



## COURSE DATA

### DATA SUBJECT

**Code:** 44194  
**Name:** External internships  
**Cycle:** Master's Degree  
**ECTS Credits:** 30  
**Academic year:** 2026-27

### STUDY (S)

Degree	Center	Acad. year	Period
2191 - Master's Degree in General Psychology Health	Facultat de Psicologia i Logopèdia	2	Indefinite (Individuals)
2244 - Master's Degree in General Psychology Health	Facultat de Psicologia i Logopèdia	2	Indefinite (Individuals)
2255 - Master's Degree in General Psychology Health (Ontinyent)	Facultat de Psicologia i Logopèdia	2	Indefinite (Individuals)

### SUBJECT-MATTER

Degree	Subject-matter	Character
2191 - Master's Degree in General Psychology Health	External internships	INTERNSHIPS
2244 - Master's Degree in General Psychology Health	External internships	INTERNSHIPS
2255 - Master's Degree in General Psychology Health (Ontinyent)	External internships	INTERNSHIPS

### COORDINATION

ATIENZA GONZALEZ FRANCISCO L

## SUMMARY

The main objective of this subject is for the student to put into practice the knowledge and skills acquired through internships in authorized and registered Health Centers or Services as health centers in the corresponding registries of centers, services and health establishments of the corresponding autonomous community. The authorized and registered Health Centers or Services and with the healthcare offer for which the official title of Master in General Health Psychology qualifies are the areas or fields of practice of the qualified and regulated health profession of General Health Psychologist.

The internships are aimed at stimulating and producing the learning of "knowing how to do", "wanting to do", "being able to do" and "knowing how to be", that is, knowing how to perform the professional role of General Health Psychologist. The internship centers or services, as established by Order ECD/1070/2013,



dated June 12, must have at least two psychologists with a Master's degree in General Health Psychology, a specialist in Clinical Psychology or temporarily registered psychologists to carry out health activities in accordance with the provisions of section 2 of Additional Provision 6 of Law 5/2011, dated March 29, on the Social Economy.

It is not only about knowing and knowing how to apply intervention techniques and strategies, but above all about acquiring role learning, communication skills, developing empathy and all those skills that are necessary for the good professional development of a health psychologist. Despite the existing heterogeneity of positions, common aspects can be extracted from all of them, which constitute the objectives of this subject, and which we can summarize as follows:

- Know how to detect, evaluate and diagnose needs and situations that require the intervention of a general health psychologist.
- Know how to identify behaviors, problems, needs and carry out a psychological intervention in this regard.
- Know how to identify and put into practice the useful resources that allow carrying out this intervention.
- Make oral and written reports.
- Put into practice suitable and effective professional attitudes and aptitudes.
- Know how to manage different relationships with the client.
- Develop cooperation skills with other professionals.
- Make contact with the management aspects of the profession.
- Act in accordance with the deontological principles of the exercise of the profession and current regulations.

## PREVIOUS KNOWLEDGE

## RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

## OTHER REQUIREMENTS

Have passed the matter: 44186, 44187 and 44188

## COMPETENCES / LEARNING OUTCOMES

### 2191 - Master's Degree in General Psychology Health



Acquire, develop and implement a comprehensive health concept that includes the biopsychosocial components of health, in accordance with the guidelines established by WHO.

Adquirir, desarrollar y poner en práctica un concepto de salud integral, en donde tengan cabida los componentes biopsicosociales de la misma, conociendo el marco de actuación del psicólogo general sanitario y sabiendo derivar al profesional especialista correspondiente.

Aplicar los fundamentos de la bioética y el método de deliberación en la práctica profesional, ajustándose su ejercicio como profesional sanitario a lo dispuesto en la Ley 44/2003, de 21 de noviembre, de ordenación de las profesiones sanitarias y a la confidencialidad de la información y de la protección de datos personales de los y las pacientes.

Capacidad de comunicación, de diálogo, de apoyo, de trabajo en grupo y de respeto a los principios de igualdad entre hombres y mujeres.

Critically analyse and use sources of clinical information.

Desarrollar su trabajo desde la perspectiva de la calidad y la mejora continua, con la capacidad autocrítica necesaria para un desempeño profesional responsable, que conduzca a un grado de excelencia en el conocimiento y aplicación del principio de igualdad entre hombres y mujeres.

