

**COURSE DATA****DATA SUBJECT**

**Code:** 43763  
**Name:** Change in families and welfare  
**Cycle:** Master's Degree  
**ECTS Credits:** 6  
**Academic year:** 2025-26

**STUDY (S)**

| Degree                                                            | Center                       | Acad. year | Period        |
|-------------------------------------------------------------------|------------------------------|------------|---------------|
| 2170 - Master's Degree in Social Welfare: Family and Intervention | Facultat de Ciències Socials | 1          | First quarter |
| 2279 - Master's Degree in Social Welfare: Family and Intervention | Facultat de Ciències Socials | 1          | First quarter |

**SUBJECT-MATTER**

| Degree                                                            | Subject-matter                         | Character  |
|-------------------------------------------------------------------|----------------------------------------|------------|
| 2170 - Master's Degree in Social Welfare: Family and Intervention | Intervention in the family environment | COMPULSORY |
| 2279 - Master's Degree in Social Welfare: Family and Intervention | Intervención en el ámbito familiar     | COMPULSORY |

**COORDINATION**

OBIOL FRANCES SANDRA

**SUMMARY**

The subject 'Family Change and Wellness' (6 ECTS) module is included in the contexts of family intervention to be completed with the subject 'Contexts family intervention'. It is the student's first contact with the Master of Social Welfare: Intervention group, social and family.

The transformation that families have experienced in recent decades has shown a host of new needs to cover. For the Social Work is essential to know the changes in family relationships and how they affect to the people's welfare. Consequently, this course aims to provide a panoramic view of the transformation of the family, especially about the greater diversity of family forms to which we are witnessing in recent years; focusing on the implications these changes have on their ability to supply welfare.

The course is divided into two large blocks of content:

- First of all, it presents the main elements of analysis to understand how the individualization is affecting



family relationships and how it is affecting the welfare. We will approach family diversity in Western society, especially the Spanish, with the emergence of new family forms.

- However, this goal can't be achieved if not analyzed other areas closely related to the family especially in welfare provision: the market and the state. The relationships between family, state and market constitute a central element of this course. Consequently establish the foundation necessary to analyze the relationship between welfare and family diversity with special reference to the consideration that the family receives public administration, both in the field of social protection and legally.

## PREVIOUS KNOWLEDGE

## RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

## OTHER REQUIREMENTS

Not required.

## COMPETENCES / LEARNING OUTCOMES

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Act autonomously in learning, make informed decisions in different contexts, issue judgements based on experimentation and analysis and transfer knowledge to new situations.

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Analizar críticamente los cambios sociales y su impacto en los diferentes grupos sociales, para el diseño de contextos y nuevos espacios de intervención eficaces.

Apply models, methods and techniques of social work in interventions with individuals, groups, families and communities, in resolving problems within complex and multidisciplinary contexts.

Apply scientific and professional documentation sources, considering the use of new technologies.

Be able to access to information tools in other areas of knowledge and use them properly.

Be able to communicate effectively, both orally and in writing, adapting to the characteristics of the situation and audience.

Be able to provide guidance in conflict and crisis situations. Enable the process of identifying problems and subjectively and collectively reconstruct situations and processes that generate suffering or significant difficulties for families.

Collaborate effectively in work teams, taking on responsibilities and leadership roles and contributing to collective improvement and development.



Contribute to the design, development and implementation of solutions that respond to social demands, considering the Sustainable Development Goals as a reference.

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Define professional career paths and employment opportunities related to social work with families, minors and youth, and people requiring support.

Demonstrate critical and self-critical reasoning in the field of the degree, considering aspects such as professional ethics, moral value and the social implications of the different activities carried out.

Desarrollar la capacidad de iniciativa, pensamiento crítico y creatividad.

Describe strategies for disseminating and transferring research results and the systematisation of social work practice with families, minors and youth and in family care for people requiring support.

Design and develop processes of applied research and systematisation of professional practice in social work in the family sphere, applying suitable research methods and techniques to generate useful knowledge in family intervention.

Design research and/or intervention projects in social work within the spheres of family, minors and youth and in family care for people requiring support.

Determine the ethical implications arising from social work intervention in the spheres of family, minors and youth and in family care for people requiring support.

Establish a gender perspective in the processes of intervention and research in the context of social work.

Identify emerging challenges in social work within the spheres of family, minors and youth, and in family care for people requiring support.

Identify the needs for knowledge production in social work practice with families, minors and youth, and in family care for people requiring support.

Know and understand, within the area of the degree, inequalities based on sex and gender in society; integrate different needs and preferences based on sex and gender into the design of solutions and problem-solving.

Organise intervention processes related to social action in the spheres of family, minors and youth and in family care for people requiring support, in the community and in other contexts.

Profundizar en el conocimiento de la complejidad y la diversidad de formas de vida y de vínculos en las familias.

Propose creative and innovative solutions to complex situations or problems within the field of knowledge to respond to diverse professional and social needs.

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Reflexionar, seleccionar e integrar críticamente los conocimientos teóricos adecuados para la



comprensión de las características de la realidad concreta en la que se interviene con familias.

Saber incorporar la perspectiva de género en la planificación de las políticas de igualdad y antidiscriminatorias y, en las intervenciones sociales.

