

**COURSE DATA****DATA SUBJECT**

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Name: External internships
Cycle: Master's Degree
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STUDY (S)

Degree	Center	Acad. year	Period
2225 - Master's Degree in Research, Treatment and Associated Pathologies in Drug A	Facultat de Psicologia i Logopèdia	2	Indefinite (Individuals)

SUBJECT-MATTER

Degree	Subject-matter	Character
2225 - Master's Degree in Research, Treatment and Associated Pathologies in Drug A	External internships	INTERNSHIPS

COORDINATION

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SUMMARY

The Official Master's Degree in Drug Addiction Research, Treatment, and Associated Pathologies aims to train professionals who acquire the knowledge, skills, competencies, and abilities necessary for application in the fields of intervention in addictive behaviors.

Within this general objective, external internships aim to enhance the acquisition and improvement or consolidation of procedures, techniques, and methods that allow students to operate in the field of drug addiction, thereby facilitating improved health, quality of life, and the psychological and social well-being of patients. They are oriented toward the acquisition of information, knowledge, skills, and practice required for the exercise of a specific professional role that exists and is in demand in the labor market.

This acquisition occurs through collaboration with professionals who work in a workplace outside the Faculty and under the supervision of its faculty. It is, therefore, a lived experience in real work contexts that enables the acquisition of the skills detailed below.

PREVIOUS KNOWLEDGE



RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS

Having made previous modules

COMPETENCES / LEARNING OUTCOMES

2096 -

Aplicar los conocimientos adquiridos y su capacidad de resolución de problemas en entornos nuevos o poco conocidos dentro de contextos más amplios (o multidisciplinares) relacionados con las drogodependencias.

Aportar técnicas comunitarias e individuales en la planificación de programas de prevención en coordinación con entidades públicas sanitarias y sociales.

Aportar técnicas de investigación en el ámbito de la investigación básica y su posible traslado como modelo explicativo en la investigación con seres humanos.

Be familiar with teamwork techniques.

Concebir, diseñar, poner en práctica y adoptar un proceso sustancial de investigación con seriedad académica.

Concretar programas de intervención individual y comunitaria con el objetivo de reducir daños en aquellas personas con esta enfermedad.

Conocer las distintas problemáticas propias del ámbito de la intervención psicológica, farmacológica y social, así como los recursos necesarios para su evaluación.

Conocer los aspectos rutinarios y menos atractivos de la profesión.

Conocer los diferentes sistemas de atención sanitarios y sociales con el fin de promover el tratamiento, rehabilitación y reinserción de los drogodependientes.

Conocer los límites de actuación profesional en el ámbito de la intervención psicológica, farmacológica o social en función de la titulación de procedencia.

Conocer los métodos de intervención en diferentes problemáticas propias de un profesional de la salud (médico, psicólogo) o del ámbito social.

Habilidad: Saber aplicar estrategias de intervención.

Demostrar una comprensión sistemática del campo de las drogodependencias y el dominio de las habilidades y métodos de investigación relacionados con dicho campo.

Diseñar e identificar áreas o temas prioritarios necesarios para ser investigados en el ámbito de las



drogodependencias.

Elaborar planes de prevención en drogodependencias basados en la evidencia científica y en función de los patrones de consumo en un determinado momento.

Evaluar y diagnosticar problemas específicos y concretos en drogodependencias, en el ámbito individual y familiar.

Identificar trastornos de personalidad asociados con drogodependencias.

Intervenir de una forma especializada, en función de la procedencia del alumno, mediante técnicas sociales, psicológicas y/o farmacológicas.

Know how to handle professional relationships with those involved or affected.

Know the interdisciplinary structure and the operation of the centre where internships take place.

Realizar un análisis crítico, evaluación y síntesis de ideas nuevas y complejas.

Recognise the personal ethical component and the professional ethical principles of professional practice.

Saber en cada momento que tipo de patologías orgánicas podría estar asociada a una droga específica y plantear actuaciones concretas de prevención y/o tratamiento.

Ser capaz de fomentar, en contextos académicos y profesionales, el avance tecnológico, social o cultural dentro de una sociedad basada en el conocimiento.

Students should be able to integrate knowledge and address the complexity of making informed judgments based on incomplete or limited information, including reflections on the social and ethical responsibilities associated with the application of their knowledge and judgments.

Students should communicate conclusions and underlying knowledge clearly and unambiguously to both specialized and non-specialized audiences.

Students should demonstrate self-directed learning skills for continued academic growth.

DESCRIPTION OF CONTENTS

Internships are designed to stimulate and produce learning, know-how, desire to do, ability to do, and savoir-faire, that is, knowing how to perform a professional role. It is not only about knowing and knowing how to apply intervention techniques and strategies, but above all, acquiring role learning.