Have a concern for achieving quality work.

Have a good command of effective oral communication skills in multiple formats (e.g., group discussion, debate, conference, etc.) and for multiple purposes (e.g., inform, defend, explain, persuade, argue, teach, etc.).

Know how to spread knowledge among professionals in the same discipline or related disciplines.

Know how to use information and communication technology with different objectives for improving professional skills (relationships with other professionals, gathering of information, dissemination of knowledge, etc.)

Learn more about the different models of assessment and intervention in the field of general health psychology, as well as the techniques and procedures deriving from them for addressing behaviour disorders and the psychological factors associated with health problems.

Obtain an in-depth knowledge of the biological and psychosocial factors associated with health problems and disease, especially those related to mental health.

Obtain an in-depth knowledge of the psychological nature of human behavioural disorders..

Obtain an in-depth knowledge of the psychological nature of human behaviour and of the social and biological factors that can affect it.

Obtain an in-depth knowledge of the psychosocial factors associated with health problems and disease.

Plan, conduct and, where appropriate, monitor the process of psychological evaluation of human behaviour and the psychological factors associated with health problems.



Students should apply acquired knowledge to solve problems in unfamiliar contexts within their field of study, including multidisciplinary scenarios.

Students should be able to integrate knowledge and address the complexity of making informed judgments based on incomplete or limited information, including reflections on the social and ethical responsibilities associated with the application of their knowledge and judgments.

Students should communicate conclusions and underlying knowledge clearly and unambiguously to both specialized and non-specialized audiences.

Students should possess and understand foundational knowledge that enables original thinking and research in the field.

Use information and communication technology in professional practice.

Work from the perspective of quality and continuous improvement, with a self-critical capacity, necessary for a responsible professional performance.

### **2244 - Master's Degree in General Psychology Health**

: Design, develop and, where appropriate, monitor and evaluate plans and programmes of psychological intervention, according to the psychological assessment and the individual and social variables occurring in each case.

Adquirir, desarrollar y poner en práctica un concepto de salud integral, en donde tengan cabida los componentes biopsicosociales de la misma, de acuerdo con las directrices establecidas por la OMS

Apply the fundamentals of bioethics and the deliberative method to professional practice, and practise as health professionals according to the provisions of Law 44/2003, of 21 November, regulating health professions.

Be familiar with current regulations in the Spanish healthcare system.

Capacidad de comunicación, de diálogo, de apoyo, de trabajo en grupo y de respeto a los principios de igualdad entre hombres y mujeres.

Capacidad para describir con claridad los objetivos propuestos y alcanzados en el trabajo como psicólogo general sanitario

Capacidad para regular el propio aprendizaje, resolver problemas, y adaptarse a situaciones nuevas

Critically analyse and use sources of clinical information.

Have a concern for achieving quality work.

Have a good command of effective oral communication skills in multiple formats (e.g., group discussion, debate, conference, etc.) and for multiple purposes (e.g., inform, defend, explain, persuade, argue, teach, etc.).

Know how to inform and to communicate with other professionals, and master the skills needed for working in teams and in multidisciplinary groups.



Know how to spread knowledge among professionals in the same discipline or related disciplines.

Know how to use information and communication technology with different objectives for improving professional skills (relationships with other professionals, gathering of information, dissemination of knowledge, etc.)

Know the duties and responsibilities of health professionals as regards confidentiality of information and protection of personal data of patients.

Know the policy framework of a general health psychologist and be able to refer patients to the appropriate specialist.

Obtain an in-depth knowledge of the psychological nature of human behavioural disorders..

Obtain an in-depth knowledge of the psychosocial factors associated with health problems and disease.

Plan, conduct and, where appropriate, monitor the process of psychological evaluation of human behaviour and the psychological factors associated with health problems.

Saber argumentar con coherencia y de manera crítica

Saber trabajar en equipos interdisciplinarios con eficacia y eficiencia

Show skills in interpersonal communication and in controlling emotions, which are suitable for the effective interaction with patients, families and caregivers in the process of problem identification, evaluation, communication of the diagnosis and psychological intervention and monitoring.