Students should apply acquired knowledge to solve problems in unfamiliar contexts within their field of study, including multidisciplinary scenarios.

Students should be able to integrate knowledge and address the complexity of making informed judgments based on incomplete or limited information, including reflections on the social and ethical responsibilities associated with the application of their knowledge and judgments.

Understand and comprehend, from the field of study, inequalities based on sex, gender and other axes of discrimination in society; integrate different needs and preferences in the design of solutions and problem-solving, considering these axes of discrimination

Understand the ethical implications of research or the systematisation of practice.

Update and rigorously and systematically test acquired knowledge, having the capacity to solve problems in new or unfamiliar environments within broader (or multidisciplinary) contexts related to the field of study.

Use strategies for disseminating and transferring research results and systematisation of social work practice in the field of social work with families, minors and youth, and in family care for people requiring support.

## DESCRIPTION OF CONTENTS

### 1. New families, new needs

The module will focus on the explanation of the diversification process family is living in Western society in recent decades. The aim of the module is to know the characteristics and implications for the welfare of the people of the emerging family forms.

The module is divided into three sections:

- The diversification of family forms.
- The specificity of the emerging family forms.
- Family welfare and diversity.

The purpose of the module is to analyze families as welfare agents and relationship with other agents as suppliers of the welfare state, the market and society. We distinguish between the two basic functions of the family as welfare provider: economic resources and care.

Integrated thematic units in this module are:



## 2. Families: object and subject of welfare

The purpose of the module is to analyze families as welfare agents and relationship with other agents as suppliers of the welfare state, the market and society. We distinguish between the two basic functions of the family as welfare provider: economic resources and care.

Integrated thematic units in this module are:- Child benefit. Family networks of support. Relationships between families and market. Social structure and child benefit.

- Family relationships and care. Provision of care and attention from the state. Market and care. Civil society and family associations. Social structure and provision of care.

### WORKLOAD

#### PRESENCIAL ACTIVITIES

| Activity                          | Hours        |
|-----------------------------------|--------------|
| Theory                            | 46,00        |
| Theoretical and practical classes | 7,00         |
| Other activities                  | 7,00         |
| <b>Total hours</b>                | <b>60,00</b> |

#### NON PRESENCIAL ACTIVITIES

| Activity                              | Hours         |
|---------------------------------------|---------------|
| Attendance at other activities        | 0,00          |
| Individual or group project           | 25,00         |
| Independent study and work            | 55,00         |
| Preparation of lessons                | 0,00          |
| Preparation for assessment activities | 25,00         |
| Resolution of case studies            | 0,00          |
| <b>Total hours</b>                    | <b>105,00</b> |

### TEACHING METHODOLOGY

The training activities will be based on:

MD1-Theoretical lessons participatory lectures.

MD2-Discussion of articles and other readings.

MD3-Addressed debate or discussion

MD6-Searching and documental analysis.



## EVALUATION

The attendance is a prerequisite for evaluation and must cover a minimum percentage of sessions (90%). Below this minimum, unless valid reasons, the student will not be evaluated. Percentage of the final score: 10% (SE1).

The assessment of learning of knowledge will be done through the following instruments:

- Observation and recording the participative attitudes of the students in the development of the tasks and activities related to the competences. Weight of the final score: 25% (SE2)
- Individual report. Weight of the final score: 65% (SE5)

The individual report will consist of a maximum of 25 pages (Times New Roman, 12 point, single spaced) in which will be assessed:

- Application of learning in the subject, which will be implemented in the use of the basic bibliography and recommended by teachers.
- Capacity critical argumentation.
- Search other sources of information and selection criteria.
- Correction in written expression.

Structure of individual report:

- 1 - Cover: title, name of the Master's degree, the name of subject, name of the student, academic course, delivery date.
  - 2 - State of the art.
  - 3 - Developing the theme.
  - 4 - Bibliography.
- Summary of the four selected references.
  - References: References used in the report, ordered alphabetically (only those cited in the state of art or the development of the topic).



- Other references. They include a list of references found on the chosen topic, which has not been used for report, ordered alphabetically.

The topic of the report will be communicated first to the subject coordinator, who may delegate the tutoring at the teacher most suitable. The report will be submitted in electronic format (pdf), with copy to the coordinator. The deadline for submission of the report will be the day fixed in the calendar of the Master's degree.

## REFERENCES

- Daly, Mary; Lewis, Jane (2000) The Concept of Social Care and the Analysis of Contemporary Welfare Status British Journal of Sociology, 51, 2. pp.281- 298.
- Iglesias de Ussel, J.; Meil Landwerlin, G. (2001) La política familiar en España. Barcelona: Ariel.
- Meil Landwerlin, G. (2011) Individualización y solidaridad familiar. Barcelona: Fundació "La Caixa".
- Tobio, C. (2008) Redes familiares, género y política social en España y Francia Política y Sociedad, vol. 45, núm.2. pp. 87-104.
- Ródenas-Rigla, F; Fombuena-Valero, J; Pérez-Cosín, JV. (eds) (2017). Bienestar Social: Intervención Familiar. Valencia: Tirant Humanidades.