

**COURSE DATA****DATA SUBJECT**

Code: 44200
Name: External internships
Cycle: Master's Degree
ECTS Credits: 15
Academic year: 2025-26

STUDY (S)

Degree	Center	Acad. year	Period
2194 - Master's Degree in Personal and Community Nutrition	Facultat de Farmàcia i Ciències de L'alimentació	1	Indefinite (Individuals)

SUBJECT-MATTER

Degree	Subject-matter	Character
2194 - Master's Degree in Personal and Community Nutrition	External internships	ELECTIVES

COORDINATION

SORIANO DEL CASTILLO JOSE MIGUEL

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SUMMARY

Internship is a subject of 15 ECTS belonging to the Master's Degree in Personal and Community Nutrition.

The general aims of the Internship are:

- Complementing the educational training received with practical training, bringing students to work reality in which they could develop professional skills for the future.
- Apply the knowledge and skills acquired during the master to the development of the professional activity.



- To promote the initiative, creativity, overcoming difficulties, problem solving, decision making, responsibility, interest in practical learning, teamwork, respect for the other staff and the fulfilling of commitments.

The Internships consist of 375 hours of work, equivalent to three months of assistance to the company or organization at least 6 hours a day.

PREVIOUS KNOWLEDGE

RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS

Not applicable

COMPETENCES / LEARNING OUTCOMES

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Adquirir el conocimiento que permita actuar en respeto a los derechos fundamentales y a los principios de igualdad.

Conocer y aplicar los conocimientos y competencias adquiridas en el ámbito profesional en nutrición y alimentación.

Contemplar en conjunto y tener en cuenta los distintos aspectos y las implicaciones en los distintos aspectos de las decisiones y opciones adoptadas, sabiendo elegir o aconsejar las más convenientes dentro de la ética, la legalidad y los valores de la convivencia social.

Desarrollar y redactar resultados y/o publicar trabajos científicos en Nutrición.

Know how to work in multidisciplinary teams reproducing real contexts and contributing and coordinating their own knowledge with that of other branches and participants.

Participate in, lead and coordinate debates and discussions, be able to summarize them and extract the most relevant conclusions accepted by the majority.

Planificar, ordenar y encauzar actividades de manera que se eviten en lo posible los imprevistos, se prevean y minimicen los eventuales problemas y se anticipen sus soluciones.

Proyectar sobre problemas concretos sus conocimientos y saber resumir y extraer los argumentos y las conclusiones más relevantes para su resolución.

Ser capaces de obtener y de seleccionar la información y las fuentes relevantes para la resolución de problemas, elaboración de estrategias y asesoramiento a clientes.

Students should apply acquired knowledge to solve problems in unfamiliar contexts within their field of



study, including multidisciplinary scenarios.

Students should be able to integrate knowledge and address the complexity of making informed judgments based on incomplete or limited information, including reflections on the social and ethical responsibilities associated with the application of their knowledge and judgments.

Students should communicate conclusions and underlying knowledge clearly and unambiguously to both specialized and non-specialized audiences.

Students should possess and understand foundational knowledge that enables original thinking and research in the field.

Utilizar las distintas técnicas de exposición oral, escrita, presentaciones, paneles, etc., para comunicar sus conocimientos, propuestas y posiciones y teniendo en cuenta un lenguaje integrador e igualitario.

DESCRIPTION OF CONTENTS

5. External practices

Performing pre-professional in companies and public and private organizations in the field Personal and Community Nutrition

WORKLOAD

PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at the internship centre	0,00
Attendance at supplementary activities	0,00
Monitoring and tutoring of internships	0,00
Total hours	0,00

NON PRESENCIAL ACTIVITIES

Activity	Hours
Independent study and work	0,00
Preparation of supplementary reports	0,00
Preparation of the internship report and evaluation of the internship	0,00
Total hours	0,00

TEACHING METHODOLOGY

Development and evaluation of projects.

In addition, the contents of the module will be related to the Sustainable Development Goals (SDG). This is intended



EVALUATION

The internship in a company is supervised by an academic tutor and a tutor from the company. As tutors university professors from the different departments appointed depending on the activities act as academics to develop in the company. Academic tutors are responsible for explaining the criteria to students of evaluation

The subject External internships will be evaluated based on own skills, related to the field of

nutrition, using as indicators the reports of the tutors of the company and the University and the report presented.

EVALUATION

The student must meet the following requirements to pass the subject:

- Assistance to tutorials.
- Satisfy the work plan proposed by the company's tutor.
- Having submitted the report
- The University tutor will evaluate the learning taking into account the adequacy of the memory to the rules and criteria established by the tutor.
- The company tutor will assess, through a questionnaire, the skills acquired by the student. The

assessment issued by the tutor of the company will be based on the assistance, the fulfillment of the tasks made by the student, the degree to which the student has assumed responsibilities, the degree of satisfaction of the company with the work done by the student and the overall assessment of the work done by the student.

The student's final grade comes from the assessment, which the teachers in charge make of

following aspects:

- Evaluation of the Business Tutor on the attitude, utilization and learning process: 50%



- Evaluation of the Academic Tutor (report and personalized tutorials): 50%

REFERENCES

- Las obtenidas al realizar las búsqueda bibliográficas de artículos de revisión y experimentales de la temática seleccionada en las bases de datos, relativas a las actividades de la empresa.