support and advice to family/caregivers.

4. Dependency care. Tasks such as managing, directing and motivating the work teams of the center; support in personnel management, payroll, selection, professional profiles; assessment of the needs of dependent persons; training of volunteers; home visits; monitoring of cases; knowledge of diagnostic tests, evaluation techniques and intervention strategies will be performed.

**WORKLOAD****PRESENCIAL ACTIVITIES**

Activity	Hours
Attendance at the internship centre	135,00
Attendance at supplementary activities	0,00
Monitoring and tutoring of internships	15,00
<b>Total hours</b>	<b>150,00</b>

**NON PRESENCIAL ACTIVITIES**

Activity	Hours
Independent study and work	0,00
Preparation of supplementary reports	0,00
Preparation of the internship report and evaluation of the internship	0,00
<b>Total hours</b>	<b>0,00</b>

**TEACHING METHODOLOGY**

Presence and performance of the student in the institution agreed to carry out their practice (Practicum) period.

In order to favor the choice of institutions, informative sessions will be held jointly with those responsible for ADEIT in which the students will be informed about the conditions of the practices, the institutions that participate in them and the management procedures.

Once the contract for external practice has been formalized and the face-to-face activity in the institution begins, a procedure for monitoring compliance with the objectives of stay will be implemented.

**EVALUATION**

The evaluation and qualification of the subject will be subject to the provisions of the **Regulations of External Practices of the University of Valencia, approved by the Governing Board of the University of Valencia on June 26, 2012, ACGUV 131/2012, and the Royal Decree 592/2014, of July 11**, that regulates the completion of training practices in companies and institutions by University students.

The evaluation of learning will include the follow-up of the student's attendance to the practices, as well as the verification of the theoretical and practical knowledge acquired and the completion of the tasks assigned. The competencies will be evaluated in relation to the objectives proposed in the framework program of practices based on monitoring indicators that account for their achievement in terms of knowledge, instrumental, expressive and proactive skills. The assessment of the external tutor will be taken into account, as well as the periodic reports, final report and / or project, with the assessment of the tutor of the university that has to give an account of the evaluation synthesis.



The qualification of the practices is a function of the evaluation in two sections:

**Section 1. Evaluation of the external tutor.** Royal Decree 592/2014 that regulates external academic practices, as well as our External Practices Regulation, establish that the company tutor must issue a final report of the practice, both for curricular and extracurricular practices. The tutor of the company or institution has to prepare a report, which will be sent to the academic tutor, which must include, at least, the most relevant aspects related to the degree of compliance with the practice in relation to the training project and the competences developed by the student.

**Section 2. Evaluation of the academic tutor.** The academic tutor will evaluate the work or memory of practice report, in which the student reflects what they learned during the period of stay in the resource chosen by the student. It must contain the following sections:

**BLOCK A: REFERRED TO THE RESOURCE OR CENTER IN WHICH THE PRACTICUM IS CARRIED OUT.**

1. Aspects of recognition of the resource. Name of the resource, location, address, telephone contact, email, web page, year of commissioning, brief reference to the history of its creation. Ownership, dependence and financing of the resource.
2. Purposes of the resource. Objectives that it intends to cover, potential users thereof, characteristics and requirements for access to the resource. Number of places of the resource, scope of territorial action (local, regional, provincial, national).
3. Description of Services and Programs. Services they develop and action programs they perform. Contents of the same and brief description of activities they perform. Professionals involved. Brief description of the tasks of each professional.
4. Facilities they have: technical materials they use, work instruments, spaces used, etc.
5. Coordination and evaluation structures. Coordination carried out within the resource itself. Contacts and coordination with other social resources or other sectors: health, social, educational, employment, etc. Evaluation processes carried out in the resource: preparation of reports, evaluation questionnaires, etc.
6. Participation. Forms of Participation developed in the resource itself by the users or social or institutional organizations. Participation strategies in bodies or institutions outside the resource itself.

**BLOCK B. PARTICIPATION AND DEVELOPMENT OF ACTIVITIES CARRIED OUT IN THE PRACTICUM.**

1. Description of the main activities in which the student has participated in this activity.
2. Description of the contacts maintained with the professionals of the service, programs in which he/she has participated, and description of the tasks performed.
3. Relationship between the academic contents of the MASSDE raised at the level of planning, organization and management of resources and equipment and the practical experience developed.
4. Linking this Practicum experience with some of the subjects studied in the MASSDE, trying to link and relate the contents exposed in the theoretical matters of the MASSDE with your Practicum experiences and activities.
5. Personal evaluation of this experience. Referred to the aspects of reception, treatment, work environment, contributions received, relations with users, etc.



6. Main difficulties and personal challenges assumed in the development of the practicum.
7. Description of possible research work to be carried out or proposed in the future for this center or equipment.
8. Contributions that are could be made to improve the intervention of the resource.

The evaluation of the two sections will be carried out using a scale that ranges between 0 and 10 points. The final grade will be the result of calculating the weighted average between the two sections that make up this module. The grading system will be expressed by numerical qualification in accordance with the provisions of the regulations (RD 1125/2003 of 5 September) by which the European credit system and the grading system are established in university degrees of official and valid character throughout the national territory.

## REFERENCES

- Real Decreto 592/2014, de 11 de julio, por el que se regulan las prácticas académicas externas de los estudiantes universitarios. [[Descargar aquí](#)] Reglamento de prácticas externas de la Universitat de València de 26 Junio de 2012. [[Descargar aquí](#)]
- Pantoja Vallejo, A. (Coord) (2009). Manual básico para la realización de tesinas, tesis y trabajos de investigación. Madrid: EOS. González, M. P. (Coord.) (2010). Técnicas docentes y sistemas de evaluación en Educación Superior. Madrid: Narcea. Villette, M. (1994). L'art du stage en entreprise. Paris: Editions La Découverte.