



COURSE DATA

DATA SUBJECT

Code: 46446
Name: Work Psychology
Cycle: Master's Degree
ECTS Credits: 5
Academic year: 2025-26

STUDY (S)

Degree	Center	Acad. year	Period
2248 - International Joint Research Master Work and Organizational Psychology	Facultat de Psicologia i Logopèdia	1	First quarter

SUBJECT-MATTER

Degree	Subject-matter	Character
2248 - International Joint Research Master Work and Organizational Psychology	Work psychology	COMPULSORY

COORDINATION

RAMOS LOPEZ JOSE

SUMMARY

Course taught in Maastricht University during the first semester at the first academic year.

Prof. Ute Hulsleger is the coordinator lecturer.

This course focuses on people at work in organisations. It will provide answers to questions as `Why do some people flourish while others suffer at work?¿, `How does work affect our health and well-being?¿, or `How can a healthy work-life balance be achieved¿. These questions will be addressed by discussing theories of work design, work stress, and occupational health. Using this knowledge, it will be discussed how jobs can (or should) be changed, to optimise individual performance and the well-being of the job incumbent. At the end of this course students should be able to provide answers to questions as: What are important work characteristics? How can health and well-being be fostered in organizations? How can people optimally recover from the demands of work? Is remote work a blessing or a curse?

PREVIOUS KNOWLEDGE

RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE



There are no specified enrollment restrictions with other subjects of the curriculum.

OTHER REQUIREMENTS

No previous requirements.

COMPETENCES / LEARNING OUTCOMES

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Be able to analyse, evaluate, interpret and synthesize research methods, data, theories and publications in the field of work and organisational psychology.

Be able to apply theories, interventions, instruments and evaluation methods to practice in the field of work and organisational psychology.

Be able to communicate effectively in English, both orally (group discussions, presentations) and in writing, on topics related to work and organisational psychology.

Be able to communicate scientific theories and empirical results in an understandable manner, to both professionals (experts and non-experts) and lay audiences (including clients).

Be able to make a critical assessment of a research question and an experimental design, taking into account the ethical responsibilities in research.

Be able to read, understand, integrate and critically reflect on scientific communications, professional reports and new developments.

Be able to reflect on one's own professional behaviour and development (including ethical considerations and obligations).

Be able to work in an international team.

Be able to write scientific reports in the form of practical reports, master's theses and/or scientific publications following scientific standards.

Students have the knowledge and understanding that provide a basis or an opportunity for originality in developing and/or applying ideas, often within a research context.

DESCRIPTION OF CONTENTS

Job design,
Work stress,
Recovery from work,
Emotional labour,
Workplace mistreatment,



1. Key words

Job design,
Work stress,
Recovery from work, Work-life interface

WORKLOAD

PRESENCIAL ACTIVITIES

Activity	Hours
Theoretical and practical classes	50,00
Total hours	50,00

NON PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at other activities	0,00
Individual or group project	0,00
Independent study and work	75,00
Preparation of lessons	0,00
Preparation for assessment activities	0,00
Resolution of case studies	0,00
Total hours	75,00

TEACHING METHODOLOGY

Conference)(s)

Problem-Based Learning

Presentations

Case studies and assignments

EVALUATION

Written Exam

Individual final assignment

REFERENCES



VNIVERSITAT DE VALÈNCIA

Course Guide
46446 Work Psychology