Currently, within the Psychology Degree, and as reflected in the proposed Curriculum, there are formalized agreements between the University of Valencia and multiple institutions, both public and private. The functioning of these agreements over so many years guarantees both the viability of the internships and the appropriateness of the teaching offered in each of the available resources where Master's students will be able to carry out their internships. Among public institutions, the agreements signed between the University of Valencia and the Regional Ministry of Health and Education, as well as the agreement with



various city councils in the Valencian Community, are particularly noteworthy. These agreements allow students to undertake guided internships with the Health and Social Services teams of various city councils, prisons, health centers, community prevention units, secondary schools, etc. There are also agreements signed between the University and various private institutions where professional psychological intervention is provided.

In all cases, in both public and private institutions, the student center has mental health professionals with at least two years' experience who perform external tutoring duties. In addition, students will receive an explanatory form detailing the formal details: hours, duration, address, as well as the tasks required for each of the positions offered. This information, along with the advice of academic tutors, will allow them to choose the most appropriate professional experience.

Despite the diverse range of positions, common content can be identified across all of them, keeping in mind what the Administration itself requires of professionals in its job postings:

- Know how to detect, assess, and diagnose needs and situations that require the intervention of healthcare professionals in the field of drug addiction.
- Know how to identify behaviors, problems, needs, and provide psychological, pharmacological, or social interventions.
- Know how to apply and manage clinical instruments, psychometric tests, and clinical diagnostic manuals.
- Know how to identify and implement useful resources that allow for this intervention, considering the best coordination between the different resources.
- Know how to conduct interviews and assess problems in specific populations.
- Prepare oral and written reports.
- Implement appropriate professional attitudes.
- Know how to manage the various relationships with the recipients and sectors of the intervention. Know how to provide guidance and information on therapeutic measures to different social groups.
- Develop cooperation skills with other professionals.
- Gain exposure to management aspects of the profession.
- Act in accordance with the ethical principles of professional practice.

POSITIONS AVAILABLE



The positions offered for External Internships aim to cover the range of professional profiles specific to the field of psychology and the areas of psychological, pharmacological, and social intervention applied to the areas of intervention for addictive behaviors.

Specifically, in the field of the Psychology of Drug Addiction, the tasks to be performed by students are:

- Acquire multidisciplinary knowledge by participating in social therapies.
- Implement and interpret the center's assessment instruments.
- Review users' psychological files.
- Legal advice and drug addiction assessment units.
- Attend group and individual therapy sessions as an observer, both for abstinent and actively using users.
- Attend psychological assessment sessions as an observer and implement them.
- Attend family group therapy as an observer.
- Monitoring psychological treatments for maintaining abstinence from drug use.
- Designing and implementing group sessions and dynamics under supervision.
- Conducting psychological reports under supervision.

TUTOR PROFILE

The positions offered are available in the field of Psychology of Drug Addiction, where the centers provide psychological intervention in the private healthcare setting, psychological intervention in early intervention, psychological intervention in the hospital setting, and psychological intervention in the educational setting, specifically addressing addictive behaviors.

Each student has the advice and guidance of two tutors during their internship:

- The Academic or Internal Tutor, who is a University Professor from the Master's program.
- The Tutor from the Collaborating or External Center with whom the student will complete the internship, who will be a professional appointed by the Center itself. In this context, the profile of external internship tutors can and should be varied, including the wide range of professionals involved in dealing with substance use disorders. Specifically, these profiles will preferably include



professionals from the fields of psychology, medicine, social work and social education, nursing, and physical therapy, although other professionals from interdisciplinary teams dealing with dependency situations may also be included.

WORKLOAD

PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at the internship centre	350,00
Attendance at supplementary activities	0,00
Monitoring and tutoring of internships	50,00
Total hours	400,00

NON PRESENCIAL ACTIVITIES

Activity	Hours
Independent study and work	0,00
Preparation of supplementary reports	0,00
Preparation of the internship report and evaluation of the internship	50,00
Total hours	50,00

TEACHING METHODOLOGY

- Supervised practice of evaluation, diagnosis and intervention (depending on the degree procedence) to perform with users seeking treatment at the center where the student makes their internships.
- Individual tutoring sessions
- Analyze situations, cases and relevant issues
- Performance evaluation reports of cases.

EVALUATION

- Presentation of a final report outlining the structure and operation of the internship site, a list of activities carried out, and the conclusions reached.
- The assessment will take into account the external tutor's report (40%) and the internal tutor's report (60%), which will evaluate attendance at tutorials, periodic reports, and the final report submitted.

REFERENCES



Regulations for External Practices of the University of Valencia [ACGUV 213/2024](#)

https://www.uv.es/graus/normatives/REGLAMENT_PRACTIQUES_EXTERNES_UV_ACGUV_213_2024.pdf

Specific guide practice external master DITPA. Document in AV. <https://aulavirtual.uv.es/mod/resource/view.php?id=2603654>

External practices curricular and extracurricular: requirements of accesses and links of access. Document in AV. <https://aulavirtual.uv.es/mod/resource/view.php?id=2603655>