Students should apply acquired knowledge to solve problems in unfamiliar contexts within their field of study, including multidisciplinary scenarios.

Students should be able to integrate knowledge and address the complexity of making informed judgments based on incomplete or limited information, including reflections on the social and ethical responsibilities associated with the application of their knowledge and judgments.

Students should communicate conclusions and underlying knowledge clearly and unambiguously to both specialized and non-specialized audiences.

Students should demonstrate self-directed learning skills for continued academic growth.

Students should possess and understand foundational knowledge that enables original thinking and research in the field.

Use information and communication technology in professional practice.

Work from the perspective of quality and continuous improvement, with a self-critical capacity, necessary for a responsible professional performance.

## **2255 - Master's Degree in General Psychology Health (Ontinyent)**

: Design, develop and, where appropriate, monitor and evaluate plans and programmes of psychological



intervention, according to the psychological assessment and the individual and social variables occurring in each case.

Adquirir, desarrollar y poner en práctica un concepto de salud integral, en donde tengan cabida los componentes biopsicosociales de la misma, de acuerdo con las directrices establecidas por la OMS

Apply the fundamentals of bioethics and the deliberative method to professional practice, and practise as health professionals according to the provisions of Law 44/2003, of 21 November, regulating health professions.

Be familiar with current regulations in the Spanish healthcare system.

Capacidad de comunicación, de diálogo, de apoyo, de trabajo en grupo y de respeto a los principios de igualdad entre hombres y mujeres.

Capacidad para describir con claridad los objetivos propuestos y alcanzados en el trabajo como psicólogo general sanitario

Capacidad para regular el propio aprendizaje, resolver problemas, y adaptarse a situaciones nuevas

Critically analyse and use sources of clinical information.

Have a concern for achieving quality work.

Have a good command of effective oral communication skills in multiple formats (e.g., group discussion, debate, conference, etc.) and for multiple purposes (e.g., inform, defend, explain, persuade, argue, teach, etc.).

Know how to inform and to communicate with other professionals, and master the skills needed for working in teams and in multidisciplinary groups.

Know how to spread knowledge among professionals in the same discipline or related disciplines.

Know how to use information and communication technology with different objectives for improving professional skills (relationships with other professionals, gathering of information, dissemination of knowledge, etc.)

Know the duties and responsibilities of health professionals as regards confidentiality of information and protection of personal data of patients.

Know the policy framework of a general health psychologist and be able to refer patients to the appropriate specialist.

Obtain an in-depth knowledge of the psychological nature of human behavioural disorders..

Obtain an in-depth knowledge of the psychosocial factors associated with health problems and disease.

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## DESCRIPTION OF CONTENTS

The program of activities agreed by the two guardians (internal and external) include:

1. The supervised practice of the practical activities contemplated in the internship offer at the center where the student is going to carry out their internship.
2. Individual tutoring sessions
3. Analysis of situations, cases and relevant problems
4. Assessment tasks focused on deepening knowledge, either on the identifying elements of the case. Tasks related to treatment, if any, will focus on choosing the most appropriate psychological interventions or, if circumstances allow, putting them into practice as a co-therapist in a real case.

Through ADEIT ([www.adeituv.es/practicas](http://www.adeituv.es/practicas)) an agreement will be established for the realization of external practices that will contain information on the following elements. Data of the student, data of the institution; data of the tutors, training program with indication of objectives, activities, duration and period of completion of the practices.

Through the link (<http://www.adeituv.es/practicas-en-empresas/estudiantes/ofertas/#/>) will be able to access the places offered for the current academic year. To do this, you must indicate in Type of title "Postgrado oficial"; in Title " Master Universitario en Psicología General Sanitaria ", and in Type of practices "Curricular". In the aforementioned link, the calendar for the presentation of internship applications will also



## 1. External Practices

The program of activities agreed by the two guardians (internal and external) include:

1. The supervised practice of the practical activities contemplated in the internship offer at the center where the student is going to carry out their internship.
2. Individual tutoring sessions
3. Analysis of situations, cases and relevant problems be provided.

## WORKLOAD

### PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at the internship centre	500,00
Attendance at supplementary activities	0,00
Monitoring and tutoring of internships	0,00
<b>Total hours</b>	<b>500,00</b>

### NON PRESENCIAL ACTIVITIES

Activity	Hours
Independent study and work	200,00
Preparation of supplementary reports	0,00
Preparation of the internship report and evaluation of the internship	50,00
<b>Total hours</b>	<b>250,00</b>

## TEACHING METHODOLOGY

It is directed to / the student in learning-oriented activities. The activity will focus on search, location, analysis, preparation and presentation of the information worked.

Virtual Classroom (<http://pizarra.uv.es>). In this virtual space, students can find documents, information or news

relevant to the subjects.

Learning with the External Tutor practices. In external practices, external tutor guides the student in developing their professional skills.

Attending tutorials with the academic Tutor: In the tutorials teachers guide students in building their knowledge; orient in the elaboration of the work, resolve doubts or difficulties related to the subject. They will be individually and in small groups. If possible, the forum of the Virtual Classroom will be used to facilitate consultations and clarifications that may be of interest to the working groups.

## EVALUATION



Continuous assessment of professional performance during external practices by the external tutor: Weight 80.

Evaluation by the academic tutor of the quality of the final report of external practices presented: Weight 20.

The continuous evaluation of the external practices by the external tutor will be carried out based on the evaluation questionnaire facilitated by ADEIT, through which the following elements will be evaluated:

### **Assessment of generic competences**

**Scale from 0 nothing to 10 much; X: No Answer**

- 1. Oral and written communication
- 2. Troubleshooting
- 3. Creativity
- 4. Critical analysis capacity
- 5. Ability to assume responsibilities
- 6. Transfer of theory to practice
- 7. Social skills
- 8. Adaptation to new and complex contexts
- 9. Understanding the usefulness and scope of scientific research results
- 10. Autonomy to participate in scientific and technological projects
- 11. Ability to manage one's professional development
- 12. Planning and management of time and resources
- 13. Decision making
- 14. Team work



- 15. Mastery of work competencies and methodologies

### **Assessment of practices**

**Scale from 0 nothing to 10 much; X: (Does not Know / Does not Answer)**

- 1. The student has expanded their training with these practices
- 2. Satisfaction with the level of knowledge and skills demonstrated by the student during their internship
- 3. Satisfaction with the work done by the student in practice
- 4. Collaboration and coordination with the academic tutor / a
- 5. Satisfaction with the management carried out by ADEIT
- 6. Overall satisfaction with supervised practice

### **Global practice rating**

**Scale from 0 nothing to 10 much; X: (Does not Know / Does not Answer)**

**The student has continued in the company or entity after performing the practices:**

### **Observations:**

The evaluation by the academic tutor of the quality of the final report of practices will be based on the assessment of the quality of the following elements of the same:

1. Description of the company
  - 1-1. Location, sector and activities carried out by the company
2. Activities Report
  - 2.1. Planning and calendar of practices
  - 2.2. Detailed description of the activities developed
3. Conclusions



3.1. Personal assessment

3.2. Usefulness as a complement to university education

3.3. Usefulness for the future labor insertion

3.4. Suggestions for improvement

Annexes

Bibliography (if necessary)

The final report of practices must be delivered to the academic tutor within a maximum period of one week after the completion of external practices. The extension of the first three points of the memory will range between 15 and 25 pages. The annexes and bibliography will not have a page limit, and they are not obligatory. The format of the memory will be as follows: Typeface: New Times Roman; Font size: 12 points (in text body); Line spacing 1.5; Margin: Normal. The final report of practices will be delivered in paper format and / or in PDF format, as indicated by the academic tutor who is to evaluate it.

The consultation and challenge of the qualification obtained in evaluation tasks, will be subject to the provisions of the Rules of Challenging Qualifications (ACGUV 29 april, 2008). (<http://www.uv.es/=sgeneral/Reglamentacio/Doc/Estudis/C9.pdf>)

The assignments, activities, or exercises submitted by students in this subject must be their own and original work. In case of using artificial intelligence (ChatGPT or others), the student must provide a statement of responsible use.

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## REFERENCES

- Guía de prácticas externas Master en Psicología General Sanitaria. Comisión de Coordinación Académica Master PGS/ADEIT.